### Double Up Partners







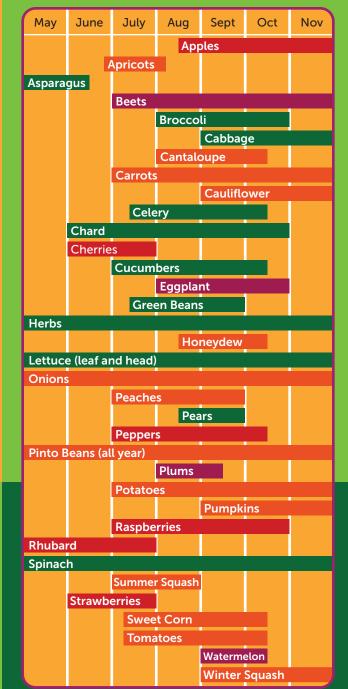






### Eat in season!

Check the market often for your favorite fruits and vegetables.





# Double Up Food Bucks

# Have SNAP?

Double Your Food Dollars! Get More Fruits and Veggies!



### At Participating Farmers Markets



Buy SNAP bucks with your SNAP EBT card at the farmers market info booth. These bucks can be used to buy any SNAP-eligible item.

Get matching Double Up Food Bucks. These bucks can be used to purchase more vegetables and fruits.

Shop. Look for vendors who accept SNAP and Double Up Food Bucks.



#### **Boulder Farmers Market**

**13th St, between Arapahoe Ave & Canyon Blvd** Saturdays 8 a.m. to 2 p.m. 1st Sat in April - 3rd Sat in November Wednesdays 3:30 to 7:30 p.m. 1st Wed in May – 1st Wed in October bcfm.org/food-access

#### Longmont Farmers Market

**Boulder County Fairgrounds, 9595 Nelson Rd** Saturdays 8 a.m. to 1 p.m. 1st Sat in April – 3rd Sat in November Winter Market: 9 a.m. to 3 p.m. 1st Sat & Sun of December bcfm.org/food-access

#### Louisville Farmers Market

824 Front St Saturdays 9 a.m. to 1 p.m. 2nd Sat in May – 2nd Sat in October realfarmersmarketco.com/louisville-farmers-market

#### **Nederland Farmers Market**

**80 E. Second St** Every other Sunday 10 a.m. to 2 p.m. May - October nederlandfarmersmarket.org



## At Participating Farm Stands

Buy fresh vegetables and fruit with your SNAP EBT card.

Get 50% off your produce purchase when you pay with your EBT card.

Shop for fresh produce every time the farm stand is open or sign up for a weekly produce box with a CSA share.

#### **Growing Gardens: Boulder**

1630 Hawthorn Ave Wednesdays 3:30 to 6:30 p.m. Last Wed in May – 3rd Wed in November growinggardens.org

#### **Growing Gardens: Longmont**

950 Lashley St Thursdays 4 to 6 p.m. 2nd Thur in July -3rd Thur in October growinggardens.org

#### Jack's Solar Garden Sprout City Farms: Longmont

8102 N. 95th St
Sign up for a weekly CSA
(community supported agriculture) box.
20 weeks July – October
sproutcityfarms.org

Healthy for you!



### Recipes

Check out these websites for easy recipes that feature local, seasonal produce

boco.org/FarmersMarketCookbook boco.org/FarmtoECERecipes

### **Learn More**

To see if you qualify for food assistance or to apply, call **303.441.1000** or visit **BoulderCountyFoodAssistance.org** To learn more about Double Up Food Bucks, call **303.441.1564** or visit **boco.org/doubleup** or **doubleupcolorado.org** 

> Double Up Food Bucks is a Nourish Colorado collaboration.

