

**CASOA™**

COMMUNITY ASSESSMENT SURVEY  
FOR OLDER ADULTS™

Boulder County Area Agency on Aging

# **Community Assessment Survey for Older Adults**

*January 2023*



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## Section 16: Full Results (excluding No Opinion)

These results include all questions. The results include the percentage that responded for each answer choice and the number of responses. If the choices included a choice with no opinion (like don't know or not applicable), the tables in the prior section show the results with those no opinion choices. This section shows the results without those choices.

### 1. In which category is your age?

Not including don't know

Answer Choice	Percent
50-54 years	0% (0)
55-59 years	0% (0)
60-64 years	27% (414)
65-69 years	21% (321)
70-74 years	24% (374)
75-79 years	18% (268)
80-84 years	6% (95)
85-89 years	2% (36)
90-94 years	1% (19)
95 years or older	0% (5)

**2. Please rate each of the following aspects of quality of life in your community.**

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Your community as a place to live	41% (621)	50% (751)	7% (108)	2% (29)
Your neighborhood as a place to live	49% (736)	40% (600)	8% (126)	2% (29)
Your community as a place to retire	27% (392)	43% (629)	24% (346)	7% (105)
Sense of community in your community	23% (334)	41% (593)	30% (443)	6% (92)
The overall quality of life in your community	34% (498)	53% (765)	12% (168)	2% (26)

**3. Please rate each of the following characteristics as they relate to your community as a whole.**

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Overall economic health of your community	22% (322)	53% (764)	21% (296)	4% (56)
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	16% (237)	38% (545)	28% (403)	18% (258)
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	16% (250)	45% (676)	33% (494)	6% (95)
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric/gas, broadband)	25% (376)	44% (654)	22% (328)	8% (117)
Overall feeling of safety in your community	23% (347)	56% (832)	15% (225)	6% (92)
Overall quality of natural environment in your community	46% (696)	39% (589)	13% (188)	2% (29)
Overall quality of parks and recreation opportunities	46% (679)	36% (538)	12% (185)	6% (83)
Overall health and wellness opportunities in your community	31% (452)	41% (602)	21% (310)	8% (114)
Overall opportunities for education, culture, and the arts	26% (380)	42% (612)	25% (369)	7% (99)
Residents' connection and engagement with their community	16% (225)	43% (605)	34% (480)	7% (103)

**4. How would you rate the overall services provided to older adults in your community?**

Not including don't know

Answer Choice	Percent
Excellent	13% (161)
Good	53% (653)
Fair	25% (311)
Poor	8% (103)

**5. Please indicate how likely or unlikely you are to do each of the following.**

Not including don't know

Characteristic	Very likely	Somewhat likely	Somewhat unlikely	Very unlikely
Recommend living in your community to older adults	26% (381)	50% (739)	17% (245)	7% (102)
Remain in your community throughout your retirement	45% (660)	30% (442)	17% (244)	8% (120)

**6. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?**

Not including don't know

Answer Choice	Percent
Very informed	21% (321)
Somewhat informed	51% (771)
Somewhat uninformed	20% (303)
Very uninformed	9% (130)

**7. Please rate the quality of each of the following.**

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Your overall physical health	30% (452)	51% (777)	16% (243)	4% (55)
Your overall mental health/emotional wellbeing	37% (571)	48% (735)	13% (191)	2% (28)
Your overall quality of life	36% (544)	54% (830)	8% (129)	1% (21)

**8. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:**

Not including don't know

Answer Choice	Percent
Very positive	2% (28)
Somewhat positive	10% (158)
Neutral	47% (717)
Somewhat negative	35% (530)
Very negative	6% (96)

**9. Please rate each of the following characteristics as they relate to older adults in your community.**

Not including don't know

Characteristic	Excellent	Good	Fair	Poor
Ease of travel by public transportation in your community	8% (108)	28% (358)	28% (361)	36% (464)
Ease of travel by car in your community	24% (363)	54% (804)	20% (301)	2% (31)
Ease of walking in your community	31% (460)	45% (672)	17% (254)	8% (116)
Ease of bicycling in your community	27% (360)	45% (599)	16% (207)	12% (162)
Ease of getting to the places you usually have to visit	26% (385)	53% (796)	18% (265)	4% (57)
Opportunities to build work skills	11% (77)	33% (238)	37% (267)	20% (148)
Quality of employment opportunities for older adults	7% (48)	20% (141)	36% (252)	37% (263)
Variety of employment opportunities for older adults	6% (45)	17% (120)	37% (257)	40% (278)
Cost of living in your community	1% (12)	13% (198)	51% (746)	35% (511)
Availability of affordable quality food	9% (142)	43% (650)	33% (493)	14% (213)
Availability of affordable quality housing	1% (20)	11% (150)	29% (402)	59% (825)
Variety of housing options	5% (65)	18% (242)	38% (510)	38% (511)
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	3% (28)	11% (102)	36% (321)	49% (437)
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	4% (54)	22% (284)	42% (542)	32% (420)



Characteristic	Excellent	Good	Fair	Poor
Public places where people want to spend time	14% (200)	42% (599)	33% (471)	11% (158)
Availability of information about resources for older adults	12% (145)	42% (502)	30% (362)	16% (193)
Availability of financial or legal planning services	9% (76)	35% (294)	29% (242)	27% (228)
Availability of long-term care options	6% (52)	27% (253)	31% (293)	36% (339)
Availability of daytime care options for older adults	3% (22)	23% (152)	32% (210)	41% (268)
Availability of affordable quality physical health care	11% (137)	40% (491)	30% (373)	19% (242)
Availability of affordable quality mental health care	6% (47)	31% (249)	36% (284)	27% (213)
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	18% (239)	44% (598)	29% (394)	8% (113)
Recreation opportunities (including games, arts, library services, etc.)	26% (362)	46% (643)	19% (260)	10% (142)
Fitness opportunities (including exercise classes and paths or trails, etc.)	35% (499)	45% (641)	13% (192)	7% (93)
Opportunities to participate in community matters	23% (288)	47% (604)	23% (294)	7% (91)
Opportunities to volunteer	27% (341)	49% (610)	20% (248)	4% (45)
Opportunities to enroll in skill-building or personal enrichment classes	17% (153)	43% (387)	26% (232)	14% (127)
Opportunities to attend social events or activities	17% (206)	44% (535)	30% (370)	9% (111)
Opportunities to attend religious or spiritual activities	28% (276)	53% (526)	15% (148)	4% (37)
Openness and acceptance of the community towards older residents of diverse backgrounds	11% (126)	52% (582)	27% (305)	9% (106)

Characteristic	Excellent	Good	Fair	Poor
Making all residents feel welcome	19% (241)	44% (575)	27% (354)	10% (131)
Valuing older residents in your community	10% (115)	46% (550)	32% (382)	13% (151)
Neighborliness of your community	20% (287)	41% (600)	30% (438)	9% (131)

**10. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?**

Not including don't know

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Having enough money to meet daily expenses	62% (927)	19% (289)	15% (218)	4% (62)
Having enough money to pay your property taxes	70% (949)	11% (156)	12% (167)	7% (90)
Having housing to suit your needs	71% (1054)	17% (247)	7% (110)	5% (80)
Doing heavy or intense housework	42% (632)	30% (446)	18% (269)	9% (140)
Maintaining your home	44% (644)	28% (412)	22% (329)	6% (84)
Maintaining your yard	44% (611)	27% (370)	20% (282)	9% (129)
Having safe and affordable transportation available	66% (900)	16% (216)	11% (155)	7% (101)
No longer being able to drive	91% (1174)	3% (36)	2% (31)	4% (52)
Finding work in retirement	70% (666)	10% (98)	12% (117)	7% (71)
Building skills for paid or unpaid work	69% (531)	10% (75)	14% (111)	7% (52)
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	55% (736)	24% (316)	15% (205)	6% (85)
Not knowing what services are available to older adults in your community	41% (529)	30% (379)	20% (254)	9% (121)
Your physical health	47% (714)	32% (477)	14% (216)	6% (96)
Falling or injuring yourself in your home	74% (1105)	17% (257)	7% (104)	2% (25)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Finding affordable health insurance	61% (908)	18% (267)	14% (203)	7% (108)
Getting the health care you need	67% (993)	21% (313)	8% (120)	4% (65)
Getting the oral health care you need	69% (1044)	18% (275)	7% (101)	6% (88)
Getting the vision care you need	73% (1098)	16% (240)	7% (100)	4% (57)
Affording the medications you need	75% (1105)	16% (229)	7% (96)	3% (46)
Staying physically fit	54% (816)	30% (452)	11% (172)	5% (69)
Maintaining a healthy diet	71% (1074)	17% (263)	9% (139)	2% (29)
Having enough food to eat	89% (1342)	6% (92)	3% (41)	2% (26)
Experiencing confusion or forgetfulness	73% (1102)	21% (318)	4% (67)	1% (18)
Feeling depressed	58% (872)	27% (400)	12% (186)	3% (45)
Feeling bored	62% (930)	30% (450)	6% (95)	2% (28)
Having friends or family you can rely on	63% (944)	25% (374)	7% (100)	6% (85)
Feeling lonely or isolated	63% (938)	25% (378)	9% (134)	3% (48)
Dealing with the loss of a close family member or friend	62% (899)	18% (256)	13% (191)	7% (100)
Being a victim of crime	85% (1233)	9% (137)	4% (59)	2% (27)
Being a victim of fraud or a scam	78% (1145)	14% (203)	5% (74)	3% (50)

Characteristic	Not a problem	Minor problem	Moderate problem	Major problem
Being physically or emotionally abused	94% (1395)	4% (60)	1% (13)	1% (10)
Being treated unfairly or discriminated against because of your age	76% (1078)	18% (261)	3% (47)	3% (36)
Feeling like you don't fit in or belong	69% (1012)	22% (314)	6% (91)	3% (43)
Feeling like your voice is heard in the community	61% (751)	21% (254)	13% (161)	6% (69)
Feeling PHYSICALLY burdened by providing care for another person	82% (1161)	10% (137)	4% (57)	5% (69)
Feeling EMOTIONALLY burdened by providing care for another person	76% (1101)	11% (162)	7% (103)	5% (74)
Feeling FINANCIALLY burdened by providing care for another person	84% (1207)	10% (149)	3% (42)	3% (42)
Performing regular activities, including walking, eating and preparing meals	79% (1192)	12% (177)	6% (91)	3% (46)
Finding meaningful volunteer work	82% (907)	10% (109)	5% (57)	3% (29)
Finding productive or meaningful activities to do	72% (1041)	20% (288)	6% (93)	2% (31)
Having interesting recreational or cultural activities to attend	66% (923)	20% (278)	12% (164)	3% (36)
Having interesting social events or activities to attend	61% (843)	22% (307)	14% (198)	3% (35)

**11. Thinking back over the past 12 months, how much time did you spend in each of the following?**

Not including don't know

Characteristic	0 days	1-2 days	3-5 days	6 or more days
As a patient in a hospital	78% (1146)	15% (216)	4% (63)	3% (37)
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	98% (1456)	0% (2)	0% (4)	1% (18)

**12. Thinking back over the past 12 months, how many times have you fallen and injured yourself?**

Not including don't know

Answer Choice	Percent
Never	67% (1025)
1 to 2 times	26% (400)
3 to 5 times	5% (79)
More than 5 times	1% (17)

**13. Please indicate whether or not you have done each of the following in the last 12 months.**

Not including don't know

Characteristic	No	Yes
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	77% (1165)	23% (357)
Watched (online or on television) a local public meeting	76% (1156)	24% (366)
Voted in your most recent local election	10% (146)	90% (1375)
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	87% (1323)	13% (197)
Used a senior center in your community	72% (1088)	28% (432)
Used a public library in your community	40% (615)	60% (907)
Used a recreation center in your community	58% (875)	42% (645)
Participated in a recreation program or group activity	58% (868)	42% (634)
Participated in religious or spiritual activities with others	70% (1058)	30% (464)
Participated in a club (including book, dance, game, and other social)	69% (1042)	31% (477)

**14. During a typical week, how many hours do you spend:**

Not including don't know

Characteristic	Never	1 to 3 hours	4 to 5 hours	6 to 10 hours	11 to 19 hours	20 or more hours
Assisting friends, relatives, or neighbors	19% (277)	53% (777)	13% (190)	7% (103)	4% (53)	4% (61)
Volunteering your time	46% (676)	35% (510)	8% (118)	6% (94)	1% (14)	3% (47)
Talking or visiting with friends/family	3% (48)	35% (514)	26% (388)	20% (299)	7% (108)	8% (124)
Providing care to someone age 55+	67% (982)	17% (256)	5% (70)	3% (42)	2% (28)	6% (90)
Providing care to someone age 18 to 54	86% (1261)	7% (100)	3% (50)	1% (20)	1% (8)	2% (23)
Providing care someone under age 18	79% (1158)	11% (166)	4% (54)	3% (37)	1% (20)	2% (33)
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	90% (1335)	6% (92)	1% (21)	1% (8)	0% (6)	1% (21)

**15. Please answer the following, as they relate to Internet access at your home:**

Not including don't know

Characteristic	No	Yes
I have high-speed internet/broadband at home	7% (98)	93% (1394)
High speed internet is not available	95% (1160)	5% (65)
I can't afford high speed internet	91% (1119)	9% (114)
I'm not interested in high speed internet	94% (1142)	6% (79)



Characteristic	No	Yes
High speed internet is available, but is not reliable	84% (1065)	16% (205)

### 16. In general, how many times do you:

Not including don't know

Characteristic	Several times a day	Once a day	A few times a week	Every few weeks	Less often or never
Access the internet from your home using a computer, laptop, or tablet computer	83% (1225)	7% (105)	6% (88)	0% (6)	3% (51)
Access the internet from your cell phone	67% (986)	5% (73)	15% (222)	1% (20)	12% (172)
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	36% (536)	15% (220)	8% (125)	5% (67)	36% (534)
Use or check email	81% (1189)	13% (191)	4% (54)	1% (12)	2% (27)
Share your opinions online	11% (162)	4% (64)	8% (110)	13% (184)	64% (944)
Shop online	7% (104)	6% (81)	28% (405)	37% (538)	23% (338)

**17. How many years have you lived in your community?**

Not including don't know

Answer Choice	Percent
Less than 2 years	5% (71)
2-5 years	8% (114)
6-10 years	9% (136)
11-20 years	16% (236)
More than 20 years	63% (945)

**18. Which best describes the building you live in?**

Not including don't know

Answer Choice	Percent
Single family home	75% (1127)
Townhouse, condominium, duplex, or apartment	22% (323)
Mobile home	2% (25)
Assisted living residence	0% (5)
Nursing home	0% (0)
Other	1% (20)

**19. Do you rent or own your home?**

Not including don't know

Answer Choice	Percent
Rent	18% (270)
Own (with a mortgage payment)	37% (552)
Own (free and clear; no mortgage)	45% (672)

**20. About how much is your monthly housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?**

Not including don't know

Answer Choice	Percent
Less than \$300 per month	5% (80)
\$300 to \$599 per month	19% (280)
\$600 to \$999 per month	20% (294)
\$1,000 to \$1,499 per month	17% (255)
\$1,500 to \$2,499 per month	27% (403)
\$2,500 or more per month	11% (157)

**21. How many people, including yourself, live in your household?**

Not including don't know

Answer Choice	Percent
1 person (live alone)	33% (496)
2 people	56% (840)
3 people	7% (107)
4 or more people	4% (55)

**22. How many of these people, including yourself, are 60 or older?**

Not including don't know

Answer Choice	Percent
1 person	45% (674)
2 people	53% (785)
3 people	2% (30)
4 or more people	0% (3)

**23. What is your employment status?**

Not including don't know

Answer Choice	Percent
Fully retired	64% (948)
Working full time for pay	19% (289)
Working part time for pay	15% (228)
Unemployed, looking for paid work	2% (27)

**24. At what age do you expect to retire completely and not work for pay at all?**

Not including don't know

Answer Choice	Percent
60-64	9% (50)
65-67	17% (92)
68-69	18% (96)
70-72	19% (99)
73 or older	37% (194)

**25. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)**

Not including don't know

Answer Choice	Percent
Less than \$25,000	14% (196)
\$25,000 to \$49,999	17% (241)
\$50,000 to \$74,999	21% (292)
\$75,000 to \$99,999	20% (280)
\$100,000 to \$149,999	16% (230)
\$150,000 to \$199,999	6% (86)
\$200,000 or more.	7% (93)

**26. Are you Spanish, Hispanic, or Latino?**

Not including don't know

Answer Choice	Percent
No, not of Hispanic, Latino/a/x, or Spanish origin	95% (1401)
Yes, I consider myself to be of Hispanic, Latino/a/x, or Spanish origin	5% (81)

**27. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)**

Not including don't know

Answer Choice	Percent
American Indian or Alaska Native	2% (25)
Asian	1% (22)
Black or African American	0% (3)
Native Hawaiian or Other Pacific Islander	1% (8)
White	93% (1400)
A race not listed	3% (40)

**28. What is your gender?**

Not including don't know

Answer Choice	Percent
Woman	54% (791)
Man	46% (684)
Identify in another way	0% (4)

**29. How do you identify?**

Not including don't know

Answer Choice	Percent
Transgender man/trans man	0% (0)
Transgender woman/trans woman	0% (0)
Genderqueer/gender nonconforming	39% (2)
Prefer not to answer	61% (2)
Other	0% (0)

**30. Please specify how you identify:**

Not including don't know

**31. What is your sexual orientation?**

Not including don't know

Answer Choice	Percent
Heterosexual	94% (1320)
Lesbian	1% (18)
Gay	0% (7)
Bisexual	1% (16)
Identify in another way	3% (44)



**32. How do you identify?**

Not including don't know

Answer Choice	Percent
Queer, pansexual, and/or questioning	0% (0)
Don't know	2% (1)
Prefer not to answer	89% (39)
Other	9% (4)

**33. Please specify how you identify:**

Not including don't know

Answer Choice
ambisexual: don't believe in sexual preference or sex roles      Asexual
Genderfluid