Boulder County ABCD Partnership



Helping all Boulder County children thrive.

"If intervention is instituted before kindergarten entrance, many problems can be prevented and the large majority can be ameliorated." The earlier the referral the better.

~Pediatrics in Review Vol. 33 No.10 October 2012

Who We Are

The Boulder County Assuring Better Child Health and Development (ABCD) Partnership is a multidisciplinary group of partners dedicated to improving the early childhood system in Boulder County. Our partners represent an array of agencies that offer early childhood services, or support early childhood professionals.

Our Purpose

We aim to build partnerships and collaborate to promote and support the developmental screening process for young children in Boulder County.

Our Guiding Principles

- Focus on high risk populations
- Emphasize whole child development, including social emotional development •
- Build upon existing programs; support local community collaboration
- Utilize and promote evidence based, best practice approaches
- Remember that families are at the center of everything we do

Our Goals



Join Us

Visit www.BoulderCountyABCD.org or contact Felicia Cain at 303.678.6137 or fcain@bouldercounty.org

















Developmental Evaluation



Talking with Parents

Sometimes it can be hard to know what to say to a parent when you have concerns or a developmental screening tool indicates that their child would benefit from a more thorough evaluation. Remember that at this stage you are using your professional judgement or a screening tool; you have **not** diagnosed a developmental delay.

You are helping parents to create a healthy foundation for their child; healthy physical, social, and emotional development is essential for success in school and life. Below are some things to keep in mind when talking to parents about a concern.

Conversation Tips: Empowering parents to want more information

- Take time to elicit their thoughts and feelings
 - If a parent is anxious, validate that their feelings are normal. The more you remain calm, the more calm the parent will be.
 - Explain that the parent hasn't done anything wrong.
- Reassure parents that an evaluation does not necessarily mean that their child will need services, nor does it commit them to services if that's what is recommended.
 - Services are completely voluntary.
- Tell them it is common to refer children for further evaluation, and that this is a **positive** step they can take to get more information on how to best support their child.
 - We know that parents want to give their children every advantage possible.

Sample Statements

1. Accentuate the positive first.

Thank you for participating in John's developmental screening. I noticed how well he is using his hands and fingers to reach for objects. He is also making a lot of appropriate sounds for his age. You must be talking and singing to him a lot at home, because what a difference you are making!

2. Ask for their feedback.

I noticed that he is not rolling over yet. This is a milestone I would typically expect to see at this age. What are your thoughts?

3. Make your recommendation.

I think it would be helpful to have someone who specializes in early childhood development take a closer look at him. We all want what's best for John and to give him every advantage possible. Let's see if he needs a little extra help in reaching his milestones.

4. Emphasize that earlier is better.

John's brain is growing so rapidly, and he is learning so many new things at this age. If he does need help, evidence shows that getting help early can make a big difference for his later development. This way we're doing everything we can to make sure he's ready for kindergarten.

Evaluación del desarrollo

Hablar con los padres de familia



Algunas veces puede ser difícil saber cómo transmitirle a los padres de familia cuando tiene preocupaciones o una herramienta de evaluación del desarrollo indica que su hijo(a) se beneficiaría de una evaluación minuciosa. Recuerde que en esta etapa está utilizando su juicio profesional o una herramienta de detección; usted **no** ha diagnosticado un retraso del desarrollo.

Está ayudando a los padres de familia a crear una base saludable para su hijo(a), por lo que un desarrollo físico, social y emocional saludable es esencial para tener éxito en la escuela y la vida. A continuación se mencionan algunas cosas que debe tener en cuenta cuando habla con los padres de familia acerca de sus preocupaciones.

Consejos para la conversación: Aliente el interés de los padres de familia por obtener más información

- Tómese el tiempo para preguntarles sobre lo que piensan y sienten
 - Si un padre de familia está ansioso, hágale saber que sus sentimientos son normales. Mientras se mantenga en calma, más tranquilo se sentirá el padre de familia
 - Explique que el padre de familia no ha hecho nada mal.
- Asegúrele a los padres que la evaluación no necesariamente significa que su hijo(a) necesitará de servicios, ni que los compromete a obtenerlos en caso de que sea lo recomendado
 - Los servicios son completamente voluntarios.
- Dígales que es común que se derive a los niños a una evaluación adicional, y que este es un paso **positivo** que pueden tomar para obtener más información sobre cómo apoyar de mejor manera a su hijo(a).
 - o Sabemos que los padres desean darle a sus hijos toda ventaja posible.

Ejemplo de declaraciones

1. Resaltar lo positivo primero.

Gracias por participar en la evaluación del desarrollo de John. He notado lo bien que utiliza sus manos y dedospara alcanzar objetos. También produce una gran cantidad de sonidos apropiados para su edad. Seguro le hablan y cantan mucho en casa i porque hacen una gran diferenciaj

2. Pida sus comentarios.

He notado que él aún no se da la vuelta. Este es un avance que por lo general esperaría ver a esta edad. ¿Qué opina?

3. Haga sus recomendaciones

Creo que sería útil pedirle a alguien que se especializa en el desarrollo de la temprana edad que le realice un examen más profundo. Todos queremos lo mejor para John y darle toda ventaja posible. Veamos si él necesita un poco de ayuda adicional para alcanzar estos avances.

4. Enfatice que mientras sea antes mejor.

El cerebro de John crece muy rápidamente y él aprende muchas cosas nuevas a esta edad. Si él necesita ayuda, las evidencias demuestran que recibir ayuda en una etapa temprana puede marcar una gran diferencia para su desarrollo más adelante. De esta forma nos aseguramos de hacer todo lo que posible para que esté preparado para el jardín de infantes.

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Hard Conversations - What do I say?

Here is what parents have told us helps them when having a hard conversation.

- Say the child's name
- Model calmness in your voice and body
- Don't label
- Listen
- Sit down
- Speak slowly
- Adapt language so that it's understandable
- Acknowledge how much you appreciate or like the child
- Avoid labeling a parent as difficult

Here are some words to get you started...

- This is scary.
- Are you seeing or experiencing anything like this at home or in other settings?
- Would you like help?
- What do you think?
- What worries you?
- Is there anything about ______that you might see as a reason for concern?
- What do you think might happen if you don't act?
- How important is this to you?
- I can see you are uncomfortable, tell me what you are thinking.
- Of the options we discussed, which one sounds like it fits with your family?
- What makes you concerned about ______
- You and your doctor will decide what to do, but I can offer some information about what I see at school.

?

- I hear your concerns.
- It sounds like you want to make this work, and you also have some reservations about it.
- How can I help you?
- Maybe you are not ready now but how about we discuss this in 2-3 months?
- Which of these options might work best for you?
- What have you heard about this?
- Would you be willing to keep track of ______ for a week, to see if you see any patterns?
- Ultimately, this is your decision, so what do you think?
- Would you like to talk about some options, ideas that have worked for other families?
- It's better not to change too many things all at once. How can you take a small step in this direction?
- Maybe this is not a good time.
- Would you like to know more about _____?
- I can see that it is important to you to be a good parent.
- That sounds like a good point.
- That sounds like a good idea.













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Cultural & Relationship Considerations

Developing a **relationship of trust** with a family is consistently noted by early childhood experts as an important factor that would encourage a family to act upon a recommendation. Having a conversation with a parent about referring their child for a more thorough evaluation can be challenging with any family, especially if the family has a cultural background that you are not familiar with. "Culture" may refer to a different country, but it could also mean issues related to poverty, teen parenting, family values, belief systems, etc. Below are tips from providers who have these conversations.

Learn About Their Culture

Prior to speaking with a family it may be helpful to research their culture. However, keep in mind that culture varies from region to region within countries. It really is best to ask the family questions about their culture instead of relying on preconceived ideas from research. You can ask, "What would be helpful for me to know about the (Mexican, Chinese, Arabic, etc.) culture? How are children prepared for school in (Mexico, China, Saudi Arabia)?" Remember that you might need the assistance of an interpreter.

Show Respect

Showing that you care about their child is key to a family being willing to take action on your referral. Some ways to do that include:

- Pronouncing their child's name correctly
- Focusing on their child's strengths before discussing possible areas of concern
- Asking the parents for their feedback

Listen

All families want to be heard. Take the time to really listen to their perspective when they are reluctant to pursue an evaluation. Realize that they may be preoccupied with other issues such as finances or transportation. Can you help identify and assist with these potential barriers?

Allow Time for the Referral

It is important to give the family time to make their decision. Sometimes this can take more than one meeting to accomplish. Respect families' varying levels of readiness and do not rush the referral if they are not ready.

Explain American Culture

You may need to explain American culture and the importance of early childhood education. Parents may not realize that there is an expectation for school readiness before a child starts kindergarten. Teachers expect students to have solid speech, fine motor and social skills.

Offer Written Explanations

It is helpful to provide a written summary for parents in English, as well as their native language, after you discuss their child's developmental concerns. This provides another way for them to understand and process the information and can be used as a future reference.













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Developmental Evaluation



Dear family,

Your child's growth is more than just physical. You can see their development by how they play, learn, speak, behave and move. You play a very important role in supporting your child's development.

Based on today's screening we recommend further evaluation of your child's development. Evaluations are available at no cost to you. We know that all children develop differently, and some children need a boost or support to help them along the way. Together, we can make sure your child's development is on track.

Getting Support

The programs listed below can provide further evaluation at no cost to you. The evaluation will give a clearer picture of your child's development and identify additional help that might be needed. The evaluation will also determine if your child is eligible for the extra support provided by these agencies and will provide information about other resources and supports for your family.

What to Expect

You will be asked to meet with two or more people who are experts with children. They will ask you questions about your child, talk to him or her, and see how he or she talks and plays with toys.

Children 0 – 3rd birthday: All referrals and evaluations for children under age 3 are now coordinated by the state. **Do not refer them to Child Find.** A referral can be made online, by phone, or by fax to Early Intervention Colorado.

Early Intervention Colorado
 Webpage: www.eicolorado.org
 Email: GetStartedwithEl@state.co.us
 Phone: 833-733-3734
 Fax: 303-866-5944

Children 3 – 5 years old: Please contact the Child Find office in the school district your family lives in, checked below. They will assist you in scheduling an appointment. If you leave a message, please call them if you haven't heard back from them in 7 days.

□ Boulder Valley School District Phone: 720-561-5078 Fax: 720-561-5142

□ St. Vrain Valley School District Phone: 303-772-6649 Fax: 303-651-3066

We want to know how things turn out. Please ask the people you meet with to send your child's report to us. If you have trouble settings up an appointment, please let ______ know so we can assist you.

Evaluación del desarrollo



Estimada familia,

El crecimiento de su hijo (a) es más que sólo físico. Usted puede ver su desarrollo por la forma en que juegan, aprenden, hablan, se comportan y se mueven. Usted juega un papel muy importante para apoyar el desarrollo de su hijo (a).

Con base en las pruebas de hoy, le recomendamos una evaluación adicional sobre el desarrollo de su hijo (a). Las evaluaciones están disponibles sin ningún costo para usted. Sabemos que todos los niños se desarrollan de maneras diferentes y algunos niños necesitan un impulso o apoyo para ayudarles a lo largo del camino. Juntos, podemos asegurarle que el desarrollo de su hijo se encuentra bien encaminado.

Cómo obtener apoyo

Los programas enumerados a continuación pueden proporcionar más evaluación sin ningún costo para usted. La evaluación dará una imagen más clara del desarrollo de su hijo (a) e identificará ayuda adicional que podría ser necesaria. La evaluación también determinará si su hijo (a) es elegible para el apoyo adicional proporcionado por estas agencias y le dará información acerca de otros recursos y apoyos para su familia.

Lo que puede esperar

Se le pedirá reunirse con dos o más personas que son los expertos con niños. Le harán preguntas acerca de su hijo (a), hablarán con él o ella y verán cómo él o ella habla y juega con los juguetes.

Niños de 0 a 3^{er} cumpleaños: Todas las referencias y evaluaciónes para los niños menores de 3 años ahora son coordinados por el estado. Por favor no llame a Child Find. Puede hacer una referencia a través de la página web, por teléfono o por fax a Early Intervention Colorado.

Early Intervention Colorado
 Página web: www.eicolorado.org
 Correo electrónico:
 <u>GetStartedwithEl@state.co.us</u>
 Teléfono: 833-733-3734
 Fax: 303-866-5944

Niños de 3 a 5 años de edad: Por favor comuníquese con la oficina de Child Find en el distrito escolar de su familia indicado a continuación. Ellos le ayudarán a programar una cita. Si deja un mensaje, por favor llame si no ha tenido noticias de ellos en 7 días.

Distrito escolar del Valle de Boulder
 Teléfono: 720-561-5078
 Fax: 720-561-5142

Distrito escolar de St. Vrain Valley
 Teléfono: 303-772-6649
 Fax: 303-651-3066

Deseamos saber cómo resulta todo. Por favor pida a las personas con las que usted se reúne que nos envíen el informe de su hijo (a). Si tiene problemas para fijar una cita, le agradecemos comunicarse con_____ para ayudarle.



Changes in the Referral and Evaluation Process for Children Under Age 3

Beginning on May 1, 2022, all referrals and evaluations for children under the age of 3 with developmental concerns or disabilities will be coordinated through Early Intervention Colorado.



This change to Early Intervention referrals and evaluations^{*} is being made to:

- Ensure families and children across Colorado have equitable access to developmental support
- Streamline the program to be easier for families and providers to navigate

*granted by legislation SB21-275

Please note that Child Find (Colorado Department of Education/local school districts) will no longer accept referrals for children under age 3 as of May 1. All referrals and evaluations for children under 3 with disabilities or developmental concerns will be coordinated through Early Intervention Colorado.^{**}

Early Intervention referrals and evaluations will occur within a coordinated, state system.

Families will continue to receive Early Intervention services through local Community Centered Boards, either in person or virtually.

Anyone can make a referral to Early Intervention!

A referral can be made online, by phone or by fax:





Email GetStartedwithEl@ state.co.us





Contact your local Community Centered Board sforce.co/38RLveR

If you have questions about this change, please contact Jody Berg, Early Intervention Evaluations Manager at jody.berg@state.co.us or (720) 633-6099

**Early Intervention Colorado is currently part of the Colorado Department of Human Services (CDHS). Once the Colorado Department of Early Childhood (CDEC) is established, Early Intervention Colorado will reside within the CDEC.



COLORADO Office of Early Childhood Department of Human Services

Children 3-5

Referral is made to the Child Find office in the school district the family lives in. Children referred will receive a screening or evaluation to determine eligibility. Eligibility is for early childhood special education services and is based on the delay impacting a child's ability to succeed in an educational setting. Services are provided in a preschool classroom setting.

Referral Process



Child Find Offices

Boulder Valley School District 6500 Arapahoe Rd. Boulder, CO 80303 Phone: 720-561-5078 Spanish: 720-561-5267 Fax: 720-561-5142

St. Vrain Valley School District 830 S. Lincoln St.

Longmont, CO 80501 Phone: 303-772-6649 Fax: 303-651-3066 or 303-702-7800

Child Find Responsibilities

- 1. Child Find office will contact the family to schedule further screening or evaluation.
- 2. If the child has a documented delay that is educationally relevant (as determined by the evaluation team), they may attend preschool through the school district, as well as receive any additional services the child may need (speech therapy, occupational therapy, etc.).
- 3. If parents sign a "Release of Information" indicating that they want information shared with the referring agency, the school district will send screening or evaluation results.



















Early Intervention Colorado Referral and Release Form For Infants and Toddlers- Birth through Two Years of Age Who May Need Early Intervention Services

Referral Information Community Centered Board:	Fax:
Child's Name:	
Parent(s)/Legal Guardian:	
Family's Address:	
Family's E-mail:	Alt Phone:
	Foster Parents: English Spanish Other
	PCP E-mail: Phone:
DHS REFERRALS ONLY	
Foster/Kinship Parent(s) (if applicable): Foster/Kinship Parent(s) Address: How long has child resided at this residence? If yes, Name: Assigned DSS Caseworker: E-mail: Guardian ad Litem (GAL) Name: GAL E-mail: Referring Person Phone: Referring Person E-mail: Are you a Qualified Health Professional? (See referral solution of the following boxes (Area and complete one of the following	Phone:
(See the Established Condition Database located	d at <u>www.eicolorado.org</u> for a complete list of qualifying diagnoses.)
	lopment in the following area(s):
	erring person) Date of Referral:
	on to Release Information (optional)
I authorize the Community Centered Board Early In practice/agency listed above.	tervention Colorado Program to share the following information with the referring
I understand that I may withdraw this consent by Program. If consent is revoked it does not apply to I certify that this authorization to release this information	written request to the Community Centered Board Early Intervention Colorado o any actions that occurred before consent was revoked. has been given freely and voluntarily. Information collected related to early intervention
	onsented to sharing this information specifically consents to it and or the sharing this

Signed:

Early Intervention Colorado for Infants, Toddlers & Families

Date:

(child's parent or legal guardian) *Authorization is effective for a period of 12 months from this date

Early Intervention Colorado Referral and Release Form For Infants and Toddlers- Birth through Two Years of Age Who May Need Early Intervention Services

Referral Information Community Centered Board:	Fax:
Child's Name:	🗆 Boy 🗆 Girl DOB:
	Phone:
	County:
	Alt Phone:
	s)/Legal Guardian/Foster Parents: □ English □ Spanish □ Other
	PCP E-mail: Phone: Phone:
DHS REFERRALS ONLY	CAPTA? 🗆 YES 🖾 NO
	tact Foster/Kinship care, biological rights intact Foster/Kinship care, parent rights terminated heights intact Foster/Kinship care, parent rights termi
• • • • •	idence? Surrogate/ Advocate/ Guardian ad Litem?
	Phone:
	Phone:
	Case open? □ YES □ NO Phone:
	Educational Decision-making authority? YES NO
Defermine Describes / American	Referring Person:
	Referring Person Fax:
Referring Person E-mail:	
-	al? (See referral source guide for list)
-	to; if different: Fax, if different:
Has a developmental screening been Please check and complete one of th	completed for this child?
A. This child has been diagnose	d with the following physical or mental condition(s) known to have a high probability of resulting in pment (even if no delays are apparent at this time):
(See the Established Condition	n Database located at <u>www.eicolorado.org</u> for a complete list of qualifying diagnoses.)
B. \Box There are concerns for <u>possi</u>	ble delays in development in the following area(s):
Signed:	(referring person) Date of Referral:
Yo autorizo a la Mesa Comunitaria de / agencia mencionada anteriormente	Autorización para divulgar información (opcional) el Programa de Intervención Temprana de Colorado para compartir la siguiente información con la práctica que hace la referencia.
Información sobre los resu	Itados de elegibilidad (califica / no califica)
Resultados de la evaluació	ón / revisión (margen de demora para cada área del desarrollo)
coordinación de atenció	Intervención Temprana incluidos en el Plan Individualizado de Servicios Familiares, con el propósito de la n. ión por medio de una petición por escrito dirigida a la Mesa Comunitaria del Programa de Intervención Temprana de
Colorado. Si retiro la autorización, la revoc	ación no aplica a las acciones que ocurrieron antes de que la autorización haya sido retirada.
intervención temprana no puede ser comp	ulgar esta información se ha dado de forma libre y voluntaria. La información recopilada relacionada con los servicios c artida a menos que la persona que consintió en compartir esta información consienta específicamente que se compart rmitido por la ley. Entiendo que tengo el derecho a inspeccionar y copiar la información a ser divulgada.
Firmada:	Fecha:
Padre, madre o tutor lega	I del niño(a)
* La autorización es vigente durante o Para más información llame al 1-888-77	in período de 12 meses a partir de esta fecha 7-4041 o visite <u>www.eicolorado.org</u>

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Frequently Asked Questions

Where do I find the referral form?

Go to the Early Intervention Colorado website <u>http://www.eicolorado.org/</u>; click "Make a Referral" on the menu, complete the online referral form, or "Download the referral form."

Where do I email/ fax the referral form?

If you decide to download the referral form, please send the completed form to Early Intervention Colorado:

- Email: GetStartedwithEl@state.co.us
- Fax: 303-866-5944

Who should I contact if I have any questions about a referral?

Contact El Colorado or your local Community Centerered Board. For Boulder and Broomfield County Residents, Imagine! is the local Community Centered Board.

To contact Early Intervention CO:

- Call 833-733-3734 (833-REFER-EI)
- Email: <u>GetStartedwithEl@state.co.us</u>

To contact Early Intervention at Imagine!:

- Call Heather Forsyth, Early Intervention Intake Service Coordinator at Imagine!:
- Phone: 303-604-5424
- Email: <u>eiintake@imaginecolorado.org</u>

What can Boulder County ABCD Partnership help us with?

- Connecting with Early Intervention
- Teaching accurate use of the referral form
- Improving post-referral family follow-up
- Positive messaging with parents
- Tips on how to have a difficult conversation with parents
- Tracking your referrals

How do I contact Boulder County ABCD Partnership?

- Visit <u>www.BoulderCountyABCD.org</u> to print toolkits and other great resources
- Contact Felicia Cain, MSN, RN at 303-678-6137 or <u>fcain@bouldercounty.org</u>











