

2023

MIDDLE SCHOOL DISTRICT-LEVEL REPORT SURVEY RESULTS



HEALTHY KIDS
COLORADO SURVEY

Background

The Healthy Kids Colorado Survey (HKCS) collects anonymous health information from middle and high school students throughout the state and is used to better understand youth health and the factors that help young people make healthy choices. This report includes your district's weighted results from the 2023 HKCS and represents students that participated in the survey in your district. The HKCS is supported by the Colorado Departments of Public Health & Environment, Education, Public Safety, and the Behavioral Health Administration, and is administered by the Colorado School of Public Health (CSPH).

Questionnaire and Survey Administration

The HKCS measures comprehensive health topics for adolescents including unintentional injuries and violence; mental health; school safety; substance use; physical activity and nutrition; sexual behavior (optional); and risk and protective factors. Many questions are drawn from the Centers for Disease Control and Prevention Youth Risk Behavior Surveillance System. Other questions have been added with community input to meet additional data needs in Colorado. The standard version of the middle school survey has 82 questions.

The survey is administered online in English or Spanish and takes about 30 minutes to complete. Teachers provide instructions to students emphasizing the anonymous and voluntary nature of the survey. Parental consent procedures are followed according to each district's guidelines, with advance notification of the administration. Parents may choose not to allow their child to participate, and students may also decline participation. The HKCS selects a random sample of schools to represent Colorado and is also available to other schools at no cost. Within some schools, a sample of classrooms is selected to participate. In most schools, all students are surveyed.

Key Definitions and Considerations

Response rate: Response rate, shown on the next tab, is the total number of students who participated in the survey divided by the number of students eligible to participate in the district, for both sampled and opt-in schools. The higher the response rate, the more confidence that the results represent the entire student population in the district. **For response rates less than 60%, results should be interpreted with caution as they are likely less representative.**

Confidentiality: Responses are suppressed if they might allow students to be identified. A period (.) appears when results are suppressed, specifically if fewer than 3 students responded 'yes' to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question.

Significance: When comparing results, for example between different demographic groups, examine the 95% confidence intervals. If the intervals overlap, there is no evidence to believe the compared results are different from each other. If they do not overlap, there is high confidence that the results are different (i.e., the difference is statistically significant). Judgement is needed to decide whether the size of the difference is meaningful and important.

Risk and Protective Factors: Certain results in this report are categorized as risk and protective factor items, which help us understand the upstream predictors of youth health outcomes. Risk factors are characteristics of community, family, and school environments, and of students and their peer groups, that predict increased likelihood of unwanted health outcomes. Protective factors are behavior patterns and social factors that appear to increase a young person's resistance to unwanted health outcomes. Risk and protective factors are often shared across multiple outcomes, which means they can predict more than one youth health outcome. Reducing risk and increasing protective factors can result in healthier youth across a variety of shared outcomes.

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2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Expanded response options were included for certain demographic questions on the HKCS. In Table 1 below, results for all response options are shown. In Table 2 on the next tab, results for limited response options are shown that are used throughout the report.

Table 1. Student demographics by all response options

Response Rate*: 100%

Demographic	Number	Number/Total Sample
Participants		
Total	2423	100.0%
Gender		
Female	1052	44.5%
Male	1195	50.5%
Nonbinary	37	1.6%
Another identity	26	1.1%
Not Sure	56	2.4%
Grade		
6th Grade	400	16.7%
7th Grade	1065	44.5%
8th Grade	927	38.8%
Race/Ethnicity		
White	1500	66.2%
Hispanic/Latinx	251	11.1%
Black/African American	38	1.7%
East/Southeast Asian	50	2.2%
South Asian	31	1.4%
American Indian/Alaska Native	28	1.2%
Native Hawaiian/Other Pacific Islander	2	0.1%
Middle Eastern/North African/Arab	15	0.7%

Demographic	Number	Number/Total Sample
Multiracial	330	14.6%
Another identity	22	1.0%
Sexual Orientation		
Straight	1739	77.6%
Bisexual	151	6.7%
Gay/Lesbian	60	2.7%
Pansexual	63	2.8%
Asexual	41	1.8%
Another identity	25	1.1%
Not Sure	163	7.3%
Gender Identity		
Cisgender	2201	94.4%
Transgender	60	2.6%
Not Sure	70	3.0%

*The higher the response rate, the more confidence that the results represent your student population. For response rates less than 60%, results should be interpreted with caution.

**Students included in "Another identity" selected this response on the survey and had the option to write in their answer.

***Students included in "Multiracial" selected two or more racial and ethnic identities and represent numerous unique combinations.

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2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

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In Table 2 below, results for limited response options are shown that are used throughout the report.

All response options are important, valued, and valid. To reduce the amount of data suppressed in the report,

certain response options for demographics were either combined or not reported in Table 2 and in subsequent tabs throughout the report.

Specifically: Gender: "Not sure" and "Another identity" are not reported. Race/Ethnicity: "East/Southeast Asian" and "South Asian" are combined into "Asian";

"Middle Eastern/North African/Arab" and "Another identity" are not reported. Sexual Orientation: "Pansexual", "Asexual", and "Another identity" are not reported.

Table 2. Student demographics by limited response options, as applicable Response Rate*: 100%

Demographic	Number	Number/Total Sample
Participants		
Total	2423	100.0%
Gender		
Female	1052	44.5%
Male	1195	50.5%
Nonbinary	37	1.6%
Grade		
6th Grade	400	16.7%
7th Grade	1065	44.5%
8th Grade	927	38.8%
Race/Ethnicity		
White	1500	66.2%
Hispanic/Latinx	251	11.1%
Black/African American	38	1.7%
Asian	81	3.6%
American Indian/Alaska Native	28	1.2%
Native Hawaiian/Other Pacific Islander	2	0.1%
Multiracial	330	14.6%

Sexual Orientation		
Straight	1739	77.6%
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2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures*	Risk or Protective Factor Items**	Number of Responses	Total % (95% CI)	Female % (95% CI)	Male % (95% CI)	Nonbinary % (95% CI)
Bullying						
Percentage of students who have ever been bullied on school property during the past 12 months		2140	21.9 (19.6 - 24.3)	21.0 (18.0 - 23.9)	19.0 (16.8 - 21.2)	56.9 (48.8 - 65.1)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		494	56.6 (52.8 - 60.3)	59.4 (53.9 - 64.8)	52.3 (46.9 - 57.7)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		494	46.3 (42.8 - 49.8)	43.1 (38.9 - 47.3)	46.3 (42.0 - 50.5)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		494	17.3 (14.8 - 19.9)	14.0 (11.0 - 17.0)	14.9 (11.7 - 18.2)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		494	33.1 (30.6 - 35.6)	30.3 (25.0 - 35.5)	31.8 (29.2 - 34.5)	. (. - .)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		494	11.5 (9.9 - 13.1)	9.0 (7.1 - 10.9)	11.4 (9.1 - 13.7)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		494	18.0 (15.8 - 20.2)	18.4 (16.4 - 20.4)	11.2 (7.1 - 15.2)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		494	23.6 (21.0 - 26.2)	23.1 (20.6 - 25.6)	19.4 (15.9 - 23.0)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		494	31.1 (27.7 - 34.6)	30.7 (26.6 - 34.8)	27.2 (20.6 - 33.7)	. (. - .)
Percentage of students who had ever been electronically bullied during the past 12 months		2249	11.8 (10.0 - 13.5)	12.5 (9.9 - 15.0)	9.2 (8.1 - 10.3)	32.9 (24.5 - 41.2)
Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	418	14.5 (12.7 - 16.4)	9.0 (6.7 - 11.3)	10.5 (8.5 - 12.4)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	418	14.3 (12.8 - 15.7)	3.2 (2.2 - 4.3)	11.4 (9.2 - 13.6)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	418	12.4 (10.7 - 14.0)	8.7 (6.4 - 11.0)	14.1 (11.0 - 17.1)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	418	12.8 (9.8 - 15.8)	11.9 (7.6 - 16.3)	10.6 (6.3 - 14.8)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	418	70.2 (67.7 - 72.7)	79.2 (75.7 - 82.7)	63.0 (57.0 - 69.1)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	418	29.0 (26.2 - 31.8)	23.8 (18.1 - 29.5)	36.2 (31.8 - 40.7)	. (. - .)
Percentage of students who saw someone else being bullied on school property in the past 30 days		2224	35.4 (31.7 - 39.1)	34.9 (30.1 - 39.8)	34.5 (30.8 - 38.2)	45.9 (34.7 - 57.0)
Violence						
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		2273	13.5 (12.4 - 14.7)	13.9 (12.5 - 15.3)	11.3 (9.3 - 13.3)	28.3 (18.4 - 38.2)
Percentage of students who were in a physical fight one or more times during the past 12 months		2235	19.9 (17.8 - 22.0)	9.3 (8.2 - 10.4)	28.8 (24.6 - 32.9)	27.6 (21.8 - 33.3)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		829	9.6 (8.4 - 10.8)	4.9 (3.9 - 6.0)	11.3 (9.4 - 13.1)	. (. - .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		832	16.9 (14.9 - 18.9)	17.6 (14.1 - 21.0)	12.6 (11.1 - 14.1)	. (. - .)
Mental Health						
Percentage of students who agree or strongly agree their stress level is manageable most days		2273	58.6 (55.0 - 62.2)	48.8 (43.8 - 53.8)	71.2 (69.4 - 73.1)	39.4 (27.1 - 51.7)

Health Measures*	Risk or Protective Factor Items**	Number of Responses	Total % (95% CI)	Female % (95% CI)	Male % (95% CI)	Nonbinary % (95% CI)
Percentage of students who most of the time or always had poor mental health during the past 30 days		2248	21.2 (19.3 - 23.1)	25.5 (23.2 - 27.9)	14.3 (13.3 - 15.4)	47.1 (33.8 - 60.4)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		2237	11.4 (10.2 - 12.7)	12.7 (10.0 - 15.3)	7.6 (6.4 - 8.8)	37.7 (24.2 - 51.3)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		2233	19.7 (18.4 - 21.1)	24.6 (21.9 - 27.2)	12.3 (11.0 - 13.5)	40.1 (29.7 - 50.5)
Percentage of students who ever seriously thought about killing themselves		2229	14.9 (13.6 - 16.2)	16.3 (13.7 - 18.9)	10.5 (9.5 - 11.5)	41.5 (31.2 - 51.8)
Percentage of students who ever made a plan about how they would kill themselves		2226	11.5 (9.4 - 13.5)	11.5 (9.4 - 13.5)	9.0 (7.6 - 10.4)	32.4 (17.2 - 47.6)
Percentage of students who ever tried to kill themselves		2226	4.4 (3.6 - 5.3)	4.3 (3.3 - 5.3)	2.5 (2.0 - 2.9)	12.7 (4.4 - 21.0)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	2255	74.6 (72.2 - 77.1)	72.9 (71.0 - 74.9)	78.6 (76.2 - 81.0)	59.8 (49.1 - 70.6)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	2252	56.4 (54.0 - 58.7)	57.7 (55.2 - 60.2)	57.5 (55.0 - 60.1)	37.6 (28.9 - 46.3)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		2226	27.4 (24.3 - 30.4)	36.7 (33.2 - 40.2)	16.4 (13.8 - 19.0)	53.3 (40.7 - 65.8)
Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health		2143	64.2 (61.9 - 66.5)	63.2 (60.8 - 65.5)	67.8 (64.8 - 70.9)	29.9 (22.7 - 37.0)
Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health		2143	52.8 (51.5 - 54.2)	53.1 (50.6 - 55.6)	53.9 (51.6 - 56.3)	49.1 (36.8 - 61.4)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		2143	33.5 (32.5 - 34.6)	34.6 (32.4 - 36.9)	32.1 (29.9 - 34.3)	41.7 (28.2 - 55.2)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		2143	33.6 (30.9 - 36.3)	33.2 (29.4 - 36.9)	33.7 (31.3 - 36.0)	46.9 (35.2 - 58.7)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		2143	16.4 (14.8 - 18.1)	14.1 (12.6 - 15.6)	18.0 (16.1 - 19.8)	22.4 (15.6 - 29.2)
Percentage of students who have ever experienced the death of a family member or close friend		2254	64.8 (62.0 - 67.6)	67.7 (64.6 - 70.9)	62.4 (59.8 - 64.9)	57.3 (45.5 - 69.2)
Racism						
Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	2088	5.5 (4.9 - 6.1)	4.6 (3.3 - 5.8)	5.5 (4.4 - 6.7)	. (. - .)
Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	2088	2.7 (2.3 - 3.1)	3.0 (2.3 - 3.8)	1.6 (1.0 - 2.2)	12.5 (6.5 - 18.5)
Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	2088	3.5 (2.8 - 4.3)	4.2 (3.0 - 5.4)	2.2 (1.9 - 2.6)	. (. - .)
Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	2088	4.8 (4.4 - 5.2)	5.6 (4.9 - 6.3)	2.8 (2.3 - 3.3)	10.7 (3.0 - 18.5)
Alcohol						
Percentage of students who have ever had a drink of alcohol other than a few sips		2194	21.1 (19.9 - 22.2)	18.1 (16.3 - 19.8)	22.8 (20.8 - 24.8)	23.2 (11.9 - 34.4)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	Risk Factor: Early Initiation of Substance Use	2194	11.5 (10.6 - 12.5)	8.4 (7.0 - 9.8)	13.4 (12.5 - 14.4)	11.9 (3.4 - 20.4)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		2219	5.3 (4.4 - 6.2)	4.0 (3.1 - 4.8)	5.6 (4.7 - 6.6)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	Risk Factor: Availability of Substances in Community	2099	31.4 (28.8 - 34.0)	30.0 (27.2 - 32.8)	31.8 (28.7 - 34.9)	41.7 (30.3 - 53.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	2207	91.1 (90.6 - 91.5)	92.8 (91.7 - 94.0)	90.2 (89.5 - 91.0)	89.8 (81.3 - 98.3)

Health Measures*	Risk or Protective Factor Items**	Number of Responses	Total % (95% CI)	Female % (95% CI)	Male % (95% CI)	Nonbinary % (95% CI)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	Risk Factor: Parental Attitudes Favorable Toward Substance Use	2201	92.0 (91.1 - 92.8)	93.9 (92.5 - 95.3)	91.0 (90.0 - 92.0)	84.0 (74.1 - 93.9)
Percentage of students who thought 5 or more out of every 10 students in their grade drank alcohol in the past 30 days		2170	14.9 (13.4 - 16.5)	16.9 (14.4 - 19.4)	12.5 (10.7 - 14.3)	18.3 (10.4 - 26.2)
Tobacco						
Percentage of students who have ever smoked a cigarette, even one or two puffs		2205	5.0 (4.3 - 5.7)	3.8 (2.6 - 4.9)	4.8 (4.1 - 5.6)	14.5 (9.4 - 19.6)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	Risk Factor: Early Initiation of Substance Use	2205	2.4 (2.0 - 2.9)	1.3 (0.7 - 2.0)	2.1 (1.6 - 2.7)	10.1 (5.3 - 14.9)
Percentage of students who smoked cigarettes on one or more of the past 30 days		2222	1.7 (1.3 - 2.0)	0.9 (0.5 - 1.3)	1.2 (0.9 - 1.5)	. (. - .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	Risk Factor: Availability of Substances in Community	2109	15.8 (14.7 - 16.9)	13.5 (12.4 - 14.7)	17.1 (15.6 - 18.7)	13.7 (5.8 - 21.5)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	Risk Factor: Parental Attitudes Favorable Toward Substance Use	2203	97.2 (96.8 - 97.6)	98.0 (97.7 - 98.4)	97.1 (96.6 - 97.7)	89.0 (81.7 - 96.3)
Percentage of students who have ever used an electronic vapor product		2211	8.4 (6.3 - 10.5)	9.3 (6.0 - 12.5)	6.8 (5.2 - 8.5)	10.5 (5.3 - 15.6)
Percentage of students who used electronic vapor products for the first time before age 11	Risk Factor: Early Initiation of Substance Use	2211	2.7 (2.2 - 3.1)	2.2 (1.3 - 3.0)	2.3 (1.9 - 2.7)	. (. - .)
Percentage of students who used an electronic vapor product in the past 30 days		2214	3.6 (3.0 - 4.3)	3.5 (2.1 - 4.8)	3.2 (2.5 - 3.8)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	Risk Factor: Availability of Substances in Community	2108	27.2 (25.4 - 29.1)	23.2 (20.7 - 25.6)	30.2 (27.7 - 32.7)	31.6 (18.3 - 44.9)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	2205	94.1 (93.3 - 94.9)	93.8 (92.5 - 95.2)	94.9 (94.1 - 95.6)	96.1 (91.3 - 100.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	Risk Factor: Parental Attitudes Favorable Toward Substance Use	2200	97.5 (97.0 - 98.1)	98.2 (97.7 - 98.6)	97.5 (96.9 - 98.2)	96.2 (91.6 - 100.0)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm		2167	86.3 (84.9 - 87.7)	86.9 (85.1 - 88.7)	86.0 (83.9 - 88.0)	89.5 (84.3 - 94.6)
Marijuana						
Percentage of students who have ever tried marijuana		2201	5.1 (4.5 - 5.8)	3.9 (3.0 - 4.9)	5.2 (4.2 - 6.1)	12.5 (7.2 - 17.9)
Percentage of students who tried marijuana for the first time before the age of 11	Risk Factor: Early Initiation of Substance Use	2201	1.3 (0.9 - 1.8)	0.4 (0.3 - 0.6)	1.0 (0.7 - 1.4)	. (. - .)
Percentage of students who used marijuana one or more times during the past 30 days		2199	2.9 (2.7 - 3.1)	1.7 (1.2 - 2.2)	3.0 (2.5 - 3.5)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	Risk Factor: Availability of Substances in Community	2082	14.5 (13.5 - 15.6)	12.1 (10.5 - 13.7)	15.5 (14.1 - 17.0)	25.2 (12.8 - 37.6)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	2196	94.4 (93.9 - 94.8)	95.7 (94.6 - 96.9)	93.9 (93.2 - 94.5)	89.3 (82.1 - 96.6)
Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana	Risk Factor: Parental Attitudes Favorable Toward Substance Use	2189	96.9 (96.5 - 97.3)	97.9 (97.5 - 98.4)	96.8 (96.3 - 97.2)	86.5 (78.8 - 94.3)
Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days		2162	15.4 (13.3 - 17.6)	17.4 (13.7 - 21.1)	11.6 (9.7 - 13.5)	24.1 (12.6 - 35.7)
Among students who used marijuana in the past 30 days, the percentage who smoked it		70	74.7 (68.9 - 80.4)	. (. - .)	81.1 (73.1 - 89.2)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who ate it		70	46.9 (36.6 - 57.2)	. (. - .)	54.5 (41.5 - 67.4)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		70	56.8 (49.1 - 64.6)	. (. - .)	52.2 (42.2 - 62.3)	. (. - .)

Health Measures*	Risk or Protective Factor Items**	Number of Responses	Total % (95% CI)	Female % (95% CI)	Male % (95% CI)	Nonbinary % (95% CI)
Among students who used marijuana in the past 30 days, the percentage who dabbed it		70	47.4 (36.9 - 57.8)	. (. - .)	48.0 (38.2 - 57.8)	. (. - .)
Prescription Pain Medication						
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		2176	6.1 (5.3 - 6.8)	6.4 (5.2 - 7.6)	4.6 (4.0 - 5.2)	. (. - .)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	2176	4.3 (3.6 - 5.1)	4.3 (3.3 - 5.3)	3.4 (3.0 - 3.9)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them	Risk Factor: Availability of Substances in Community	2096	21.7 (19.6 - 23.8)	22.4 (18.9 - 25.9)	18.7 (17.5 - 20.0)	30.5 (19.8 - 41.3)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	2199	92.3 (91.6 - 92.9)	92.3 (91.1 - 93.6)	93.4 (92.5 - 94.2)	78.6 (71.1 - 86.1)
Nutrition						
Percentage of students who ate fruit one or more times per day in the past 7 days		2205	65.4 (61.2 - 69.6)	64.6 (59.7 - 69.4)	67.5 (63.7 - 71.2)	62.3 (51.2 - 73.4)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		2189	68.6 (64.7 - 72.5)	66.7 (62.4 - 71.0)	71.7 (67.4 - 76.0)	62.9 (51.2 - 74.7)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		2192	12.3 (10.6 - 14.1)	11.4 (9.4 - 13.4)	12.6 (10.6 - 14.7)	8.6 (2.6 - 14.5)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days		2124	60.7 (57.3 - 64.1)	61.3 (58.6 - 64.1)	61.5 (57.6 - 65.5)	56.2 (46.5 - 65.9)
Percentage of students who ate breakfast on all of the past 7 days		2180	51.0 (48.6 - 53.4)	42.4 (39.7 - 45.1)	61.2 (58.5 - 63.9)	38.0 (27.6 - 48.4)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	2172	8.3 (7.2 - 9.5)	8.1 (6.9 - 9.3)	7.9 (6.6 - 9.2)	11.7 (5.8 - 17.6)
Physical Activity						
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		2131	62.5 (59.6 - 65.4)	54.6 (50.6 - 58.6)	72.5 (69.5 - 75.5)	45.6 (35.2 - 56.1)
Percentage of students who spent 3+ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork		2133	44.6 (40.5 - 48.7)	46.8 (42.4 - 51.2)	41.0 (36.6 - 45.4)	53.7 (44.4 - 63.0)
Body Image & Eating Disorders						
Percentage of students who most of the time or always felt confident with their body image during the past 30 days		2090	54.9 (52.7 - 57.1)	49.3 (46.4 - 52.1)	63.0 (60.4 - 65.6)	42.7 (29.6 - 55.8)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days		2060	29.9 (28.1 - 31.7)	39.5 (36.2 - 42.9)	17.9 (16.7 - 19.1)	49.8 (35.2 - 64.4)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days		2075	13.3 (11.1 - 15.6)	16.1 (13.1 - 19.1)	8.3 (6.8 - 9.8)	33.6 (22.0 - 45.3)
Home Life						
Percentage of students who usually or definitely feel safe in their neighborhood	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	2139	95.0 (94.1 - 95.9)	97.1 (96.5 - 97.6)	95.0 (94.2 - 95.8)	87.4 (81.7 - 93.0)
Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week		2071	11.3 (10.5 - 12.0)	10.6 (10.1 - 11.2)	11.4 (9.8 - 13.0)	26.4 (16.0 - 36.8)
School & Community						
Percentage of students who agree or strongly agree that they belong at their school	Protective Factor: School Opportunities for Prosocial Involvement	2122	73.8 (70.9 - 76.8)	69.7 (66.3 - 73.1)	82.1 (79.6 - 84.5)	58.6 (47.3 - 69.9)
Percentage of students who usually or definitely feel safe at school	Protective Factor: School Opportunities for Prosocial Involvement	2117	89.9 (88.7 - 91.1)	90.2 (88.3 - 92.0)	91.9 (90.5 - 93.4)	74.8 (68.9 - 80.8)

Health Measures*	Risk or Protective Factor Items**	Number of Responses	Total % (95% CI)	Female % (95% CI)	Male % (95% CI)	Nonbinary % (95% CI)
Percentage of students who usually or definitely think their grades are better than most students in class	Risk Factor: Limited Academic Success	2089	69.8 (66.4 - 73.1)	70.5 (66.8 - 74.1)	70.5 (66.7 - 74.2)	55.6 (45.9 - 65.3)
Percentage of students who think it is important or very important to finish high school	Protective Factor: Future School Aspiration	2124	96.9 (96.3 - 97.4)	98.5 (98.0 - 98.9)	96.4 (95.6 - 97.3)	87.4 (81.7 - 93.0)
Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months		2039	29.6 (18.1 - 41.0)	32.3 (19.1 - 45.5)	27.4 (17.4 - 37.5)	25.6 (14.8 - 36.4)
Percentage of students who talked to a teacher about their future plans after high school in the past 12 months		2039	32.3 (24.1 - 40.6)	33.1 (24.2 - 41.9)	32.4 (24.2 - 40.5)	21.5 (14.2 - 28.8)
Percentage of students who talked to an administrator about their future plans after high school in the past 12 months		2039	7.8 (5.7 - 10.0)	7.6 (5.0 - 10.1)	8.6 (6.5 - 10.7)	. (. - .)
Percentage of students who talked to a coach about their future plans after high school in the past 12 months		2039	7.9 (6.8 - 9.0)	5.9 (4.9 - 6.9)	10.8 (8.9 - 12.7)	. (. - .)
Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months		2039	6.7 (5.4 - 8.0)	5.4 (4.7 - 6.2)	7.3 (5.5 - 9.0)	13.6 (8.0 - 19.2)
Percentage of students who participated in sports (team or individual) during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	2060	61.1 (59.3 - 63.0)	57.2 (54.4 - 59.9)	68.2 (66.0 - 70.3)	14.4 (8.4 - 20.3)
Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	2060	80.6 (78.5 - 82.7)	78.4 (75.8 - 81.1)	83.1 (80.9 - 85.2)	64.6 (56.8 - 72.5)
Percentage of students who had paid employment during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	2060	4.3 (3.8 - 4.8)	4.1 (3.3 - 4.9)	4.4 (3.7 - 5.1)	. (. - .)
Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	2060	22.8 (20.5 - 25.1)	25.4 (24.1 - 26.7)	18.7 (15.7 - 21.7)	29.3 (16.6 - 42.1)
Other Health Topics						
Percentage of students who usually slept somewhere other than their home during the past 30 days	Risk Factor: Economic Instability	2076	5.6 (4.7 - 6.5)	4.6 (4.0 - 5.3)	5.0 (3.6 - 6.5)	21.0 (12.6 - 29.5)
Percentage of students who sleep 8 or more hours per night on average school nights		2075	67.2 (64.8 - 69.5)	66.1 (63.6 - 68.6)	72.2 (70.1 - 74.3)	48.4 (38.8 - 58.0)
Percentage of students who never or rarely wear a seat belt while riding in a car		2071	3.0 (2.5 - 3.4)	2.0 (1.6 - 2.5)	2.6 (2.2 - 3.0)	12.2 (6.3 - 18.1)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	Risk Factor: Access to Firearms	1997	10.3 (9.4 - 11.2)	6.7 (5.4 - 7.9)	12.8 (11.6 - 14.1)	13.1 (8.0 - 18.3)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		1960	10.8 (9.7 - 11.9)	6.6 (5.0 - 8.2)	13.3 (11.7 - 15.0)	15.1 (8.6 - 21.6)
Percentage of students who had ever been told by a doctor or nurse that they had asthma		2052	12.6 (11.4 - 13.8)	11.2 (9.9 - 12.5)	12.8 (10.9 - 14.6)	18.6 (11.5 - 25.7)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months		2048	3.8 (3.4 - 4.2)	3.1 (2.2 - 4.0)	2.9 (2.5 - 3.4)	18.2 (9.7 - 26.8)
Extra Questions						
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		1927	77.0 (76.1 - 77.8)	77.5 (75.7 - 79.4)	77.3 (75.6 - 78.9)	84.0 (76.5 - 91.5)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		1920	85.5 (84.3 - 86.7)	86.4 (85.1 - 87.8)	85.6 (83.3 - 87.8)	82.7 (73.8 - 91.7)
Percentage of students who think people who smoke marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		1917	81.3 (79.4 - 83.3)	83.4 (81.9 - 84.9)	80.6 (77.7 - 83.6)	85.3 (78.6 - 92.0)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		1911	85.6 (84.0 - 87.1)	85.2 (84.2 - 86.2)	87.4 (85.0 - 89.8)	75.4 (66.6 - 84.3)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		1910	95.9 (95.3 - 96.4)	97.2 (96.6 - 97.7)	95.6 (94.7 - 96.5)	96.9 (93.1 - 100.0)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		1912	97.4 (97.0 - 97.8)	97.7 (96.9 - 98.6)	97.9 (97.3 - 98.6)	. (. - .)

Health Measures*	Risk or Protective Factor Items**	Number of Responses	Total % (95% CI)	Female % (95% CI)	Male % (95% CI)	Nonbinary % (95% CI)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		1900	96.4 (96.0 - 96.9)	97.0 (96.1 - 97.8)	97.0 (96.2 - 97.8)	87.8 (80.9 - 94.7)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		1904	89.4 (88.4 - 90.4)	90.5 (89.0 - 91.9)	89.6 (88.0 - 91.2)	86.2 (80.9 - 91.5)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		1903	91.3 (90.0 - 92.7)	92.1 (89.8 - 94.4)	91.6 (90.2 - 93.0)	92.1 (86.1 - 98.1)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke marijuana		1901	88.4 (86.7 - 90.1)	88.9 (85.9 - 91.8)	89.0 (87.5 - 90.5)	89.0 (82.9 - 95.2)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		1886	91.7 (91.0 - 92.3)	92.2 (91.5 - 93.0)	92.7 (91.8 - 93.6)	87.0 (80.9 - 93.0)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		1968	2.5 (2.0 - 3.0)	1.7 (1.2 - 2.3)	2.1 (1.8 - 2.4)	9.1 (2.5 - 15.7)

*Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students.
In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

**Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

***Students included in "Another activity" selected this response on the survey and had the option to write in their answer.

2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures*	Number of Responses	Total % (95% CI)	6th Grade % (95% CI)	7th Grade % (95% CI)	8th Grade % (95% CI)
Bullying					
Percentage of students who have ever been bullied on school property during the past 12 months	2140	21.9 (19.6 - 24.3)	19.6 (17.2 - 21.9)	26.7 (24.7 - 28.8)	18.7 (15.8 - 21.6)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months	494	56.6 (52.8 - 60.3)	44.2 (39.0 - 49.4)	61.6 (57.8 - 65.4)	62.3 (58.0 - 66.5)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months	494	46.3 (42.8 - 49.8)	34.0 (25.8 - 42.2)	44.0 (39.7 - 48.4)	61.6 (56.1 - 67.0)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months	494	17.3 (14.8 - 19.9)	11.0 (8.1 - 13.9)	15.0 (12.8 - 17.1)	25.4 (18.1 - 32.6)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months	494	33.1 (30.6 - 35.6)	22.9 (19.8 - 26.1)	30.0 (25.6 - 34.4)	46.8 (42.5 - 51.1)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months	494	11.5 (9.9 - 13.1)	10.4 (5.5 - 15.3)	8.0 (6.1 - 10.0)	16.6 (11.0 - 22.2)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months	494	18.0 (15.8 - 20.2)	13.9 (9.4 - 18.4)	14.7 (12.4 - 17.0)	26.2 (22.1 - 30.3)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months	494	23.6 (21.0 - 26.2)	17.8 (13.7 - 21.8)	18.5 (16.4 - 20.5)	36.9 (31.7 - 42.1)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months	494	31.1 (27.7 - 34.6)	31.9 (24.3 - 39.5)	23.8 (20.7 - 26.9)	40.6 (37.1 - 44.2)
Percentage of students who had ever been electronically bullied during the past 12 months	2249	11.8 (10.0 - 13.5)	10.0 (8.7 - 11.3)	12.7 (10.8 - 14.5)	12.2 (10.0 - 14.5)
Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation	418	14.5 (12.7 - 16.4)	6.3 (2.9 - 9.8)	19.4 (15.3 - 23.5)	14.7 (11.9 - 17.5)
Among students who were teased in the past 12 months, the percentage who were teased because of gender identity	418	14.3 (12.8 - 15.7)	14.5 (13.0 - 16.0)	11.7 (8.5 - 14.9)	14.3 (11.2 - 17.4)
Among students who were teased in the past 12 months, the percentage who were teased because of religion	418	12.4 (10.7 - 14.0)	4.6 (1.6 - 7.6)	12.2 (9.9 - 14.5)	16.9 (13.5 - 20.3)
Among students who were teased in the past 12 months, the percentage who were teased because of disability	418	12.8 (9.8 - 15.8)	12.3 (4.4 - 20.2)	13.3 (9.3 - 17.2)	11.1 (7.9 - 14.4)
Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance	418	70.2 (67.7 - 72.7)	80.8 (77.2 - 84.5)	71.2 (67.1 - 75.4)	62.4 (58.1 - 66.7)
Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity	418	29.0 (26.2 - 31.8)	21.1 (16.1 - 26.2)	30.8 (25.7 - 35.9)	31.7 (27.7 - 35.8)
Percentage of students who saw someone else being bullied on school property in the past 30 days	2224	35.4 (31.7 - 39.1)	22.7 (20.7 - 24.7)	42.7 (39.4 - 45.9)	40.4 (37.6 - 43.3)
Violence					
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	2273	13.5 (12.4 - 14.7)	12.1 (8.5 - 15.6)	15.1 (13.8 - 16.4)	12.9 (10.7 - 15.1)
Percentage of students who were in a physical fight one or more times during the past 12 months	2235	19.9 (17.8 - 22.0)	20.9 (17.7 - 24.1)	21.0 (18.8 - 23.1)	17.5 (14.9 - 20.0)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with	829	9.6 (8.4 - 10.8)	6.2 (4.6 - 7.8)	13.2 (11.5 - 15.0)	8.0 (6.7 - 9.3)

Health Measures*	Number of Responses	Total % (95% CI)	6th Grade % (95% CI)	7th Grade % (95% CI)	8th Grade % (95% CI)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with	832	16.9 (14.9 - 18.9)	12.5 (9.7 - 15.2)	19.2 (16.3 - 22.1)	16.7 (13.6 - 19.7)
Mental Health					
Percentage of students who agree or strongly agree their stress level is manageable most days	2273	58.6 (55.0 - 62.2)	61.8 (57.1 - 66.5)	57.4 (55.2 - 59.6)	57.0 (51.8 - 62.2)
Percentage of students who most of the time or always had poor mental health during the past 30 days	2248	21.2 (19.3 - 23.1)	16.0 (14.5 - 17.4)	22.3 (20.7 - 24.0)	25.2 (22.5 - 27.8)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months	2237	11.4 (10.2 - 12.7)	8.4 (6.9 - 9.8)	12.7 (11.3 - 14.0)	13.1 (11.2 - 15.0)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities	2233	19.7 (18.4 - 21.1)	16.8 (15.0 - 18.6)	21.6 (19.8 - 23.4)	20.5 (18.5 - 22.5)
Percentage of students who ever seriously thought about killing themselves	2229	14.9 (13.6 - 16.2)	14.0 (12.0 - 16.1)	15.2 (13.1 - 17.3)	15.2 (13.4 - 17.0)
Percentage of students who ever made a plan about how they would kill themselves	2226	11.5 (9.4 - 13.5)	10.0 (6.8 - 13.2)	11.1 (9.9 - 12.3)	13.2 (10.8 - 15.5)
Percentage of students who ever tried to kill themselves	2226	4.4 (3.6 - 5.3)	3.7 (3.0 - 4.3)	4.9 (3.8 - 6.0)	4.6 (3.4 - 5.8)
Percentage of students who have an adult to go to for help with a serious problem	2255	74.6 (72.2 - 77.1)	78.6 (75.0 - 82.3)	72.5 (70.5 - 74.5)	73.5 (70.5 - 76.5)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	2252	56.4 (54.0 - 58.7)	57.9 (51.2 - 64.6)	55.0 (52.7 - 57.3)	57.0 (54.0 - 60.1)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months	2226	27.4 (24.3 - 30.4)	19.6 (18.4 - 20.8)	29.8 (26.8 - 32.8)	32.4 (28.2 - 36.5)
Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health	2143	64.2 (61.9 - 66.5)	74.0 (72.4 - 75.6)	62.4 (59.7 - 65.0)	57.2 (54.4 - 59.9)
Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health	2143	52.8 (51.5 - 54.2)	56.6 (54.9 - 58.3)	51.9 (49.5 - 54.4)	50.9 (48.5 - 53.3)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health	2143	33.5 (32.5 - 34.6)	28.1 (26.8 - 29.4)	35.3 (32.7 - 38.0)	37.4 (34.4 - 40.4)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health	2143	33.6 (30.9 - 36.3)	32.0 (25.2 - 38.8)	35.6 (33.1 - 38.1)	33.4 (30.9 - 35.9)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health	2143	16.4 (14.8 - 18.1)	11.7 (9.4 - 14.1)	16.6 (15.3 - 17.9)	21.2 (19.4 - 23.0)
Percentage of students who have ever experienced the death of a family member or close friend	2254	64.8 (62.0 - 67.6)	56.8 (54.0 - 59.6)	68.7 (66.1 - 71.3)	68.9 (66.5 - 71.4)
Racism					
Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	2088	5.5 (4.9 - 6.1)	2.8 (1.6 - 4.0)	5.6 (4.7 - 6.5)	7.6 (6.4 - 8.9)
Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	2088	2.7 (2.3 - 3.1)	1.9 (0.7 - 3.1)	2.0 (1.3 - 2.6)	3.6 (2.0 - 5.3)
Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months	2088	3.5 (2.8 - 4.3)	1.7 (1.0 - 2.4)	4.5 (3.4 - 5.7)	4.1 (2.6 - 5.5)
Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months	2088	4.8 (4.4 - 5.2)	4.0 (2.1 - 5.9)	5.4 (4.4 - 6.4)	4.8 (3.6 - 6.0)
Alcohol					

Health Measures*	Number of Responses	Total % (95% CI)	6th Grade % (95% CI)	7th Grade % (95% CI)	8th Grade % (95% CI)
Percentage of students who have ever had a drink of alcohol other than a few sips	2194	21.1 (19.9 - 22.2)	14.8 (13.1 - 16.5)	20.0 (17.7 - 22.2)	27.8 (26.1 - 29.5)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	2194	11.5 (10.6 - 12.5)	11.4 (10.0 - 12.7)	11.0 (9.1 - 13.0)	11.7 (9.5 - 14.0)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	2219	5.3 (4.4 - 6.2)	2.3 (1.0 - 3.6)	4.6 (3.8 - 5.4)	8.7 (7.5 - 9.9)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	2099	31.4 (28.8 - 34.0)	17.7 (15.8 - 19.7)	33.0 (31.5 - 34.4)	42.7 (40.3 - 45.0)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	2207	91.1 (90.6 - 91.5)	94.1 (93.5 - 94.8)	92.7 (91.6 - 93.9)	86.8 (85.0 - 88.5)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	2201	92.0 (91.1 - 92.8)	93.7 (92.9 - 94.5)	94.0 (92.9 - 95.0)	88.7 (87.2 - 90.2)
Percentage of students who thought 5 or more out of every 10 students in their grade drank alcohol in the past 30 days	2170	14.9 (13.4 - 16.5)	6.3 (4.6 - 8.0)	15.9 (12.9 - 18.9)	21.9 (19.8 - 24.1)
Tobacco					
Percentage of students who have ever smoked a cigarette, even one or two puffs	2205	5.0 (4.3 - 5.7)	1.2 (1.0 - 1.4)	5.3 (3.8 - 6.8)	7.9 (6.5 - 9.3)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	2205	2.4 (2.0 - 2.9)	1.2 (1.0 - 1.4)	2.7 (1.7 - 3.7)	2.6 (1.5 - 3.8)
Percentage of students who smoked cigarettes on one or more of the past 30 days	2222	1.7 (1.3 - 2.0)	. (. - .)	0.8 (0.4 - 1.2)	3.0 (2.0 - 4.1)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	2109	15.8 (14.7 - 16.9)	8.3 (7.3 - 9.3)	17.3 (16.1 - 18.6)	20.9 (18.6 - 23.2)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	2203	97.2 (96.8 - 97.6)	98.5 (98.2 - 98.9)	98.2 (97.5 - 98.9)	95.2 (94.3 - 96.2)
Percentage of students who have ever used an electronic vapor product	2211	8.4 (6.3 - 10.5)	3.1 (0.9 - 5.4)	9.2 (6.0 - 12.5)	12.0 (9.3 - 14.7)
Percentage of students who used electronic vapor products for the first time before age 11	2211	2.7 (2.2 - 3.1)	1.7 (0.6 - 2.8)	2.5 (1.5 - 3.6)	3.2 (2.2 - 4.2)
Percentage of students who used an electronic vapor product in the past 30 days	2214	3.6 (3.0 - 4.3)	0.9 (0.4 - 1.4)	4.5 (2.9 - 6.1)	4.9 (4.0 - 5.9)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	2108	27.2 (25.4 - 29.1)	13.9 (11.2 - 16.7)	29.5 (27.1 - 31.8)	37.6 (34.6 - 40.6)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	2205	94.1 (93.3 - 94.9)	97.8 (97.5 - 98.1)	95.0 (93.9 - 96.2)	89.8 (88.1 - 91.5)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	2200	97.5 (97.0 - 98.1)	99.0 (98.6 - 99.3)	98.3 (97.7 - 99.0)	95.6 (94.4 - 96.7)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm	2167	86.3 (84.9 - 87.7)	89.9 (88.8 - 91.0)	85.4 (83.6 - 87.3)	84.3 (82.3 - 86.2)
Marijuana					
Percentage of students who have ever tried marijuana	2201	5.1 (4.5 - 5.8)	0.7 (0.4 - 1.0)	4.3 (3.6 - 5.1)	9.5 (7.6 - 11.4)
Percentage of students who tried marijuana for the first time before the age of 11	2201	1.3 (0.9 - 1.8)	0.7 (0.4 - 1.0)	0.3 (0.1 - 0.5)	2.3 (1.1 - 3.5)
Percentage of students who used marijuana one or more times during the past 30 days	2199	2.9 (2.7 - 3.1)	0.7 (0.4 - 1.0)	2.6 (2.0 - 3.2)	4.8 (3.8 - 5.8)

Health Measures*	Number of Responses	Total % (95% CI)	6th Grade % (95% CI)	7th Grade % (95% CI)	8th Grade % (95% CI)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	2082	14.5 (13.5 - 15.6)	6.8 (6.4 - 7.2)	13.0 (10.9 - 15.1)	22.8 (20.5 - 25.2)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	2196	94.4 (93.9 - 94.8)	98.2 (97.9 - 98.5)	95.7 (94.6 - 96.7)	89.7 (87.9 - 91.6)
Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana	2189	96.9 (96.5 - 97.3)	98.9 (98.5 - 99.3)	97.7 (96.9 - 98.4)	94.8 (94.0 - 95.6)
Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days	2162	15.4 (13.3 - 17.6)	6.3 (5.1 - 7.6)	16.9 (13.1 - 20.7)	22.2 (18.2 - 26.3)
Among students who used marijuana in the past 30 days, the percentage who smoked it	70	74.7 (68.9 - 80.4)	. (. - .)	. (. - .)	77.1 (69.6 - 84.6)
Among students who used marijuana in the past 30 days, the percentage who ate it	70	46.9 (36.6 - 57.2)	. (. - .)	. (. - .)	52.9 (35.0 - 70.9)
Among students who used marijuana in the past 30 days, the percentage who vaporized it	70	56.8 (49.1 - 64.6)	. (. - .)	. (. - .)	63.4 (53.3 - 73.6)
Among students who used marijuana in the past 30 days, the percentage who dabbed it	70	47.4 (36.9 - 57.8)	. (. - .)	. (. - .)	46.1 (27.1 - 65.1)
Prescription Pain Medication					
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it	2176	6.1 (5.3 - 6.8)	3.6 (3.1 - 4.0)	6.4 (5.6 - 7.3)	7.6 (5.9 - 9.3)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	2176	4.3 (3.6 - 5.1)	3.4 (2.9 - 3.9)	4.5 (3.5 - 5.4)	4.9 (3.2 - 6.5)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them	2096	21.7 (19.6 - 23.8)	13.6 (12.5 - 14.8)	23.8 (22.3 - 25.2)	26.8 (23.2 - 30.3)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	2199	92.3 (91.6 - 92.9)	95.1 (93.8 - 96.3)	91.3 (89.8 - 92.7)	90.9 (89.9 - 91.9)
Nutrition					
Percentage of students who ate fruit one or more times per day in the past 7 days	2205	65.4 (61.2 - 69.6)	71.8 (64.8 - 78.7)	60.8 (56.6 - 65.0)	63.7 (59.8 - 67.7)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days	2189	68.6 (64.7 - 72.5)	75.7 (70.0 - 81.3)	61.4 (57.0 - 65.8)	68.8 (64.6 - 72.9)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days	2192	12.3 (10.6 - 14.1)	7.6 (6.0 - 9.2)	13.4 (10.7 - 16.2)	15.2 (13.1 - 17.3)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days	2124	60.7 (57.3 - 64.1)	58.1 (50.7 - 65.5)	60.3 (56.9 - 63.6)	63.8 (61.5 - 66.2)
Percentage of students who ate breakfast on all of the past 7 days	2180	51.0 (48.6 - 53.4)	62.3 (61.4 - 63.2)	46.5 (44.9 - 48.1)	44.4 (41.6 - 47.3)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	2172	8.3 (7.2 - 9.5)	4.8 (4.6 - 4.9)	10.4 (8.9 - 12.0)	9.1 (6.4 - 11.8)
Physical Activity					
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days	2131	62.5 (59.6 - 65.4)	64.2 (61.0 - 67.5)	59.6 (56.2 - 63.0)	64.0 (60.1 - 68.0)
Percentage of students who spent 3+ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork	2133	44.6 (40.5 - 48.7)	30.8 (25.9 - 35.7)	48.6 (44.4 - 52.7)	53.9 (50.0 - 57.8)
Body Image & Eating Disorders					

Health Measures*	Number of Responses	Total % (95% CI)	6th Grade % (95% CI)	7th Grade % (95% CI)	8th Grade % (95% CI)
Percentage of students who most of the time or always felt confident with their body image during the past 30 days	2090	54.9 (52.7 - 57.1)	61.7 (59.5 - 63.9)	52.1 (49.2 - 55.0)	51.4 (47.4 - 55.4)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days	2060	29.9 (28.1 - 31.7)	23.3 (19.9 - 26.7)	30.5 (28.2 - 32.8)	35.6 (31.6 - 39.5)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days	2075	13.3 (11.1 - 15.6)	6.8 (5.0 - 8.6)	15.5 (12.5 - 18.4)	17.2 (14.8 - 19.7)
Home Life					
Percentage of students who usually or definitely feel safe in their neighborhood	2139	95.0 (94.1 - 95.9)	94.3 (93.7 - 94.9)	96.2 (94.9 - 97.4)	94.9 (93.0 - 96.8)
Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week	2071	11.3 (10.5 - 12.0)	10.4 (9.3 - 11.4)	12.9 (11.5 - 14.3)	10.4 (8.9 - 11.8)
School & Community					
Percentage of students who agree or strongly agree that they belong at their school	2122	73.8 (70.9 - 76.8)	80.0 (78.9 - 81.1)	70.3 (67.9 - 72.7)	71.8 (67.3 - 76.3)
Percentage of students who usually or definitely feel safe at school	2117	89.9 (88.7 - 91.1)	94.4 (94.1 - 94.8)	86.2 (84.8 - 87.7)	89.6 (88.1 - 91.2)
Percentage of students who usually or definitely think their grades are better than most students in class	2089	69.8 (66.4 - 73.1)	76.0 (72.1 - 79.9)	65.6 (62.4 - 68.8)	68.3 (64.3 - 72.3)
Percentage of students who think it is important or very important to finish high school	2124	96.9 (96.3 - 97.4)	99.1 (98.4 - 99.8)	96.2 (95.2 - 97.2)	95.7 (94.4 - 97.0)
Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months	2039	29.6 (18.1 - 41.0)	33.8 (17.1 - 50.5)	21.8 (13.4 - 30.2)	33.4 (23.6 - 43.2)
Percentage of students who talked to a teacher about their future plans after high school in the past 12 months	2039	32.3 (24.1 - 40.6)	36.0 (23.1 - 48.9)	26.4 (21.2 - 31.6)	34.7 (27.5 - 41.9)
Percentage of students who talked to an administrator about their future plans after high school in the past 12 months	2039	7.8 (5.7 - 10.0)	4.4 (1.0 - 7.8)	6.1 (4.3 - 8.0)	13.0 (10.5 - 15.6)
Percentage of students who talked to a coach about their future plans after high school in the past 12 months	2039	7.9 (6.8 - 9.0)	4.0 (2.7 - 5.3)	7.6 (6.4 - 8.9)	11.9 (10.1 - 13.7)
Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months	2039	6.7 (5.4 - 8.0)	5.2 (2.4 - 7.9)	6.3 (5.3 - 7.3)	8.6 (7.3 - 10.0)
Percentage of students who participated in sports (team or individual) during the past 12 months	2060	61.1 (59.3 - 63.0)	63.0 (60.6 - 65.3)	55.2 (53.1 - 57.4)	65.7 (63.6 - 67.7)
Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months	2060	80.6 (78.5 - 82.7)	85.6 (84.0 - 87.2)	76.2 (73.0 - 79.3)	80.5 (78.7 - 82.3)
Percentage of students who had paid employment during the past 12 months	2060	4.3 (3.8 - 4.8)	3.3 (2.0 - 4.6)	3.1 (2.3 - 3.8)	6.2 (5.0 - 7.4)
Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months	2060	22.8 (20.5 - 25.1)	22.8 (18.5 - 27.1)	25.2 (22.1 - 28.4)	20.1 (17.9 - 22.4)
Other Health Topics					
Percentage of students who usually slept somewhere other than their home during the past 30 days	2076	5.6 (4.7 - 6.5)	4.3 (3.8 - 4.7)	5.0 (4.1 - 5.9)	7.0 (4.9 - 9.1)
Percentage of students who sleep 8 or more hours per night on average school nights	2075	67.2 (64.8 - 69.5)	72.8 (71.4 - 74.3)	68.4 (65.7 - 71.2)	60.4 (56.0 - 64.9)
Percentage of students who never or rarely wear a seat belt while riding in a car	2071	3.0 (2.5 - 3.4)	1.6 (1.4 - 1.9)	3.5 (2.6 - 4.4)	2.9 (1.6 - 4.2)

Health Measures*	Number of Responses	Total % (95% CI)	6th Grade % (95% CI)	7th Grade % (95% CI)	8th Grade % (95% CI)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	1997	10.3 (9.4 - 11.2)	8.2 (6.6 - 9.8)	10.1 (8.1 - 12.0)	11.8 (10.0 - 13.6)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member	1960	10.8 (9.7 - 11.9)	8.8 (7.6 - 10.0)	10.7 (9.0 - 12.3)	12.2 (10.4 - 14.0)
Percentage of students who had ever been told by a doctor or nurse that they had asthma	2052	12.6 (11.4 - 13.8)	10.8 (9.1 - 12.4)	12.6 (11.2 - 13.9)	14.5 (12.4 - 16.6)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months	2048	3.8 (3.4 - 4.2)	2.5 (1.3 - 3.7)	4.1 (3.0 - 5.3)	4.2 (2.7 - 5.8)
Extra Questions					
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1927	77.0 (76.1 - 77.8)	80.4 (78.4 - 82.4)	75.0 (73.4 - 76.7)	75.9 (74.5 - 77.2)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways	1920	85.5 (84.3 - 86.7)	86.9 (85.8 - 87.9)	84.9 (82.9 - 86.8)	85.1 (83.3 - 86.9)
Percentage of students who think people who smoke marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1917	81.3 (79.4 - 83.3)	87.8 (86.7 - 88.9)	80.8 (78.6 - 83.0)	76.1 (73.9 - 78.3)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways	1911	85.6 (84.0 - 87.1)	87.6 (86.3 - 89.0)	83.8 (81.8 - 85.8)	85.7 (83.7 - 87.7)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day	1910	95.9 (95.3 - 96.4)	97.3 (96.7 - 98.0)	96.8 (96.0 - 97.7)	94.0 (92.5 - 95.5)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco	1912	97.4 (97.0 - 97.8)	98.3 (97.2 - 99.3)	98.2 (97.7 - 98.8)	96.3 (94.9 - 97.7)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them	1900	96.4 (96.0 - 96.9)	97.7 (96.8 - 98.6)	96.8 (96.1 - 97.5)	95.3 (93.9 - 96.8)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day	1904	89.4 (88.4 - 90.4)	94.4 (93.5 - 95.4)	89.7 (88.3 - 91.2)	84.9 (83.2 - 86.5)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco	1903	91.3 (90.0 - 92.7)	95.7 (94.1 - 97.3)	92.9 (91.3 - 94.4)	86.0 (83.7 - 88.3)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke marijuana	1901	88.4 (86.7 - 90.1)	95.0 (93.2 - 96.8)	90.0 (88.1 - 91.9)	80.8 (78.1 - 83.6)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them	1886	91.7 (91.0 - 92.3)	94.7 (94.1 - 95.2)	91.6 (90.2 - 93.1)	89.3 (87.6 - 91.0)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days	1968	2.5 (2.0 - 3.0)	0.8 (0.5 - 1.2)	3.0 (2.3 - 3.6)	3.3 (2.3 - 4.3)

*Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students.

In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

**Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

***Students included in "Another activity" selected this response on the survey and had the option to write in their answer.

2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

In order to make this document more readable, we split the answer options for this table so that American Indian/Alask Native, Native Hawaiian/Other Pacific Islander, and Multiracial can be found in another table.

Health Measures*	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latinx % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)
Bullying						
Percentage of students who have ever been bullied on school property during the past 12 months	2140	21.9 (19.6 - 24.3)	21.9 (19.5 - 24.2)	19.9 (16.6 - 23.3)	25.5 (20.7 - 30.2)	11.1 (8.1 - 14.1)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months	494	56.6 (52.8 - 60.3)	55.0 (51.6 - 58.4)	52.5 (43.3 - 61.8)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months	494	46.3 (42.8 - 49.8)	42.2 (38.3 - 46.1)	53.8 (44.8 - 62.7)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months	494	17.3 (14.8 - 19.9)	17.2 (15.0 - 19.4)	10.2 (6.8 - 13.7)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months	494	33.1 (30.6 - 35.6)	33.9 (31.0 - 36.9)	30.3 (22.4 - 38.3)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months	494	11.5 (9.9 - 13.1)	8.7 (6.6 - 10.8)	12.4 (7.9 - 16.9)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months	494	18.0 (15.8 - 20.2)	16.1 (14.1 - 18.1)	13.5 (10.4 - 16.6)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months	494	23.6 (21.0 - 26.2)	21.7 (18.7 - 24.6)	23.3 (17.4 - 29.2)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months	494	31.1 (27.7 - 34.6)	30.9 (27.4 - 34.3)	17.1 (12.0 - 22.1)	. (. - .)	. (. - .)
Percentage of students who had ever been electronically bullied during the past 12 months	2249	11.8 (10.0 - 13.5)	10.6 (8.6 - 12.6)	12.0 (10.6 - 13.5)	14.1 (6.4 - 21.8)	16.4 (12.4 - 20.3)
Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation	418	14.5 (12.7 - 16.4)	16.6 (13.7 - 19.4)	8.5 (2.1 - 14.9)	. (. - .)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of gender identity	418	14.3 (12.8 - 15.7)	14.7 (13.0 - 16.4)	9.3 (4.6 - 14.1)	. (. - .)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of religion	418	12.4 (10.7 - 14.0)	10.7 (9.6 - 11.8)	8.4 (5.3 - 11.5)	. (. - .)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of disability	418	12.8 (9.8 - 15.8)	15.5 (11.3 - 19.6)	. (. - .)	. (. - .)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance	418	70.2 (67.7 - 72.7)	78.8 (76.6 - 81.0)	54.1 (46.4 - 61.8)	. (. - .)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity	418	29.0 (26.2 - 31.8)	8.3 (6.6 - 9.9)	55.8 (48.0 - 63.7)	. (. - .)	. (. - .)
Percentage of students who saw someone else being bullied on school property in the past 30 days	2224	35.4 (31.7 - 39.1)	36.5 (32.9 - 40.2)	29.8 (22.8 - 36.7)	45.5 (35.0 - 56.1)	26.2 (18.1 - 34.2)
Violence						
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	2273	13.5 (12.4 - 14.7)	10.8 (9.4 - 12.3)	19.8 (17.2 - 22.5)	21.0 (12.6 - 29.5)	8.1 (3.7 - 12.4)
Percentage of students who were in a physical fight one or more times during the past 12 months	2235	19.9 (17.8 - 22.0)	15.7 (13.8 - 17.6)	30.7 (27.5 - 33.9)	27.3 (20.3 - 34.3)	21.3 (18.8 - 23.8)

Health Measures*	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latinx % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with	829	9.6 (8.4 - 10.8)	7.0 (5.3 - 8.6)	12.3 (9.3 - 15.2)	. (. - .)	. (. - .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with	832	16.9 (14.9 - 18.9)	14.4 (11.9 - 16.9)	18.9 (13.5 - 24.2)	. (. - .)	. (. - .)
Mental Health						
Percentage of students who agree or strongly agree their stress level is manageable most days	2273	58.6 (55.0 - 62.2)	63.5 (58.9 - 68.1)	49.0 (45.0 - 53.0)	44.7 (35.5 - 54.0)	50.2 (43.1 - 57.4)
Percentage of students who most of the time or always had poor mental health during the past 30 days	2248	21.2 (19.3 - 23.1)	19.9 (17.5 - 22.4)	22.7 (19.9 - 25.4)	26.8 (18.9 - 34.8)	21.8 (17.8 - 25.8)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months	2237	11.4 (10.2 - 12.7)	10.5 (9.4 - 11.6)	12.6 (10.3 - 14.9)	19.1 (10.0 - 28.1)	19.0 (11.1 - 27.0)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities	2233	19.7 (18.4 - 21.1)	16.0 (14.3 - 17.7)	25.9 (23.3 - 28.6)	34.2 (26.4 - 42.0)	20.2 (11.3 - 29.1)
Percentage of students who ever seriously thought about killing themselves	2229	14.9 (13.6 - 16.2)	12.6 (11.4 - 13.8)	19.0 (16.0 - 22.1)	31.0 (19.2 - 42.8)	15.9 (9.3 - 22.5)
Percentage of students who ever made a plan about how they would kill themselves	2226	11.5 (9.4 - 13.5)	10.5 (8.5 - 12.5)	12.5 (9.8 - 15.1)	17.1 (7.0 - 27.1)	20.0 (14.4 - 25.6)
Percentage of students who ever tried to kill themselves	2226	4.4 (3.6 - 5.3)	2.9 (2.3 - 3.4)	8.3 (5.5 - 11.0)	11.8 (8.0 - 15.6)	7.7 (2.1 - 13.4)
Percentage of students who have an adult to go to for help with a serious problem	2255	74.6 (72.2 - 77.1)	79.2 (76.8 - 81.5)	64.5 (57.9 - 71.1)	65.9 (50.3 - 81.5)	67.3 (62.0 - 72.5)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	2252	56.4 (54.0 - 58.7)	60.0 (57.4 - 62.6)	48.3 (44.3 - 52.3)	61.7 (54.1 - 69.2)	33.9 (28.2 - 39.6)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months	2226	27.4 (24.3 - 30.4)	25.2 (22.2 - 28.1)	34.4 (30.4 - 38.4)	44.8 (31.2 - 58.5)	27.9 (21.9 - 33.9)
Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health	2143	64.2 (61.9 - 66.5)	69.2 (65.9 - 72.5)	47.5 (44.8 - 50.2)	58.2 (50.0 - 66.4)	61.5 (51.5 - 71.6)
Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health	2143	52.8 (51.5 - 54.2)	56.7 (55.1 - 58.2)	39.3 (36.1 - 42.6)	38.9 (31.0 - 46.9)	51.3 (43.5 - 59.1)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health	2143	33.5 (32.5 - 34.6)	34.4 (33.1 - 35.7)	24.5 (22.6 - 26.5)	38.0 (22.1 - 53.9)	38.0 (27.3 - 48.7)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health	2143	33.6 (30.9 - 36.3)	38.4 (36.0 - 40.9)	18.9 (16.8 - 21.1)	31.8 (23.0 - 40.6)	36.0 (23.1 - 48.9)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health	2143	16.4 (14.8 - 18.1)	19.0 (17.5 - 20.6)	9.6 (6.7 - 12.5)	19.2 (8.0 - 30.3)	12.2 (7.4 - 17.0)
Percentage of students who have ever experienced the death of a family member or close friend	2254	64.8 (62.0 - 67.6)	64.8 (62.1 - 67.5)	65.8 (60.5 - 71.2)	65.7 (60.2 - 71.1)	49.5 (43.1 - 55.8)
Racism						
Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	2088	5.5 (4.9 - 6.1)	2.0 (1.7 - 2.4)	10.5 (8.1 - 12.9)	29.0 (23.3 - 34.6)	12.5 (4.6 - 20.4)
Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	2088	2.7 (2.3 - 3.1)	0.3 (0.1 - 0.5)	5.6 (4.7 - 6.6)	26.5 (18.3 - 34.8)	4.7 (1.8 - 7.6)
Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months	2088	3.5 (2.8 - 4.3)	1.4 (0.9 - 1.9)	7.2 (5.6 - 8.9)	17.9 (10.5 - 25.3)	7.5 (3.1 - 12.0)
Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months	2088	4.8 (4.4 - 5.2)	1.3 (0.9 - 1.6)	11.5 (9.6 - 13.4)	15.3 (6.4 - 24.1)	16.7 (13.9 - 19.4)

Health Measures*	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latinx % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)
Alcohol						
Percentage of students who have ever had a drink of alcohol other than a few sips	2194	21.1 (19.9 - 22.2)	18.0 (16.4 - 19.7)	26.9 (23.6 - 30.2)	34.3 (27.9 - 40.7)	14.4 (7.7 - 21.0)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	2194	11.5 (10.6 - 12.5)	8.6 (7.7 - 9.6)	17.0 (15.2 - 18.9)	19.2 (10.0 - 28.3)	8.4 (3.6 - 13.2)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	2219	5.3 (4.4 - 6.2)	4.6 (4.1 - 5.2)	5.0 (2.6 - 7.3)	13.9 (6.3 - 21.4)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	2099	31.4 (28.8 - 34.0)	32.5 (29.7 - 35.3)	26.6 (18.0 - 35.1)	41.2 (33.3 - 49.1)	27.9 (20.1 - 35.8)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	2207	91.1 (90.6 - 91.5)	91.7 (91.0 - 92.4)	90.2 (88.5 - 91.9)	88.7 (82.5 - 94.9)	90.7 (86.0 - 95.5)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	2201	92.0 (91.1 - 92.8)	92.1 (91.3 - 92.9)	92.9 (91.0 - 94.7)	83.4 (75.4 - 91.4)	93.5 (90.8 - 96.3)
Percentage of students who thought 5 or more out of every 10 students in their grade drank alcohol in the past 30 days	2170	14.9 (13.4 - 16.5)	12.1 (11.0 - 13.3)	25.1 (22.8 - 27.4)	34.3 (23.7 - 44.9)	12.2 (6.6 - 17.7)
Tobacco						
Percentage of students who have ever smoked a cigarette, even one or two puffs	2205	5.0 (4.3 - 5.7)	2.2 (1.6 - 2.7)	11.4 (9.6 - 13.3)	14.6 (5.6 - 23.7)	. (. - .)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	2205	2.4 (2.0 - 2.9)	0.5 (0.1 - 0.8)	5.3 (3.9 - 6.6)	9.6 (0.0 - 19.7)	. (. - .)
Percentage of students who smoked cigarettes on one or more of the past 30 days	2222	1.7 (1.3 - 2.0)	0.9 (0.5 - 1.2)	1.6 (1.1 - 2.1)	9.6 (0.0 - 19.7)	. (. - .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	2109	15.8 (14.7 - 16.9)	14.5 (12.7 - 16.3)	14.9 (10.4 - 19.4)	22.7 (14.9 - 30.4)	21.1 (15.0 - 27.2)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	2203	97.2 (96.8 - 97.6)	97.6 (97.0 - 98.2)	97.4 (96.1 - 98.7)	86.2 (80.0 - 92.5)	97.5 (96.1 - 99.0)
Percentage of students who have ever used an electronic vapor product	2211	8.4 (6.3 - 10.5)	4.1 (2.9 - 5.3)	22.0 (17.7 - 26.2)	21.7 (14.0 - 29.4)	. (. - .)
Percentage of students who used electronic vapor products for the first time before age 11	2211	2.7 (2.2 - 3.1)	0.8 (0.5 - 1.1)	6.5 (5.2 - 7.8)	14.3 (4.3 - 24.2)	. (. - .)
Percentage of students who used an electronic vapor product in the past 30 days	2214	3.6 (3.0 - 4.3)	1.9 (1.4 - 2.4)	8.4 (5.9 - 10.9)	9.6 (0.0 - 19.7)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	2108	27.2 (25.4 - 29.1)	26.3 (23.1 - 29.4)	29.0 (23.0 - 35.0)	33.8 (26.8 - 40.7)	26.2 (20.9 - 31.6)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	2205	94.1 (93.3 - 94.9)	95.2 (94.5 - 96.0)	92.3 (90.1 - 94.5)	83.2 (73.1 - 93.4)	94.0 (91.4 - 96.6)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	2200	97.5 (97.0 - 98.1)	98.3 (97.6 - 99.0)	97.8 (96.4 - 99.2)	88.4 (80.8 - 95.9)	97.5 (96.1 - 99.0)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm	2167	86.3 (84.9 - 87.7)	88.0 (86.2 - 89.9)	81.5 (79.2 - 83.8)	82.6 (72.4 - 92.7)	86.9 (83.7 - 90.0)
Marijuana						
Percentage of students who have ever tried marijuana	2201	5.1 (4.5 - 5.8)	3.6 (2.5 - 4.6)	7.7 (5.2 - 10.2)	20.5 (11.4 - 29.7)	. (. - .)
Percentage of students who tried marijuana for the first time before the age of 11	2201	1.3 (0.9 - 1.8)	0.4 (0.2 - 0.6)	. (. - .)	12.3 (1.7 - 22.8)	. (. - .)

Health Measures*	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latinx % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)
Percentage of students who used marijuana one or more times during the past 30 days	2199	2.9 (2.7 - 3.1)	1.9 (1.3 - 2.6)	3.7 (2.2 - 5.3)	17.5 (7.7 - 27.3)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	2082	14.5 (13.5 - 15.6)	13.1 (11.5 - 14.7)	14.7 (9.0 - 20.4)	22.1 (13.6 - 30.5)	10.3 (6.4 - 14.3)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	2196	94.4 (93.9 - 94.8)	95.0 (94.1 - 95.9)	95.4 (94.2 - 96.6)	80.5 (74.2 - 86.8)	95.4 (92.8 - 98.0)
Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana	2189	96.9 (96.5 - 97.3)	97.5 (96.8 - 98.2)	97.2 (95.9 - 98.5)	93.4 (86.5 - 100.0)	98.9 (97.5 - 100.0)
Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days	2162	15.4 (13.3 - 17.6)	12.8 (10.4 - 15.2)	24.5 (19.7 - 29.3)	33.0 (23.0 - 42.9)	7.7 (4.3 - 11.2)
Among students who used marijuana in the past 30 days, the percentage who smoked it	70	74.7 (68.9 - 80.4)	67.5 (58.8 - 76.2)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who ate it	70	46.9 (36.6 - 57.2)	42.5 (34.7 - 50.4)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it	70	56.8 (49.1 - 64.6)	46.7 (37.5 - 55.8)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it	70	47.4 (36.9 - 57.8)	27.3 (16.2 - 38.4)	. (. - .)	. (. - .)	. (. - .)
Prescription Pain Medication						
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it	2176	6.1 (5.3 - 6.8)	5.2 (4.3 - 6.0)	4.5 (2.5 - 6.6)	31.9 (9.9 - 53.9)	7.1 (3.8 - 10.4)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	2176	4.3 (3.6 - 5.1)	3.6 (3.0 - 4.3)	3.4 (1.7 - 5.1)	31.9 (9.9 - 53.9)	4.8 (1.3 - 8.3)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them	2096	21.7 (19.6 - 23.8)	21.6 (19.6 - 23.5)	18.7 (13.7 - 23.8)	43.0 (31.2 - 54.7)	23.6 (17.4 - 29.9)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	2199	92.3 (91.6 - 92.9)	92.7 (91.7 - 93.7)	94.0 (92.3 - 95.6)	85.3 (76.9 - 93.7)	90.8 (88.6 - 93.0)
Nutrition						
Percentage of students who ate fruit one or more times per day in the past 7 days	2205	65.4 (61.2 - 69.6)	67.9 (63.7 - 72.1)	56.8 (51.3 - 62.3)	68.1 (55.5 - 80.7)	62.9 (56.4 - 69.4)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days	2189	68.6 (64.7 - 72.5)	73.3 (70.1 - 76.6)	49.4 (43.4 - 55.4)	67.9 (54.7 - 81.1)	82.7 (78.8 - 86.6)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days	2192	12.3 (10.6 - 14.1)	7.9 (6.5 - 9.3)	28.0 (24.9 - 31.0)	16.8 (7.7 - 25.9)	4.2 (2.5 - 5.9)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days	2124	60.7 (57.3 - 64.1)	58.0 (55.9 - 60.1)	72.7 (67.8 - 77.7)	73.8 (65.8 - 81.8)	47.3 (39.4 - 55.2)
Percentage of students who ate breakfast on all of the past 7 days	2180	51.0 (48.6 - 53.4)	54.0 (51.6 - 56.3)	39.5 (34.9 - 44.1)	42.1 (33.5 - 50.6)	51.3 (43.3 - 59.4)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	2172	8.3 (7.2 - 9.5)	6.0 (5.0 - 7.1)	13.1 (10.1 - 16.2)	19.6 (9.0 - 30.2)	12.1 (8.0 - 16.2)
Physical Activity						
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days	2131	62.5 (59.6 - 65.4)	69.8 (67.5 - 72.0)	39.0 (33.3 - 44.8)	79.1 (71.1 - 87.1)	56.6 (48.0 - 65.2)
Percentage of students who spent 3+ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork	2133	44.6 (40.5 - 48.7)	39.8 (35.8 - 43.7)	63.3 (60.2 - 66.3)	59.4 (48.2 - 70.6)	43.0 (37.9 - 48.2)

Health Measures*	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latinx % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)
Body Image & Eating Disorders						
Percentage of students who most of the time or always felt confident with their body image during the past 30 days	2090	54.9 (52.7 - 57.1)	60.3 (58.0 - 62.7)	38.9 (35.9 - 42.0)	53.1 (40.3 - 65.8)	39.3 (33.1 - 45.6)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days	2060	29.9 (28.1 - 31.7)	27.7 (25.3 - 30.0)	38.6 (34.0 - 43.1)	43.8 (31.2 - 56.5)	26.5 (20.7 - 32.3)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days	2075	13.3 (11.1 - 15.6)	10.8 (8.8 - 12.8)	21.6 (16.1 - 27.0)	11.5 (4.3 - 18.7)	16.2 (12.2 - 20.3)
Home Life						
Percentage of students who usually or definitely feel safe in their neighborhood	2139	95.0 (94.1 - 95.9)	97.0 (96.3 - 97.6)	91.1 (89.4 - 92.8)	87.5 (77.1 - 97.8)	96.3 (94.5 - 98.2)
Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week	2071	11.3 (10.5 - 12.0)	9.5 (8.3 - 10.7)	16.1 (13.7 - 18.5)	8.0 (3.8 - 12.2)	8.1 (3.6 - 12.7)
School & Community						
Percentage of students who agree or strongly agree that they belong at their school	2122	73.8 (70.9 - 76.8)	77.1 (74.3 - 80.0)	68.6 (62.0 - 75.3)	68.8 (60.7 - 77.0)	72.5 (68.2 - 76.7)
Percentage of students who usually or definitely feel safe at school	2117	89.9 (88.7 - 91.1)	90.9 (89.4 - 92.5)	88.0 (85.0 - 91.1)	85.4 (79.6 - 91.2)	95.7 (93.0 - 98.4)
Percentage of students who usually or definitely think their grades are better than most students in class	2089	69.8 (66.4 - 73.1)	75.6 (71.8 - 79.4)	48.2 (40.7 - 55.7)	67.1 (60.4 - 73.9)	82.6 (77.9 - 87.4)
Percentage of students who think it is important or very important to finish high school	2124	96.9 (96.3 - 97.4)	97.8 (97.3 - 98.3)	95.1 (93.1 - 97.1)	89.9 (83.7 - 96.1)	. (. - .)
Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months	2039	29.6 (18.1 - 41.0)	30.2 (17.5 - 42.9)	29.0 (21.6 - 36.3)	31.0 (16.9 - 45.1)	24.1 (13.1 - 35.1)
Percentage of students who talked to a teacher about their future plans after high school in the past 12 months	2039	32.3 (24.1 - 40.6)	32.6 (23.6 - 41.5)	31.2 (26.4 - 36.0)	29.4 (22.4 - 36.4)	17.7 (9.6 - 25.8)
Percentage of students who talked to an administrator about their future plans after high school in the past 12 months	2039	7.8 (5.7 - 10.0)	7.5 (5.1 - 9.9)	9.7 (7.8 - 11.6)	. (. - .)	6.8 (2.8 - 10.8)
Percentage of students who talked to a coach about their future plans after high school in the past 12 months	2039	7.9 (6.8 - 9.0)	8.3 (6.7 - 9.8)	5.0 (3.8 - 6.2)	26.2 (18.2 - 34.1)	3.3 (0.9 - 5.8)
Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months	2039	6.7 (5.4 - 8.0)	5.9 (4.9 - 6.8)	7.6 (5.8 - 9.4)	14.5 (6.1 - 23.0)	5.6 (0.9 - 10.3)
Percentage of students who participated in sports (team or individual) during the past 12 months	2060	61.1 (59.3 - 63.0)	64.5 (62.0 - 66.9)	51.3 (46.5 - 56.1)	72.5 (63.9 - 81.1)	54.8 (49.8 - 59.8)
Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months	2060	80.6 (78.5 - 82.7)	83.8 (81.7 - 85.9)	71.1 (66.4 - 75.7)	83.6 (74.7 - 92.5)	88.8 (82.4 - 95.2)
Percentage of students who had paid employment during the past 12 months	2060	4.3 (3.8 - 4.8)	4.6 (3.9 - 5.3)	2.2 (1.2 - 3.2)	. (. - .)	. (. - .)
Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months	2060	22.8 (20.5 - 25.1)	23.7 (20.9 - 26.5)	16.6 (14.7 - 18.4)	19.6 (11.0 - 28.1)	28.4 (22.3 - 34.6)
Other Health Topics						
Percentage of students who usually slept somewhere other than their home during the past 30 days	2076	5.6 (4.7 - 6.5)	4.8 (3.9 - 5.7)	4.0 (2.6 - 5.4)	19.7 (10.4 - 29.1)	. (. - .)
Percentage of students who sleep 8 or more hours per night on average school nights	2075	67.2 (64.8 - 69.5)	70.2 (68.0 - 72.4)	59.1 (54.0 - 64.1)	43.2 (33.0 - 53.4)	63.3 (55.7 - 71.0)

Health Measures*	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latinx % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)
Percentage of students who never or rarely wear a seat belt while riding in a car	2071	3.0 (2.5 - 3.4)	1.1 (0.7 - 1.6)	5.3 (4.3 - 6.3)	16.2 (6.5 - 25.9)	3.2 (1.2 - 5.1)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	1997	10.3 (9.4 - 11.2)	8.3 (7.3 - 9.4)	12.6 (9.8 - 15.4)	18.0 (9.0 - 26.9)	5.0 (2.3 - 7.8)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member	1960	10.8 (9.7 - 11.9)	10.4 (8.7 - 12.0)	9.0 (5.3 - 12.8)	8.8 (4.1 - 13.6)	3.9 (1.3 - 6.5)
Percentage of students who had ever been told by a doctor or nurse that they had asthma	2052	12.6 (11.4 - 13.8)	12.4 (11.7 - 13.1)	8.9 (3.7 - 14.0)	36.4 (24.5 - 48.3)	11.4 (8.1 - 14.7)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months	2048	3.8 (3.4 - 4.2)	2.1 (1.6 - 2.6)	5.5 (3.7 - 7.3)	16.4 (5.3 - 27.6)	3.2 (0.6 - 5.8)
Extra Questions						
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1927	77.0 (76.1 - 77.8)	79.3 (77.7 - 80.8)	70.2 (67.5 - 72.9)	71.1 (58.8 - 83.4)	78.7 (73.1 - 84.3)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways	1920	85.5 (84.3 - 86.7)	87.9 (86.3 - 89.6)	78.4 (77.0 - 79.7)	79.7 (69.3 - 90.1)	85.8 (80.5 - 91.1)
Percentage of students who think people who smoke marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1917	81.3 (79.4 - 83.3)	83.0 (81.1 - 85.0)	80.7 (77.0 - 84.4)	60.9 (51.2 - 70.5)	87.8 (84.4 - 91.2)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways	1911	85.6 (84.0 - 87.1)	87.7 (85.9 - 89.6)	80.8 (78.1 - 83.5)	80.3 (71.3 - 89.3)	88.3 (83.5 - 93.2)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day	1910	95.9 (95.3 - 96.4)	97.6 (97.0 - 98.2)	92.5 (91.3 - 93.8)	77.1 (67.2 - 87.0)	93.8 (91.1 - 96.4)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco	1912	97.4 (97.0 - 97.8)	98.8 (98.4 - 99.2)	94.7 (93.3 - 96.2)	82.9 (73.5 - 92.2)	99.1 (97.9 - 100.0)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them	1900	96.4 (96.0 - 96.9)	98.1 (97.7 - 98.6)	92.6 (91.4 - 93.9)	76.9 (67.7 - 86.1)	98.1 (96.3 - 99.9)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day	1904	89.4 (88.4 - 90.4)	92.2 (91.2 - 93.1)	82.9 (80.9 - 84.8)	. (. - .)	92.2 (88.1 - 96.4)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco	1903	91.3 (90.0 - 92.7)	93.6 (92.3 - 95.0)	85.4 (83.7 - 87.1)	. (. - .)	93.1 (88.5 - 97.8)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke marijuana	1901	88.4 (86.7 - 90.1)	91.1 (89.6 - 92.7)	82.5 (79.8 - 85.2)	64.3 (54.1 - 74.5)	90.4 (85.0 - 95.7)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them	1886	91.7 (91.0 - 92.3)	92.9 (92.1 - 93.8)	88.2 (86.0 - 90.5)	. (. - .)	95.4 (91.5 - 99.2)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days	1968	2.5 (2.0 - 3.0)	1.6 (1.2 - 2.0)	2.6 (2.0 - 3.1)	. (. - .)	. (. - .)

*Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students.

In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

**Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

***Students included in "Another activity" selected this response on the survey and had the option to write in their answer.

2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

In order to make this document more readable, we split the answer options for this table so that White, Hispanic/Latinx, Black/African American, and Asian can be found in another table.

Health Measures*	Number of Responses	Total % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Other Pacific Islander % (95% CI)	Multiracial % (95% CI)
Bullying					
Percentage of students who have ever been bullied on school property during the past 12 months	2140	21.9 (19.6 - 24.3)	. (. - .)	. (. - .)	26.1 (22.9 - 29.3)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months	494	56.6 (52.8 - 60.3)	. (. - .)	. (. - .)	57.8 (49.3 - 66.4)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months	494	46.3 (42.8 - 49.8)	. (. - .)	. (. - .)	56.2 (48.3 - 64.2)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months	494	17.3 (14.8 - 19.9)	. (. - .)	. (. - .)	17.2 (12.8 - 21.6)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months	494	33.1 (30.6 - 35.6)	. (. - .)	. (. - .)	31.7 (26.3 - 37.0)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months	494	11.5 (9.9 - 13.1)	. (. - .)	. (. - .)	17.1 (11.2 - 23.0)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months	494	18.0 (15.8 - 20.2)	. (. - .)	. (. - .)	23.1 (18.7 - 27.5)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months	494	23.6 (21.0 - 26.2)	. (. - .)	. (. - .)	32.1 (26.7 - 37.5)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months	494	31.1 (27.7 - 34.6)	. (. - .)	. (. - .)	53.2 (49.0 - 57.4)
Percentage of students who had ever been electronically bullied during the past 12 months	2249	11.8 (10.0 - 13.5)	. (. - .)	. (. - .)	16.8 (15.3 - 18.2)
Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation	418	14.5 (12.7 - 16.4)	. (. - .)	. (. - .)	16.3 (10.9 - 21.8)
Among students who were teased in the past 12 months, the percentage who were teased because of gender identity	418	14.3 (12.8 - 15.7)	. (. - .)	. (. - .)	14.5 (10.0 - 18.9)
Among students who were teased in the past 12 months, the percentage who were teased because of religion	418	12.4 (10.7 - 14.0)	. (. - .)	. (. - .)	19.3 (12.8 - 25.9)
Among students who were teased in the past 12 months, the percentage who were teased because of disability	418	12.8 (9.8 - 15.8)	. (. - .)	. (. - .)	15.6 (7.5 - 23.7)
Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance	418	70.2 (67.7 - 72.7)	. (. - .)	. (. - .)	68.7 (64.7 - 72.8)
Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity	418	29.0 (26.2 - 31.8)	. (. - .)	. (. - .)	45.3 (38.5 - 52.2)
Percentage of students who saw someone else being bullied on school property in the past 30 days	2224	35.4 (31.7 - 39.1)	. (. - .)	. (. - .)	39.8 (34.3 - 45.3)
Violence					
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	2273	13.5 (12.4 - 14.7)	. (. - .)	. (. - .)	16.4 (13.2 - 19.6)
Percentage of students who were in a physical fight one or more times during the past 12 months	2235	19.9 (17.8 - 22.0)	. (. - .)	. (. - .)	24.6 (21.1 - 28.1)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with	829	9.6 (8.4 - 10.8)	. (. - .)	. (. - .)	13.8 (11.9 - 15.7)

Health Measures*	Number of Responses	Total % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Other Pacific Islander % (95% CI)	Multiracial % (95% CI)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with	832	16.9 (14.9 - 18.9)	. (. - .)	. (. - .)	22.0 (18.0 - 26.1)
Mental Health					
Percentage of students who agree or strongly agree their stress level is manageable most days	2273	58.6 (55.0 - 62.2)	. (. - .)	. (. - .)	53.1 (49.5 - 56.7)
Percentage of students who most of the time or always had poor mental health during the past 30 days	2248	21.2 (19.3 - 23.1)	. (. - .)	. (. - .)	24.7 (22.3 - 27.0)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months	2237	11.4 (10.2 - 12.7)	. (. - .)	. (. - .)	14.1 (11.0 - 17.1)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities	2233	19.7 (18.4 - 21.1)	. (. - .)	. (. - .)	29.9 (25.9 - 33.9)
Percentage of students who ever seriously thought about killing themselves	2229	14.9 (13.6 - 16.2)	. (. - .)	. (. - .)	21.5 (18.1 - 24.8)
Percentage of students who ever made a plan about how they would kill themselves	2226	11.5 (9.4 - 13.5)	. (. - .)	. (. - .)	14.3 (12.4 - 16.1)
Percentage of students who ever tried to kill themselves	2226	4.4 (3.6 - 5.3)	. (. - .)	. (. - .)	6.4 (4.3 - 8.5)
Percentage of students who have an adult to go to for help with a serious problem	2255	74.6 (72.2 - 77.1)	. (. - .)	. (. - .)	70.2 (67.0 - 73.3)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	2252	56.4 (54.0 - 58.7)	. (. - .)	. (. - .)	52.7 (47.9 - 57.5)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months	2226	27.4 (24.3 - 30.4)	. (. - .)	. (. - .)	29.8 (23.5 - 36.1)
Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health	2143	64.2 (61.9 - 66.5)	. (. - .)	. (. - .)	60.4 (56.1 - 64.8)
Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health	2143	52.8 (51.5 - 54.2)	. (. - .)	. (. - .)	53.8 (51.6 - 56.0)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health	2143	33.5 (32.5 - 34.6)	. (. - .)	. (. - .)	41.1 (36.9 - 45.2)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health	2143	33.6 (30.9 - 36.3)	. (. - .)	. (. - .)	36.0 (31.1 - 40.9)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health	2143	16.4 (14.8 - 18.1)	. (. - .)	. (. - .)	18.8 (16.1 - 21.4)
Percentage of students who have ever experienced the death of a family member or close friend	2254	64.8 (62.0 - 67.6)	. (. - .)	. (. - .)	72.7 (70.4 - 75.1)
Racism					
Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	2088	5.5 (4.9 - 6.1)	. (. - .)	. (. - .)	11.3 (8.5 - 14.1)
Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	2088	2.7 (2.3 - 3.1)	. (. - .)	. (. - .)	6.5 (5.1 - 7.8)
Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months	2088	3.5 (2.8 - 4.3)	. (. - .)	. (. - .)	7.8 (6.2 - 9.4)
Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months	2088	4.8 (4.4 - 5.2)	. (. - .)	. (. - .)	11.1 (9.0 - 13.3)
Alcohol					

Health Measures*	Number of Responses	Total % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Other Pacific Islander % (95% CI)	Multiracial % (95% CI)
Percentage of students who have ever had a drink of alcohol other than a few sips	2194	21.1 (19.9 - 22.2)	. (. - .)	. (. - .)	25.7 (22.6 - 28.9)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	2194	11.5 (10.6 - 12.5)	. (. - .)	. (. - .)	14.4 (11.8 - 17.1)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	2219	5.3 (4.4 - 6.2)	. (. - .)	. (. - .)	7.3 (5.0 - 9.5)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	2099	31.4 (28.8 - 34.0)	. (. - .)	. (. - .)	37.3 (34.4 - 40.2)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	2207	91.1 (90.6 - 91.5)	. (. - .)	. (. - .)	88.6 (86.2 - 91.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	2201	92.0 (91.1 - 92.8)	. (. - .)	. (. - .)	91.1 (89.2 - 92.9)
Percentage of students who thought 5 or more out of every 10 students in their grade drank alcohol in the past 30 days	2170	14.9 (13.4 - 16.5)	. (. - .)	. (. - .)	14.4 (12.2 - 16.6)
Tobacco					
Percentage of students who have ever smoked a cigarette, even one or two puffs	2205	5.0 (4.3 - 5.7)	. (. - .)	. (. - .)	8.7 (7.3 - 10.2)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	2205	2.4 (2.0 - 2.9)	. (. - .)	. (. - .)	4.9 (4.1 - 5.8)
Percentage of students who smoked cigarettes on one or more of the past 30 days	2222	1.7 (1.3 - 2.0)	. (. - .)	. (. - .)	2.2 (0.6 - 3.7)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	2109	15.8 (14.7 - 16.9)	. (. - .)	. (. - .)	22.6 (20.6 - 24.6)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	2203	97.2 (96.8 - 97.6)	. (. - .)	. (. - .)	97.0 (95.9 - 98.0)
Percentage of students who have ever used an electronic vapor product	2211	8.4 (6.3 - 10.5)	. (. - .)	. (. - .)	10.3 (7.4 - 13.3)
Percentage of students who used electronic vapor products for the first time before age 11	2211	2.7 (2.2 - 3.1)	. (. - .)	. (. - .)	4.0 (3.0 - 5.1)
Percentage of students who used an electronic vapor product in the past 30 days	2214	3.6 (3.0 - 4.3)	. (. - .)	. (. - .)	3.7 (2.9 - 4.6)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	2108	27.2 (25.4 - 29.1)	. (. - .)	. (. - .)	29.4 (26.1 - 32.6)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	2205	94.1 (93.3 - 94.9)	. (. - .)	. (. - .)	91.5 (89.7 - 93.4)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	2200	97.5 (97.0 - 98.1)	. (. - .)	. (. - .)	94.9 (93.7 - 96.2)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm	2167	86.3 (84.9 - 87.7)	. (. - .)	. (. - .)	81.6 (76.8 - 86.4)
Marijuana					
Percentage of students who have ever tried marijuana	2201	5.1 (4.5 - 5.8)	. (. - .)	. (. - .)	7.6 (5.8 - 9.4)
Percentage of students who tried marijuana for the first time before the age of 11	2201	1.3 (0.9 - 1.8)	. (. - .)	. (. - .)	3.3 (2.3 - 4.3)
Percentage of students who used marijuana one or more times during the past 30 days	2199	2.9 (2.7 - 3.1)	. (. - .)	. (. - .)	3.5 (2.5 - 4.4)

Health Measures*	Number of Responses	Total % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Other Pacific Islander % (95% CI)	Multiracial % (95% CI)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	2082	14.5 (13.5 - 15.6)	. (. - .)	. (. - .)	21.5 (18.1 - 24.9)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	2196	94.4 (93.9 - 94.8)	. (. - .)	. (. - .)	90.5 (89.3 - 91.7)
Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana	2189	96.9 (96.5 - 97.3)	. (. - .)	. (. - .)	94.8 (93.7 - 96.0)
Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days	2162	15.4 (13.3 - 17.6)	. (. - .)	. (. - .)	17.0 (14.1 - 19.9)
Among students who used marijuana in the past 30 days, the percentage who smoked it	70	74.7 (68.9 - 80.4)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who ate it	70	46.9 (36.6 - 57.2)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it	70	56.8 (49.1 - 64.6)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it	70	47.4 (36.9 - 57.8)	. (. - .)	. (. - .)	. (. - .)
Prescription Pain Medication					
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it	2176	6.1 (5.3 - 6.8)	. (. - .)	. (. - .)	6.5 (4.7 - 8.2)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	2176	4.3 (3.6 - 5.1)	. (. - .)	. (. - .)	3.9 (2.9 - 4.9)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them	2096	21.7 (19.6 - 23.8)	. (. - .)	. (. - .)	23.1 (18.5 - 27.6)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	2199	92.3 (91.6 - 92.9)	. (. - .)	. (. - .)	90.4 (88.7 - 92.1)
Nutrition					
Percentage of students who ate fruit one or more times per day in the past 7 days	2205	65.4 (61.2 - 69.6)	. (. - .)	. (. - .)	66.2 (59.7 - 72.7)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days	2189	68.6 (64.7 - 72.5)	. (. - .)	. (. - .)	69.6 (64.6 - 74.6)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days	2192	12.3 (10.6 - 14.1)	. (. - .)	. (. - .)	13.9 (11.6 - 16.1)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days	2124	60.7 (57.3 - 64.1)	. (. - .)	. (. - .)	65.6 (61.1 - 70.1)
Percentage of students who ate breakfast on all of the past 7 days	2180	51.0 (48.6 - 53.4)	. (. - .)	. (. - .)	48.4 (43.5 - 53.2)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	2172	8.3 (7.2 - 9.5)	. (. - .)	. (. - .)	9.2 (7.2 - 11.2)
Physical Activity					
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days	2131	62.5 (59.6 - 65.4)	. (. - .)	. (. - .)	58.5 (55.5 - 61.4)
Percentage of students who spent 3+ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork	2133	44.6 (40.5 - 48.7)	. (. - .)	. (. - .)	47.3 (39.4 - 55.1)
Body Image & Eating Disorders					

Health Measures*	Number of Responses	Total % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Other Pacific Islander % (95% CI)	Multiracial % (95% CI)
Percentage of students who most of the time or always felt confident with their body image during the past 30 days	2090	54.9 (52.7 - 57.1)	. (. - .)	. (. - .)	49.6 (44.3 - 54.9)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days	2060	29.9 (28.1 - 31.7)	. (. - .)	. (. - .)	30.9 (27.4 - 34.5)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days	2075	13.3 (11.1 - 15.6)	. (. - .)	. (. - .)	15.9 (12.8 - 19.1)
Home Life					
Percentage of students who usually or definitely feel safe in their neighborhood	2139	95.0 (94.1 - 95.9)	. (. - .)	. (. - .)	93.9 (92.1 - 95.7)
Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week	2071	11.3 (10.5 - 12.0)	. (. - .)	. (. - .)	14.0 (10.3 - 17.8)
School & Community					
Percentage of students who agree or strongly agree that they belong at their school	2122	73.8 (70.9 - 76.8)	. (. - .)	. (. - .)	68.2 (62.4 - 73.9)
Percentage of students who usually or definitely feel safe at school	2117	89.9 (88.7 - 91.1)	. (. - .)	. (. - .)	89.0 (86.1 - 92.0)
Percentage of students who usually or definitely think their grades are better than most students in class	2089	69.8 (66.4 - 73.1)	. (. - .)	. (. - .)	68.6 (64.3 - 73.0)
Percentage of students who think it is important or very important to finish high school	2124	96.9 (96.3 - 97.4)	. (. - .)	. (. - .)	96.3 (95.5 - 97.2)
Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months	2039	29.6 (18.1 - 41.0)	. (. - .)	. (. - .)	25.7 (15.1 - 36.2)
Percentage of students who talked to a teacher about their future plans after high school in the past 12 months	2039	32.3 (24.1 - 40.6)	. (. - .)	. (. - .)	32.1 (21.3 - 42.9)
Percentage of students who talked to an administrator about their future plans after high school in the past 12 months	2039	7.8 (5.7 - 10.0)	. (. - .)	. (. - .)	9.9 (6.1 - 13.8)
Percentage of students who talked to a coach about their future plans after high school in the past 12 months	2039	7.9 (6.8 - 9.0)	. (. - .)	. (. - .)	9.6 (6.9 - 12.2)
Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months	2039	6.7 (5.4 - 8.0)	. (. - .)	. (. - .)	7.7 (5.5 - 9.9)
Percentage of students who participated in sports (team or individual) during the past 12 months	2060	61.1 (59.3 - 63.0)	. (. - .)	. (. - .)	63.3 (58.5 - 68.1)
Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months	2060	80.6 (78.5 - 82.7)	. (. - .)	. (. - .)	79.7 (76.5 - 82.9)
Percentage of students who had paid employment during the past 12 months	2060	4.3 (3.8 - 4.8)	. (. - .)	. (. - .)	4.4 (3.6 - 5.2)
Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months	2060	22.8 (20.5 - 25.1)	. (. - .)	. (. - .)	23.7 (19.8 - 27.6)
Other Health Topics					
Percentage of students who usually slept somewhere other than their home during the past 30 days	2076	5.6 (4.7 - 6.5)	. (. - .)	. (. - .)	8.2 (6.7 - 9.8)
Percentage of students who sleep 8 or more hours per night on average school nights	2075	67.2 (64.8 - 69.5)	. (. - .)	. (. - .)	62.1 (57.9 - 66.3)
Percentage of students who never or rarely wear a seat belt while riding in a car	2071	3.0 (2.5 - 3.4)	. (. - .)	. (. - .)	3.8 (1.9 - 5.7)

Health Measures*	Number of Responses	Total % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Other Pacific Islander % (95% CI)	Multiracial % (95% CI)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	1997	10.3 (9.4 - 11.2)	. (. - .)	. (. - .)	14.6 (10.2 - 19.0)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member	1960	10.8 (9.7 - 11.9)	. (. - .)	. (. - .)	14.5 (9.4 - 19.6)
Percentage of students who had ever been told by a doctor or nurse that they had asthma	2052	12.6 (11.4 - 13.8)	. (. - .)	. (. - .)	17.3 (13.4 - 21.2)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months	2048	3.8 (3.4 - 4.2)	. (. - .)	. (. - .)	6.6 (4.4 - 8.7)
Extra Questions					
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1927	77.0 (76.1 - 77.8)	. (. - .)	. (. - .)	74.2 (70.8 - 77.6)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways	1920	85.5 (84.3 - 86.7)	. (. - .)	. (. - .)	82.8 (80.5 - 85.0)
Percentage of students who think people who smoke marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1917	81.3 (79.4 - 83.3)	. (. - .)	. (. - .)	73.0 (68.7 - 77.4)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways	1911	85.6 (84.0 - 87.1)	. (. - .)	. (. - .)	82.9 (80.2 - 85.5)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day	1910	95.9 (95.3 - 96.4)	. (. - .)	. (. - .)	96.4 (95.2 - 97.5)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco	1912	97.4 (97.0 - 97.8)	. (. - .)	. (. - .)	97.6 (96.3 - 98.9)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them	1900	96.4 (96.0 - 96.9)	. (. - .)	. (. - .)	96.5 (95.3 - 97.7)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day	1904	89.4 (88.4 - 90.4)	. (. - .)	. (. - .)	85.4 (81.4 - 89.5)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco	1903	91.3 (90.0 - 92.7)	. (. - .)	. (. - .)	89.6 (87.3 - 91.9)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke marijuana	1901	88.4 (86.7 - 90.1)	. (. - .)	. (. - .)	83.3 (78.9 - 87.6)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them	1886	91.7 (91.0 - 92.3)	. (. - .)	. (. - .)	90.8 (88.4 - 93.3)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days	1968	2.5 (2.0 - 3.0)	. (. - .)	. (. - .)	3.6 (2.8 - 4.3)

*Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students.
In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.
**Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.
***Students included in "Another activity" selected this response on the survey and had the option to write in their answer.

2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures*	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Not Sure % (95% CI)
Bullying						
Percentage of students who have ever been bullied on school property during the past 12 months	2140	21.9 (19.6 - 24.3)	18.6 (16.1 - 21.2)	27.0 (19.8 - 34.2)	49.1 (42.4 - 55.9)	32.9 (29.3 - 36.5)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months	494	56.6 (52.8 - 60.3)	55.7 (50.8 - 60.6)	66.1 (58.5 - 73.6)	. (. - .)	51.0 (45.5 - 56.5)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months	494	46.3 (42.8 - 49.8)	43.2 (38.8 - 47.5)	59.2 (48.2 - 70.2)	. (. - .)	51.7 (41.8 - 61.6)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months	494	17.3 (14.8 - 19.9)	16.1 (12.7 - 19.5)	20.6 (12.5 - 28.8)	. (. - .)	11.1 (5.6 - 16.7)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months	494	33.1 (30.6 - 35.6)	32.8 (29.5 - 36.1)	38.0 (31.9 - 44.0)	. (. - .)	27.3 (18.6 - 36.1)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months	494	11.5 (9.9 - 13.1)	9.3 (8.1 - 10.6)	11.2 (5.2 - 17.3)	. (. - .)	13.7 (2.6 - 24.8)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months	494	18.0 (15.8 - 20.2)	14.6 (12.4 - 16.9)	23.3 (15.6 - 31.1)	. (. - .)	23.4 (11.1 - 35.6)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months	494	23.6 (21.0 - 26.2)	21.2 (19.4 - 23.0)	24.2 (16.6 - 31.8)	. (. - .)	31.4 (21.6 - 41.1)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months	494	31.1 (27.7 - 34.6)	30.2 (26.0 - 34.5)	28.6 (19.2 - 38.0)	. (. - .)	35.3 (25.8 - 44.8)
Percentage of students who had ever been electronically bullied during the past 12 months	2249	11.8 (10.0 - 13.5)	10.5 (9.0 - 12.0)	15.1 (12.1 - 18.1)	25.3 (18.7 - 32.0)	12.2 (10.3 - 14.0)
Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation	418	14.5 (12.7 - 16.4)	3.1 (1.1 - 5.1)	30.8 (22.1 - 39.5)	. (. - .)	11.6 (5.8 - 17.3)
Among students who were teased in the past 12 months, the percentage who were teased because of gender identity	418	14.3 (12.8 - 15.7)	2.8 (1.8 - 3.8)	18.7 (11.1 - 26.4)	. (. - .)	27.7 (12.6 - 42.8)
Among students who were teased in the past 12 months, the percentage who were teased because of religion	418	12.4 (10.7 - 14.0)	10.8 (9.1 - 12.5)	13.8 (6.7 - 20.9)	. (. - .)	10.1 (3.0 - 17.2)
Among students who were teased in the past 12 months, the percentage who were teased because of disability	418	12.8 (9.8 - 15.8)	8.5 (5.2 - 11.8)	10.3 (4.3 - 16.3)	. (. - .)	15.9 (11.0 - 20.7)
Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance	418	70.2 (67.7 - 72.7)	73.7 (70.2 - 77.3)	71.9 (64.0 - 79.8)	. (. - .)	69.8 (61.4 - 78.2)
Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity	418	29.0 (26.2 - 31.8)	31.2 (27.4 - 35.1)	28.9 (18.7 - 39.2)	. (. - .)	22.1 (14.3 - 29.9)
Percentage of students who saw someone else being bullied on school property in the past 30 days	2224	35.4 (31.7 - 39.1)	34.9 (31.4 - 38.4)	36.5 (26.9 - 46.2)	43.1 (36.3 - 50.0)	39.7 (35.4 - 43.9)
Violence						
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	2273	13.5 (12.4 - 14.7)	11.5 (10.2 - 12.8)	17.4 (12.6 - 22.3)	25.8 (15.2 - 36.5)	22.9 (13.7 - 32.1)

Health Measures*	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Not Sure % (95% CI)
Percentage of students who were in a physical fight one or more times during the past 12 months	2235	19.9 (17.8 - 22.0)	20.4 (18.4 - 22.4)	12.9 (9.6 - 16.1)	27.6 (16.9 - 38.3)	17.9 (12.5 - 23.4)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with	829	9.6 (8.4 - 10.8)	7.1 (6.0 - 8.2)	13.7 (6.2 - 21.3)	23.1 (15.4 - 30.9)	21.7 (15.9 - 27.5)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with	832	16.9 (14.9 - 18.9)	14.3 (12.5 - 16.1)	35.2 (25.3 - 45.2)	35.4 (25.0 - 45.7)	25.0 (17.9 - 32.0)
Mental Health						
Percentage of students who agree or strongly agree their stress level is manageable most days	2273	58.6 (55.0 - 62.2)	63.8 (61.1 - 66.4)	47.1 (42.9 - 51.2)	15.2 (11.2 - 19.3)	38.3 (29.9 - 46.7)
Percentage of students who most of the time or always had poor mental health during the past 30 days	2248	21.2 (19.3 - 23.1)	17.7 (16.4 - 19.1)	36.4 (30.9 - 41.8)	50.0 (41.4 - 58.7)	24.6 (20.5 - 28.6)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months	2237	11.4 (10.2 - 12.7)	7.9 (6.9 - 9.0)	20.4 (14.6 - 26.3)	35.1 (30.7 - 39.4)	16.4 (13.0 - 19.8)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities	2233	19.7 (18.4 - 21.1)	15.6 (14.2 - 16.9)	35.6 (31.5 - 39.7)	48.0 (37.2 - 58.8)	22.4 (17.7 - 27.0)
Percentage of students who ever seriously thought about killing themselves	2229	14.9 (13.6 - 16.2)	10.9 (9.8 - 12.0)	26.2 (22.9 - 29.4)	43.2 (38.3 - 48.2)	25.4 (20.6 - 30.3)
Percentage of students who ever made a plan about how they would kill themselves	2226	11.5 (9.4 - 13.5)	8.0 (7.0 - 9.0)	20.6 (17.5 - 23.6)	43.2 (31.1 - 55.4)	18.1 (14.2 - 22.0)
Percentage of students who ever tried to kill themselves	2226	4.4 (3.6 - 5.3)	2.9 (2.3 - 3.5)	5.3 (3.5 - 7.0)	26.4 (19.0 - 33.9)	4.3 (2.2 - 6.3)
Percentage of students who have an adult to go to for help with a serious problem	2255	74.6 (72.2 - 77.1)	76.4 (73.9 - 78.9)	75.8 (70.1 - 81.6)	74.5 (67.1 - 81.9)	65.3 (60.1 - 70.5)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	2252	56.4 (54.0 - 58.7)	59.0 (56.6 - 61.4)	61.2 (57.9 - 64.5)	41.8 (35.6 - 47.9)	43.5 (39.3 - 47.7)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months	2226	27.4 (24.3 - 30.4)	23.2 (20.4 - 26.0)	48.7 (43.1 - 54.2)	53.9 (41.4 - 66.5)	31.4 (27.0 - 35.8)
Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health	2143	64.2 (61.9 - 66.5)	66.8 (64.0 - 69.5)	57.7 (53.1 - 62.3)	40.8 (33.5 - 48.1)	59.6 (56.6 - 62.6)
Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health	2143	52.8 (51.5 - 54.2)	53.7 (51.7 - 55.6)	50.6 (47.2 - 54.1)	46.9 (39.9 - 53.8)	51.9 (49.3 - 54.5)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health	2143	33.5 (32.5 - 34.6)	33.7 (32.6 - 34.8)	38.6 (33.4 - 43.7)	21.2 (14.3 - 28.1)	29.6 (24.6 - 34.5)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health	2143	33.6 (30.9 - 36.3)	33.2 (30.1 - 36.2)	39.4 (33.7 - 45.1)	45.8 (36.6 - 55.0)	32.3 (28.7 - 36.0)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health	2143	16.4 (14.8 - 18.1)	15.8 (14.5 - 17.2)	22.7 (16.6 - 28.7)	29.2 (22.1 - 36.3)	14.9 (13.1 - 16.7)
Percentage of students who have ever experienced the death of a family member or close friend	2254	64.8 (62.0 - 67.6)	66.5 (63.6 - 69.3)	63.6 (60.0 - 67.2)	72.4 (67.7 - 77.1)	56.6 (51.0 - 62.3)
Racism						
Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	2088	5.5 (4.9 - 6.1)	5.4 (4.5 - 6.2)	5.4 (3.6 - 7.3)	6.9 (3.1 - 10.8)	3.9 (2.5 - 5.3)

Health Measures*	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Not Sure % (95% CI)
Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	2088	2.7 (2.3 - 3.1)	2.6 (2.2 - 3.0)	2.1 (1.1 - 3.1)	. (. - .)	2.9 (2.0 - 3.7)
Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months	2088	3.5 (2.8 - 4.3)	3.4 (2.8 - 4.0)	1.4 (0.3 - 2.5)	9.7 (3.2 - 16.2)	2.2 (1.2 - 3.2)
Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months	2088	4.8 (4.4 - 5.2)	4.3 (3.6 - 4.9)	6.3 (3.8 - 8.8)	10.0 (4.0 - 16.0)	4.8 (3.1 - 6.5)
Alcohol						
Percentage of students who have ever had a drink of alcohol other than a few sips	2194	21.1 (19.9 - 22.2)	20.6 (19.4 - 21.8)	28.3 (24.8 - 31.7)	40.6 (31.1 - 50.2)	17.3 (14.4 - 20.1)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	2194	11.5 (10.6 - 12.5)	11.0 (10.1 - 12.0)	14.7 (10.9 - 18.4)	26.5 (21.3 - 31.7)	7.8 (6.1 - 9.5)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	2219	5.3 (4.4 - 6.2)	5.1 (4.0 - 6.2)	4.1 (2.3 - 5.8)	20.7 (10.6 - 30.7)	3.7 (1.7 - 5.7)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	2099	31.4 (28.8 - 34.0)	30.8 (27.8 - 33.8)	36.3 (31.4 - 41.2)	48.5 (37.5 - 59.5)	30.9 (25.6 - 36.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	2207	91.1 (90.6 - 91.5)	91.4 (90.9 - 92.0)	91.6 (88.5 - 94.6)	80.3 (71.3 - 89.2)	88.5 (83.8 - 93.1)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	2201	92.0 (91.1 - 92.8)	92.9 (92.1 - 93.7)	90.4 (87.4 - 93.4)	86.8 (83.6 - 90.0)	87.2 (84.3 - 90.1)
Percentage of students who thought 5 or more out of every 10 students in their grade drank alcohol in the past 30 days	2170	14.9 (13.4 - 16.5)	15.9 (13.9 - 17.9)	10.3 (7.8 - 12.8)	22.2 (16.1 - 28.3)	10.9 (9.0 - 12.7)
Tobacco						
Percentage of students who have ever smoked a cigarette, even one or two puffs	2205	5.0 (4.3 - 5.7)	4.7 (3.8 - 5.7)	6.6 (4.0 - 9.2)	6.9 (1.8 - 11.9)	3.7 (2.3 - 5.1)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	2205	2.4 (2.0 - 2.9)	2.1 (1.6 - 2.5)	. (. - .)	6.9 (1.8 - 11.9)	1.3 (0.6 - 1.9)
Percentage of students who smoked cigarettes on one or more of the past 30 days	2222	1.7 (1.3 - 2.0)	1.2 (0.9 - 1.5)	. (. - .)	4.9 (1.3 - 8.6)	. (. - .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	2109	15.8 (14.7 - 16.9)	16.0 (14.5 - 17.4)	13.1 (9.7 - 16.6)	19.4 (14.2 - 24.6)	14.4 (11.8 - 17.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	2203	97.2 (96.8 - 97.6)	97.6 (97.2 - 97.9)	98.1 (96.3 - 99.8)	94.8 (91.2 - 98.5)	98.3 (97.4 - 99.2)
Percentage of students who have ever used an electronic vapor product	2211	8.4 (6.3 - 10.5)	9.2 (6.7 - 11.6)	5.6 (2.2 - 8.9)	10.6 (5.6 - 15.6)	3.0 (1.5 - 4.5)
Percentage of students who used electronic vapor products for the first time before age 11	2211	2.7 (2.2 - 3.1)	2.7 (2.0 - 3.3)	. (. - .)	8.3 (4.1 - 12.6)	1.6 (0.7 - 2.4)
Percentage of students who used an electronic vapor product in the past 30 days	2214	3.6 (3.0 - 4.3)	3.7 (2.9 - 4.6)	2.6 (0.2 - 4.9)	9.5 (4.6 - 14.4)	2.1 (1.0 - 3.2)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	2108	27.2 (25.4 - 29.1)	27.9 (26.0 - 29.9)	26.7 (21.6 - 31.8)	40.3 (33.1 - 47.5)	19.0 (14.7 - 23.3)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	2205	94.1 (93.3 - 94.9)	94.3 (93.5 - 95.1)	94.2 (91.2 - 97.3)	86.9 (82.6 - 91.1)	96.4 (93.8 - 99.0)

Health Measures*	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Not Sure % (95% CI)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	2200	97.5 (97.0 - 98.1)	98.0 (97.4 - 98.7)	96.6 (94.2 - 98.9)	94.8 (91.1 - 98.5)	98.0 (97.0 - 98.9)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm	2167	86.3 (84.9 - 87.7)	86.0 (84.4 - 87.6)	86.1 (82.5 - 89.7)	84.8 (80.1 - 89.5)	85.8 (82.9 - 88.7)
Marijuana						
Percentage of students who have ever tried marijuana	2201	5.1 (4.5 - 5.8)	4.9 (4.0 - 5.7)	3.8 (2.5 - 5.2)	15.0 (7.8 - 22.2)	4.3 (2.7 - 5.9)
Percentage of students who tried marijuana for the first time before the age of 11	2201	1.3 (0.9 - 1.8)	0.8 (0.5 - 1.2)	. (. - .)	8.1 (3.5 - 12.7)	1.3 (0.6 - 1.9)
Percentage of students who used marijuana one or more times during the past 30 days	2199	2.9 (2.7 - 3.1)	2.3 (2.0 - 2.7)	. (. - .)	15.6 (7.8 - 23.4)	2.1 (1.0 - 3.2)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	2082	14.5 (13.5 - 15.6)	14.5 (13.3 - 15.6)	13.2 (10.4 - 15.9)	25.1 (18.3 - 31.8)	8.8 (6.6 - 11.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	2196	94.4 (93.9 - 94.8)	94.8 (94.2 - 95.4)	91.8 (90.2 - 93.3)	82.3 (74.8 - 89.8)	97.0 (95.3 - 98.6)
Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana	2189	96.9 (96.5 - 97.3)	97.4 (96.9 - 97.8)	97.0 (94.7 - 99.2)	94.2 (90.8 - 97.6)	97.5 (96.4 - 98.6)
Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days	2162	15.4 (13.3 - 17.6)	15.4 (12.8 - 18.0)	12.0 (8.4 - 15.7)	26.9 (18.9 - 34.8)	11.8 (8.6 - 15.1)
Among students who used marijuana in the past 30 days, the percentage who smoked it	70	74.7 (68.9 - 80.4)	78.7 (73.2 - 84.2)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who ate it	70	46.9 (36.6 - 57.2)	38.2 (25.6 - 50.8)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it	70	56.8 (49.1 - 64.6)	59.8 (51.8 - 67.7)	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it	70	47.4 (36.9 - 57.8)	35.6 (24.4 - 46.7)	. (. - .)	. (. - .)	. (. - .)
Prescription Pain Medication						
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it	2176	6.1 (5.3 - 6.8)	5.0 (4.0 - 6.0)	4.0 (1.4 - 6.7)	20.2 (15.0 - 25.4)	7.7 (4.2 - 11.2)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	2176	4.3 (3.6 - 5.1)	3.6 (2.7 - 4.4)	1.5 (0.3 - 2.7)	18.5 (14.5 - 22.4)	5.2 (3.0 - 7.4)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them	2096	21.7 (19.6 - 23.8)	19.3 (17.0 - 21.5)	23.2 (18.0 - 28.3)	41.3 (34.8 - 47.9)	26.7 (20.4 - 33.0)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	2199	92.3 (91.6 - 92.9)	93.1 (92.3 - 93.9)	91.2 (88.5 - 94.0)	83.2 (77.2 - 89.2)	89.9 (84.9 - 94.9)
Nutrition						
Percentage of students who ate fruit one or more times per day in the past 7 days	2205	65.4 (61.2 - 69.6)	65.8 (62.2 - 69.4)	66.5 (57.6 - 75.3)	71.1 (59.0 - 83.2)	65.3 (55.5 - 75.0)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days	2189	68.6 (64.7 - 72.5)	69.2 (65.3 - 73.2)	66.5 (61.3 - 71.7)	72.1 (58.9 - 85.3)	74.1 (67.8 - 80.4)

Health Measures*	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Not Sure % (95% CI)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days	2192	12.3 (10.6 - 14.1)	12.6 (10.8 - 14.3)	9.6 (6.3 - 12.8)	12.2 (6.6 - 17.8)	7.9 (5.9 - 9.9)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days	2124	60.7 (57.3 - 64.1)	63.0 (60.3 - 65.6)	57.6 (52.4 - 62.8)	54.8 (44.2 - 65.5)	50.0 (44.4 - 55.7)
Percentage of students who ate breakfast on all of the past 7 days	2180	51.0 (48.6 - 53.4)	51.9 (49.7 - 54.0)	43.4 (34.6 - 52.2)	28.2 (21.5 - 34.9)	53.8 (48.3 - 59.4)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	2172	8.3 (7.2 - 9.5)	8.4 (7.1 - 9.7)	6.9 (3.3 - 10.6)	22.1 (13.1 - 31.2)	4.0 (2.3 - 5.7)
Physical Activity						
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days	2131	62.5 (59.6 - 65.4)	65.6 (61.8 - 69.4)	54.4 (50.3 - 58.5)	54.1 (44.4 - 63.8)	58.4 (52.3 - 64.5)
Percentage of students who spent 3+ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork	2133	44.6 (40.5 - 48.7)	45.6 (41.3 - 49.9)	47.1 (39.8 - 54.4)	62.0 (55.5 - 68.5)	33.6 (22.7 - 44.5)
Body Image & Eating Disorders						
Percentage of students who most of the time or always felt confident with their body image during the past 30 days	2090	54.9 (52.7 - 57.1)	57.5 (55.3 - 59.7)	49.6 (45.4 - 53.8)	25.7 (18.0 - 33.3)	51.4 (45.2 - 57.5)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days	2060	29.9 (28.1 - 31.7)	27.2 (25.3 - 29.1)	37.6 (31.4 - 43.8)	67.5 (57.3 - 77.6)	30.7 (24.6 - 36.8)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days	2075	13.3 (11.1 - 15.6)	11.3 (9.2 - 13.4)	18.0 (13.7 - 22.2)	35.8 (29.3 - 42.2)	15.3 (11.6 - 19.0)
Home Life						
Percentage of students who usually or definitely feel safe in their neighborhood	2139	95.0 (94.1 - 95.9)	96.3 (95.7 - 96.9)	97.3 (96.2 - 98.3)	89.4 (84.8 - 93.9)	91.0 (88.9 - 93.1)
Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week	2071	11.3 (10.5 - 12.0)	10.2 (9.5 - 11.0)	16.0 (12.9 - 19.2)	26.2 (21.1 - 31.2)	8.2 (4.3 - 12.0)
School & Community						
Percentage of students who agree or strongly agree that they belong at their school	2122	73.8 (70.9 - 76.8)	79.2 (76.5 - 82.0)	65.7 (59.4 - 72.1)	40.6 (30.8 - 50.4)	54.9 (48.9 - 60.9)
Percentage of students who usually or definitely feel safe at school	2117	89.9 (88.7 - 91.1)	92.1 (90.8 - 93.3)	85.9 (81.2 - 90.6)	67.2 (62.5 - 71.8)	89.3 (86.5 - 92.1)
Percentage of students who usually or definitely think their grades are better than most students in class	2089	69.8 (66.4 - 73.1)	70.5 (67.5 - 73.5)	68.7 (60.0 - 77.4)	61.6 (54.0 - 69.2)	70.8 (64.4 - 77.2)
Percentage of students who think it is important or very important to finish high school	2124	96.9 (96.3 - 97.4)	97.4 (96.8 - 97.9)	98.0 (96.3 - 99.7)	93.3 (89.4 - 97.2)	97.5 (96.1 - 99.0)
Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months	2039	29.6 (18.1 - 41.0)	30.8 (19.2 - 42.4)	23.1 (14.9 - 31.3)	15.9 (11.5 - 20.4)	27.6 (18.6 - 36.6)
Percentage of students who talked to a teacher about their future plans after high school in the past 12 months	2039	32.3 (24.1 - 40.6)	33.4 (24.4 - 42.4)	31.9 (28.1 - 35.8)	27.7 (21.6 - 33.8)	33.4 (23.6 - 43.3)
Percentage of students who talked to an administrator about their future plans after high school in the past 12 months	2039	7.8 (5.7 - 10.0)	8.3 (6.2 - 10.5)	10.2 (4.7 - 15.7)	. (. - .)	5.4 (2.5 - 8.2)

Health Measures*	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Not Sure % (95% CI)
Percentage of students who talked to a coach about their future plans after high school in the past 12 months	2039	7.9 (6.8 - 9.0)	9.1 (8.0 - 10.1)	7.4 (5.1 - 9.8)	. (. - .)	4.1 (1.4 - 6.8)
Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months	2039	6.7 (5.4 - 8.0)	6.0 (4.9 - 7.1)	12.2 (5.5 - 18.8)	5.6 (2.3 - 9.0)	8.4 (5.6 - 11.1)
Percentage of students who participated in sports (team or individual) during the past 12 months	2060	61.1 (59.3 - 63.0)	64.9 (62.7 - 67.0)	59.1 (53.4 - 64.8)	28.8 (21.0 - 36.5)	58.0 (53.0 - 63.1)
Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months	2060	80.6 (78.5 - 82.7)	79.7 (77.4 - 82.0)	87.6 (84.6 - 90.6)	77.4 (73.8 - 81.0)	85.0 (81.1 - 88.8)
Percentage of students who had paid employment during the past 12 months	2060	4.3 (3.8 - 4.8)	4.4 (4.1 - 4.8)	5.4 (1.3 - 9.4)	. (. - .)	3.7 (2.1 - 5.3)
Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months	2060	22.8 (20.5 - 25.1)	21.4 (19.2 - 23.5)	25.2 (21.4 - 29.0)	32.0 (23.0 - 41.0)	23.9 (21.3 - 26.6)
Other Health Topics						
Percentage of students who usually slept somewhere other than their home during the past 30 days	2076	5.6 (4.7 - 6.5)	5.0 (4.1 - 5.9)	6.7 (4.2 - 9.1)	9.3 (4.5 - 14.2)	5.5 (3.7 - 7.3)
Percentage of students who sleep 8 or more hours per night on average school nights	2075	67.2 (64.8 - 69.5)	70.4 (68.6 - 72.3)	62.2 (53.0 - 71.4)	37.3 (32.4 - 42.1)	57.5 (52.8 - 62.2)
Percentage of students who never or rarely wear a seat belt while riding in a car	2071	3.0 (2.5 - 3.4)	2.3 (1.9 - 2.7)	. (. - .)	7.7 (2.9 - 12.5)	2.6 (1.0 - 4.2)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	1997	10.3 (9.4 - 11.2)	9.9 (9.0 - 10.9)	10.7 (7.2 - 14.1)	12.7 (6.3 - 19.1)	9.7 (7.8 - 11.6)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member	1960	10.8 (9.7 - 11.9)	10.3 (9.0 - 11.6)	10.1 (7.1 - 13.0)	14.4 (5.8 - 23.0)	13.6 (9.7 - 17.5)
Percentage of students who had ever been told by a doctor or nurse that they had asthma	2052	12.6 (11.4 - 13.8)	11.6 (10.2 - 13.0)	14.4 (9.8 - 19.0)	15.9 (6.9 - 24.9)	13.9 (10.4 - 17.3)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months	2048	3.8 (3.4 - 4.2)	3.0 (2.5 - 3.5)	3.2 (1.7 - 4.8)	11.4 (3.5 - 19.2)	5.0 (3.6 - 6.4)
Extra Questions						
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1927	77.0 (76.1 - 77.8)	77.1 (76.3 - 77.9)	75.5 (70.7 - 80.2)	68.1 (63.2 - 73.1)	77.0 (73.1 - 80.9)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways	1920	85.5 (84.3 - 86.7)	86.3 (84.9 - 87.7)	81.6 (78.1 - 85.2)	73.3 (67.9 - 78.7)	85.2 (80.0 - 90.4)
Percentage of students who think people who smoke marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1917	81.3 (79.4 - 83.3)	82.8 (80.4 - 85.2)	75.0 (70.0 - 79.9)	58.8 (53.5 - 64.2)	85.0 (79.0 - 90.9)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways	1911	85.6 (84.0 - 87.1)	86.8 (85.5 - 88.2)	82.7 (78.1 - 87.2)	75.3 (69.2 - 81.5)	81.8 (79.0 - 84.7)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day	1910	95.9 (95.3 - 96.4)	96.3 (95.9 - 96.6)	92.7 (90.3 - 95.0)	95.5 (91.7 - 99.3)	97.9 (97.0 - 98.8)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco	1912	97.4 (97.0 - 97.8)	97.4 (97.1 - 97.8)	98.2 (97.0 - 99.5)	95.5 (91.7 - 99.3)	98.6 (97.8 - 99.5)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them	1900	96.4 (96.0 - 96.9)	96.8 (96.3 - 97.4)	98.2 (97.0 - 99.5)	95.5 (91.7 - 99.3)	95.5 (93.5 - 97.4)

Health Measures*	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Not Sure % (95% CI)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day	1904	89.4 (88.4 - 90.4)	89.4 (88.4 - 90.3)	91.1 (88.0 - 94.2)	85.2 (78.1 - 92.2)	88.8 (85.7 - 91.9)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco	1903	91.3 (90.0 - 92.7)	91.5 (89.9 - 93.1)	93.7 (90.8 - 96.6)	79.5 (70.7 - 88.4)	89.6 (86.1 - 93.2)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke marijuana	1901	88.4 (86.7 - 90.1)	88.3 (86.5 - 90.1)	91.7 (88.2 - 95.2)	77.0 (68.5 - 85.6)	87.6 (84.1 - 91.0)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them	1886	91.7 (91.0 - 92.3)	92.5 (91.8 - 93.2)	92.0 (90.3 - 93.7)	83.9 (78.1 - 89.7)	88.1 (85.4 - 90.8)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days	1968	2.5 (2.0 - 3.0)	1.7 (1.3 - 2.0)	. (. - .)	10.8 (5.0 - 16.6)	2.7 (1.3 - 4.1)

*Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students.
In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

**Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

***Students included in "Another activity" selected this response on the survey and had the option to write in their answer.

2023 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures*	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not Sure % (95% CI)
Bullying					
Percentage of students who have ever been bullied on school property during the past 12 months	2140	21.9 (19.6 - 24.3)	20.2 (17.9 - 22.5)	52.7 (45.2 - 60.2)	51.9 (44.2 - 59.6)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months	494	56.6 (52.8 - 60.3)	55.4 (50.0 - 60.8)	. (. - .)	59.1 (44.4 - 73.8)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months	494	46.3 (42.8 - 49.8)	45.4 (41.3 - 49.4)	. (. - .)	51.9 (45.0 - 58.9)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months	494	17.3 (14.8 - 19.9)	15.0 (13.2 - 16.9)	. (. - .)	30.7 (17.4 - 44.0)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months	494	33.1 (30.6 - 35.6)	31.9 (28.9 - 34.9)	. (. - .)	30.1 (18.8 - 41.4)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months	494	11.5 (9.9 - 13.1)	8.7 (7.6 - 9.9)	. (. - .)	31.2 (21.5 - 40.8)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months	494	18.0 (15.8 - 20.2)	14.6 (12.9 - 16.3)	. (. - .)	41.6 (23.5 - 59.6)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months	494	23.6 (21.0 - 26.2)	22.1 (19.2 - 24.9)	. (. - .)	36.3 (23.7 - 48.9)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months	494	31.1 (27.7 - 34.6)	29.6 (26.7 - 32.4)	. (. - .)	31.2 (20.1 - 42.3)
Percentage of students who had ever been electronically bullied during the past 12 months	2249	11.8 (10.0 - 13.5)	10.7 (8.8 - 12.5)	34.2 (27.9 - 40.5)	26.6 (21.0 - 32.3)
Among students who were teased in the past 12 months, the percentage who were teased because of sexual orientation	418	14.5 (12.7 - 16.4)	10.2 (9.3 - 11.1)	44.2 (25.2 - 63.2)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of gender identity	418	14.3 (12.8 - 15.7)	6.9 (6.0 - 7.8)	61.4 (47.2 - 75.5)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of religion	418	12.4 (10.7 - 14.0)	12.1 (10.4 - 13.8)	17.5 (6.8 - 28.3)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of disability	418	12.8 (9.8 - 15.8)	11.5 (8.1 - 15.0)	23.4 (11.1 - 35.7)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of physical appearance	418	70.2 (67.7 - 72.7)	73.2 (69.7 - 76.7)	44.1 (34.9 - 53.3)	. (. - .)
Among students who were teased in the past 12 months, the percentage who were teased because of race or ethnicity	418	29.0 (26.2 - 31.8)	28.9 (25.8 - 32.1)	26.7 (18.1 - 35.3)	. (. - .)
Percentage of students who saw someone else being bullied on school property in the past 30 days	2224	35.4 (31.7 - 39.1)	35.0 (31.4 - 38.5)	51.4 (45.0 - 57.8)	45.5 (35.2 - 55.8)

Health Measures*	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not Sure % (95% CI)
Violence					
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	2273	13.5 (12.4 - 14.7)	13.0 (11.9 - 14.0)	32.3 (24.4 - 40.2)	24.7 (18.6 - 30.7)
Percentage of students who were in a physical fight one or more times during the past 12 months	2235	19.9 (17.8 - 22.0)	19.1 (16.4 - 21.7)	38.7 (29.8 - 47.5)	26.3 (13.1 - 39.6)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with	829	9.6 (8.4 - 10.8)	8.4 (7.1 - 9.6)	. (. - .)	. (. - .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with	832	16.9 (14.9 - 18.9)	16.0 (14.3 - 17.8)	. (. - .)	. (. - .)
Mental Health					
Percentage of students who agree or strongly agree their stress level is manageable most days	2273	58.6 (55.0 - 62.2)	60.2 (56.9 - 63.4)	22.0 (15.5 - 28.4)	30.5 (17.9 - 43.0)
Percentage of students who most of the time or always had poor mental health during the past 30 days	2248	21.2 (19.3 - 23.1)	19.9 (18.4 - 21.4)	63.1 (55.8 - 70.5)	39.7 (23.6 - 55.9)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months	2237	11.4 (10.2 - 12.7)	10.0 (8.9 - 11.0)	46.2 (35.3 - 57.1)	32.5 (25.6 - 39.5)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities	2233	19.7 (18.4 - 21.1)	18.4 (17.1 - 19.6)	50.8 (44.1 - 57.4)	42.8 (34.6 - 50.9)
Percentage of students who ever seriously thought about killing themselves	2229	14.9 (13.6 - 16.2)	13.4 (12.4 - 14.4)	53.6 (43.7 - 63.4)	33.7 (21.4 - 46.0)
Percentage of students who ever made a plan about how they would kill themselves	2226	11.5 (9.4 - 13.5)	10.4 (8.8 - 11.9)	41.9 (27.5 - 56.2)	32.2 (19.7 - 44.8)
Percentage of students who ever tried to kill themselves	2226	4.4 (3.6 - 5.3)	3.5 (3.0 - 4.0)	31.8 (15.5 - 48.1)	16.7 (9.3 - 24.0)
Percentage of students who have an adult to go to for help with a serious problem	2255	74.6 (72.2 - 77.1)	75.9 (73.8 - 78.0)	47.6 (37.5 - 57.8)	58.9 (49.4 - 68.4)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	2252	56.4 (54.0 - 58.7)	57.8 (55.6 - 59.9)	40.4 (31.0 - 49.8)	35.0 (28.1 - 42.0)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months	2226	27.4 (24.3 - 30.4)	26.9 (24.3 - 29.6)	58.8 (48.2 - 69.4)	32.0 (21.1 - 42.9)
Percentage of students who would tell their parents or guardians if they were concerned about their own or someone else's well-being or mental health	2143	64.2 (61.9 - 66.5)	65.3 (62.6 - 68.0)	36.8 (29.2 - 44.4)	45.7 (39.0 - 52.4)
Percentage of students who would tell another trusted adult (who is not their parents or guardians) if they were concerned about their own or someone else's well-being or mental health	2143	52.8 (51.5 - 54.2)	53.4 (51.9 - 54.9)	39.8 (29.5 - 50.1)	38.4 (33.2 - 43.7)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health	2143	33.5 (32.5 - 34.6)	34.4 (33.3 - 35.6)	21.2 (16.1 - 26.2)	27.0 (21.3 - 32.7)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health	2143	33.6 (30.9 - 36.3)	34.0 (31.3 - 36.8)	34.2 (22.9 - 45.4)	33.6 (27.6 - 39.5)

Health Measures*	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not Sure % (95% CI)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health	2143	16.4 (14.8 - 18.1)	16.1 (14.6 - 17.6)	21.2 (12.7 - 29.7)	25.1 (19.9 - 30.4)
Percentage of students who have ever experienced the death of a family member or close friend	2254	64.8 (62.0 - 67.6)	64.6 (62.0 - 67.3)	73.3 (65.4 - 81.3)	68.1 (54.2 - 82.1)
Racism					
Percentage who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	2088	5.5 (4.9 - 6.1)	5.2 (4.6 - 5.9)	20.3 (15.1 - 25.5)	4.9 (1.5 - 8.4)
Percentage who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	2088	2.7 (2.3 - 3.1)	2.3 (2.0 - 2.7)	18.1 (13.7 - 22.6)	. (. - .)
Percentage who were assumed less intelligent because of their race or ethnicity in the past 12 months	2088	3.5 (2.8 - 4.3)	3.3 (2.6 - 3.9)	16.1 (8.2 - 24.0)	5.1 (2.5 - 7.8)
Percentage who saw family members treated unfairly because of their race or ethnicity in the past 12 months	2088	4.8 (4.4 - 5.2)	4.6 (4.1 - 5.1)	15.7 (9.0 - 22.5)	. (. - .)
Alcohol					
Percentage of students who have ever had a drink of alcohol other than a few sips	2194	21.1 (19.9 - 22.2)	20.6 (19.4 - 21.8)	39.7 (33.1 - 46.3)	23.4 (15.5 - 31.3)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	2194	11.5 (10.6 - 12.5)	10.9 (10.1 - 11.8)	31.3 (23.8 - 38.7)	18.4 (9.4 - 27.5)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	2219	5.3 (4.4 - 6.2)	5.0 (4.1 - 5.9)	20.8 (13.1 - 28.5)	5.9 (2.6 - 9.1)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	2099	31.4 (28.8 - 34.0)	31.4 (28.9 - 33.9)	53.0 (46.1 - 59.9)	25.6 (15.3 - 35.8)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	2207	91.1 (90.6 - 91.5)	91.4 (90.8 - 92.1)	73.0 (64.6 - 81.4)	89.0 (79.9 - 98.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	2201	92.0 (91.1 - 92.8)	92.6 (91.8 - 93.4)	77.9 (72.2 - 83.7)	85.3 (75.1 - 95.5)
Percentage of students who thought 5 or more out of every 10 students in their grade drank alcohol in the past 30 days	2170	14.9 (13.4 - 16.5)	14.8 (12.9 - 16.8)	28.8 (21.0 - 36.5)	16.2 (8.6 - 23.8)
Tobacco					
Percentage of students who have ever smoked a cigarette, even one or two puffs	2205	5.0 (4.3 - 5.7)	4.6 (3.8 - 5.4)	21.1 (13.5 - 28.7)	4.9 (2.1 - 7.8)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	2205	2.4 (2.0 - 2.9)	1.9 (1.5 - 2.4)	17.6 (9.1 - 26.1)	4.9 (2.1 - 7.8)
Percentage of students who smoked cigarettes on one or more of the past 30 days	2222	1.7 (1.3 - 2.0)	1.2 (0.9 - 1.4)	19.8 (12.2 - 27.5)	4.0 (1.1 - 6.8)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	2109	15.8 (14.7 - 16.9)	15.3 (14.1 - 16.5)	31.0 (22.2 - 39.9)	22.3 (17.1 - 27.5)

Health Measures*	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not Sure % (95% CI)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	2203	97.2 (96.8 - 97.6)	97.6 (97.3 - 98.0)	84.3 (76.2 - 92.4)	96.0 (93.1 - 98.8)
Percentage of students who have ever used an electronic vapor product	2211	8.4 (6.3 - 10.5)	8.3 (5.9 - 10.7)	18.9 (13.5 - 24.3)	6.3 (3.4 - 9.3)
Percentage of students who used electronic vapor products for the first time before age 11	2211	2.7 (2.2 - 3.1)	2.4 (1.8 - 2.9)	16.1 (10.6 - 21.6)	4.0 (1.1 - 6.8)
Percentage of students who used an electronic vapor product in the past 30 days	2214	3.6 (3.0 - 4.3)	3.3 (2.5 - 4.1)	15.5 (8.7 - 22.4)	4.9 (2.1 - 7.7)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	2108	27.2 (25.4 - 29.1)	27.0 (24.8 - 29.3)	41.7 (31.9 - 51.5)	27.0 (19.1 - 34.8)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	2205	94.1 (93.3 - 94.9)	94.6 (93.7 - 95.5)	75.1 (62.3 - 88.0)	95.9 (92.9 - 98.9)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	2200	97.5 (97.0 - 98.1)	98.0 (97.5 - 98.5)	84.0 (75.4 - 92.5)	96.0 (93.1 - 98.8)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm	2167	86.3 (84.9 - 87.7)	86.4 (84.9 - 87.8)	84.9 (80.7 - 89.1)	83.9 (75.3 - 92.5)
Marijuana					
Percentage of students who have ever tried marijuana	2201	5.1 (4.5 - 5.8)	4.7 (3.9 - 5.6)	22.3 (14.9 - 29.7)	5.0 (2.2 - 7.8)
Percentage of students who tried marijuana for the first time before the age of 11	2201	1.3 (0.9 - 1.8)	0.8 (0.6 - 1.0)	18.4 (11.8 - 25.0)	4.1 (1.2 - 6.9)
Percentage of students who used marijuana one or more times during the past 30 days	2199	2.9 (2.7 - 3.1)	2.4 (2.0 - 2.8)	20.4 (11.4 - 29.4)	4.1 (1.2 - 6.9)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	2082	14.5 (13.5 - 15.6)	14.1 (12.9 - 15.4)	33.0 (23.3 - 42.7)	17.5 (11.0 - 23.9)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	2196	94.4 (93.9 - 94.8)	94.7 (94.1 - 95.3)	73.3 (62.0 - 84.7)	94.8 (91.7 - 97.8)
Percentage of students who think their parents or guardians feel it is wrong or very wrong if they used marijuana	2189	96.9 (96.5 - 97.3)	97.3 (96.9 - 97.8)	86.3 (77.4 - 95.2)	94.8 (91.9 - 97.8)
Percentage of students who thought 5 or more out of every 10 students in their grade used marijuana in the past 30 days	2162	15.4 (13.3 - 17.6)	15.0 (12.4 - 17.5)	36.2 (30.4 - 42.0)	24.4 (12.8 - 36.0)
Among students who used marijuana in the past 30 days, the percentage who smoked it	70	74.7 (68.9 - 80.4)	74.9 (67.8 - 82.1)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who ate it	70	46.9 (36.6 - 57.2)	38.1 (27.5 - 48.6)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it	70	56.8 (49.1 - 64.6)	52.8 (44.4 - 61.3)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it	70	47.4 (36.9 - 57.8)	42.4 (31.2 - 53.6)	. (. - .)	. (. - .)

Health Measures*	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not Sure % (95% CI)
Prescription Pain Medication					
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it	2176	6.1 (5.3 - 6.8)	5.5 (4.8 - 6.2)	25.6 (13.5 - 37.6)	8.7 (4.4 - 13.0)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	2176	4.3 (3.6 - 5.1)	3.8 (3.2 - 4.4)	23.2 (12.5 - 33.8)	6.9 (3.3 - 10.4)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them	2096	21.7 (19.6 - 23.8)	20.7 (18.5 - 22.9)	53.2 (41.4 - 64.9)	33.9 (22.4 - 45.3)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	2199	92.3 (91.6 - 92.9)	92.8 (91.9 - 93.7)	66.6 (52.1 - 81.0)	89.0 (86.2 - 91.7)
Nutrition					
Percentage of students who ate fruit one or more times per day in the past 7 days	2205	65.4 (61.2 - 69.6)	65.8 (61.4 - 70.1)	58.3 (44.6 - 72.1)	57.3 (46.3 - 68.4)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days	2189	68.6 (64.7 - 72.5)	68.8 (64.8 - 72.8)	55.1 (41.8 - 68.4)	65.8 (59.6 - 71.9)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days	2192	12.3 (10.6 - 14.1)	12.0 (10.0 - 13.9)	25.5 (15.9 - 35.1)	14.5 (9.7 - 19.2)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times in the past 7 days	2124	60.7 (57.3 - 64.1)	61.5 (58.4 - 64.6)	49.6 (38.8 - 60.3)	46.3 (35.6 - 57.1)
Percentage of students who ate breakfast on all of the past 7 days	2180	51.0 (48.6 - 53.4)	51.8 (49.3 - 54.3)	26.5 (16.3 - 36.7)	42.2 (36.2 - 48.1)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	2172	8.3 (7.2 - 9.5)	8.0 (6.7 - 9.4)	23.3 (15.2 - 31.5)	7.0 (3.7 - 10.2)
Physical Activity					
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days	2131	62.5 (59.6 - 65.4)	63.5 (60.8 - 66.3)	36.0 (26.3 - 45.8)	54.5 (39.7 - 69.3)
Percentage of students who spent 3+ hours in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork	2133	44.6 (40.5 - 48.7)	44.4 (40.0 - 48.8)	59.2 (50.3 - 68.1)	51.5 (45.0 - 57.9)
Body Image & Eating Disorders					
Percentage of students who most of the time or always felt confident with their body image during the past 30 days	2090	54.9 (52.7 - 57.1)	55.9 (53.7 - 58.2)	33.6 (26.5 - 40.8)	43.8 (38.5 - 49.2)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days	2060	29.9 (28.1 - 31.7)	28.9 (27.0 - 30.9)	71.2 (62.7 - 79.7)	42.8 (37.0 - 48.6)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days	2075	13.3 (11.1 - 15.6)	12.4 (10.2 - 14.6)	33.0 (23.3 - 42.6)	26.8 (20.7 - 32.8)
Home Life					

Health Measures*	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not Sure % (95% CI)
Percentage of students who usually or definitely feel safe in their neighborhood	2139	95.0 (94.1 - 95.9)	95.8 (95.2 - 96.5)	77.6 (68.9 - 86.3)	84.0 (71.5 - 96.6)
Percentage of students who provide care for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own one or more days per week	2071	11.3 (10.5 - 12.0)	11.1 (10.3 - 11.9)	22.8 (17.7 - 27.8)	10.4 (5.7 - 15.1)
School & Community					
Percentage of students who agree or strongly agree that they belong at their school	2122	73.8 (70.9 - 76.8)	75.6 (72.7 - 78.4)	32.7 (18.9 - 46.4)	44.1 (37.6 - 50.7)
Percentage of students who usually or definitely feel safe at school	2117	89.9 (88.7 - 91.1)	90.9 (89.7 - 92.0)	54.7 (45.2 - 64.2)	81.1 (72.3 - 89.9)
Percentage of students who usually or definitely think their grades are better than most students in class	2089	69.8 (66.4 - 73.1)	70.5 (67.2 - 73.8)	61.7 (53.1 - 70.2)	51.4 (46.3 - 56.5)
Percentage of students who think it is important or very important to finish high school	2124	96.9 (96.3 - 97.4)	97.3 (96.8 - 97.8)	79.4 (73.6 - 85.2)	93.8 (90.2 - 97.4)
Percentage of students who talked to a school counselor about their future plans after high school in the past 12 months	2039	29.6 (18.1 - 41.0)	30.2 (18.4 - 42.0)	23.8 (14.8 - 32.8)	22.3 (11.5 - 33.2)
Percentage of students who talked to a teacher about their future plans after high school in the past 12 months	2039	32.3 (24.1 - 40.6)	33.0 (24.6 - 41.3)	33.7 (27.6 - 39.8)	23.4 (10.7 - 36.1)
Percentage of students who talked to an administrator about their future plans after high school in the past 12 months	2039	7.8 (5.7 - 10.0)	8.1 (5.8 - 10.5)	6.0 (2.1 - 9.8)	. (. - .)
Percentage of students who talked to a coach about their future plans after high school in the past 12 months	2039	7.9 (6.8 - 9.0)	8.4 (7.3 - 9.5)	. (. - .)	. (. - .)
Percentage of students who talked to another school staff member (who is not a school counselor, teacher, administrator, or coach) about their future plans after high school in the past 12 months	2039	6.7 (5.4 - 8.0)	6.0 (5.2 - 6.8)	18.2 (9.8 - 26.5)	15.7 (2.1 - 29.2)
Percentage of students who participated in sports (team or individual) during the past 12 months	2060	61.1 (59.3 - 63.0)	61.8 (60.1 - 63.5)	46.9 (39.1 - 54.6)	45.1 (33.5 - 56.6)
Percentage of students who participated in sports, band, drama, clubs, or student government at school during the past 12 months	2060	80.6 (78.5 - 82.7)	80.4 (78.2 - 82.6)	78.6 (72.8 - 84.4)	79.4 (75.1 - 83.6)
Percentage of students who had paid employment during the past 12 months	2060	4.3 (3.8 - 4.8)	4.2 (3.6 - 4.8)	7.8 (3.0 - 12.6)	7.3 (3.7 - 10.9)
Percentage of students who participated in another activity besides sports, band, drama, clubs, student government, or paid employment during the past 12 months	2060	22.8 (20.5 - 25.1)	22.1 (20.1 - 24.2)	23.8 (16.9 - 30.8)	46.2 (35.8 - 56.6)
Other Health Topics					
Percentage of students who usually slept somewhere other than their home during the past 30 days	2076	5.6 (4.7 - 6.5)	5.1 (4.3 - 5.9)	29.0 (22.8 - 35.3)	7.8 (4.3 - 11.4)
Percentage of students who sleep 8 or more hours per night on average school nights	2075	67.2 (64.8 - 69.5)	68.7 (66.7 - 70.8)	36.3 (26.1 - 46.6)	35.1 (30.0 - 40.2)
Percentage of students who never or rarely wear a seat belt while riding in a car	2071	3.0 (2.5 - 3.4)	2.4 (2.0 - 2.7)	18.0 (9.7 - 26.3)	7.0 (3.6 - 10.4)

Health Measures*	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not Sure % (95% CI)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	1997	10.3 (9.4 - 11.2)	9.8 (8.7 - 11.0)	22.9 (16.1 - 29.8)	16.4 (9.3 - 23.4)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member	1960	10.8 (9.7 - 11.9)	10.2 (8.8 - 11.5)	28.8 (22.3 - 35.2)	21.4 (12.1 - 30.7)
Percentage of students who had ever been told by a doctor or nurse that they had asthma	2052	12.6 (11.4 - 13.8)	12.5 (11.2 - 13.7)	23.3 (13.7 - 32.9)	15.1 (10.0 - 20.3)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months	2048	3.8 (3.4 - 4.2)	3.0 (2.5 - 3.5)	27.2 (16.8 - 37.6)	8.2 (4.7 - 11.8)
Extra Questions					
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1927	77.0 (76.1 - 77.8)	77.3 (76.2 - 78.4)	64.1 (52.5 - 75.7)	73.0 (63.1 - 82.8)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways	1920	85.5 (84.3 - 86.7)	86.2 (85.0 - 87.3)	66.2 (53.7 - 78.8)	80.4 (73.5 - 87.3)
Percentage of students who think people who smoke marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways	1917	81.3 (79.4 - 83.3)	82.0 (80.0 - 83.9)	57.6 (43.3 - 72.0)	79.7 (71.5 - 87.9)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways	1911	85.6 (84.0 - 87.1)	86.2 (84.8 - 87.5)	70.1 (55.1 - 85.2)	82.8 (75.4 - 90.3)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day	1910	95.9 (95.3 - 96.4)	96.2 (95.8 - 96.7)	80.0 (70.9 - 89.2)	95.2 (92.0 - 98.4)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco	1912	97.4 (97.0 - 97.8)	97.7 (97.5 - 98.0)	86.3 (78.7 - 93.9)	95.2 (92.0 - 98.4)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them	1900	96.4 (96.0 - 96.9)	96.8 (96.4 - 97.2)	81.7 (74.1 - 89.3)	94.0 (90.7 - 97.2)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day	1904	89.4 (88.4 - 90.4)	89.9 (88.7 - 91.0)	70.3 (64.0 - 76.6)	86.9 (80.6 - 93.1)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco	1903	91.3 (90.0 - 92.7)	91.7 (90.1 - 93.3)	77.2 (70.5 - 83.9)	89.1 (82.5 - 95.8)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke marijuana	1901	88.4 (86.7 - 90.1)	88.8 (86.9 - 90.7)	72.4 (65.2 - 79.5)	83.7 (77.6 - 89.7)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them	1886	91.7 (91.0 - 92.3)	92.4 (91.8 - 93.0)	62.8 (50.9 - 74.7)	86.4 (80.4 - 92.5)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days	1968	2.5 (2.0 - 3.0)	1.9 (1.6 - 2.3)	18.7 (12.3 - 25.2)	8.3 (4.0 - 12.6)

*Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students.

In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

**Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

***Students included in "Another activity" selected this response on the survey and had the option to write in their answer.