



Living Well with Dementia

presented with the Alzheimer's Association of CO

The Boulder County Area Agency on Aging Caregiver Initiative is focused on empowering and supporting caregivers of older adults. Our Caregiver Education Series provides informative and interactive presentations focused on increasing caregiver confidence, improving the ability for caregivers to provide hands-on care, and improving coping skills. Addressing these common issues for caregivers can lead to improved health, safety, and quality of life for caregivers and care recipients. These sessions are free of charge to attendees and are structured to provide meaningful programming and engagement for our community. Learn more about what we offer at boco.org/Caregiving.

The **Alzheimer's Association** and **Boulder County Area Agency on Aging** are offering *Living Well with Dementia*, an afternoon of programs providing hope and information for people living with dementia and their family/informal care partners.

When: Wednesday, Oct. 12, 2022, 12:30-5:30 p.m.

Where: Dairy Arts Center in Boulder, Gordon Gramm Theater (2590 Walnut St, Boulder, CO 80302)

Program for the Day

1-2 – Living Well with Dementia: Important Considerations

2-3 – Understanding and Responding to Dementia Related Behaviors

3-3:30 – Intermission

3:30-4:15 – The Nature of Nature is Change

4:15-5 - Panel Discussion

5-5:30 - Connections and Closing

Register for the event at <https://bit.ly/3dpjBol>. For more information, contact Rebekah Van Sweden, Boulder County Area Agency on Aging, at InfoCaregiver@bouldercounty.org.



Information & Assistance for Aging Well

303-441-1617

www.BoulderCountyAging.org