

SAFE BIKING

Free, online group discussions for youth with their adult(s)

These facilitated discussions will help you have age-appropriate conversations with youth about safe biking and why it is important to practice the skills correctly and together.



UPCOMING SCHEDULE:

Ages 15-18: April 26 | [Register](#)

Optional to attend with an adult

Ages 10-14: April 28 | [Register](#)

Ages 5-9: May 3 | [Register](#)

All discussions run from 5:30 - 6:30 p.m.

Why should youth practice safe biking skills?

Learning basic bike safety will help prevent injuries and prepare youth for a lifetime of safe biking. As our Colorado weather warms and more young people go back to in-person learning, biking to school, part or all the way, might be a good option. Especially as COVID-19 risks continue to change.

Even if they don't bike to school, most youth will also become bike riders, bus riders, and car drivers, at some point. Developing safe biking skills early will help them be more aware of other pedestrians and vehicles, as they navigate streets independently on a bike, on foot, or by vehicle.

Together we will...

- Watch one short age-appropriate video
- Discuss:
 - What we've learned.
 - Ways to practice safe biking as a family.
 - When it's safe for youth to bike alone.

Similar discussions are available...

We host other safety based transportation discussions in Spanish via Zoom. Details at www.BoCoSafeRoutes.org.

Participants can receive FREE reflective gear and safe biking resources!

Preventing pedestrian injuries requires a combination of approaches. **Boulder County Youth Transportation** uses the **6 Es Framework** to guide its efforts:

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|---------------|------------------|----------------|
| 1. Engagement | 3. Education | 5. Engineering |
| 2. Equity | 4. Encouragement | 6. Evaluation |

[Register for All Discussion Sessions](#)

[Boulder County Youth Transportation Program](#)

