

If you're interested in the idea of a Bike Train (BT) but don't know enough about it yet, this training session will provide you with a full introduction!

BTs are a fun new way to get to school that teaches kids important biking skills, helps the environment, increases physical activity, and reduces transportation congestion & costs.

We hope you'll come away from our training session informed enough to decide whether starting a BT is a good idea to pursue.

During the training, we'll cover:

- What is a BT?
- · What are the benefits of a BT?
- Free resources to support your own BT.
- How the County and school districts can help support, start and sustain BTs?

While this session is not a full "How To", we'll be sharing and reviewing the free complete BT Toolkit, "The Wheels on the Bike Go Round & Round: How to Get a Bike Train Rolling at Your School."

What: An Introduction to Bike Trains

Presented By: Boulder County's Safe Routes Regional Hub

Facilitated By: Boulder County's Youth Transportation Program

Ideal Attendees: Elementary and middle school principals, preschool directors, before and after school program directors, PTO representatives, physical education teachers, coordinators/youth leaders from school sustainability, safety, health and wellness, or green teams, parent volunteers, and anyone else interested in learning more.

Cost: FREE

Date: Wednesday, April 13, 2022

Time: 1 p.m. to 2 p.m.

Where: Zoom meeting. <u>Please register</u> in advance and we will email you the meeting link.

Registration Link: •

For more information, please contact:

Cammie Piller Edson, MPH, MCHES, LCI Youth Transportation Program Manager

Boulder County Community Planning & Permitting Department, Transportation Planning Division

Phone: 303-441-3935

Email: cedson@bouldercounty.org

