

Community Living

Maintain your independence

Our primary goal is to support older adults and people with disabilities by connecting them to services and supports that encourage aging well in the places they call home.



Dignity

Ensure your rights

We protect the rights of all elders to live safely, free from abuse, neglect, or financial exploitation. Our Long-Term Care Ombudsman program advocates for residents of long-term care facilities and offers education and support to staff and family members. We provide outreach to lesbian, gay, bisexual and transgender (LGBT) elders and train service providers on culturally responsive care.

About Us

Established in 1990, the Boulder County Area Agency on Aging is a nationally recognized and award winning government agency. Our mission is to deliver, fund, and advocate for services that promote well-being, independence, and dignity for older adults, people with disabilities, family caregivers, and veterans in Boulder County.



We also provide leadership in assessing the strengths and needs of older adults; facilitate strategic planning and implementation; and convene community conversations and collaborative efforts.

We use an open and inclusive, strengths-based philosophy in our service delivery, in order to empower the people we serve to make informed decisions. Most of our services are available to adults 60 and over and their caregivers, regardless of age.



Questions? Call Us!

303-441-1617

www.BoulderCountyAging.org

Your guide to AGING WELL



Resources

Get answers to your questions

The Boulder County Area Agency on Aging has staff across the county who provide information, assistance, and referrals for older adults, adults with disabilities, family caregivers, veterans, and service providers.

Contact our Aging and Disability Resource Center at the number below, or visit our online resource directory at: www.BoulderCountyHelp.org



Healthy Aging

Manage and improve your health

We offer health education classes to improve balance, prevent or manage diabetes, manage chronic pain, and encourage healthier lifestyles.

We provide meals and nutrition education, fund low-cost dental care services, and coordinate companion volunteers for isolated older adults.

Medicare

Understand your coverage

We provide current, objective information about Medicare enrollment and benefits, Advantage plans, Part D Prescription plans, and the Medicare appeals process. Classes on Medicare Basics are offered throughout the year.



Caregiving

Get support

We support family caregivers with information, referrals to resources, education, and training. We enable caregivers to take needed breaks from their responsibilities by offering volunteer and financial assistance for respite care.

Veterans

Connect to your benefits

We assist veterans with access to VA benefits, including help with forms and military records, education and training, health care and medical services, home and small business loans, disability benefits, insurance, pension, burials, and more. Benefits may also be available for dependents and surviving family members.



Engagement

Get involved and give back

We have many meaningful volunteer opportunities available. We also engage people to help us plan for the future. Donations to the Aging Services Foundation of Boulder County help support our work and are most welcome.