



# COLORADO CRISIS SERVICES

supporting a stronger state of mind

If you don't know where to begin finding help for a mental health, substance use or emotional issue, call Colorado Crisis Services. We provide free, confidential and immediate professional help to anyone who needs it. We also provide information, referrals and connections to further support and solutions.

- 24/7/365
- Statewide
- Immediate Crisis Intervention

**1-844-493-TALK (8255)**

**[www.ColoradoCrisisServices.org](http://www.ColoradoCrisisServices.org)**



**COLORADO**  
Department of Human Services

# COLORADO CRISIS SERVICES

## **CRISIS SUPPORT LINE**

If you or someone you know is experiencing a mental health, substance use or emotional crisis, call [1-844-493-TALK \(8255\)](tel:1-844-493-TALK). We can help you manage an emergency situation, provide immediate support and solutions, and connect you to further resources.

## **CRISIS WALK-IN CENTERS / STABILIZATION UNITS**

Our walk-in centers are open 24/7, and offer confidential, in-person crisis support, information and referrals to anyone in need. If you need assistance when helping others with a crisis, you can always go to a walk-in center near you. Some locations provide crisis beds for 1-5 days, for either voluntary or involuntary treatment. Visit [www.ColoradoCrisisServices.org](http://www.ColoradoCrisisServices.org) to view our walk-in center locations.

## **MOBILE CARE**

With a referral from a Crisis Services Clinician we'll send out a mental health professional to provide support for those in need of face-to-face help, but who are unable to reasonably reach a walk-in center. Call [1-844-493-TALK \(8255\)](tel:1-844-493-TALK) to learn more about how to access this service.

## **RESPITE CARE**

Respite care can only be initiated by a Crisis Services Clinician after an in-person meeting. Those needing safe, peer-managed stabilization and support can stay voluntarily for 1-14 days to get the help they need.