



Take Stand to Prevent Falls

Boulder County Partners for Falls Prevention



ADVOCATE
Colorado Long-Term Care Ombudsman Program

APPOINTMENT SCHEDULING STARTS SEPT. 15!

JOE NAMATH CAN'T HELP YOU ENROLL, BUT WE CAN!



303-441-1546
boco.org/Medicare

SHIP
State Health Insurance Assistance Program
Navigating Medicare



AGE WELL SERIES

FORMERLY THE AGE WELL CONFERENCE

A series of presentations for the community!

AgeWell Boulder County

AAA Resurfacing Celebration Picnic

Friday, Aug. 1pm - 1pm





SMP
Senior Medicare Patrol
Preventing Medicare Fraud



SHIP
State Health Insurance Assistance Program
Navigating Medicare

Need Help? / ¿Necesita Ayuda?

Call the AAA Resource Line/Lláme a nuestra línea general de servicios: 303-441-1600

Visit our Resource Page/Visite nuestra página de recursos: BoulderCountyHelp.org

Caregiving corner



2022

AREA AGENCY ON AGING

ANNUAL REPORT




COMMUNITY SERVICES

AREA AGENCY ON AGING

- COMMUNITY ACTION PROGRAMS
- COMMUNITY JUSTICE SERVICES
- HEAD START
- HEALTHY YOUTH ALLIANCE
- STRATEGIC INITIATIVES
- WORKFORCE BOULDER COUNTY

Generating a Lifetime of Opportunities

Business Results

Boulder County Area Agency on Aging (BCAAA) provides strategic planning and advocacy, grants compliance and oversight, and access to Veteran benefits. BCAAA supports the planning, administration, logistics, financial, and reporting aspects of the agency’s operations and funded provider management. The team’s Veteran Service Officers provide support to Veterans, their dependents, spouses, and survivors across the community.

Justice, Equity, Diversity, & Inclusion (JEDI)

Part of the mandate for Area Agencies on Aging across the country is to serve typically underserved populations including residents who are low-income, residing in rural or mountainous regions, and identify as Black, Indigenous, or a Person of Color (BIPOC). BCAAA employs bilingual and bicultural staff to serve Boulder County’s Spanish speakers, has higher reimbursement rates for some services for residents served in the mountains, utilizes Boulder County’s Racial Equity Toolkit when reviewing and building new programs, conducts staff trainings around (Justice, Equity, Diversity, and Inclusion) JEDI topics, and is exploring ways to expand JEDI training to providers.

Strategic Planning

BCAAA has been collecting and analyzing data about the strengths and needs of older adults in Boulder County for decades. Understanding the challenges and opportunities of the county’s aging population is critical for elected officials, leadership, service providers, non-profits, faith community, and neighborhoods alike if we are to successfully create communities in which we can all age well.

Preparations in Fiscal Year 2022 included data collection through the Community Assessment Survey for Older Adults (CASOA), scheduling time to connect with residents through Community Conversations, and preparing information from secondary data sources to help tell the story of aging. BCAAA’s strategic planning efforts will create a data report and strategic plan to be released in Fiscal Year 2023.

Communications

BCAAA received feedback from the community that residents are unaware of services for older adults and caregivers until they need them. BCAAA, along with community partners, strives to lead with anti-ageism and inform the community of what services are available. The agency’s communication tools continue to reach more members of the community each year.

4,531 subscribers to Aging Well in Boulder County newsletter

1,231 BCAAA Facebook followers

9,877 website visits to BoulderCountyAging.org

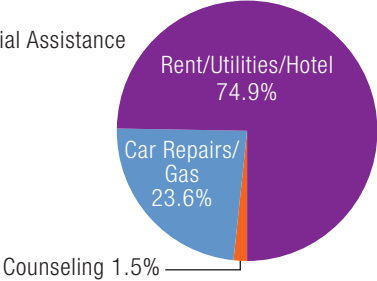
Veteran Services

Veteran Service Officers support Veterans and their dependents through education and assisting with state and Department of Veterans Affairs benefits, while also connecting with local resources. This can include VA disability, healthcare, local, state, and federal recourses, and more.

8,648 contacts with Veterans, their spouses, survivors, or dependents

90 outreach events/activities for Veterans

Financial Assistance



Community Living

Resource Navigators provide information and referrals to caregivers and older adults through our Resource Line. Resource Specialists are available to help individuals and their family or informal caregivers make informed choices about the services and support options available and can provide short-term assistance in accessing and planning for long-term care needs. These specialists assist with:

- Benefits navigation and application assistance;
- Counseling on various benefits, services, and programs;
- Plan and coordinate resource services; and
- Support, education, and resources.

Caregiver Programs

BCAAA empowers and supports caregivers and their care partners through the caregiving journey. The team provides valuable information and resources and make referrals to community partners.

23 participants at in-person Living Well with Dementia event

11 webinars provided during the Caregiver Education Series

Voucher Services

Resource Specialists connect older adults and caregivers with a variety of grant-funded supportive services to maintain independence and promote aging safely in community. Whenever possible, clients direct service-related goals and select providers.

8 clients received 81 months of medical alert device assistance

44 clients received 3,916 hours of Homemaker Care

24 clients received 2,375 hours of Personal Care

20 clients received 2,060 hours of Caregiver Respite

391 clients received Financial Assistance totaling \$338,978.81 (average \$866.95/client)

Services for Mountain Residents

BCAAA has served western Boulder County, a historically underserved geographic area, for more than 30 years by employing two Resource Specialists. The team supported efforts to bring Clinica Family Health, a nonprofit community health center, to the mountains for residents, assisted with vaccine clinics, is collaborating on new transportation access, has increased food access for community members, and supported a pilot program with Wildfire Partners to provide mitigation for residents.

132 clients served by Mountain Resource Specialists

Elder Rights

Boulder County Area Agency on Aging works to protect the rights of older adults to live safely, with dignity, and to be free from abuse, neglect, or exploitation. The Elder Rights Team provides advocacy and resources to vulnerable community members and works with community partners to form a collaborative response to abuse in later life.

Long-Term Care Ombudsman

The Long-Term Care Ombudsman (LTCO) program is a free, confidential service for residents of nursing homes and assisted living homes. Residents of these homes have federally regulated rights in which LTCO advocate for these rights, working with and for residents to achieve quality of care and life.

Long Term Care Ombudsman provided:

582 consultations to providers, residents, families, and the community

20 visits (compared to only 20 the previous year)

Top 4 resident complaints fielded by Ombudsman:

1. Care Issues
2. Dignity and Respect
3. Discharge
4. Environment

LGBTQ+ Programs

Project Visibility provides training and support to service providers on creating inclusive communities for LGBTQ+ older adults. Rainbow Elders of Boulder County provides social connection and community education through monthly meetings, seasonal events, and ongoing communication. An advisory group was established in 2021 with a mission to direct LGBTQ+ services.

Rainbow Elders have conducted six virtual coffee klatches, two in-person supper clubs, co-hosted a 50+ mixer during Pride, and hosted the 21st annual Lavender Gala virtually in FY22. BCAA's LGBTQ+ programs have grown since adding virtual offerings.

128 hours of contact through Rainbow Connections

1,728 subscribers to Rainbow Elders of Boulder County newsletter

Respite & Companion Volunteer Program (RCVP)

RCVP volunteers are matched with an older adult whom they visit for two hours once a week. The program provides social connection for an older adult and respite for their caregiver, if they have one.

30 matches maintained contact over the phone through COVID

6 volunteers trained per month on average

Justice Coalition for Abuse in Later Life (JCALL)

From now through 2023, Boulder County will be delivering enhanced training and services to confront abuse, neglect, and exploitation in later life pursuant to a federal grant received from the U.S. Department of Justice Office on Violence Against Women. The grant work includes providing training to law enforcement and others, enhancing services for age 50+ survivors of abuse, neglect, or exploitation, and conducting community outreach campaigns. The grant is directed by the Boulder County JCALL, a collaborative partnership of justice professionals and community and government agencies and organizations serving adults age 50+ in Boulder County.

25 professionals representing 18 agencies coordinated to respond to abuse of older adults

Healthy Aging

Boulder County Area Agency on Aging supports and encourages all older adults in making healthy lifestyle choices. The Healthy Aging team is dedicated to helping the community learn how to take control of their personal health and wellbeing. BCAA's programming helps individuals learn how to manage chronic health issues, navigate the complexities of Medicare, prevent falls, increase physical activity, and eat healthier.

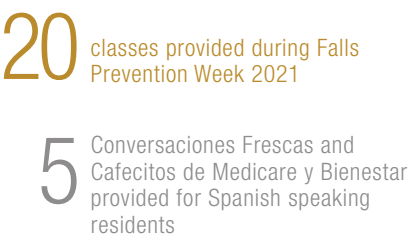
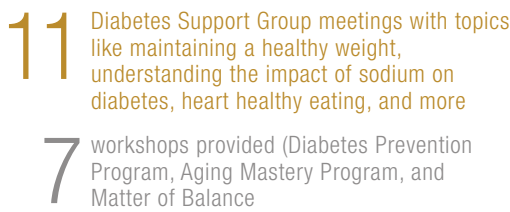
Medicare Programs

Programs provide up-to-date, objective information and guidance when comparing and enrolling in Prescription Drug plans (Medicare Part D), Advantage Plans, and information about Supplemental insurance plans (Medigaps). Medicare Basics Classes are designed for anyone wanting to understand Medicare enrollment, plans, benefits, and costs.



Wellness

Maintaining the ability to live a healthy, independent life is a priority for many people. BCAA's evidence-based wellness classes have been proven to help residents served develop the skills to live with ongoing health conditions and challenges.



Nutrition

Eating well is vital for health, longevity, and quality of life. Getting the right nutrients and fresh, quality food is an important component in preventing and managing chronic diseases that older adults may experience. Nutrition counseling educates older adults and caregivers on the right foods for their unique situation. Congregate meals also provide a social component.

By Service:	By Provider:
Congregate Meals - \$59,967.63	Highlands Camp & Retreat Center (Congregate Meals, Allenspark) - \$5,546.20
Home Delivered Meals - \$269,412.64	Boulder Nutrition & Exercise (Nutrition Counseling) - \$26,740.00
Drop Shipment Meal (aka Mom's Meals) - \$48,909.80	Father Earth & MetaCarbon (CSA Shares) - \$5,837.25
Nutrition Counseling - \$53,685.00	Louisville (Congregate & Home Delivered Meals) - \$142,984.80
Nutrition Education - \$33,593	Word of Mouth (Congregate Meals, Lyons) - \$10,732.25
Total = \$465,569.04	Mom's Meals (Drop-Shipment Meals) - \$44,344.56
	Nederland Area Seniors (Congregate & Home Delivered Meals) - \$159,651.31
	Satya Williams (Spanish Nutrition Counseling) - \$22,425



Note from Christine Vogel, BCAA Director

We are all aging. Unprecedented demographic changes in Boulder County mean our world must shift to meet the needs of our population as more of us are and will be 60+ in the decades to come. Boulder County Area Agency on Aging (BCAAA) promotes well-being, independence, and dignity for older adults (60+) who wish to age in our community, people living with disabilities, family and informal caregivers, and Veterans of all ages. We are an anti-ageist, anti-ableist organization committed to racial equity work. As we take on our strategic planning efforts this year, we continue to assess the current needs of our community and the subpopulations we serve. Economic stability, respect and social inclusion, social participation, and communication and information have been at the forefront of our work over the past year.

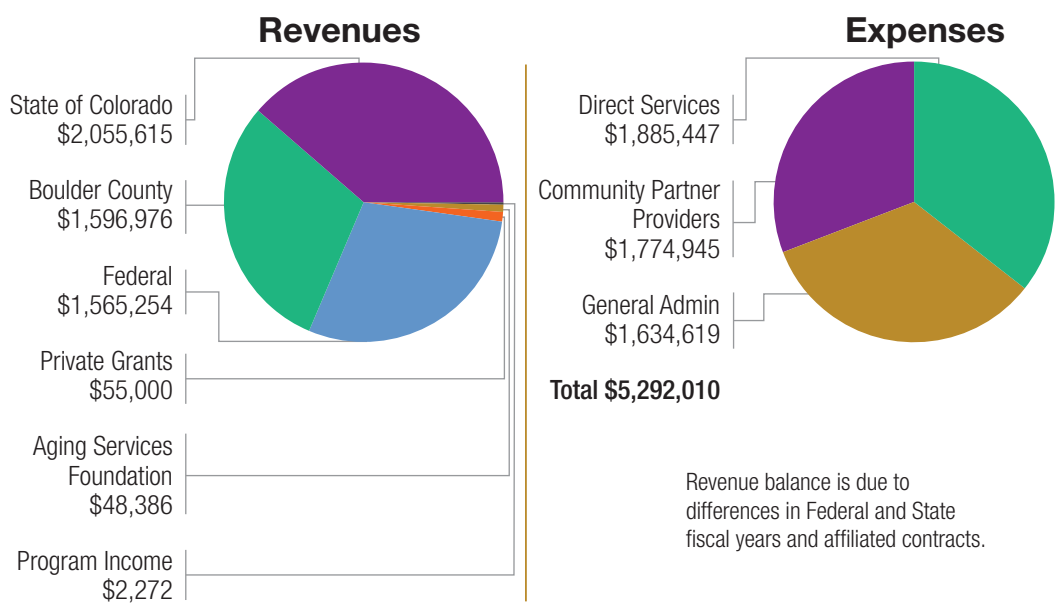
Funded Providers

The BCAA plays a pivotal role in assessing local needs, developing programs, and creating service plans that build upon local community strengths. While BCAA provides many services directly to the community, the agency also distributes funding to service providers to better serve those aging in the community. The BCAA provided funding to the following grantees and subcontractors in Fiscal Year 2021-2022:

A Day Place	City of Louisville Senior Center	Lifeline Systems Company
A Little R&R	Colorado Legal Services, Boulder	Mental Health Partners
Audio Information Network of CO	Colorado Visiting Nurses Association	Mom's Meals
Boulder Housing Partners	Complete Home Health Care	Nederland Area Seniors
Boulder Nutrition and Exercise	Elevate Home Care	Quinsight LLC
Bridge to Justice	Ensign Skills Center	Rocky Mountain Legal Center
Center for People with Disabilities	Estes Park Home Care	Satya Williams
City of Boulder	Flatirons FlexCare for Seniors	Sister Carmen Community Center
City of Lafayette	Highlands Presbyterian Camp & Retreat Center	Tech Pals Inc.
City of Longmont Senior Services	Homewatch Caregivers	Via Mobility Services
		Word of Mouth

Fiscal Year 2021 Funding

BCAAA is funded through several sources. Mixed revenue allows the agency to support staff to provide direct services and advocacy for our community. BCAA also provides funding to community partners.



Total \$5,323,503



BCAAA Resource Line
303-441-1617
www.BoulderCountyAging.org

If you have any questions about this report, please contact us at bcaaa@bouldercounty.org.