



[www.cpwd.org](http://www.cpwd.org)

## Center for People With Disabilities Youth Peer Support Group!

During this time of social distancing, staying connected through peer support can reduce isolation.

We are hosting **Virtual Peer Support Groups** every Wednesday from 1-2 PM. While these groups are intended for youth 14 to 24- years-old with disabilities, all Youth are invited to join in, talk, share, learn and socialize.

Connect through Google Hangouts, phone, or email your number ahead of time and we can call you.

**Join us Wednesdays, 1 to 2PM online!**

[Click here to Join by Google Hangouts](#)

Or paste this in your browser: [meet.google.com/ebe-aqcn-xqf](https://meet.google.com/ebe-aqcn-xqf)

**To Join by Phone dial:**

510-679-1084 PIN: 276 516 988#



*peer support*

If you have any questions or need us to call you, contact:  
Teresa, Youth ILA at (720) 340-2288 or email: [Teresa@cpwd.org](mailto:Teresa@cpwd.org)

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