### Mill Levy Advisory Council, BCHS

Monday, September 16<sup>th</sup>, 2024 5:00 p.m. to 7:30 p.m. Meeting Minutes

#### **ADA statement**

This document contains materials from external parties that may not be fully accessible. To request an Americans with Disability Act (ADA) accommodation, please email <u>ada@bouldercounty.gov</u>, or call 303-441-1386. <u>View the county's</u> accessibility statement.

Advisory Council Members in Attendance: Annette Treufeldt Frank, Chair, Heidi Que, Asher Johnson, Lisa Slager, Jolie Bernstein, & Teresa Greene.

Absent: Julie Marshall, Robert Enderson, Diane Cairo, & Niccolle Mascarenas

Community Members in Attendance: Kimberly DeGraff and Gaby Wienburg

**Boulder County Employees:** Rebecca Seiden, IDD Mill Levy Program Coordinator & Ally Joel, IDD Mill Levy Program Specialist

### Meeting

Meeting was held virtually through Microsoft Teams. No Public Comments were scheduled.

### **Approval of Minutes**

Heidi motioned to approve August 2024 minutes; Annette seconded. All voted in favor. Minutes were approved.

### Training: How to Be A 'Good' Tenant

Teresa Greene, Council member

### Public Awareness Subcommittee Report Out

Ally Joel, IDD Program Specialist

- Subcommittee was not able to meet for August meeting this Friday at 1pm.
- Autism Society's first gateway activity was a great success. Had greater attendance than expected, due to increased outreach efforts.

- Rebecca and Ally have an opportunity to discuss IDD/Autism/BI housing needs in Boulder County, to be featured on a well-streamed podcast called "Understanding Autism" https://understandingautism.info/
- Working A&I's IDD provider fairs Oct 8<sup>th</sup>
- Join the Ignite Adaptive Sports Team!
  - Seeking passionate volunteers to help provide adaptive skiing, snowboarding, and other outdoor activities!
  - Sign up <u>here</u>, or contact: <u>scheduler@igniteadaptivesports.org</u>

# REGISTER TODAY 2024 Inaugural Neuro-Inclusive Housing Summit



**TIME:** 7:00AM - 5:00PM

**EXAMPLE LOCATION:** 500 30TH ST. BOULDER, CO 80310

Free registration includes breakfast and lunch. *Limited to 200 guests*.

bit.ly/InclusiveHousingSummit2024









<u>ihccolorado.org</u> boco.org/IDDAdvisoryCouncil

This event is sponsored by Boulder County Human Services in partnership with the Inclusive Housing Coalition, CHFA, and IDDEAS.



ihccolorado.org boco.org/IDDAdvisoryCouncil Este evento está patrocinado por del Departamento de Servicios Humanos del Condado de Boulder en colaboración con la Coalición por una Vivienda Inclusiva, la Autoridad de vivienda y Finanzas de Colorado (CHFA) y el IDDEAS.

# **Imagine! Wellness Alliance**

We are excited to introduce a new addition to Imagine!'s Mental Health Services where our team of LCSW's, BCBA's, Psychiatrists, and Licensed Psychologists, offers a comprehensive evaluation for individuals with intellectual and/or developmental disabilities, including autism spectrum disorders and traumatic brain injuries.

We will look at every part of their mental and behavioral well-being to provide expert recommendations tailored specifically to them.

### **Getting Started:**

- **01** Fill out our referral form
- 02 Schedule evaluation appointments
- **03** Individuals will receive a personalized treatment plan that they can share with their providers.

### Scan the QR code or head to <u>bit.ly/ImagineWellnessAlliance</u> to get started

## **Community Support**

We are proud to offer this service through our partnership with Boulder County and the utilization of Mill Levy tax dollars. This funding enables us to provide these essential services and support the well-being of our community members.





Questions? Contact Us: (303) 665 - 7789 IWA@imaginecolorado.org

## **Medicaid for Waiver Services**

Waiver programs give extra Medicaid benefits to people with disabilities. These programs let them get care at home and in their community. To join, you must meet specific criteria, have the right Medicaid coverage, and go through a Level of Care Assessment. Some waivers have more steps to follow.

### Long-Term Care Medicaid

To use Medicaid waivers, you need Long-Term Services and Support Medicaid, which used to be called Long-Term Care Medicaid. This usually includes two main steps:

- You must apply for Medicaid and meet the money requirements by filling out the Application for Public Assistance. Even if you don't meet the money rules, you might still be able to "buy into" Medicaid.
- Show that you currently have a disability according to the federal definition by either filling out the Medicaid Disability application or getting SSI/SSDI benefits.

### Need Help applying?

Boulder County HHS Offices (303) 441-1000

Broomfield County HHS Office (720) 887-2200

Gilpin County HHS Office 303-582-5444

The Center for People with Disabilities 303-442-8662

IDD Mill Levy Systems Navigation 720-786-8944

Benefits in Action 720-221-8354

### What happens after you submit your applications?

The Housing and Human Services Office reviews your applications to see if you qualify financially. Your Imagine case manager will then do a Level of Care assessment and help you finish any remaining enrollment steps. Once done, you'll get an ongoing case manager, who will work with you to select and plan the services that best meet your needs.



## APPLICATION ASSISTANCE CLINICS

We know filling out applications for supports and services can be challenging.

A&I Avenues is hosting regular "Application Assistance Clinics" to help!

# Receive assistance completing:



Intake Applications Medicaid Applications Social Security Applications

### **CLINICS ARE HOSTED BY A&I AVENUES STAFF**

1<sup>st</sup> Monday each month 10:00am – 11:00am Online/Virtual

https://teams.microsoft.com Mtg 270 149 213 484 Passcode zynkRR

#### 2<sup>nd</sup> Wednesday eachmonth 1:00pm – 4:30pm Walk-In Clinic

Eldridge Conference Room 1665 Coal Creek Dr Lafayette CO 80026 **3<sup>rd</sup> Thursday each month** 5:30pm – 6:30pm Online/Virtual

https://teams.microsoft.com Mtg 252 200 549 265 Passcode aZcXwh



For more information: 2 303.439.7011 www.aiavenues.org



## CLINICA DE ASISTENCIA PARA APLICACIONES

Sabemos que llenar aplicaciones para apoyo y servicios puede ser dificil.

A&I Avenues ha creado las "Clinicas de Asistencia" para guiarle en el proceso!



# Reciba asistencia para copmletar:

Aplicaciones de admisión Aplicaciones de Medicaid Aplicaciones de Seguro Social

### LAS CLÍNICAS ESTÁN DISPONIBLES:

El primer lunes 10:00am – 11:00am En linea

https://teams.microsoft.com ID de reunión: 270 149 213 484 contraseña: zynkRR El segundo miércoles 1:00pm – 4:30pm En persona

Eldridge Conference Room 1665 Coal Creek Dr Lafayette CO 80026 El tercerjueves 5:30pm – 6:30pm En linea

https://teams.microsoft.com ID de reunión: 252 200 549 265 contraseña: aZcXwh

No necesita reservaciòn!

Para mas informaciòn: 2 303.439.7011 www.aiavenues.org

### **IDD Mill Levy Updates**

Rebecca Seiden

- Developing a new RFP for January 1<sup>st</sup> of 2026,
- Webinar Collaboration with IHC: Rebecca will be presenting on Systems Navigation, and the two newly created housing navigation positions at IHC's upcoming webinar in addition to Bayaud. Rebecca will also participate as a panelist at the housing summit.
- **Open Enrollment Announcement**: November will feature open enrollment for new positions. Please spread the word to your networks.
- Summit Updates:
  - $\circ$  An ideation session was conducted on September 5<sup>th</sup>.
  - **Purpose:** Explore how we create an intentional, supportive, dignified, integrated, affordable, multi-generational, accessible, technologically-rich housing community offering choice and supportive amenities for our neighbors with I/DD with higher needs.
  - **Barriers:** Need for true systems integration housing, services, care, health Financing
    - Cost of building, limitations of existing funds (LIHTC can't cover all necessary costs)
    - Need for funding for services and programing
    - Cost of supportive technologies
    - Lack of flexibility in how funds can be used
    - Need for more vouchers (project based preferred and tenant based also helpful)
    - Broaden scope and definitions of all vouchers
      - Demonstration project
      - Referral agencies
      - Transitioning from family home or host home
  - Workforce
    - Lack of trained staff
    - Wages
    - Labor law challenging (overnight, awake)

### • **Regulations**

- Rental subsidies (811, CAT, etc.) prioritize chronically homeless
- Regulations (voucher programs, Fair Housing, etc.) with the intention to prohibit concentration conflicts with the benefits of supportive, intentional community living
- SLS and DD waivers need to work better together
- Intention of Settings Rule negates creative, varied solutions and options/assumes what people need and want

### • Other

- Access to primary care (physical and mental) challenging financially, scaling
- Burnout of caregivers
- Acceptance of unpaid natural supports (parents, siblings)Complexity of rules and programs
- Reality that this is continued care for life
- Arbitrary SIS Scale

### • Community Design (Building Attributes)

- Security/Safety a priority
- Choice and options for environment (rural, urban, infill, apartments, campus, homes, shared housing, individual rooms, individuals live independently or with caregivers, families can also live nearby or in community, etc.).
- Storage space for equipment in apartments
- Windows with views
- Electrical needs (outlets for chairs, charging, etc.)
- Include 2 BR to allow for supportive roommate or caregiver
- Shared suites featuring individual rooms connecting to a common, shared space to connect and socialize (sitting area, kitchen)
- Inclusion of Type A accessible, not needed in all, modification-ready

- Design offers options to meet the spectrum of abilities, needs and wants
- Space nurtures connections (combat isolation)
- Integrated, neuro inclusive (I/DD, seniors, small families, neuro-typical)
- Trauma informed design benefits everyone
- Design to address graduation of needs as people age
- Office space for service providers
- Makerspace
- Space for natural/organic and coordinated interactions and socialization
- Reinforced ceilings
- Include spaces for caregivers (respite, independence, etc.)
- External Facing Opportunities (jobs, social, entertainment, day programs, etc.)
- Incorporate smart technology (safety, connection, responsive, monitor units, etc.)
- Heidi's Qualitative Assessment: Insights include:
  - Families who connected with IDD resources early (ages 0-3) reported smoother navigation of services.
  - Parents of elementary-age children are beginning to notice developmental issues but often feel uncertain about where to seek help.
  - Many families recognize their need for assistance but feel overwhelmed and unsure of how to proceed; others have sought help but feel they are not making progress.
  - There is a significant demand for respite care and access to qualified professionals.
- Proposed Initiatives:
  - Explore the possibility of hosting online open houses where attendees can engage with guest speakers from various fields (e.g., pediatricians). These sessions would focus on specific topics and allow for open Q&A.

• PA Subcommittee could organize these open houses.

### Working Session

Supportive Housing Panel Discussion:

- Explore the inclusion of various agencies in the supportive housing panel.
- Considerations regarding the setup to ensure that participation does not negatively impact other benefits.
- **Proposed Solution**: Payments would be made directly to vendors to protect existing benefits.
- Emphasize the need for streamlined processes that facilitate support from multiple agencies without creating additional barriers. Collaboration among agencies is essential to optimize expertise and funding.
- Question: Will the housing panel be the only avenue to access these funds?

Review of Needs Assessment Areas:

- Housing:
  - Update on the summit and collaborations with IHC, IDDEAS, ACL, and Broomfield networks/coalitions.
  - Two new IDD/Autism/BI housing navigation positions housed under BCHD.
- Systems Navigation/Case Management:
  - Increased staffing by 2 FTEs at A&I for high-acuity case specialists.
  - Direct funding for systems navigation, with ongoing support for advocacy efforts.
- Mental Health:
  - Oliver Behavioral mental health training starts this week.
  - Funding for Imagine!'s behavioral clinic continues, with plans to advance the START program. Certification is expected early next year, allowing potential contracting to bring START to Boulder County.
- Self-Advocacy/Community Engagement and Social Connectedness:
  - Recent RFP recipients announced. For the next RFP (2026), clarify expectations to include access to arts and cultural activities.
- Community Education/IDD Awareness:
  - Creation of PA subcommittee
- Ongoing Monitoring and Evaluation:
  - Focus on acquiring more data from contractors and holding partners

to higher standards. A budget update will be shared next month.

### **Executive Session**

Annette motions to move into executive session, Asher seconds. All in favor.

### Next Steps/Agenda Topics

Meeting Adjourned at 7:30 p.m. Minutes Submitted by Ally Joel Minutes approved unanimously by Council Members on \_\_\_\_\_\_.