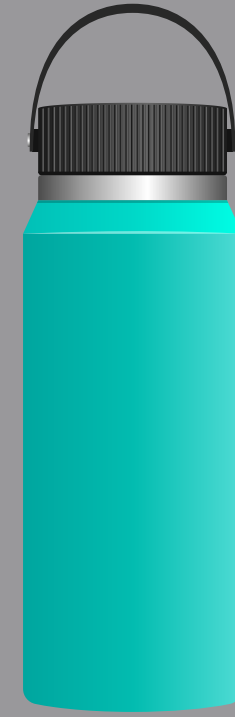


# 10 Single-Use Plastic Swaps for a Greener and Cleaner Future

1.

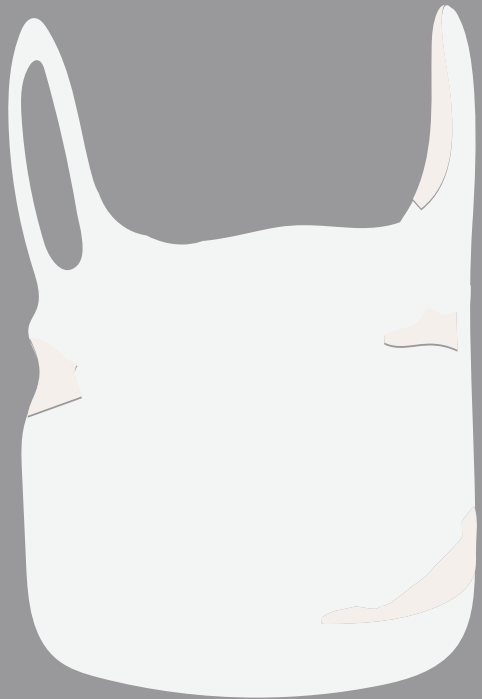


Plastic water bottle



Metal water bottle

2.

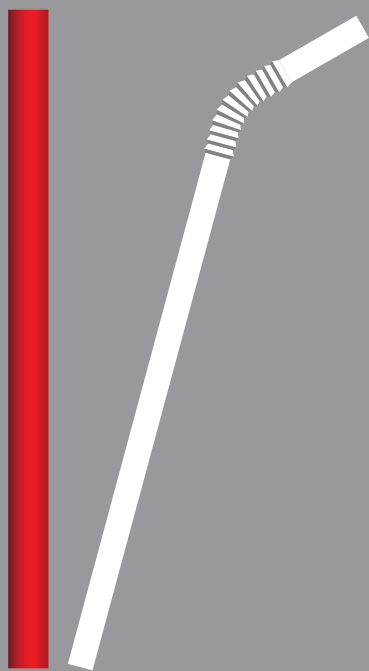


Plastic bag

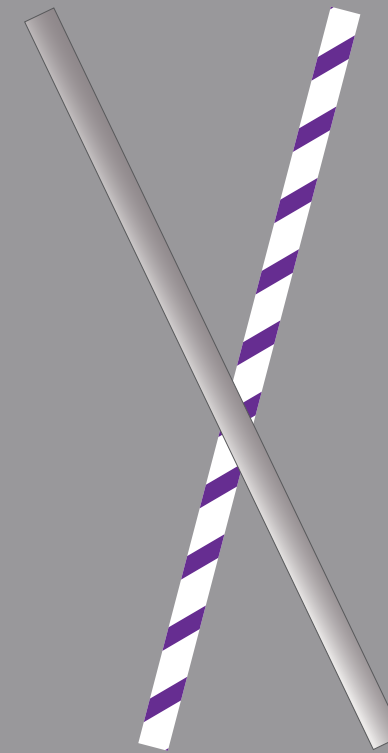


Cloth bag

3.



Plastic straw

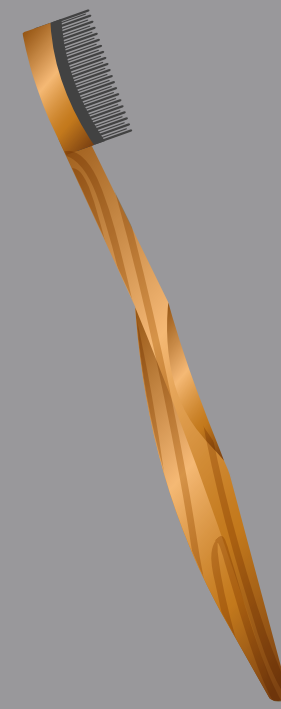


Paper, bamboo, or metal straw

4.

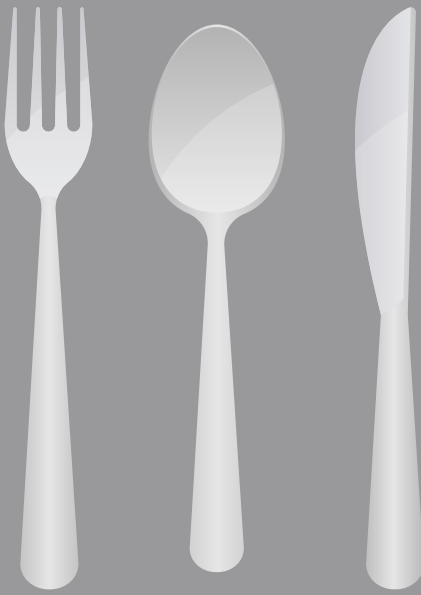


**Plastic toothbrush**



**Bamboo toothbrush**

5.

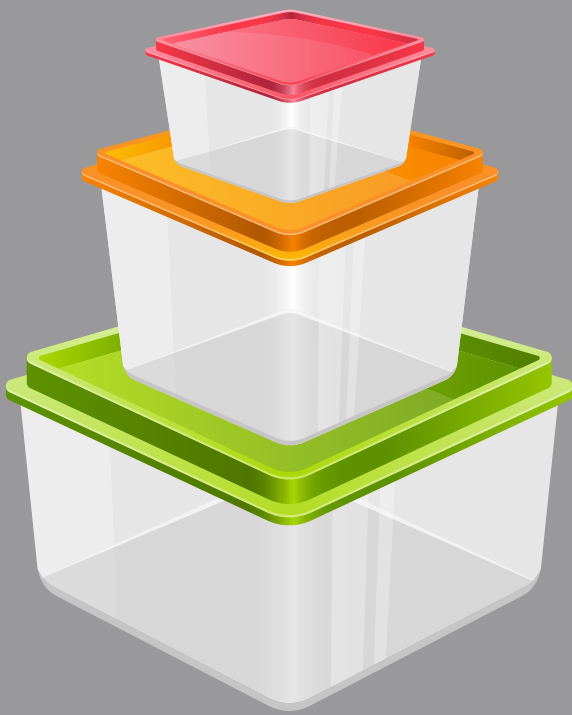


**Plastic to-go utensils**



**Bamboo to-go utensils**

6.



**Plastic food containers**

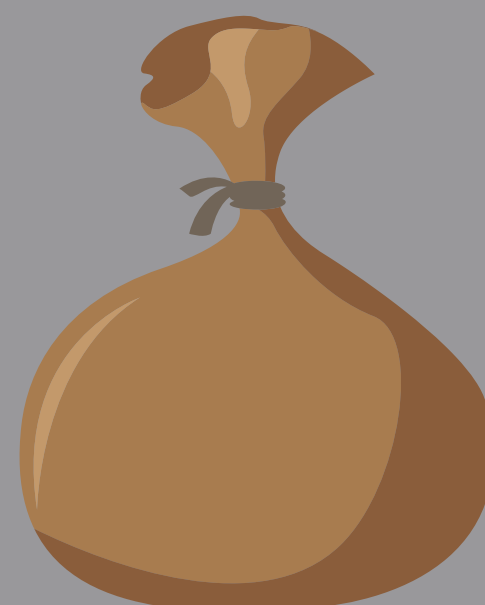


**Glass or metal food containers**

7.

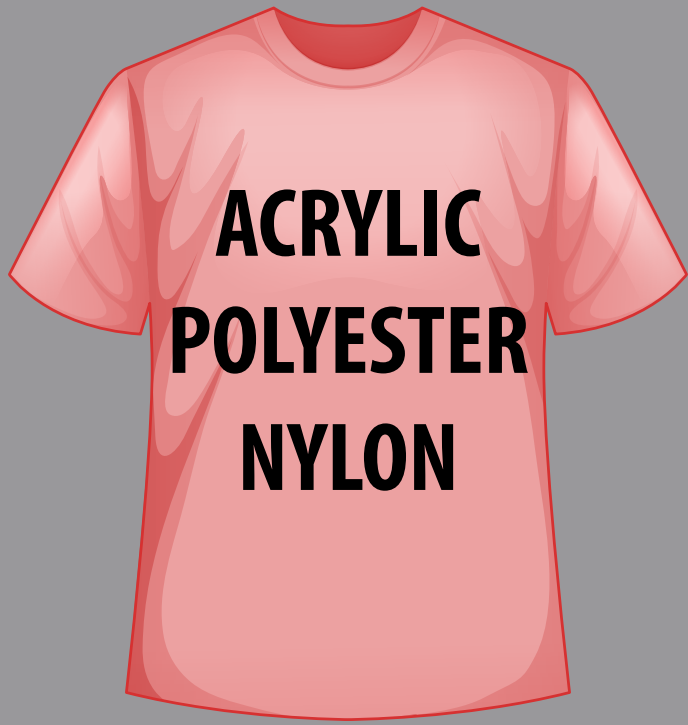


**Plastic wrapped food products**



**Fabric bags for bulk food products**

8.



**Synthetic clothing  
(contains microplastics)**

**Natural clothing**

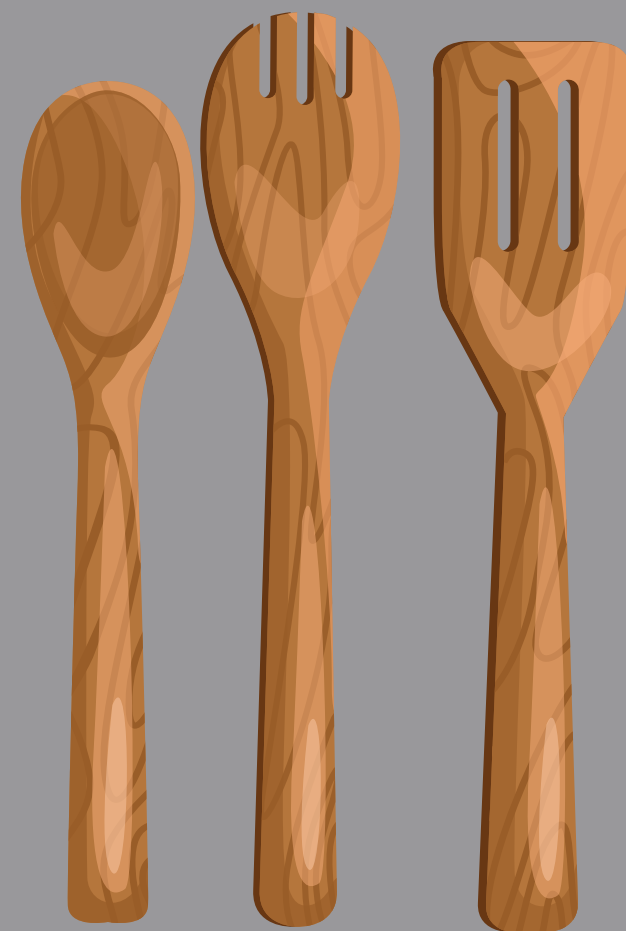
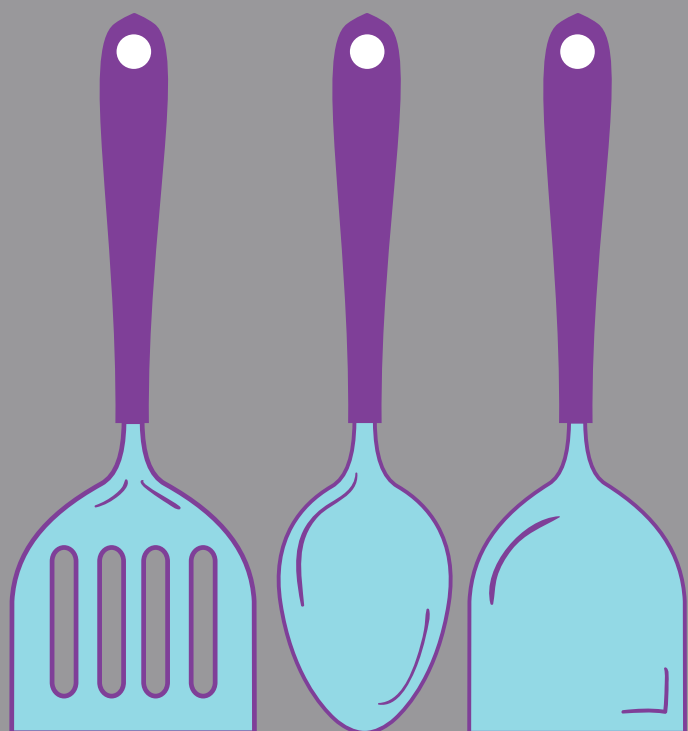
9.



**Soap packaged in plastic**

**Bar of soap**

10.



**Plastic kitchen utensils**

**Wooden utensils**