

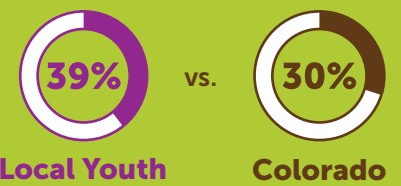
DATA BRIEF | BOULDER COUNTY YOUTH ALCOHOL USE 2019



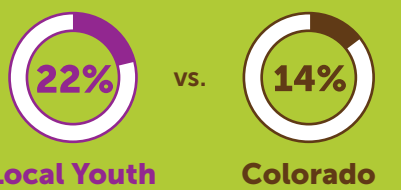
The Healthy Kids Colorado Survey is the state's only comprehensive survey on the health and well-being of young people. In 2019, the survey sampled approximately 53,500 youth from 195 randomly selected middle and high schools statewide. The voluntary, biennial survey collects a wide range of health and behavioral information that helps public, private and community organizations better understand the youth they serve and support them in making healthy choices. The data included are from a sample of approximately 2,200 local high school youth in Boulder County.

LOCAL YOUTH COMPARED TO COLORADO

Drank in the past month

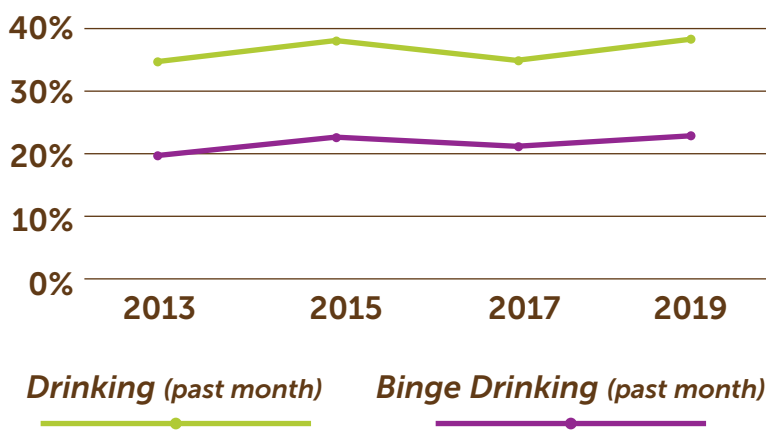


Binge drank* in the past month



*females, 4+ drinks; males, 5+ drinks within a couple hours

ALCOHOL USE AMONG LOCAL YOUTH HAS REMAINED STEADY



FEMALE AND MALE PATTERNS

More female respondents than male drank alcohol in the past month



YOUTH PERCEPTIONS



More than 2 IN 3 youth think alcohol is easy to get.



Around 3 IN 4 youth think people who drink almost every day risk harming themselves.

YOUTH NEED ACCURATE INFORMATION ON PEER ALCOHOL USE

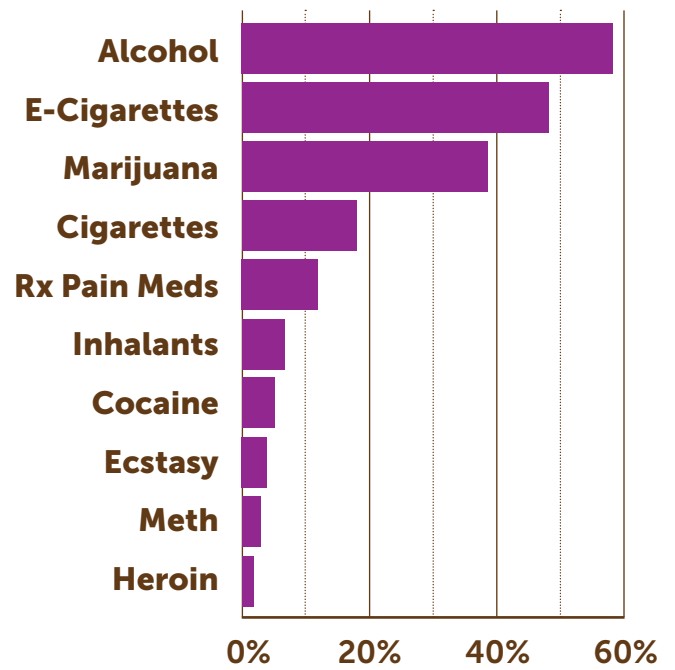
Youth who think it would be difficult to get alcohol are **27% LESS LIKELY** to drink.



Youth who think it is risky to use alcohol are **9% LESS LIKELY** to drink.

YOUTH ARE TRYING ALCOHOL MOST OFTEN

Percent of local youth who have tried the substance



Around **1 IN 5** local youth rode in a vehicle driven by someone who had been drinking



PROTECTIVE FACTORS

All data on behaviors or health outcomes should be considered alongside the upstream factors that influence them, such as feeling safe at school. Social, economic and environmental inequities result in adverse health outcomes and have a greater impact than individual choices. Reducing health disparities through systems change can help improve opportunities for all Coloradans.

% OF STUDENTS WHO FEEL SAFE AT SCHOOL BY RACE & ETHNICITY

Hispanic..... 81%
Other race, non-Hispanic .. 91%
White, non-Hispanic 92%

PARENTS CAN HELP PREVENT YOUTH ALCOHOL USE

Youth who report their parents think it's wrong for them to drink alcohol are **39% LESS LIKELY** to drink



% OF STUDENTS BY SEXUALITY WHO THINK A TEACHER NOTICES WHEN THEY ARE DOING A GOOD JOB AND LETS THEM KNOW*

Heterosexual 52%
Gay, Lesbian, Bisexual..... 40%
Questioning 53%

*Sexuality categories as they appear on HKCS