

## Five Things Anyone Can Do About Abuse in Later Life

### We can all take steps to recognize and respond to financial exploitation, neglect, and abuse.

# Scan the QR Code to Learn How to Spot the Signs or visit boco.org/ElderRights

#### **Curb** Isolation

Call or visit older relatives, friends, and neighbors on a regular basis to ask how they're doing.

#### Talk About It

Talk about harmful behaviors in a way that makes clear that everyone, no matter their age, is worthy of dignity and respect.

#### Help Out

Contact the Boulder County Area Agency on Aging to find out about volunteer opportunities.

#### Ask Others to Help Out

Ask your bank manager, healthcare provider, faith leader, and others to raise awareness and set up training. (Call 303-441-1486 to schedule.)





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Information & Assistance for Aging Well **303-441-1617** www.BoulderCountyAging.org