



# Public Health

## NOTICE OF BOULDER COUNTY PUBLIC HEALTH ORDER 2020-06 QUARANTINE AND ISOLATION ORDER

September 4, 2020

All Residents  
890 11<sup>th</sup> Street  
Boulder, CO 80302

Residents of Pi Phi facility, located at 890 11<sup>th</sup> Street in Boulder, Colorado:

Boulder County Public Health (BCPH) has determined that there is an outbreak of COVID-19 among Residents of 890 11<sup>th</sup> Street in Boulder, Colorado (the “Property”). Residents who have tested positive or are experiencing symptoms of COVID-19, including early or mild symptoms, such as cough and shortness of breath, are subject to isolation requirements<sup>1</sup> as stated in this Order and as contained in Colorado Department of Public Health & Environment (CDPHE) Public Health Order 20-28. All Residents not subject to isolation, even if you have tested negative, are subject to quarantine requirements.

Colorado Revised Statute § 25-1-506(3)(b) authorizes BCPH to take action and issue notices and orders to control the spread of communicable diseases, such as COVID-19. This authority includes the establishment, maintenance, and enforcement of isolation and quarantine as BCPH finds necessary to protect public health and to prevent further spread of diseases.

Individuals infected with COVID-19 may be contagious before their symptoms start until their symptoms end. To help stop the spread of disease, anyone who may have been in close contact with someone with COVID-19 must be kept separate from people who are healthy; this is called “quarantine.” At this time, we believe that symptoms of COVID-19 may appear as few as 2 days or as long as 14 days after exposure.

Through **September 18, 2020**, for those in quarantine, **OR** for the isolation period if you have tested positive or have developed symptoms<sup>1</sup>, you must comply with the following:

1) Do not leave the Property except as necessary to seek medical care. If you must seek medical care, do not use any public transportation or rideshare (e.g. bus, taxi, trains, Uber, Lyft). You may use contactless food or other delivery service. Working or studying from your room is permitted.

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<sup>1</sup> If you test positive or you have developed symptoms of COVID-19, including early or mild symptoms, you must remain isolated for at least ten days or until your symptoms have improved and you’ve been fever free for 24 hours without medication. In no event shall an isolation period end before ten days.

- 2) Residents in quarantine (but not isolation) may go outside on the Property for fresh air. If you go outside, you must wear a face covering at all times, and you must maintain social distancing of six feet at all times. You must remain alone on or near the Property and must limit socializing. Residents in isolation may use designated balconies, as long as they are alone and are wearing a mask.
- 3) If you leave the Property, you must sign out and sign back in on the Resident log sheet and indicate your reason for leaving the Property (e.g. medical services). The Property must preserve all property camera footage for the duration of this Order.
- 4) Limit the use of all common areas. Eat in your room. If you are outside of your room, you must wear a face covering unless it is not feasible, such as while showering.
- 5) Visitors are not permitted unless they are essential. The following are considered essential visitors: Visitors providing licensed medical care, the house director, housekeeping, and cooking services. Residents must avoid contact with the house director, housekeeping, and cooking services as much as possible. Contactless delivery to outdoor areas is permitted for any reason.
- 6) If you choose to isolate and quarantine at a nearby location other than 890 11<sup>th</sup> Street, you **must** notify Boulder County Public Health in writing no later than 8 a.m. on September 5, 2020, by sending an email to [hmarshall@bouldercounty.org](mailto:hmarshall@bouldercounty.org) with the following title in the subject line: “890 11th Street Resident – Quarantine Location.” You must also include in the email: your name, the address of the place where you intend to quarantine or isolate, your mode of transportation, and at what time you plan to depart the Property. Failure to notify BCPH in writing by the above date and time will be a violation of this Order. If you choose to quarantine or isolate at another location, you must remain at that location until the quarantine or isolation period is over.
- 7) A negative test does not relieve you of the requirements of this Order. An antibody test does not relieve you of the requirements of this Order. You must remain in quarantine throughout the entire quarantine period.
- 8) You must cooperate with BCPH staff.

For all quarantined Residents, we also ask that you monitor your health daily through **September 18, 2020**. To do so, you must watch for the following signs and symptoms:

- Fever. A fever is defined as a temperature of 100.4° F or higher. **Please take and record your temperature twice daily (i.e. morning and evening).**
- Coughing.
- Shortness of breath or difficulty breathing.
- Chills, body aches, sore throat, headache, diarrhea, nausea/vomiting, or runny nose.

For both quarantined and isolated residents, we ask that you also practice the following actions that protect others:

- Clean your hands often.
  - Thoroughly wash your hands often with soap and water for at least 20 seconds.

- If soap and water are not available, clean your hands with an alcohol-based hand sanitizer containing at least 60% alcohol. When using hand sanitizer, cover all surfaces of your hands, and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- If you must come into contact with another person under the permitted reasons above, wear a face covering, and maintain six feet of distance.
- Cover your coughs and sneezes as follows:
  - Cover your mouth and nose with a tissue whenever you cough or sneeze, and then throw the tissue away. If a tissue is not available, cough/sneeze into your inner elbow or sleeve.
  - Immediately clean your hands as outlined above.
- Avoid sharing personal household items with others:
  - Do not share any dishes, drinking glasses, cups, eating utensils, towels, or bedding with any other people or pets in your home.
  - After using any items you may share with others, wash them thoroughly with soap and water.
- Thoroughly clean surfaces every day:
  - Clean all frequently touched surfaces, such as counters, tabletops, doorknobs, light switches, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables.
  - Clean any surfaces that may have blood, poop, or body fluids on them.
  - Use a regular household cleaning spray or disinfectant wipe. Follow the instructions on the label for correct and safe use.

If you develop any of the symptoms listed above, you must contact your doctor or health care facility **before** going to their office so arrangements can be made to help prevent exposing other persons in the waiting room. You must also notify BCPH at 303-413-7523 (M-F, 8:00 a.m. – 4:30 p.m.) or 303-413-7517 (after hours).

If you have a medical emergency and need to call 911, you **must** notify the dispatch personnel that you may have COVID-19. If possible, put on a face covering before the emergency medical personnel arrives.

If you develop signs or symptoms during quarantine, BCPH may extend the monitoring timeframe if we determine that you are still potentially infectious after **September 18, 2020**.

**If you become ill during the quarantine period:**

- You must isolate.
- Stay separated from people who are healthy (i.e. isolate) until you have had no fever for at least 72 hours without the use of any fever-reducing medicines, AND symptoms have improved, AND it has been at least 10 days since symptoms began.
- Separate yourself from other people:
  - As much as possible, stay in a specific room and away from all other people in your home.
  - Use a separate bathroom, if available. If one is not available, disinfect all surfaces that you touch before leaving the bathroom, or have a member of the household disinfect after waiting as long as possible before entering. Wash hands thoroughly afterward.

- If possible, wear a face covering when you are outside of your room and before you enter a health care provider's office.
- If you are not able to wear a face covering, then make sure others are not in the same room with you, or that they wear a face covering if they must enter your room.

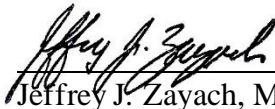
If you do not develop any symptoms within 14 days after your last known exposure to someone with COVID-19, you are no longer at risk from that specific exposure.

**WILLFUL FAILURE TO COMPLY WITH THIS ORDER CONSTITUTES A CLASS 1 MISDEMEANOR AND IS SUBJECT TO THE PENALTIES CONTAINED IN COLORADO REVISED STATUTES (C.R.S.) § 25-1-516, INCLUDING A FINE OF UP TO FIVE THOUSAND DOLLARS (\$5,000) AND IMPRISONMENT IN THE COUNTY JAIL FOR UP TO EIGHTEEN MONTHS (1.5 YEARS).**

These penalties are in addition to all other remedies available to BCPH under law, which BCPH fully reserves the right to pursue in the event of noncompliance with this Order. Individuals have the right to request judicial review of this Order by filing an action with the Boulder County District Court pursuant to Colorado Revised Statutes (C.R.S.) § 25-1-515.

If you have questions regarding these requirements, or if you have personal, mental health, financial, or other challenges that prevent you from complying with this Notice, please inform BCPH immediately so we can help arrange for support. You can reach BCPH at 303-413-7523 (M-F, 8:00 a.m. – 4:30 p.m.) or 303-413-7517 (after hours).

Thank you for your commitment to the health and safety of our community.

  
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Jeffrey J. Zayach, MS  
Executive Director  
Boulder County Public Health

September 4, 2020  
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Date