

Boulder County Aging Advisory Council Nov. Minutes

Date: Friday, November 7, 2025

Location: Louisville Recreation and Senior Center and Zoom

Mission

The mission of the AAC is to deliver, fund, and advocate for services that promote well-being, independence, and dignity for older adults, people living with disabilities, family and informal caregivers, and Veterans in Boulder County.

Members Present

Sue Winthrop, Jocelyn Brown, Michelle Cohen, Ellen Taxman, Randy Trahan, Arlene Zortman (co-chair), Dena Boutwell (co-chair), Kay Sparks, Cathy James, Lisa Bondi, Larry Brassemer, Reed Cobb, Bob Magin, Harriet Edelstein, Amelia Groves, Carol Buxton, Jeanine Tarrant, Charlie Erdrich, Stephen Topping

Members Excused

Cindy Brekke, Emelita Gagne

Staff and Guests Present

Staff: Carol Cross, Kate LeMere, Christine Vogel, Sam Sturman

Guests: Tina Gonzales (Mom's Meals), Renita Henson (A Day Place), Katie Beasley (Louisville), Tricia Morgan (Louisville), Desiree Firlie (DA – Community Protection Division)

Welcome and Comments from the Chair – Arlene Zortman

There were no public comments.

Updates from Dena about openings on the board. She is term limited and her last meeting will be February. Her co-chair position is open. Dena and Arlene getting together with Lindsay to work on By-Laws. Longmont position still open, needs to be filled.

Who motioned? Larry Brassam

Who seconded? Ellen Taxman

Updates from Bob about October minutes: Larry (may not have been included or included twice? Didn't catch it) and Lisa Bondi (attended online)

City of Louisville Senior Services – Katie Beasley

Review of events throughout the year. Brunch this year for the holiday. Probably won't be a song at 10 for lattes, that staff member isn't working Fridays anymore. Martial arts instructor teaching about safe falls, now contracting with him to provide ongoing programming. Undertaking long-range planning; Rec Center hosted open houses to get input. January to October average of 39 people per day. Up to 60 people per day. Consistently bringing in new folks to lunch. Day trips going well, well attended. Menus and catalogs available in the back.

A Day Place – Renita Henson

Materials available. Opened in 2017. Back up to full capacity after COVID, full staffed but could use a few more volunteers. Reviewed daily schedule. Mental and Physical activities, fellowship, lunch, quiet time after lunch. More activities after the rest. Pick up at 3pm. Almost through funds from AAA this year. Trying to be creative. Participants have to be independent (can't provide medication management) get in/out of chair/toilet on their own, able to eat on own. Trend recently seeing people more frail. Room can hold 17. Roster of 24. Usual day is 8-12. Biggest challenge – improved transportation availability. Transportation is a big challenge. Via coming to Longmont from Lafayette one day a week. Staffing for a

while was an issue, but good now. Meals from Meals on Wheels Longmont. Elder House in Fort Collins is the only other independent (not attached to facility). Any participants using Ride Longmont? Doesn't think so, but challenge is transportation for folks outside of Longmont.

Covered through insurance? Long Term Care insurance, but not often, and some require medical day care. Reed suggested perhaps we as a council should look at Long Term Care insurance – not for selves, but to understand the resources better to advise folks in the communities. Legislative opportunity?

DA Community Protection Division – Desiree Firle

Powerpoint slides sent.

County and AAA General Updates – Carol Cross and Christine Vogel

County continues to look for reductions to the budget, more coming for 2026. Christine announced her change in position to Deputy Director of Operations.

Adjourn

Who motioned? Kay Sparks

Who seconded? Larry Brassem