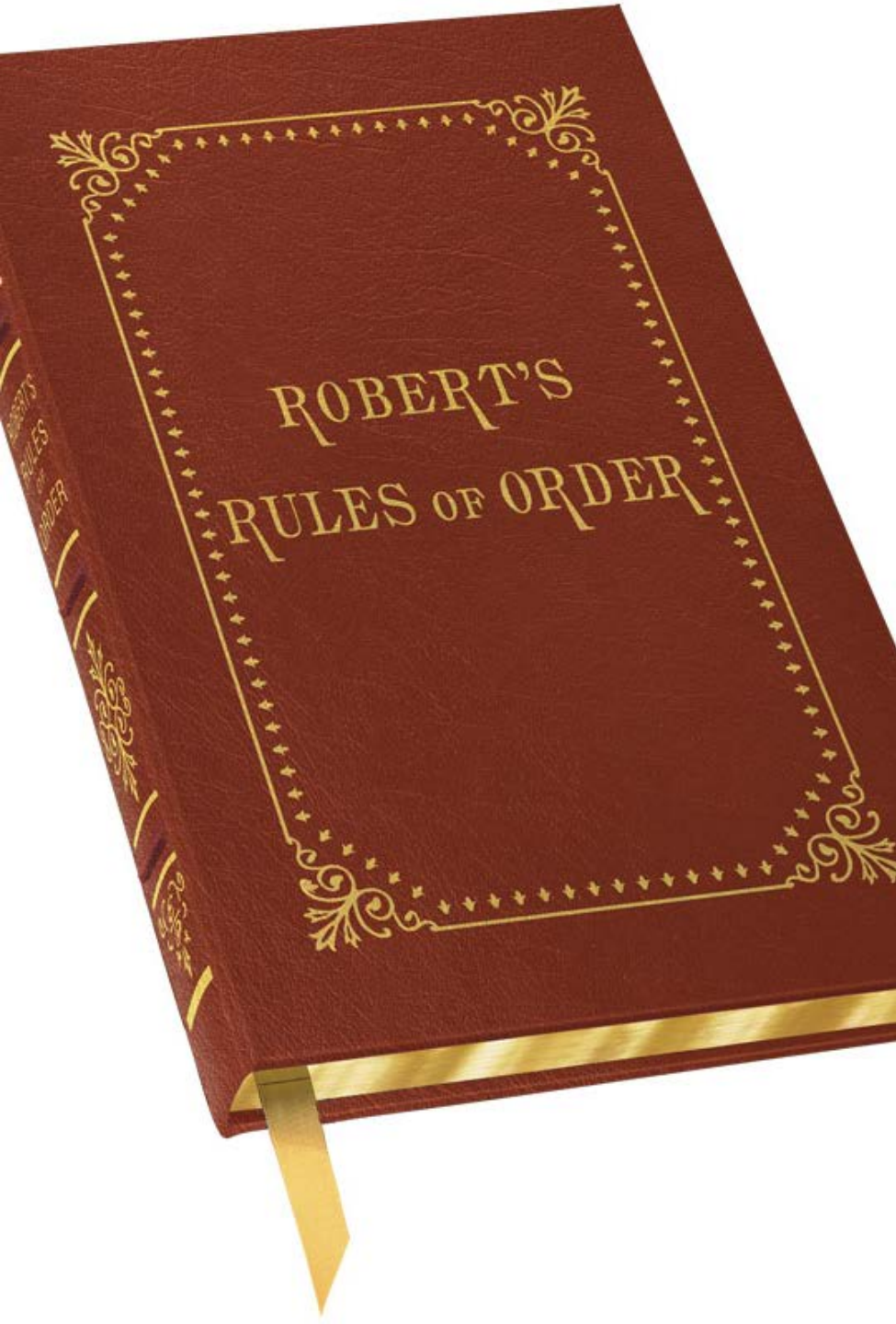




**AREA AGENCY
ON AGING**

Community Services Department

Welcome to the Aging Advisory Council!



Robert's Rules of Order

Quick Guide is available on the Aging Advisory Council website

Motion to Adjourn – “I move that we adjourn.”

Recess – “I move that we recess until...”

Point of Privilege – “Point of privilege.”

Older Americans Act (OAA)

Enacted by Congress in 1965

- Title I – Declaration of Objectives

Title II – established the U.S. Administration on Aging (AoA) and state agencies on aging to address the social services needs of older adults

- AoA is now under the Administration of Community Living (ACL)

Mission is to help older adults maintain maximum independence

Also covers caregiver support, emergency planning, and evidence-based programming

Older Coloradans Act

Also known as
“Volume 10”

State legislation
that authorizes and
guides use of OAA

Advisory councils
mandated as part
of OCA

YOUR FIRST FIVE ACRONYMS!

Aging Advisory Council = AAC

Boulder County Area Agency on Aging = BCAAA

Older Americans Act = OAA

Administration for Community Living = ACL

Older Coloradans Act = OCA

OAA and Volume 10 fund critical services that keep older adults healthy and independent

Meals

Caregiver
Support

Transportation

Health
Promotion

Benefits
Enrollment

In-Home
Services

More!

Aging Advisory Council

22 Members – Appointed by the Board of County Commissioners
(BOCC)

Agendas

- Provider Presentations
- Training/Education
- Advocacy Opportunities
- Project Work Time

Role of the AAC

Part of the name – advisory

Serve at the pleasure of the Board of County Commissioners (BOCC)

Ambassadors in Boulder County

Advocate on matters of public policy

Knowledgeable about aging and available services

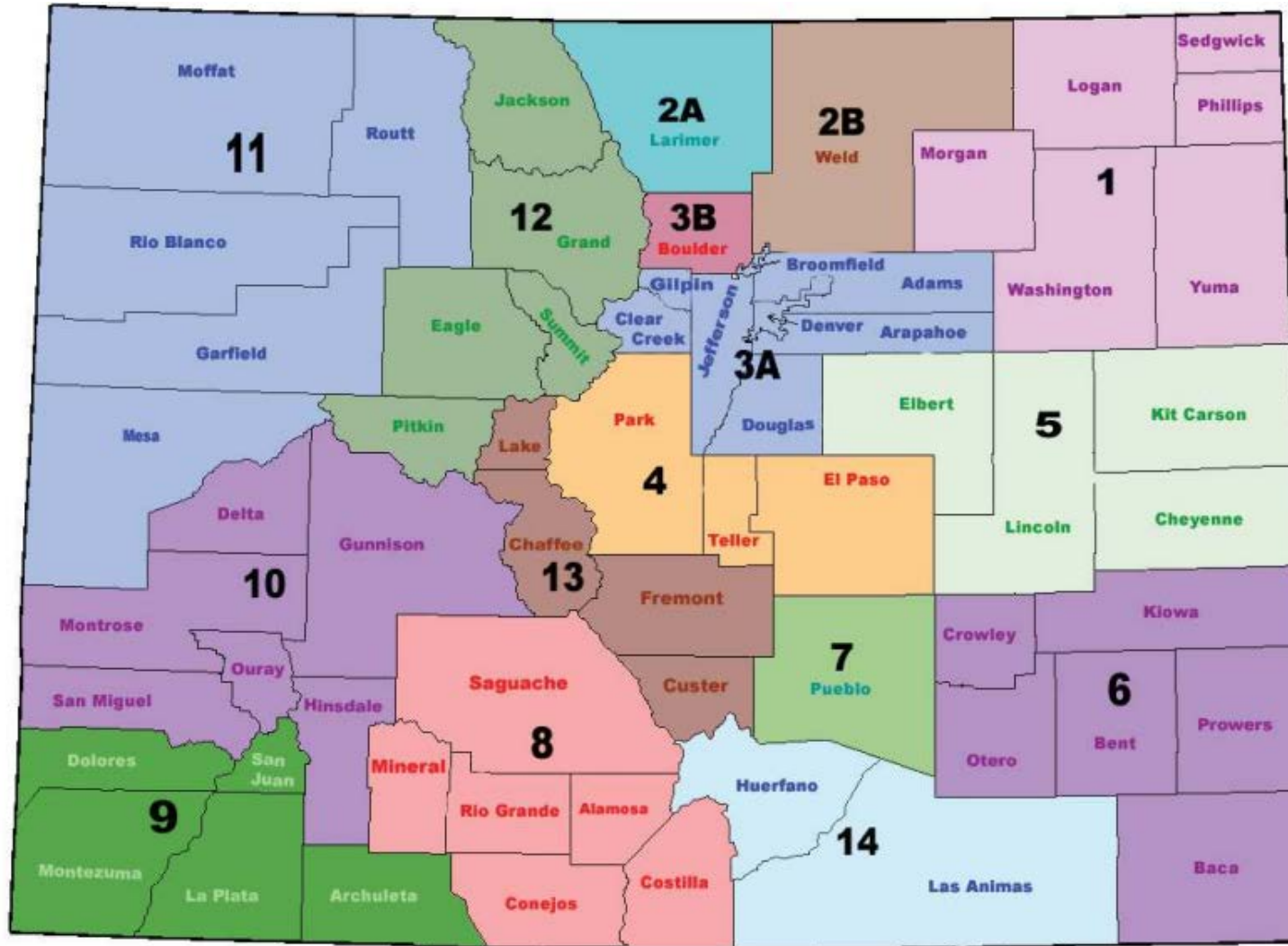
Funding recommendations and priority determination (through Technical Review Committee (TRC))



AAAs became part of the OAA in 1973

BCAAA Mission

Boulder County's Area Agency on Aging advocates for, funds, and delivers services that promote the well-being, independence, and dignity of older adults, people living with disabilities, family and informal caregivers, and Veterans.



What does BCAAA do?

Planning and coordination

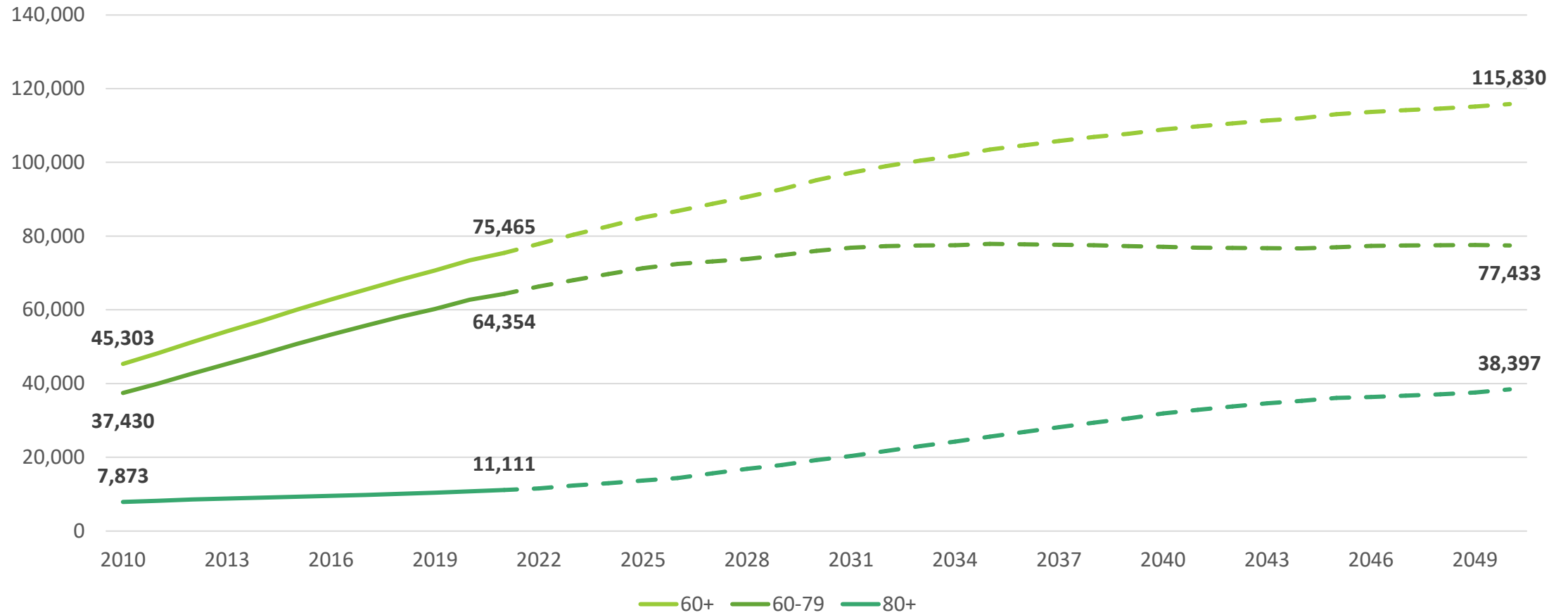
Direct services

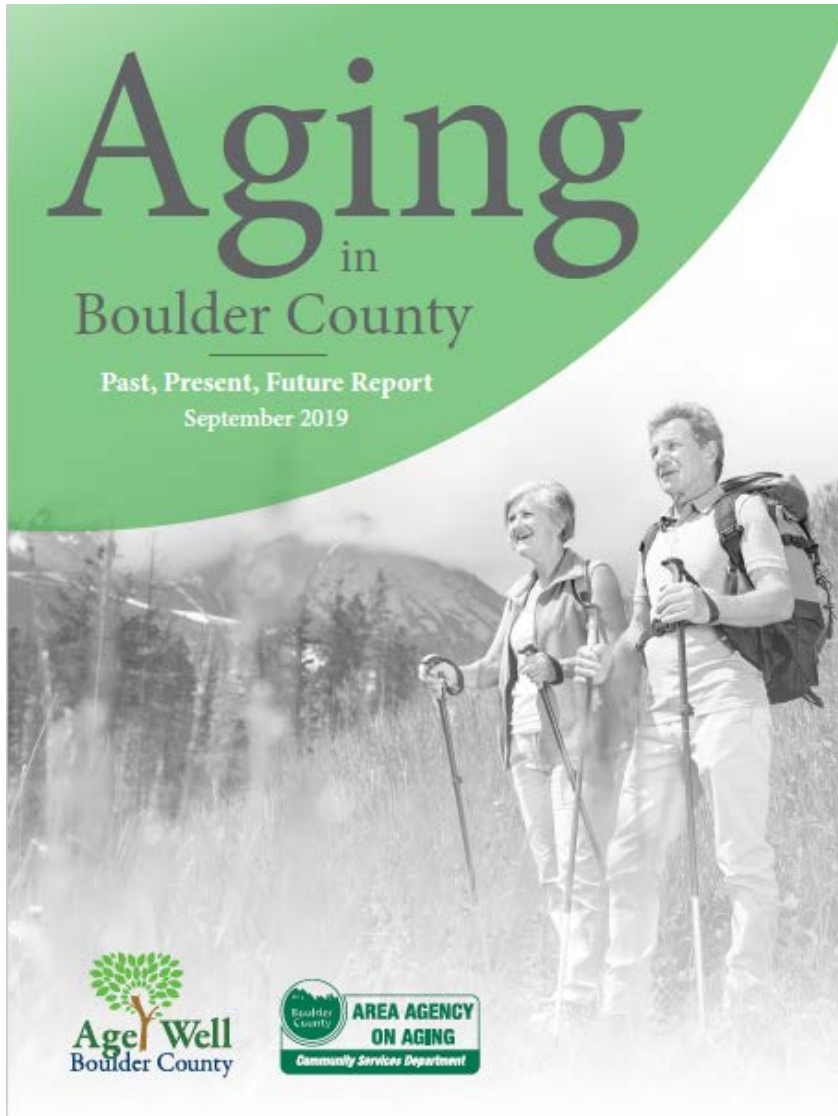
Ensures services are provided

Determine priorities and distribute state and federal funds



Boulder County's Projected Growth – 60+





Business Results Team

Strategic Planning

- Community Assessment Survey for Older Adults (CASOA)
- Community Conversations
- Key Informant Survey
- Coordination with municipalities

Advocacy

Financial Assistance Programs

Fiscal & Programmatic Compliance and Reporting

Communications

Veterans Services Officers

Community Living



Virtual Call Center (operating since March 2020)

Resource Navigator

Resource Specialists (bilingual, mountain)

Client Services Supervisor

Caregiving Program and Caregiver Education Series

[Learn more here!](#)

Resource Coordination for Caregivers

Utilize a caregiver specific assessment to capture unique caregiving needs

Provide information and assistance for family and informal caregivers of older adults or adults with dementia

Coordinate services to meet individual client and caregiver needs

Assist with respite needs

Caregiver Education Series

- Focused on informative and interactive caregiving classes and trainings
- Once per month, starting next month
- The series focuses on:
 - Increasing caregiver confidence
 - Improving caregivers' ability to provide hands-on care
 - Improving caregiver coping skills
 - Improving the health and safety of care recipients
 - Improving the quality of life of the caregiver and care recipient



Elder Rights Team

- **Coordinated community response for abuse in later life:**
- Training for law enforcement, prosecutors, and providers
- Enhanced resources for survivors and services guide for professionals

- **Respite & Companion Volunteer Program (RCVP)**
- Recruit, train and support volunteers
- Referrals from Resource Specialists
- Ongoing support of matches

- **LGBTQ+ Programs**
- Rainbow Elders
- Project Visibility
- Rainbow Connections





Long-Term Care Ombudsman (LTCO)

- Advocate for Resident Rights and Care Concerns to improve quality of care
- Provide consultation and education for facility staff to meet resident needs and address issues as they arise.
- Provide resources and information to the community about long-term care, local options and regulations

[Connect with our LTCOs.](#)

Healthy Aging - Wellness

- Stanford University's Chronic Disease Management Program
 - General chronic conditions
 - Diabetes-specific
 - Chronic pain
- Matter of Balance
- Falls Prevention Week
- Healthy Heart Ambassador
- Diabetes Prevention Program
- Diabetes Monthly Education and Support Group

Healthy Aging - Nutrition

Sites in Lyons and Allenspark

Mom's Meals

Fresh Conversations

- Monthly education in English and Spanish

Counseling with RDN in English and Spanish

Recorded nutrition talks

Healthy
Aging –
**Medicare
Counseling**

SHIP certified counselors

Medicare Basics Classes

Medicare 1:1 Counseling

Medicare Fraud Education

Open Enrollment Period help

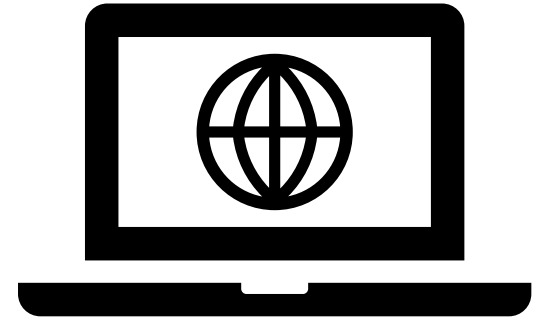
How Can I Connect to Resources?

AAA Resource Line – 303-441-1617

- Available in English & Spanish

BoulderCountyHelp.org

- Easy to navigate
- Searchable directory
- Available in multiple languages



We are up to 11
acronyms!

Board of County Commissioners = BOCC

Technical Review Committee = TRC

Community Assessment Survey for Older Adults = CASOA

Respite and Companion Volunteer Program = RCVP

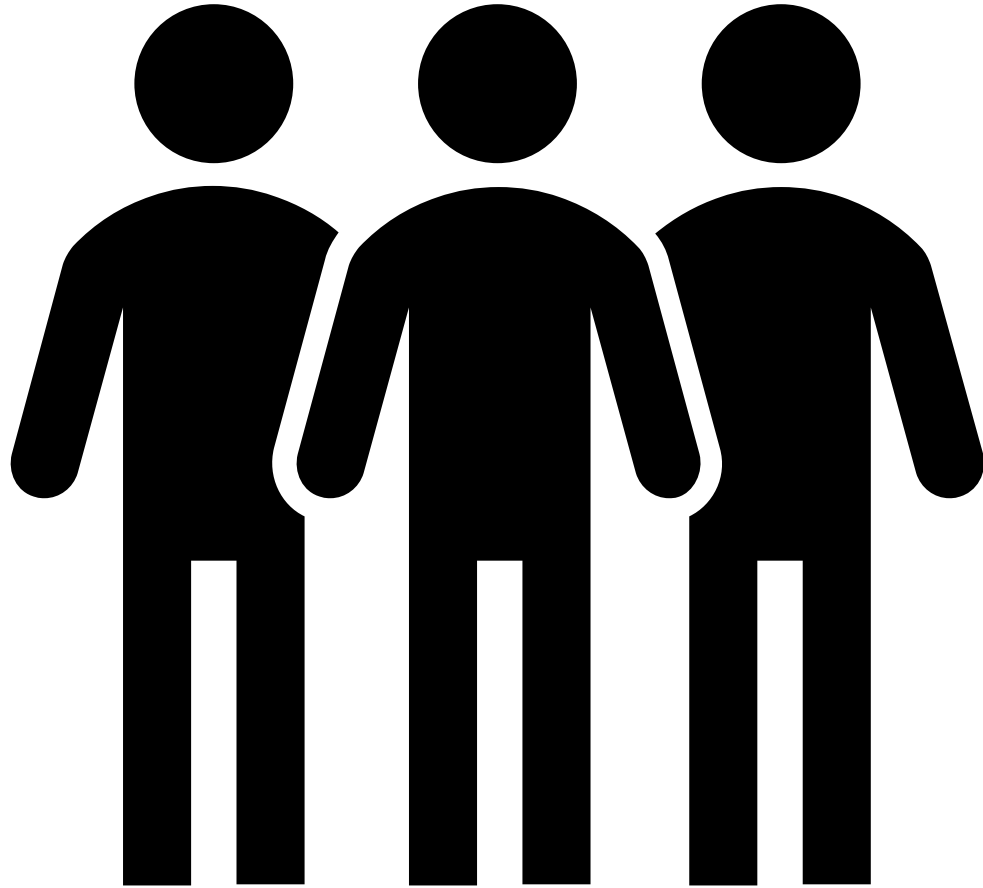
Lesbian, Gay, Bisexual, Transgender, Queer += LGBTQ+

Long-Term Care Ombudsman = LTCO

AAA Elevator Speech



Boulder County's Area Agency on Aging advocates for, funds, and delivers services that promote the well-being, independence, and dignity of older adults, people living with disabilities, family and informal caregivers, and veterans.



AAC Elevator Speech

The Advisory Council consists of 22 Boulder County residents who are volunteers with a diverse set of skills and experiences. We advise and provide support to the Area Agency on Aging in responding to community needs.

Technical Review Committee

AKA TRC

A solid green horizontal bar at the bottom of the slide.

Aging Network Policies

Federal

Older Americans Act



Colorado

Colorado Revised Statutes, Volume 10

SUA Policy & Procedure Manual



Boulder County

Area Agency on Aging Business Results & Compliance



Older Americans Act Services

Title III

B – Access, Home & Community-Based Services

- *Chore*
- *In-Home Services*
- *Transportation*
- *Legal Services*
- *Material Aid*

C – Nutrition Services

- *Congregate & Home Delivered Meals*
- *Nutrition Counseling & Education*

D – Disease Prevention & Health Promotion

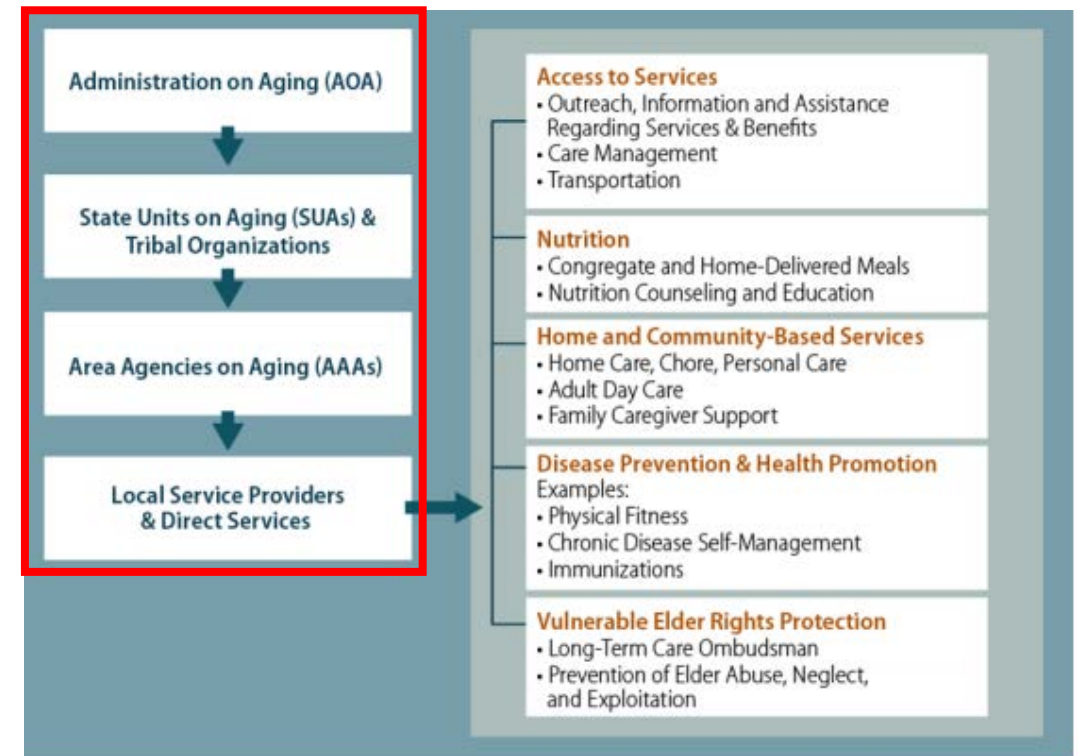
- *Matter of Balance*
- *Chronic Disease Self Management*
- *CAPABLE Home Modifications*

E – Caregiver

- *Training*
- *Counseling*
- *Respite*

Title VII

Long Term Care Ombudsman Elder Rights



Source: Prepared by the Congressional Research Service.

ROLE OF THE TRC

- No conflict of interest
- **Facilitate Funding Priorities**
 - Participate in development of data informed service priorities
 - Review Requests for Proposals (RFP) for grant funded services
 - Provide RFP award recommendations for BOCC
- **Funding Requests & Allocation**
 - Review Grantee annual funding requests
 - Collaborate with BCAAA staff to determine annual funding allocations
- **Participate in Grantee Annual On-Site Evaluations**
 - Trends and gaps in services
 - Communicate AAC/OAA priorities
 - Identify advocacy issues
 - Encourage and identify opportunities



FY23 GRANTEES



CONGREGATE MEALS

\$251,818

Louisville Senior Services	\$151,800
Nederland Area Seniors	\$100,018



VISION LOSS SERVICES

\$100,608

Audio Information Network	\$61,709
Center for People with Disabilities	\$18,477
Ensign Skills Center	\$20,422



COUNSELING \$80,076

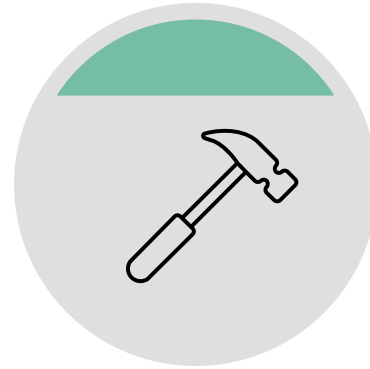
Mental Health Partners	\$80,076
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FY23 GRANTEES



TRANSPORTATION \$391,496

Cultivate - VetsGo	\$26,496
Via Mobility Services	\$365,000



CHORE \$167,247

Cultivate	\$167,247
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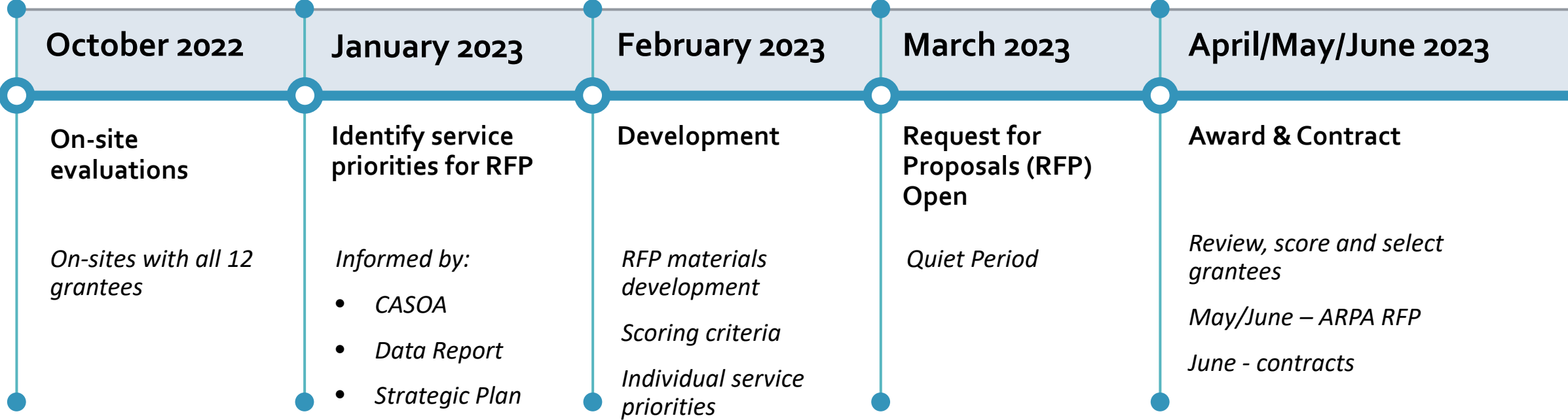


LEGAL \$152,343

Boulder County Legal Services	\$55,839
Bridge to Justice	\$36,504
Rocky Mountain Legal Center	\$60,000

TRC 2022-2023

All tasks are performed in collaboration with AAA staff



2023-2024 Request for Proposals

• Nutrition Services

- Congregate and Home Delivered Meals
- Nutrition Counseling and Education

• Transportation Services*

- Transportation and Assisted Transportation

• Housing Navigation Assistance *

- Case Management
- Information & Assistance

• Home Maintenance Support Services*

- Chore, including home modifications
- Cleaning services

• Community Based Services

- Case Management
- Counseling
- Education
- Information & Assistance
- Legal Assistance
- Screening/Evaluation
- Reassurance
- Public Information

• Caregiver Services

- Counseling
- Respite
- Support Groups
- Training
- Screening/Evaluation
- Case Management



Scoring Criteria



Criteria	Description	Score	Weight
Target Populations	Target populations identified in the Older Americans Act, identified below-		
<i>Greatest Economic Need</i>	Income at or below the federal poverty level		
<i>Greatest Social Need</i>	<ul style="list-style-type: none"> Physical and mental differences in abilities Language Barriers Cultural, social, or geographic isolation 	1-10	40%
<i>BIPOC</i>	Black, Indigenous, People of Color		
<i>Frail</i>	<ul style="list-style-type: none"> Differences or changes in abilities that impact activities of daily living 		
<i>Rural</i>	<ul style="list-style-type: none"> Includes mountain and unincorporated areas of Boulder Cnty. Area not defined as urban by the State Demographer's Office 		
Service Specific Priorities	Meeting or providing individual service priorities as identified in the service specifications	1-10	30%
Justice, Equity, Diversity, and Inclusion (JEDI)	<ul style="list-style-type: none"> JEDI training made available to staff Diverse and inclusive Staff/Board that prioritize representative recruiting Language in the proposal is framed to be inclusive, anti-ageist, anti-racist, and anti-ablest 	1-10	10%
Grant Management Experience and Capacity	<ul style="list-style-type: none"> Experience managing federal and/or state grants Appropriate and qualified staff/leadership Fiscal and operational capacity, sustainability Ability to meet compliance obligations Ability to meet service specifications and grant requirements Ability to provide cash and/or in-kind match Ability to provide clients information and referrals to other community services 	1-10	10%
Overall Quality of Proposal	<ul style="list-style-type: none"> Service explained as happens on ground Demonstrates need/service demand through data Appropriate and relevant costs Proposal includes SMART (Specific, Measurable, Attainable, Relevant, and Timely) program/service Goals and Objectives Proposal includes performance measures (how progress towards Goals and Objectives will be measured) 	1-10	10%
Total Possible Score			100%



Planning Overview

AREA & STRATEGIC PLANNING FROM THE BCAA

Area Plan

- Due every four years to the CO Dept. of Human Services (CDHS)/State Unit on Aging (SUA)
 - SFY 2023-2027
- Outlines the AAA's plan for funding regional services under OAA/State Fund for Senior Services (SFSS) monies
- SUA review and approves the Area Plan
- SUA drafts and submits a State Area Plan which is submitted to ACL



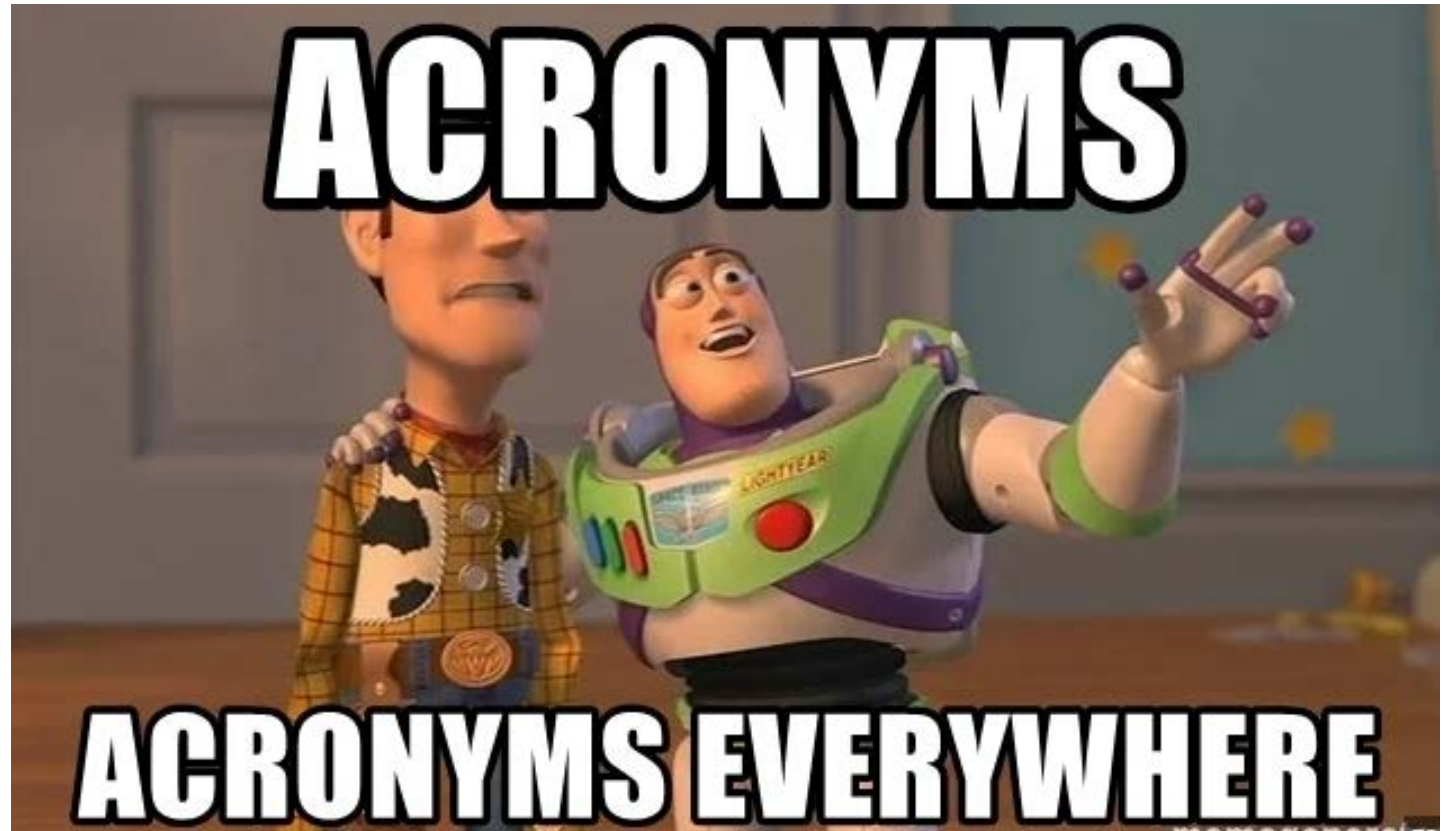
COLORADO
Department of Human Services

We are up to 14
acronyms!

Colorado Department of Human
Services = CDHS

State Unit on Aging = SUA

State Funds for Senior Services = SFSS



Area Plan - Components

Data/Public Input

- Community Assessment Survey of Older Adults (CASOA)
- Community Conversations
- Key Informant Survey

Demographics

Volunteer Overview

Pandemic Response

Equity

Questions*

Identification of Priorities

Area Plan - Questions

Service Priorities (TRC)

Provider Relationship

Waitlists

Long-Term Care Ombudsman Program

Legal Assistance

Evidence-Based Health Promotion/Disease Prevention Programs

Funding Sources

Outreach to Underserved/Communication

Innovation



Strategic Planning

Data Report

Domain Work

Visionary

Subpopulations

Priority Setting

Let's have a planning meeting to plan for the planning meeting about our strategic plan.



someecards
user card



Strategic Priority – Equity & Justice

“Equity can be defined as all people having full and equal access to the opportunities they need to survive or succeed.”

Culturally & Linguistically Appropriate Services (CLAS)

Community Services (CS) Cultural Responsiveness & Inclusion (CRI)

Cultural Responsiveness & Inclusion Committee (CRIAC)

Office of Racial Equity

“The AAAs shall assure compliance with Federal and State requirements to target the following special populations of older adults: Greatest economic need; Greatest social need; Low-income minority; Frail; and Older adults residing in rural areas.”

Data Report

- Outdoor Spaces & Buildings
- Transportation
- Housing
- Social Participation
- Respect & Social Inclusion
- Work and Civic Engagement
- Communication & Information
- Community & Health Services
- Caregivers
- LGBTQ+
- LTC Residents
- HCOL Considerations
- Mountain Residents
- BIPOC Residents
- Caregiving Workforce
- Emergency Preparedness
- Solo Agers
- People with Dementia
- Elder Abuse
- Caregivers of Adults Living with Disabilities
- Ageism
- Pandemic
- Social Determinants of Health

Subpopulation: LGBTQ+ Older Adults



Older LGBTQ+ adults experience challenges accessing inclusive, gender-affirming health care and social care.

LGBTQ+ folks are, on average, poorer and have fewer financial resources than their heterosexual counterparts.

LGBTQ+ caregivers may face limits in their ability to provide care over the long-term, especially if decision-making is required for the care recipient.

Social isolation is more prevalent for LGBTQ+ older adults than for the general older adult population.



One in four (26%) older adults in our community report being treated unfairly or discriminated against because of their age.

Ageism sustains inequality between age groups, and has been shown to cause cardiovascular stress, lowered level of self-efficacy and decreased productivity.

Ageism ingrained in our society can become self-fulfilling by promoting stereotypes of decline, social isolation, lack of physical activity, and economic burden.

**Ageism exists in our
community.**



THE Strategic Plan

- A document that any organization or individual can find where they can make an impact.
- Reviewed by the OCA and BOCC
- Helps us set our own priorities for services and funding based on data, public input, services providers in the aging space, and secondary data
- (Past iterations do not apply)



Then...implementation.