This card explains how to prepare emergency dosages of

Ciprofloxacin

for infants and children exposed to anthrax

Once you have been notified by your federal, state, or local authorities that you have been exposed to anthrax, it may be necessary to prepare **emergency** doses of ciprofloxacin for infants and children using ciprofloxacin tablets.

You will need:

- One (1) 500 milligram (mg) ciprofloxacin tablet
- Metal teaspoon
- Measuring spoons [1 teaspoon (tsp); and ½ teaspoon (tsp)]
 (NOTE measuring spoons are preferred, however if not available, use the metal spoon to grind, measure and give the medicine)
- 1 small bowl
- Water
- · One of these foods or drinks
 - chocolate syrup
 - maple syrup
 - strawberry jam
 - apple juice

Directions:

1. Put one (1) 500-mg ciprofloxacin tablet into a small bowl. Add two (2) level teaspoons (tsp) of water. Stir the water and tablet for 1 minute. Crush the tablet with the back of the metal spoon until no large pieces are seen.







2. Add four (4) level teaspoons (tsp) of a food or drink to the ciprofloxacin and water mixture. Stir them together until the drug looks evenly mixed with the food or drink.





How Much of the Ciprofloxacin Mixture to Give a Child

The number of teaspoons of the ciprofloxacin mixture to give a child depends on the child's weight. <u>If child's weight is unknown, weigh child before</u> <u>giving the first dose.</u> The chart tells you how much to give a child for one dose. You should give child two doses each day (one in the morning and one in the evening).

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If the child weighs	Give the child
4 - 6.5 pounds (lbs.)	One half (1/2) teaspoon (tsp) of the ciprofloxacin mixture
7 - 12.5 (lbs.)	One (1) teaspoon of the ciprofloxacin mixture
13 - 18.5 (lbs.)	One and one half (1 ½) teaspoons of the ciprofloxacin mixture
19 - 24.5 (lbs.)	Two (2) teaspoons of the ciprofloxacin mixture
25 - 30.5 (lbs.)	Two and one half (2 ½) teaspoons of the ciprofloxacin mixture
31 - 37 (lbs.)	Three (3) teaspoons of the ciprofloxacin mixture
37.5 - 43 (lbs.)	Three and one half (3 ½) teaspoons of the ciprofloxacin mixture
43 - 49 (lbs.)	Four (4) teaspoons of the ciprofloxacin mixture
49.5 - 55 (lbs.)	Four and one half (4 ½) teaspoons of the ciprofloxacin mixture
55.5 - 61.5 (lbs.)	Five (5) teaspoons of the ciprofloxacin mixture
62 - 67.5 (lbs.)	Five and one half (5 ½) teaspoons of the ciprofloxacin mixture
68 - 73.5 (lbs.)	Six (6) teaspoons of the ciprofloxacin mixture
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Children heavier than 73.5 pounds who are exposed to anthrax should take one (1) 500-mg tablet of ciprofloxacin two times a day (at the same time each day if possible) for 60 days.

How already prepared Ciprofloxacin mixture should be stored

- Ciprofloxacin mixed with any of the recommended foods and drinks will keep for at least 24 hours.
- Store the mixture in a covered container and refrigerate.
- Mixtures made with juice can be stored at room temperatures.