



2023

AREA AGENCY ON AGING

ANNUAL REPORT



AREA AGENCY ON AGING
COMMUNITY ACTION PROGRAMS
COMMUNITY JUSTICE SERVICES
HEAD START
HEALTHY YOUTH ALLIANCE
STRATEGIC INITIATIVES
WORKFORCE BOULDER COUNTY

Generating a Lifetime of Opportunities

Business Results

The Business Results Team provides strategic planning and advocacy, grants compliance and oversight, and access to Veteran benefits.

Supporting Boulder County's Veterans

The team's Veteran Service Officers (VSOs) provide support to Veterans, their dependents, spouses, and survivors across the community. Over the past year, the number of Veterans eligible for services increased through the Camp LeJeune Justice Act of 2022 and The Sergeant First Class Heath Robinson Honoring our Promise to Address Comprehensive Toxics Act (PACT Act). The county's VSOs can assist with things like VA Disability, appeals, burial benefits, survivors' benefits, and more.

8,583 contacts with Veterans, their spouses, survivors, or dependents

37 instances of financial assistance

\$43,787

in total financial assistance, which includes \$30,011 for Housing, \$8,212 for Utilities/Emergency Repairs, and \$2,985 for Vehicle/Transportation needs

Federal and State Reporting

BCAAA supports the planning, administration, logistics, financial, and reporting aspects of the agency's operations and funded provider management. The compliance team's job has gotten more difficult as our budget has been reduced with further reductions on the helm in fiscal years 24 and 25. Many of our funding priorities remain the same – financial assistance, transportation, meals, home- and community-based services, and more – while the need only continues to increase.

\$1,891,498 One-time Federal monies spent from ARPA, Families First Act, Cares Acts 1/2

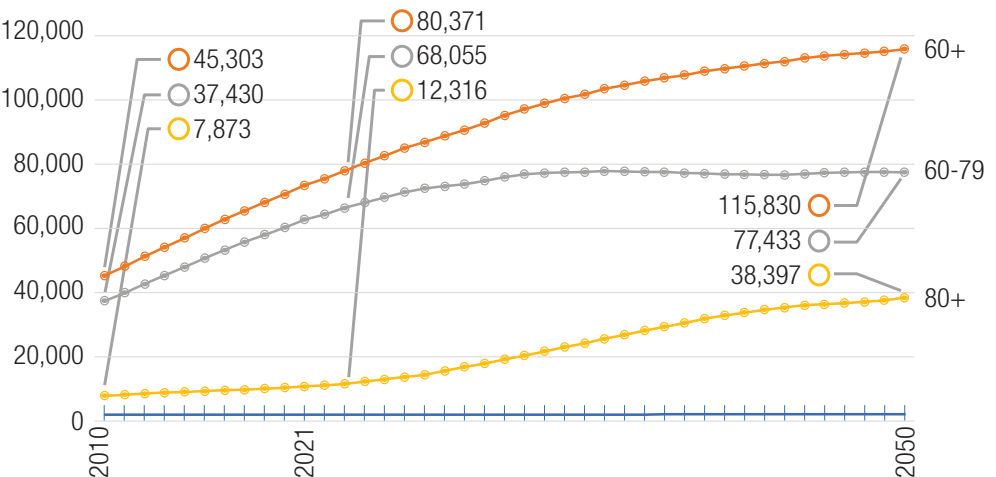
Data does not show that the need for services provided through these monies has decreased

Reduction in Homestead funds from the state

\$152,134 – State Fiscal Year (SFY) 2023
 \$50,576 – SFY 2024
 \$0 – SFY 2025

Planning For the Future

From now until 2050, Boulder County's 80+ population is expected to rise from just over 11,000 to over 38,000. While the needs of those 80+ are not homogenous, needs do change as we age. This is an indicator for our community about a needed shift to meeting our changing population. Community connection and equity in service delivery will only become more critical as our population grows, especially if AAA funding does not match this shift.



Community Living

The Community Living Team helps individuals and their caregivers make informed choices about the services and support options available and can provide short-term assistance in accessing and planning for long-term care needs.



Support From Resource Navigator and Specialists

Benefits navigation and application assistance

Counseling on various benefits, services, and programs

Plan and coordinate resource services

Support, education, and resources for family and informal caregivers

1,737 contacts with consumers calling 303-441-1617

5,846 hours of non-medical in-home services to 79 older adults

42,386 bouldercountyhelp.org page views

Caregiver Programs

A caregiver is someone who partners with or supports a person who needs help managing their health and other aspects of their life. The caregiving team supports family and informal caregivers of older adults (60+) and those living with dementia. A unique assessment for caregivers is used to guide conversation around the needs of their care recipient as well as those of the caregiver.

34 caregivers received 2,021 hours of respite assistance

Supporting Older Adults in the Mountains

Boulder County can be defined by two geographical regions, the “mountain” or rural region to the west and the “plains” or foothills region to the east. One of the main distinguishing factors between these two regions are service access and availability. Mountain Resource Specialists have served western Boulder County, a historically underserved geographic area, bringing information, resources, and connection to community partners to mountain older adults and caregivers for over 30 years.



73 mountain clients served by Resource Specialists

Elder Rights

The Elder Rights Team works to protect the rights of older adults to live safely, with dignity, and to be free from abuse, neglect, or exploitation.

LGBTQ+ Advocacy, Support, & Training

Rainbow Elders of Boulder County continued to provide social connection and community education through monthly meetings, seasonal events, writing group, and more. BCAA's LGBTQ+ Programs hosted booths at local Pride events, virtual teatimes, supper clubs, the 22nd annual Lavender Gala, and co-hosted a 50+ mixer during Pride.

The Project Visibility (PV) documentary and accompanying training was created in 2004 in response to the fear expressed by Rainbow Elders that they would need to retreat in the closet to access long-term care. This new documentary, released in 2023, features Rainbow Elders who are living and experiencing life in and around Boulder County. They share their stories, so we can make visible the differences that exist within the LGBTQ+ community.

2,103 subscribers to Rainbow Elders of Boulder County newsletter

671 people received training on the new Project Visibility doc via 15 trainings

Advocacy for Assisted Living and Nursing Home Residents

Long-term care is a form of housing for many Boulder County residents that require additional care. There can be challenges when it comes to relationships between and with residents and staff. Facilities must also meet many regulations, which are often changing especially after COVID-19. The Long-Term Care Ombudsman (LTCO) provide free, confidential support for residents of nursing and assisted living homes to achieve quality of care and life.

Top 5 resident complaints fielded by Ombudsman:

1. Quality of care
2. Resident rights - dignity and rights
3. Improper eviction or inadequate discharge planning
4. Inadequate environment
5. Dietary needs

Connection for Care Recipients

Companion Volunteers are matched with an older adult whom they visit for two hours once a week. The program provides activity-based companionship for a volunteer and an older adult. Many enjoyed matches centered on fishing, making music, walking, game playing, and more. Many matches are made with solo agers. For those where a caregiver is a present, the match helps provide weekly respite.

1,370 volunteer hours

50 volunteers, a growing number in the past two years

Abuse in Later Life

The BCAA is a member of and leads the Justice Coalition for Abuse in Later Life (JCALL), a collaboration of local agencies working to raise awareness, prevent elder abuse, and provide a collaborative community response to elder abuse. From January through June 2023, JCALL provided trainings focused on elder abuse, neglect, and exploitation, to:

39 detectives and investigators

172 law enforcement officers

119 older adult service providers, victim advocates, judges, and prosecutors

Healthy Aging

The Healthy Aging Team is dedicated to helping the community learn how to take control of their personal health and wellbeing through management of chronic health issues, navigating Medicare, preventing falls, nutrition support, and more.

Nutrition & Wellness

Maintaining the ability to live a healthy, independent life is a priority for many people. BCAA's evidence-based wellness classes have been proven to help participants develop the skills to live with ongoing health conditions and challenges. Eating well is vital for health, longevity, and quality of life. Getting the right nutrients and fresh, quality food is an important component in preventing and managing chronic diseases that older adults may experience.

991 nutrition counseling sessions with 749 clients

351 sessions with 155 clients in Spanish

46 classes during Falls Prevention Week 2022

11,945 meals provided through a drop-shipment service (Mom's Meals)

1,897 meals provided at community sites, also providing an opportunity for social connection

42 people served weekly through Community Supported Agriculture



Medicare Programs

The SHIP-certified Medicare Counselors provide up-to-date, objective information and guidance when comparing and enrolling in Prescription Drug plans (Medicare Part D), Advantage Plans, and information about Supplemental insurance plans (Medigaps). Medicare Basics Classes are designed for anyone wanting to understand Medicare enrollment, plans, benefits, and costs.



43% of our contacts with consumers earning \$1,660 or less per month

233 contacts with consumers who do not speak English as their primary language or do not speak English

\$240,000 saved by our consumers through guidance during 2022 Open Enrollment

Note from Christine Vogel, BCAA Director

The past year has been one of growth and getting physically back into our community. Our teams have been at resource fairs, presenting aging topics in the community, sharing resources available from our agency and partners, and so much more. We are happy to be back in-person, while balancing this with continuing to meet people virtually. We couldn't have our incredible reach in the community if it were not for our volunteers who provide thousands of hours of their time alongside staff. We have spent much of the past three years focusing on economic stability, anti-ageism efforts, providing social connection opportunities, and making sure the community knows about available resources. As we look to the future, we hope to expand our reach as we continue to move into a new normal.

BCAAA Funded Partners

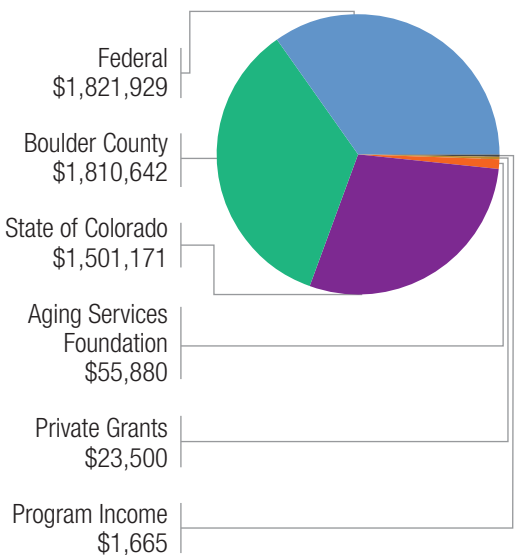
While BCAA provides many services directly to the community, the agency also distributes funding to service providers to support our aging community. The BCAA provided \$1,469,095 in funding to the following grantees and subcontractors in Fiscal Year 2023:

A Day Place	City of Louisville Senior Center	Homewatch Caregivers
Audio Information Network of Colorado	Colorado Legal Services, Boulder	Lifeline Systems Company
Boulder Housing Partners	Colorado Visiting Nurse Association	Mental Health Partners
Boulder Nutrition and Exercise	Complete Home Health Care	Mom's Meals
Bridge to Justice	Cultivate	Nederland Area Seniors
Center for People with Disabilities	Elevate Home Care	Quinsight LLC
City of Boulder Older Adult Services	Emergency Family Assistance Association	Rocky Mountain Legal Center
City of Lafayette Senior Services	Enight Skills Center	Satya Williams
City of Longmont Senior Services	Estes Park Home Health Care	Sister Carmen Community Center
	Highlands Presbyterian Camp & Retreat Center	Tech Pals Inc.
		Via Mobility Services
		Word of Mouth

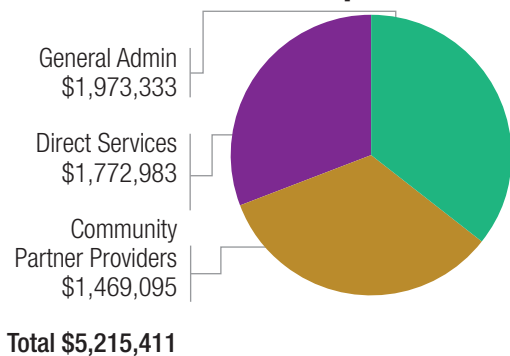
Fiscal Year 2023 Funding

BCAAA is funded through several sources, allowing the agency to deliver, fund, and advocate for services that promote well-being, independence, and dignity for older adults, people living with disabilities, caregivers, and Veterans in Boulder County.

Revenues



Expenses



Revenue balance is due to differences in Federal and State fiscal years and affiliated contracts.

Total \$5,214,787



BCAAA Resource Line

303-441-1617

www.BoulderCountyAging.org

If you have any questions about this report, please contact us at bcaaa@bouldercounty.gov.