

## **AREA AGENCY ON AGING FACT SHEET**

The Boulder County Area Agency on Aging assists seniors, people with disabilities, family caregivers, veterans, and professionals serving these populations.

There are currently more than 60,000 adults 60 and over in Boulder County.

The highest rate of growth is among people age 80+, those most likely to need services.

By 2040, 26% of the Boulder County's population will be 60 and older.

Older Americans Act-funded services help people remain in the community and save taxpayer dollars vs more costly Medicare and Medicaid.

# 15,000+

People received our services and 89% rated their experience as "excellent".



Meals provided, and... 75% reported that meals help them maintain or improve their independence.

The mission of BCAAA is to deliver, fund, and advocate for services that promote well-being, independence, and dignity for older adults, people with disabilities, family caregivers, and veterans in Boulder County.

### Caregiver Support

Family caregivers provide 84% of all care in the home and are an essential part of our health care system. The AAA provides services for family caregivers, including educational events, information about and referrals to community resources, trainings, and respite assistance.



### Healthy Aging

The AAA helps seniors learn how to take control of their health and wellbeing, and provides access to healthy eating options. We offer evidence-based wellness classes, nutritional education, meals, dental assistance, and more.

200 people took Matter of Balance & Healthier Living classes

33 local businesses & 645 people participated in annual Falls Prevention Week

### Informed Aging

**BoulderCountyHelp.org** was visited more than 50,000 times.

