

2025

MIDDLE SCHOOL DISTRICT-LEVEL REPORT SURVEY RESULTS



HEALTHY KIDS COLORADO SURVEY

Background

The Healthy Kids Colorado Survey (HKCS) collects anonymous health information from middle and high school students throughout the state and is used to better understand youth health and the factors that help young people make healthy choices. This report includes your district's weighted results from the 2025 HKCS and represents students in your district. The HKCS is administered by the Colorado School of Public Health (CSPH) with support from the Colorado Departments of Public Health & Environment, Education, Public Safety, the Behavioral Health Administration, and the Attorney General's Office.

Questionnaire and Survey Administration

The HKCS measures adolescent health topics including unintentional injuries and violence; mental health; school safety; substance use; physical activity and nutrition; sexual behavior (optional); and risk and protective factors. Many questions are drawn from national youth health surveys. Other questions have been added with community input to meet additional data needs in Colorado. The standard version of the middle school survey has 72 questions.

The survey is administered online in English and Spanish and takes about 30 minutes to complete. Teachers provide instructions to students emphasizing the anonymous and voluntary nature of the survey. Each school district follows local procedures for parent/guardian consent, including advance notice of the survey administration. Parents may choose not to allow their child to participate and students may also decline participation. The HKCS is provided at no cost to public secondary schools in Colorado. Some of the schools that participate are included in a random sample selected to represent the state. Within some schools, a sample of classrooms is selected to participate. In most schools, all students are surveyed.

Key Definitions and Considerations

Response rate: Response rate, shown on the next tab, is the total number of students who participated in the survey divided by the number of students eligible to participate in the district, for both sampled and opt-in schools. The higher the response rate, the more confidence that the results represent your student population in the district. **For response rates less than 60%, results should be interpreted with caution as they are likely less representative.**

Confidentiality: Responses are suppressed if they might allow students to be identified. A period (.) appears when results are suppressed, specifically if fewer than 3 students responded 'yes' to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question.

Significance: When comparing results, for example between different demographic groups, examine the 95% confidence intervals. If the intervals overlap, there is no evidence to believe the compared results are different from each other. If they do not overlap, there is high confidence that the results are different (i.e., the difference is statistically significant). Judgement is needed to decide whether the size of the difference is meaningful and important.

Risk and Protective Factors: Certain results in this report are categorized as risk and protective factor items, which help us understand the upstream predictors of youth health outcomes. Risk factors are characteristics of community, family, and school environments, and of students and their peer groups, that predict increased likelihood of unwanted health outcomes. Protective factors are behavior patterns and social factors that appear to increase a young person's resistance to unwanted health outcomes. Risk and protective factors are often shared across multiple outcomes, which means they can predict more than one youth health outcome. Reducing risk and increasing protective factors can result in healthier youth across a variety of shared outcomes.

www.healthykidscolo.org | CSPHSurveyTeam@CUAnschutz.edu | <https://cdphe.colorado.gov/accessibility>

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Results for all responses to demographic questions on the HKCS are shown below in Table 1. See more details in the footnotes.

Response Rate¹: 83.7%

Table 1. Student demographics by all response options

Demographic	Number	Number/Total Sample
Participants		
Total	702	100.0%
Gender		
Girl/Woman	319	46.1%
Boy/Man	331	47.8%
Nonbinary	16	2.3%
Another identity ²	13	1.9%
Not sure	13	1.9%
Grade		
6th grade	0	0.0%
7th grade	317	47.5%
8th grade	351	52.5%
Race/Ethnicity		
White	442	66.3%
Hispanic/Latino	70	10.5%
Black/African American	17	2.5%
Asian	15	2.2%
American Indian/Alaska Native	7	1.0%

Demographic	Number	Number/Total Sample
Native Hawaiian/Pacific Islander	2	0.3%
Middle Eastern/North African	4	0.6%
Multiracial ³	110	16.5%
Black, Indigenous, and People of Color (BIPOC)		
BIPOC ⁴	225	33.7%
White	442	66.3%
Sexual Orientation		
Straight	540	81.1%
Bisexual	38	5.7%
Gay/Lesbian	29	4.4%
Pansexual	13	2.0%
Asexual	10	1.5%
Another identity ²	5	0.8%
Not sure	31	4.7%
Gender Identity		
Cisgender	632	93.1%
Transgender	15	2.2%
Not sure	32	4.7%
Lesbian, Gay, Bisexual, Transgender, and Queer or Questioning (LGBTQ+)		
LGBTQ+ ⁵	133	20.1%
Straight/Cisgender ⁶	528	79.9%

Demographic	Number	Number/Total Sample
-------------	--------	---------------------

1. The higher the response rate, the more confidence that the results represent your student population. For response rates less than 60%, results should be interpreted with caution.
2. Students included in "Another identity" selected this response on the survey and had the option to write in their answer.
3. Students included in "Multiracial" selected two or more racial and ethnic identities and represent numerous unique combinations.
4. BIPOC is an aggregate of the students who chose the following responses to the race/ethnicity demographic question: "American Indian/Alaska Native", "Asian", "Black/African American", "Hispanic/Latino", "Middle Eastern/North African", "Native Hawaiian/Pacific Islander", and "Multiracial" (students selected two or more identities).
5. LGBTQ+ is an aggregate of the students who chose one or more of the following responses: Gender: "Nonbinary", "Another Identity", or "Not Sure"; Sexual Orientation: "Gay/Lesbian", "Bisexual", "Pansexual", "Asexual", "Another Identity", or "Not Sure"; Gender Identity: "Transgender" or "Not Sure".
6. Straight/Cisgender is an aggregate of the students who chose all of the following responses: Gender: "Girl/Woman" or "Boy/Man"; Sexual Orientation: "Straight"; Gender Identity: "Cisgender".

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Girl/Woman % (95% CI)	Boy/Man % (95% CI)	Nonbinary % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Bullying								
Percentage of students who have ever been bullied on school property during the past 12 months		631	23.6 (8.1 - 39.0)	27.7 (0.0 - 55.9)	15.8 (10.2 - 21.3)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		152	67.7 (54.3 - 81.1)	69.9 (51.5 - 88.3)	65.7 (24.9 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		152	49.8 (42.9 - 56.6)	48.3 (25.1 - 71.4)	49.3 (30.6 - 68.0)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		152	14.1 (11.9 - 16.3)	12.4 (9.0 - 15.8)	18.0 (9.7 - 26.2)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		152	35.0 (18.6 - 51.3)	30.5 (10.7 - 50.4)	38.3 (29.4 - 47.2)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		152	8.5 (0.0 - 17.3)	8.0 (0.0 - 21.6)	10.3 (3.9 - 16.7)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		152	21.0 (9.2 - 32.8)	22.3 (5.2 - 39.3)	15.7 (0.0 - 36.6)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		152	22.7 (19.5 - 25.9)	26.5 (23.8 - 29.2)	13.3 (0.0 - 26.8)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		152	24.6 (13.2 - 36.0)	17.8 (1.0 - 34.7)	24.3 (12.4 - 36.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who had ever been electronically bullied during the past 12 months		639	9.7 (5.6 - 13.8)	13.7 (4.9 - 22.6)	4.7 (0.5 - 8.8)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	26.0 (7.9 - 44.2)	17.1 (0.0 - 45.1)	16.1 (2.8 - 29.5)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	18.5 (10.4 - 26.6)	10.0 (1.4 - 18.6)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	12.6 (0.0 - 26.4)	13.3 (0.0 - 39.4)	9.2 (0.0 - 18.3)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	14.6 (0.0 - 35.6)	16.0 (10.0 - 22.1)	13.4 (0.0 - 62.8)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	73.2 (61.4 - 84.9)	79.8 (57.4 - 100.0)	68.8 (44.7 - 92.8)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	25.7 (21.9 - 29.6)	23.3 (8.6 - 38.1)	36.2 (7.3 - 65.2)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who saw someone else being bullied on school property in the past 30 days		645	38.4 (28.5 - 48.3)	43.2 (27.3 - 59.2)	31.6 (26.5 - 36.6)	. (. - .)	. (. - .)	. (. - .)
Violence								
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		648	15.2 (6.5 - 23.9)	19.2 (1.4 - 37.1)	10.3 (3.5 - 17.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who were in a physical fight one or more times during the past 12 months		638	16.4 (12.6 - 20.2)	9.3 (0.0 - 19.8)	22.2 (12.0 - 32.5)	. (. - .)	. (. - .)	. (. - .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		287	10.0 (3.6 - 16.4)	8.3 (6.1 - 10.5)	12.3 (0.4 - 24.3)	. (. - .)	. (. - .)	. (. - .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		293	12.2 (0.0 - 25.0)	15.1 (3.9 - 26.4)	8.8 (0.0 - 26.7)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have been threatened with a gun electronically or in person, witnessed a shooting where they live, or know someone (family or friend) who has been shot by another person during the past 12 months		641	11.4 (5.8 - 17.0)	12.3 (5.5 - 19.1)	10.0 (1.2 - 18.7)	. (. - .)	. (. - .)	. (. - .)
Mental Health								
Percentage of students who agree or strongly agree their stress level is manageable most days		656	58.0 (53.5 - 62.4)	47.2 (40.6 - 53.7)	72.8 (66.2 - 79.4)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who most of the time or always had poor mental health during the past 30 days		645	22.8 (18.7 - 26.9)	29.4 (18.4 - 40.5)	12.8 (5.2 - 20.5)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		640	15.7 (9.8 - 21.6)	20.6 (0.0 - 44.6)	6.9 (0.0 - 18.6)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		644	20.5 (16.1 - 25.0)	26.8 (10.9 - 42.8)	11.3 (5.8 - 16.9)	. (. - .)	. (. - .)	. (. - .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Girl/Woman % (95% CI)	Boy/Man % (95% CI)	Nonbinary % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Percentage of students who ever seriously thought about killing themselves		641	16.3 (13.6 - 18.9)	19.8 (9.1 - 30.5)	9.7 (0.0 - 26.1)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who ever made a plan about how they would kill themselves		639	12.0 (7.3 - 16.6)	14.6 (0.0 - 30.3)	7.0 (1.5 - 12.5)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who ever tried to kill themselves		639	4.7 (0.0 - 9.7)	5.8 (0.0 - 15.6)	2.3 (1.7 - 3.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	647	76.4 (63.1 - 89.6)	74.2 (56.4 - 92.0)	79.9 (72.0 - 87.9)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	651	60.1 (49.5 - 70.7)	57.7 (40.0 - 75.4)	64.4 (52.6 - 76.1)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		644	32.9 (28.6 - 37.3)	40.3 (21.8 - 58.8)	21.5 (10.1 - 32.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who would tell a family member if they were concerned about their own or someone else's well-being or mental health		621	62.9 (54.0 - 71.8)	63.8 (49.2 - 78.4)	64.6 (60.5 - 68.7)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who would tell an adult in school if they were concerned about their own or someone else's well-being or mental health		621	41.3 (26.2 - 56.3)	36.7 (10.0 - 63.3)	46.1 (42.3 - 49.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		621	36.9 (25.3 - 48.6)	35.2 (30.9 - 39.6)	38.0 (21.5 - 54.6)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		621	36.2 (20.7 - 51.8)	34.7 (18.8 - 50.7)	37.3 (23.2 - 51.5)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		621	23.2 (14.1 - 32.4)	22.8 (13.0 - 32.6)	23.3 (12.1 - 34.5)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have ever experienced the suicide death of a family member or close friend		642	14.1 (11.6 - 16.5)	15.8 (9.7 - 21.9)	11.7 (7.3 - 16.0)	. (. - .)	. (. - .)	. (. - .)
Racism								
Percentage of students who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	5.0 (2.5 - 7.6)	4.4 (0.0 - 11.6)	5.6 (2.0 - 9.2)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	2.6 (0.0 - 8.4)	3.4 (0.0 - 13.6)	1.7 (0.3 - 3.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who were assumed less intelligent because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	4.8 (2.2 - 7.5)	5.9 (0.2 - 11.6)	3.1 (0.8 - 5.5)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who saw family members treated unfairly because of the color of their skin, language, accent, or because they are from a different country or culture in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	3.3 (0.0 - 6.7)	4.2 (0.0 - 11.8)	2.3 (0.0 - 4.7)	. (. - .)	. (. - .)	. (. - .)
Alcohol								
Percentage of students who have ever had a drink of alcohol other than a few sips		626	20.1 (15.3 - 24.8)	17.2 (10.5 - 23.9)	22.9 (20.3 - 25.6)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	Risk Factor: Early Initiation of Substance Use	626	11.7 (3.6 - 19.9)	9.7 (2.4 - 17.0)	13.6 (3.3 - 23.9)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		637	5.1 (1.9 - 8.4)	4.1 (3.1 - 5.1)	5.7 (0.8 - 10.7)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	Risk Factor: Availability of Substances in Community	623	45.8 (22.1 - 69.5)	48.5 (31.5 - 65.6)	42.6 (13.8 - 71.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	89.9 (87.8 - 91.9)	89.0 (81.9 - 96.1)	90.3 (82.3 - 98.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	Risk Factor: Parental Attitudes Favorable Toward Substance Use	629	92.8 (86.9 - 98.7)	95.0 (90.4 - 99.6)	91.6 (85.3 - 97.9)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who overestimated peer alcohol use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		634	35.8 (30.6 - 40.9)	44.3 (28.9 - 59.7)	27.8 (7.2 - 48.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have ever lived with someone having a problem with alcohol use		629	16.7 (0.0 - 33.4)	20.2 (0.0 - 46.2)	11.1 (1.8 - 20.3)	. (. - .)	. (. - .)	. (. - .)
Tobacco								
Percentage of students who have ever smoked a cigarette, even one or two puffs		637	3.9 (0.0 - 10.3)	3.8 (0.0 - 13.8)	3.4 (0.0 - 7.1)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	Risk Factor: Early Initiation of Substance Use	637	1.9 (0.0 - 5.9)	1.7 (0.0 - 7.6)	1.5 (0.0 - 4.5)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who smoked cigarettes on one or more of the past 30 days		639	0.3 (0.0 - 1.4)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	Risk Factor: Availability of Substances in Community	627	17.8 (11.6 - 24.0)	14.4 (6.5 - 22.4)	20.0 (17.6 - 22.5)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	Risk Factor: Parental Attitudes Favorable Toward Substance Use	633	96.7 (93.0 - 100.0)	97.2 (93.4 - 100.0)	96.5 (92.2 - 100.0)	. (. - .)	. (. - .)	. (. - .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Girl/Woman % (95% CI)	Boy/Man % (95% CI)	Nonbinary % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Percentage of students who have ever used an electronic vapor product		631	9.5 (0.0 - 23.6)	10.0 (0.0 - 26.4)	7.5 (0.0 - 16.0)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who used electronic vapor products for the first time before age 11	Risk Factor: Early Initiation of Substance Use	631	2.3 (0.0 - 7.1)	2.0 (0.0 - 7.5)	1.5 (0.0 - 3.1)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who used an electronic vapor product in the past 30 days		631	3.8 (0.0 - 11.4)	4.6 (0.0 - 14.3)	1.7 (0.0 - 5.7)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	Risk Factor: Availability of Substances in Community	627	32.5 (26.6 - 38.3)	30.2 (26.2 - 34.2)	35.1 (26.9 - 43.3)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	642	91.0 (86.3 - 95.7)	88.0 (80.5 - 95.5)	94.1 (88.8 - 99.4)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.7 (92.8 - 100.0)	97.5 (94.9 - 100.0)	96.2 (90.5 - 100.0)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm		614	86.6 (84.4 - 88.8)	86.3 (80.8 - 91.8)	86.6 (84.1 - 89.0)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who have ever used oral nicotine pouches		624	2.0 (1.1 - 2.9)	2.1 (0.5 - 3.8)	1.9 (0.0 - 5.0)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who used oral nicotine pouches for the first time before age 11		624	0.5 (0.1 - 0.9)	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get oral nicotine pouches if they wanted	Risk Factor: Availability of Substances in Community	626	16.8 (10.9 - 22.8)	13.5 (10.2 - 16.7)	19.9 (11.6 - 28.1)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use oral nicotine pouches	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	638	93.6 (92.3 - 94.9)	92.7 (90.0 - 95.3)	94.2 (93.9 - 94.5)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used oral nicotine pouches	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.4 (93.6 - 99.3)	97.0 (94.5 - 99.4)	96.2 (91.9 - 100.0)	. (. . .)	. (. . .)	. (. . .)
Marijuana								
Percentage of students who have ever tried marijuana		627	3.7 (0.3 - 7.2)	3.8 (0.0 - 8.2)	3.3 (0.0 - 6.6)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who tried marijuana for the first time before the age of 11	Risk Factor: Early Initiation of Substance Use	627	1.4 (0.0 - 5.6)	0.9 (0.0 - 4.0)	1.5 (0.0 - 5.4)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who used marijuana one or more times during the past 30 days		625	1.4 (0.0 - 4.6)	1.6 (0.0 - 7.2)	1.2 (0.3 - 2.0)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	Risk Factor: Availability of Substances in Community	623	15.3 (12.1 - 18.5)	13.2 (8.0 - 18.3)	16.5 (13.4 - 19.6)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	637	94.2 (90.6 - 97.8)	94.2 (86.3 - 100.0)	94.2 (90.3 - 98.2)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used marijuana	Risk Factor: Parental Attitudes Favorable Toward Substance Use	630	96.7 (94.1 - 99.4)	97.0 (94.5 - 99.4)	96.8 (92.8 - 100.0)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who overestimated peer marijuana use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		629	29.9 (0.0 - 62.3)	38.5 (0.0 - 84.5)	20.2 (0.4 - 40.0)	. (. . .)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who smoked it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who ate it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Prescription Pain Medicine								
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		622	8.2 (3.6 - 12.8)	9.9 (7.0 - 12.9)	5.8 (0.0 - 14.4)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	622	5.2 (2.1 - 8.2)	5.2 (2.2 - 8.2)	4.4 (0.0 - 9.6)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them if they wanted	Risk Factor: Availability of Substances in Community	626	32.5 (12.8 - 52.2)	36.6 (19.8 - 53.4)	27.3 (9.4 - 45.1)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	90.2 (87.3 - 93.1)	91.2 (88.3 - 94.2)	89.0 (79.4 - 98.6)	. (. . .)	. (. . .)	. (. . .)
Nutrition								
Percentage of students who ate fruit one or more times per day in the past 7 days		628	64.8 (54.9 - 74.6)	63.5 (50.6 - 76.4)	67.7 (54.3 - 81.1)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		626	67.5 (60.2 - 74.8)	66.7 (63.1 - 70.3)	69.7 (51.5 - 87.9)	. (. . .)	. (. . .)	. (. . .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Girl/Woman % (95% CI)	Boy/Man % (95% CI)	Nonbinary % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		629	20.8 (0.0 - 49.0)	18.9 (0.0 - 52.9)	22.1 (0.0 - 48.1)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times per day in the past 7 days		615	64.9 (49.1 - 80.7)	65.2 (48.6 - 81.7)	64.5 (46.9 - 82.1)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who ate breakfast on all of the past 7 days		622	44.0 (35.9 - 52.1)	39.4 (29.1 - 49.7)	51.2 (43.0 - 59.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	619	8.5 (2.6 - 14.4)	7.1 (2.2 - 12.1)	9.8 (4.9 - 14.8)	. (. - .)	. (. - .)	. (. - .)
Physical Activity								
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		614	66.5 (47.1 - 85.8)	56.3 (32.0 - 80.5)	78.3 (59.5 - 97.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who spent 3+ hours per average school day in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork		607	52.3 (25.2 - 79.5)	53.9 (24.2 - 83.5)	49.6 (24.7 - 74.6)	. (. - .)	. (. - .)	. (. - .)
Body Image & Eating Disorders								
Percentage of students who most of the time or always felt confident with their body image during the past 30 days		608	54.6 (46.6 - 62.5)	46.4 (34.2 - 58.6)	66.5 (62.2 - 70.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days		601	33.0 (22.1 - 44.0)	42.0 (25.4 - 58.6)	20.9 (14.4 - 27.4)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days		602	17.5 (10.6 - 24.5)	26.4 (21.0 - 31.8)	6.8 (0.0 - 18.8)	. (. - .)	. (. - .)	. (. - .)
Home Life								
Percentage of students who usually or definitely feel the rules in their family are clear	Risk Factor: Limited Parent Time to Monitor Youth Behavior	608	95.1 (92.4 - 97.8)	95.6 (86.7 - 100.0)	95.7 (90.3 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem	Protective Factor: Family Opportunities for Prosocial Involvement	606	87.7 (78.0 - 97.5)	82.8 (72.2 - 93.3)	95.7 (85.7 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who usually or definitely have parents or guardians who ask if their homework is done	Risk Factor: Limited Parent Time to Monitor Youth Behavior	605	89.4 (74.6 - 100.0)	86.2 (63.9 - 100.0)	94.3 (88.9 - 99.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who usually or definitely have chances to do fun things with their parents or guardians	Protective Factor: Family Opportunities for Prosocial Involvement	603	86.9 (81.6 - 92.3)	86.7 (80.1 - 93.4)	88.3 (81.3 - 95.2)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who usually or definitely have parents or guardians who ask them what they think before making most family decisions	Protective Factor: Family Opportunities for Prosocial Involvement	601	74.8 (63.4 - 86.2)	72.1 (53.8 - 90.4)	80.4 (74.4 - 86.4)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school	Risk Factor: Limited Parent Time to Monitor Youth Behavior	604	93.8 (88.9 - 98.8)	95.3 (90.9 - 99.7)	91.9 (79.2 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who usually or definitely feel safe in their neighborhood	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	603	97.2 (91.7 - 100.0)	97.6 (91.8 - 100.0)	97.1 (91.4 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who provide care one or more days per week for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own		599	13.3 (0.1 - 26.5)	11.4 (0.0 - 31.3)	14.8 (8.7 - 20.9)	. (. - .)	. (. - .)	. (. - .)
School & Community								
Percentage of students who agree or strongly agree that they belong at their school	Protective Factor: School Opportunities for Prosocial Involvement	610	73.2 (56.3 - 90.1)	67.6 (49.0 - 86.2)	84.2 (71.7 - 96.6)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who usually or definitely feel safe at school	Protective Factor: School Opportunities for Prosocial Involvement	601	90.7 (84.0 - 97.5)	89.4 (82.3 - 96.5)	93.5 (87.5 - 99.4)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think it is important or very important to finish high school	Protective Factor: Future School Aspiration	611	95.6 (90.6 - 100.0)	95.4 (85.9 - 100.0)	96.9 (93.6 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have talked to a school counselor about future plans at least once a week during the past 12 months		600	5.4 (0.0 - 10.8)	3.4 (0.0 - 9.2)	8.1 (2.4 - 13.7)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have talked to a teacher about future plans at least once a week during the past 12 months		595	12.9 (1.0 - 24.9)	13.4 (0.0 - 32.3)	12.6 (7.6 - 17.7)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have talked to an administrator about future plans at least once a week during the past 12 months		593	4.3 (0.0 - 9.7)	1.8 (0.0 - 7.5)	7.5 (1.1 - 13.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have talked to a coach about future plans at least once a week during the past 12 months		591	13.8 (5.7 - 21.9)	10.9 (0.0 - 23.3)	18.6 (12.9 - 24.2)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have talked to a school staff member (who is not a school counselor, teacher, administrator, or coach) about future plans at least once a week during the past 12 months		589	6.3 (0.7 - 12.0)	4.3 (0.0 - 11.4)	8.9 (2.6 - 15.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who sometimes, most of the time, or always participated in sports when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	585	75.5 (51.6 - 99.4)	73.9 (50.4 - 97.3)	79.0 (56.0 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who sometimes, most of the time, or always participated in academic support programs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	26.8 (10.3 - 43.3)	26.8 (14.5 - 39.0)	27.3 (3.7 - 50.9)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who sometimes, most of the time, or always participated in programs or clubs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	583	43.6 (39.1 - 48.2)	47.1 (35.0 - 59.2)	36.8 (15.8 - 57.8)	. (. - .)	. (. - .)	. (. - .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Girl/Woman % (95% CI)	Boy/Man % (95% CI)	Nonbinary % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Percentage of students who sometimes, most of the time, or always participated in community service or volunteering when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	27.2 (25.8 - 28.6)	31.5 (25.0 - 37.9)	23.7 (21.0 - 26.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who sometimes, most of the time, or always participated in paid work when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	575	39.5 (23.4 - 55.6)	40.1 (27.3 - 52.8)	40.5 (23.2 - 57.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who sometimes, most of the time, or always participated in unpaid work (e.g., internships, coaching) when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	572	20.8 (12.0 - 29.6)	21.5 (13.5 - 29.6)	20.9 (8.5 - 33.2)	. (. - .)	. (. - .)	. (. - .)
Other Health Topics								
Percentage of students who usually slept somewhere other than their home during the past 30 days	Risk Factor: Economic Instability	601	6.3 (2.0 - 10.6)	4.9 (0.0 - 11.2)	6.6 (5.9 - 7.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who sleep 8 or more hours per night on average school nights		602	67.9 (55.2 - 80.5)	64.5 (50.1 - 79.0)	73.4 (61.4 - 85.4)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who never or rarely wear a seat belt while riding in a car		600	2.1 (0.0 - 6.4)	1.6 (0.0 - 7.3)	2.5 (0.4 - 4.6)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	Risk Factor: Access to Firearms	586	12.0 (0.7 - 23.2)	8.4 (0.0 - 19.3)	15.5 (3.3 - 27.7)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		574	12.1 (2.3 - 22.0)	8.3 (0.0 - 20.3)	16.0 (9.2 - 22.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have ever been told by a doctor or nurse that they had asthma		589	14.2 (8.3 - 20.0)	14.6 (9.0 - 20.2)	13.6 (6.0 - 21.2)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months ⁴		588	92.6 (88.8 - 96.3)	94.0 (91.5 - 96.4)	93.0 (82.6 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Extra Questions								
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		569	80.7 (72.9 - 88.5)	80.3 (72.0 - 88.5)	79.3 (67.5 - 91.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		565	86.9 (77.8 - 95.9)	86.9 (73.3 - 100.0)	86.1 (78.3 - 93.9)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think people who use marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		561	79.9 (67.9 - 92.0)	83.4 (75.1 - 91.7)	75.1 (56.1 - 94.1)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		565	86.6 (79.3 - 93.8)	87.4 (79.4 - 95.5)	84.3 (75.8 - 92.8)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		566	96.1 (94.2 - 98.0)	97.7 (89.7 - 100.0)	94.4 (88.7 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		566	98.1 (97.7 - 98.4)	98.3 (93.5 - 100.0)	97.6 (92.8 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		565	97.2 (94.3 - 100.0)	97.3 (95.1 - 99.5)	97.0 (92.1 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		569	89.4 (83.1 - 95.6)	88.0 (76.6 - 99.3)	91.6 (85.0 - 98.2)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		569	92.9 (84.8 - 100.0)	91.9 (73.8 - 100.0)	93.9 (91.4 - 96.3)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to use marijuana		569	88.6 (81.5 - 95.7)	87.5 (66.8 - 100.0)	89.5 (82.1 - 97.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		562	92.1 (89.2 - 94.9)	91.8 (80.0 - 100.0)	92.5 (81.0 - 100.0)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		572	2.5 (0.5 - 4.4)	2.8 (0.0 - 6.1)	2.0 (0.8 - 3.1)	. (. - .)	. (. - .)	. (. - .)

1. Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

2. Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

3. Students included in "Another Identity" selected this response on the survey and had the option to write in their answer.

4. The 2023 report incorrectly displayed data for this item in the inverse of the current report. Contact the CSPH Survey Team (CSPHSurveyTeam@CUanschutz.edu) for a corrected comparison.

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	6th grade % (95% CI)	7th grade % (95% CI)	8th grade % (95% CI)
Bullying						
Percentage of students who have ever been bullied on school property during the past 12 months		631	23.6 (8.1 - 39.0)	. (. .)	25.6 (7.6 - 43.5)	21.5 (2.8 - 40.3)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		152	67.7 (54.3 - 81.1)	. (. .)	60.9 (40.6 - 81.2)	77.0 (68.3 - 85.6)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		152	49.8 (42.9 - 56.6)	. (. .)	46.3 (28.2 - 64.4)	55.6 (48.8 - 62.4)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		152	14.1 (11.9 - 16.3)	. (. .)	11.2 (6.2 - 16.3)	17.1 (10.7 - 23.6)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		152	35.0 (18.6 - 51.3)	. (. .)	31.8 (15.7 - 47.9)	41.9 (18.8 - 64.9)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		152	8.5 (0.0 - 17.3)	. (. .)	9.5 (0.0 - 22.0)	8.0 (2.7 - 13.2)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		152	21.0 (9.2 - 32.8)	. (. .)	16.3 (3.5 - 29.0)	28.6 (17.3 - 39.8)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		152	22.7 (19.5 - 25.9)	. (. .)	21.6 (6.4 - 36.8)	26.2 (0.7 - 51.6)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		152	24.6 (13.2 - 36.0)	. (. .)	19.4 (3.4 - 35.4)	31.3 (25.2 - 37.4)
Percentage of students who had ever been electronically bullied during the past 12 months		639	9.7 (5.6 - 13.8)	. (. .)	7.5 (4.2 - 10.7)	11.7 (3.1 - 20.4)
Among students who were bullied in the past 12 months, the percentage who were bullied because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	26.0 (7.9 - 44.2)	. (. .)	30.2 (26.3 - 34.1)	23.0 (0.0 - 58.1)
Among students who were bullied in the past 12 months, the percentage who were bullied because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	18.5 (10.4 - 26.6)	. (. .)	20.5 (13.1 - 28.0)	17.3 (10.4 - 24.1)
Among students who were bullied in the past 12 months, the percentage who were bullied because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	12.6 (0.0 - 26.4)	. (. .)	9.2 (0.0 - 22.7)	16.7 (0.0 - 45.5)
Among students who were bullied in the past 12 months, the percentage who were bullied because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	14.6 (0.0 - 35.6)	. (. .)	9.3 (0.0 - 29.0)	20.7 (0.4 - 41.0)
Among students who were bullied in the past 12 months, the percentage who were bullied because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	73.2 (61.4 - 84.9)	. (. .)	70.6 (43.0 - 98.2)	75.4 (47.1 - 100.0)
Among students who were bullied in the past 12 months, the percentage who were bullied because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	25.7 (21.9 - 29.6)	. (. .)	28.9 (18.6 - 39.2)	22.8 (20.4 - 25.1)
Percentage of students who saw someone else being bullied on school property in the past 30 days		645	38.4 (28.5 - 48.3)	. (. .)	35.3 (19.2 - 51.3)	41.2 (34.1 - 48.3)
Violence						
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		648	15.2 (6.5 - 23.9)	. (. .)	14.1 (7.8 - 20.5)	16.1 (5.7 - 26.6)
Percentage of students who were in a physical fight one or more times during the past 12 months		638	16.4 (12.6 - 20.2)	. (. .)	18.1 (11.5 - 24.7)	14.5 (7.9 - 21.2)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		287	10.0 (3.6 - 16.4)	. (. .)	8.6 (0.0 - 19.9)	9.5 (8.8 - 10.3)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		293	12.2 (0.0 - 25.0)	. (. .)	11.5 (3.3 - 19.8)	12.4 (0.0 - 26.7)
Percentage of students who have been threatened with a gun electronically or in person, witnessed a shooting where they live, or know someone (family or friend) who has been shot by another person during the past 12 months		641	11.4 (5.8 - 17.0)	. (. .)	10.2 (3.8 - 16.6)	11.7 (7.5 - 16.0)
Mental Health						

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	6th grade % (95% CI)	7th grade % (95% CI)	8th grade % (95% CI)
Percentage of students who agree or strongly agree their stress level is manageable most days		656	58.0 (53.5 - 62.4)	. (. .)	58.6 (50.1 - 67.0)	55.7 (45.1 - 66.3)
Percentage of students who most of the time or always had poor mental health during the past 30 days		645	22.8 (18.7 - 26.9)	. (. .)	18.8 (9.3 - 28.4)	26.3 (19.0 - 33.6)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		640	15.7 (9.8 - 21.6)	. (. .)	16.1 (9.8 - 22.4)	16.2 (10.2 - 22.2)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		644	20.5 (16.1 - 25.0)	. (. .)	21.3 (14.7 - 27.9)	19.8 (13.7 - 26.0)
Percentage of students who ever seriously thought about killing themselves		641	16.3 (13.6 - 18.9)	. (. .)	15.8 (12.4 - 19.2)	16.6 (11.6 - 21.7)
Percentage of students who ever made a plan about how they would kill themselves		639	12.0 (7.3 - 16.6)	. (. .)	11.1 (2.9 - 19.3)	12.2 (7.7 - 16.7)
Percentage of students who ever tried to kill themselves		639	4.7 (0.0 - 9.7)	. (. .)	4.5 (0.0 - 13.1)	4.8 (2.4 - 7.3)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	647	76.4 (63.1 - 89.6)	. (. .)	78.5 (57.0 - 100.0)	74.4 (63.4 - 85.4)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	651	60.1 (49.5 - 70.7)	. (. .)	58.0 (49.7 - 66.4)	61.1 (46.1 - 76.2)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		644	32.9 (28.6 - 37.3)	. (. .)	31.2 (30.5 - 32.0)	35.2 (27.8 - 42.7)
Percentage of students who would tell a family member if they were concerned about their own or someone else's well-being or mental health		621	62.9 (54.0 - 71.8)	. (. .)	57.2 (31.6 - 82.8)	68.7 (66.6 - 70.9)
Percentage of students who would tell an adult in school if they were concerned about their own or someone else's well-being or mental health		621	41.3 (26.2 - 56.3)	. (. .)	38.7 (20.5 - 56.9)	44.6 (29.3 - 59.9)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		621	36.9 (25.3 - 48.6)	. (. .)	38.7 (32.5 - 44.9)	36.4 (21.3 - 51.4)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		621	36.2 (20.7 - 51.8)	. (. .)	35.5 (18.7 - 52.3)	38.2 (23.1 - 53.4)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		621	23.2 (14.1 - 32.4)	. (. .)	22.3 (8.1 - 36.5)	24.4 (15.5 - 33.3)
Percentage of students who have ever experienced the suicide death of a family member or close friend		642	14.1 (11.6 - 16.5)	. (. .)	12.4 (9.8 - 14.9)	15.6 (11.2 - 20.1)
Racism						
Percentage of students who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	5.0 (2.5 - 7.6)	. (. .)	6.0 (0.0 - 12.2)	4.0 (3.3 - 4.6)
Percentage of students who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	2.6 (0.0 - 8.4)	. (. .)	2.8 (0.0 - 9.0)	1.8 (0.0 - 7.4)
Percentage of students who were assumed less intelligent because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	4.8 (2.2 - 7.5)	. (. .)	5.5 (2.3 - 8.7)	4.6 (1.0 - 8.1)
Percentage of students who saw family members treated unfairly because of the color of their skin, language, accent, or because they are from a different country or culture in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	3.3 (0.0 - 6.7)	. (. .)	4.2 (0.0 - 9.8)	2.7 (0.0 - 6.2)
Alcohol						
Percentage of students who have ever had a drink of alcohol other than a few sips		626	20.1 (15.3 - 24.8)	. (. .)	18.1 (5.1 - 31.0)	21.2 (6.2 - 36.2)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	Risk Factor: Early Initiation of Substance Use	626	11.7 (3.6 - 19.9)	. (. .)	11.2 (6.0 - 16.4)	11.6 (0.0 - 24.0)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		637	5.1 (1.9 - 8.4)	. (. .)	4.3 (1.3 - 7.3)	5.1 (0.0 - 11.2)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	Risk Factor: Availability of Substances in Community	623	45.8 (22.1 - 69.5)	. (. .)	42.4 (27.4 - 57.4)	49.0 (12.9 - 85.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	89.9 (87.8 - 91.9)	. (. .)	90.9 (79.2 - 100.0)	89.6 (80.4 - 98.7)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	Risk Factor: Parental Attitudes Favorable Toward Substance Use	629	92.8 (86.9 - 98.7)	. (. .)	93.3 (87.4 - 99.1)	93.2 (88.0 - 98.4)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	6th grade % (95% CI)	7th grade % (95% CI)	8th grade % (95% CI)
Percentage of students who overestimated peer alcohol use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		634	35.8 (30.6 - 40.9)	. (. .)	30.2 (20.6 - 39.9)	41.0 (30.6 - 51.4)
Percentage of students who have ever lived with someone having a problem with alcohol use		629	16.7 (0.0 - 33.4)	. (. .)	18.2 (0.0 - 43.5)	16.3 (6.0 - 26.6)
Tobacco						
Percentage of students who have ever smoked a cigarette, even one or two puffs		637	3.9 (0.0 - 10.3)	. (. .)	3.4 (0.0 - 8.8)	4.0 (0.0 - 11.7)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	Risk Factor: Early Initiation of Substance Use	637	1.9 (0.0 - 5.9)	. (. .)	2.3 (0.0 - 7.3)	1.2 (0.0 - 3.9)
Percentage of students who smoked cigarettes on one or more of the past 30 days		639	0.3 (0.0 - 1.4)	. (. .)	. (. .)	. (. .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	Risk Factor: Availability of Substances in Community	627	17.8 (11.6 - 24.0)	. (. .)	16.9 (10.0 - 23.8)	17.9 (9.3 - 26.6)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	Risk Factor: Parental Attitudes Favorable Toward Substance Use	633	96.7 (93.0 - 100.0)	. (. .)	96.2 (93.6 - 98.7)	97.9 (92.9 - 100.0)
Percentage of students who have ever used an electronic vapor product		631	9.5 (0.0 - 23.6)	. (. .)	9.7 (0.0 - 29.5)	9.0 (0.1 - 17.9)
Percentage of students who used electronic vapor products for the first time before age 11	Risk Factor: Early Initiation of Substance Use	631	2.3 (0.0 - 7.1)	. (. .)	3.4 (0.0 - 11.3)	0.5 (0.0 - 2.1)
Percentage of students who used an electronic vapor product in the past 30 days		631	3.8 (0.0 - 11.4)	. (. .)	4.2 (0.0 - 17.3)	2.7 (0.6 - 4.8)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	Risk Factor: Availability of Substances in Community	627	32.5 (26.6 - 38.3)	. (. .)	31.7 (25.9 - 37.4)	32.6 (23.9 - 41.2)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	642	91.0 (86.3 - 95.7)	. (. .)	92.0 (79.8 - 100.0)	91.5 (87.4 - 95.6)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.7 (92.8 - 100.0)	. (. .)	96.9 (91.3 - 100.0)	97.0 (93.7 - 100.0)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm		614	86.6 (84.4 - 88.8)	. (. .)	86.5 (80.9 - 92.1)	86.5 (81.6 - 91.4)
Percentage of students who have ever used oral nicotine pouches		624	2.0 (1.1 - 2.9)	. (. .)	1.0 (0.0 - 2.5)	2.8 (0.0 - 6.6)
Percentage of students who used oral nicotine pouches for the first time before age 11		624	0.5 (0.1 - 0.9)	. (. .)	. (. .)	. (. .)
Percentage of students who feel it would be sort of easy or very easy to get oral nicotine pouches if they wanted	Risk Factor: Availability of Substances in Community	626	16.8 (10.9 - 22.8)	. (. .)	13.2 (8.0 - 18.4)	19.0 (11.4 - 26.5)
Percentage of students who think it is wrong or very wrong for someone of the same age to use oral nicotine pouches	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	638	93.6 (92.3 - 94.9)	. (. .)	95.5 (87.3 - 100.0)	92.1 (84.8 - 99.4)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used oral nicotine pouches	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.4 (93.6 - 99.3)	. (. .)	96.9 (91.3 - 100.0)	96.5 (94.0 - 99.0)
Marijuana						
Percentage of students who have ever tried marijuana		627	3.7 (0.3 - 7.2)	. (. .)	3.5 (0.0 - 11.8)	3.8 (1.3 - 6.3)
Percentage of students who tried marijuana for the first time before the age of 11	Risk Factor: Early Initiation of Substance Use	627	1.4 (0.0 - 5.6)	. (. .)	2.4 (0.0 - 10.2)	. (. .)
Percentage of students who used marijuana one or more times during the past 30 days		625	1.4 (0.0 - 4.6)	. (. .)	1.1 (0.0 - 5.2)	1.5 (0.2 - 2.7)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	Risk Factor: Availability of Substances in Community	623	15.3 (12.1 - 18.5)	. (. .)	11.0 (9.0 - 13.0)	19.2 (12.2 - 26.2)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	637	94.2 (90.6 - 97.8)	. (. .)	95.2 (88.0 - 100.0)	93.9 (88.8 - 99.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used marijuana	Risk Factor: Parental Attitudes Favorable Toward Substance Use	630	96.7 (94.1 - 99.4)	. (. .)	96.9 (93.6 - 100.0)	97.1 (94.3 - 99.8)
Percentage of students who overestimated peer marijuana use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		629	29.9 (0.0 - 62.3)	. (. .)	21.0 (0.0 - 53.4)	37.4 (8.1 - 66.7)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	6th grade % (95% CI)	7th grade % (95% CI)	8th grade % (95% CI)
Among students who used marijuana in the past 30 days, the percentage who smoked it		12	. (. .)	. (. .)	. (. .)	. (. .)
Among students who used marijuana in the past 30 days, the percentage who ate it		12	. (. .)	. (. .)	. (. .)	. (. .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		12	. (. .)	. (. .)	. (. .)	. (. .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it		12	. (. .)	. (. .)	. (. .)	. (. .)
Prescription Pain Medicine						
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		622	8.2 (3.6 - 12.8)	. (. .)	7.6 (6.5 - 8.7)	8.4 (0.0 - 17.7)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	622	5.2 (2.1 - 8.2)	. (. .)	5.2 (3.0 - 7.4)	4.9 (0.0 - 12.4)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them if they wanted	Risk Factor: Availability of Substances in Community	626	32.5 (12.8 - 52.2)	. (. .)	31.5 (21.2 - 41.7)	33.0 (1.6 - 64.4)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	90.2 (87.3 - 93.1)	. (. .)	90.0 (84.5 - 95.4)	90.6 (80.3 - 100.0)
Nutrition						
Percentage of students who ate fruit one or more times per day in the past 7 days		628	64.8 (54.9 - 74.6)	. (. .)	60.8 (49.7 - 71.8)	68.1 (55.3 - 80.9)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		626	67.5 (60.2 - 74.8)	. (. .)	63.7 (50.9 - 76.5)	70.5 (63.6 - 77.5)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		629	20.8 (0.0 - 49.0)	. (. .)	18.7 (0.0 - 41.5)	22.8 (0.0 - 62.0)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times per day in the past 7 days		615	64.9 (49.1 - 80.7)	. (. .)	61.4 (59.7 - 63.2)	68.6 (40.5 - 96.7)
Percentage of students who ate breakfast on all of the past 7 days		622	44.0 (35.9 - 52.1)	. (. .)	46.6 (30.5 - 62.8)	41.5 (39.3 - 43.7)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	619	8.5 (2.6 - 14.4)	. (. .)	10.0 (0.0 - 20.0)	7.0 (5.1 - 9.0)
Physical Activity						
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		614	66.5 (47.1 - 85.8)	. (. .)	61.9 (40.8 - 82.9)	70.1 (47.7 - 92.6)
Percentage of students who spent 3+ hours per average school day in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork		607	52.3 (25.2 - 79.5)	. (. .)	47.6 (4.3 - 91.0)	56.4 (41.3 - 71.5)
Body Image & Eating Disorders						
Percentage of students who most of the time or always felt confident with their body image during the past 30 days		608	54.6 (46.6 - 62.5)	. (. .)	53.1 (30.1 - 76.2)	54.9 (43.8 - 65.9)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days		601	33.0 (22.1 - 44.0)	. (. .)	31.7 (22.0 - 41.4)	34.5 (14.5 - 54.5)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days		602	17.5 (10.6 - 24.5)	. (. .)	19.2 (0.8 - 37.6)	16.7 (12.2 - 21.1)
Home Life						
Percentage of students who usually or definitely feel the rules in their family are clear	Risk Factor: Limited Parent Time to Monitor Youth Behavior	608	95.1 (92.4 - 97.8)	. (. .)	94.0 (93.1 - 95.0)	95.7 (91.9 - 99.5)
Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem	Protective Factor: Family Opportunities for Prosocial Involvement	606	87.7 (78.0 - 97.5)	. (. .)	86.8 (70.6 - 100.0)	88.1 (81.0 - 95.2)
Percentage of students who usually or definitely have parents or guardians who ask if their homework is done	Risk Factor: Limited Parent Time to Monitor Youth Behavior	605	89.4 (74.6 - 100.0)	. (. .)	92.3 (74.0 - 100.0)	87.2 (78.0 - 96.5)
Percentage of students who usually or definitely have chances to do fun things with their parents or guardians	Protective Factor: Family Opportunities for Prosocial Involvement	603	86.9 (81.6 - 92.3)	. (. .)	85.4 (80.8 - 90.0)	87.5 (77.8 - 97.2)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	6th grade % (95% CI)	7th grade % (95% CI)	8th grade % (95% CI)
Percentage of students who usually or definitely have parents or guardians who ask them what they think before making most family decisions	Protective Factor: Family Opportunities for Prosocial Involvement	601	74.8 (63.4 - 86.2)	. (. .)	75.7 (62.8 - 88.7)	72.5 (60.5 - 84.4)
Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school	Risk Factor: Limited Parent Time to Monitor Youth Behavior	604	93.8 (88.9 - 98.8)	. (. .)	94.0 (86.6 - 100.0)	93.2 (89.6 - 96.8)
Percentage of students who usually or definitely feel safe in their neighborhood	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	603	97.2 (91.7 - 100.0)	. (. .)	98.2 (93.2 - 100.0)	96.1 (90.4 - 100.0)
Percentage of students who provide care one or more days per week for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own		599	13.3 (0.1 - 26.5)	. (. .)	14.9 (3.2 - 26.5)	12.3 (0.0 - 28.8)
School & Community						
Percentage of students who agree or strongly agree that they belong at their school	Protective Factor: School Opportunities for Prosocial Involvement	610	73.2 (56.3 - 90.1)	. (. .)	73.4 (59.0 - 87.7)	72.9 (50.9 - 94.8)
Percentage of students who usually or definitely feel safe at school	Protective Factor: School Opportunities for Prosocial Involvement	601	90.7 (84.0 - 97.5)	. (. .)	93.5 (88.8 - 98.2)	87.6 (74.0 - 100.0)
Percentage of students who think it is important or very important to finish high school	Protective Factor: Future School Aspiration	611	95.6 (90.6 - 100.0)	. (. .)	94.2 (84.2 - 100.0)	97.1 (93.0 - 100.0)
Percentage of students who have talked to a school counselor about future plans at least once a week during the past 12 months		600	5.4 (0.0 - 10.8)	. (. .)	5.4 (0.0 - 15.7)	5.4 (3.9 - 6.9)
Percentage of students who have talked to a teacher about future plans at least once a week during the past 12 months		595	12.9 (1.0 - 24.9)	. (. .)	12.6 (0.0 - 31.1)	13.1 (4.8 - 21.5)
Percentage of students who have talked to an administrator about future plans at least once a week during the past 12 months		593	4.3 (0.0 - 9.7)	. (. .)	4.9 (0.0 - 10.2)	4.0 (0.0 - 12.1)
Percentage of students who have talked to a coach about future plans at least once a week during the past 12 months		591	13.8 (5.7 - 21.9)	. (. .)	10.6 (0.0 - 22.5)	16.8 (11.1 - 22.4)
Percentage of students who have talked to a school staff member (who is not a school counselor, teacher, administrator, or coach) about future plans at least once a week during the past 12 months		589	6.3 (0.7 - 12.0)	. (. .)	6.7 (0.0 - 16.3)	6.1 (0.0 - 12.4)
Percentage of students who sometimes, most of the time, or always participated in sports when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	585	75.5 (51.6 - 99.4)	. (. .)	71.5 (40.6 - 100.0)	79.0 (58.2 - 99.9)
Percentage of students who sometimes, most of the time, or always participated in academic support programs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	26.8 (10.3 - 43.3)	. (. .)	26.9 (10.4 - 43.3)	26.4 (10.9 - 41.9)
Percentage of students who sometimes, most of the time, or always participated in programs or clubs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	583	43.6 (39.1 - 48.2)	. (. .)	43.3 (39.9 - 46.6)	44.7 (34.0 - 55.3)
Percentage of students who sometimes, most of the time, or always participated in community service or volunteering when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	27.2 (25.8 - 28.6)	. (. .)	24.4 (22.3 - 26.4)	29.7 (26.5 - 32.9)
Percentage of students who sometimes, most of the time, or always participated in paid work when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	575	39.5 (23.4 - 55.6)	. (. .)	37.6 (15.0 - 60.3)	41.7 (31.0 - 52.4)
Percentage of students who sometimes, most of the time, or always participated in unpaid work (e.g., internships, coaching) when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	572	20.8 (12.0 - 29.6)	. (. .)	19.3 (11.3 - 27.2)	21.8 (10.8 - 32.8)
Other Health Topics						
Percentage of students who usually slept somewhere other than their home during the past 30 days	Risk Factor: Economic Instability	601	6.3 (2.0 - 10.6)	. (. .)	7.6 (5.8 - 9.4)	4.9 (0.0 - 15.7)
Percentage of students who sleep 8 or more hours per night on average school nights		602	67.9 (55.2 - 80.5)	. (. .)	72.5 (54.2 - 90.8)	62.2 (54.5 - 69.9)
Percentage of students who never or rarely wear a seat belt while riding in a car		600	2.1 (0.0 - 6.4)	. (. .)	3.0 (0.0 - 9.4)	1.4 (0.0 - 4.9)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	Risk Factor: Access to Firearms	586	12.0 (0.7 - 23.2)	. (. .)	10.9 (0.0 - 21.8)	12.7 (0.1 - 25.3)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		574	12.1 (2.3 - 22.0)	. (. .)	12.1 (0.3 - 23.9)	11.8 (2.0 - 21.6)
Percentage of students who have ever been told by a doctor or nurse that they had asthma		589	14.2 (8.3 - 20.0)	. (. .)	12.5 (7.8 - 17.1)	16.2 (4.9 - 27.4)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months ³		588	92.6 (88.8 - 96.3)	. (. .)	92.6 (88.6 - 96.6)	92.0 (87.9 - 96.1)
Extra Questions						

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	6th grade % (95% CI)	7th grade % (95% CI)	8th grade % (95% CI)
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		569	80.7 (72.9 - 88.5)	. (. .)	79.1 (61.9 - 96.2)	82.1 (78.4 - 85.8)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		565	86.9 (77.8 - 95.9)	. (. .)	87.2 (70.9 - 100.0)	86.6 (77.5 - 95.7)
Percentage of students who think people who use marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		561	79.9 (67.9 - 92.0)	. (. .)	82.8 (65.3 - 100.0)	76.9 (70.1 - 83.7)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		565	86.6 (79.3 - 93.8)	. (. .)	84.9 (68.7 - 100.0)	87.8 (76.3 - 99.3)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		566	96.1 (94.2 - 98.0)	. (. .)	96.8 (94.3 - 99.3)	95.7 (93.9 - 97.4)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		566	98.1 (97.7 - 98.4)	. (. .)	98.0 (96.5 - 99.5)	98.4 (97.4 - 99.5)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		565	97.2 (94.3 - 100.0)	. (. .)	96.4 (92.9 - 99.9)	98.1 (95.6 - 100.0)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		569	89.4 (83.1 - 95.6)	. (. .)	91.4 (77.1 - 100.0)	86.9 (80.2 - 93.6)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		569	92.9 (84.8 - 100.0)	. (. .)	92.5 (76.5 - 100.0)	92.9 (90.2 - 95.7)
Percentage of students who think their friends would feel it is wrong or very wrong for them to use marijuana		569	88.6 (81.5 - 95.7)	. (. .)	88.6 (73.6 - 100.0)	88.7 (86.9 - 90.5)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		562	92.1 (89.2 - 94.9)	. (. .)	88.5 (75.8 - 100.0)	95.1 (89.2 - 100.0)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		572	2.5 (0.5 - 4.4)	. (. .)	3.0 (0.0 - 9.6)	2.1 (0.0 - 4.2)

1. Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

2. Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

3. The 2023 report incorrectly displayed data for this item in the inverse of the current report. Contact the CSPH Survey Team (CSPHSurveyTeam@CUAnschutz.edu) for a corrected comparison.

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latino % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Pacific Islander % (95% CI)	Middle Eastern/North African % (95% CI)	Multiracial ³ % (95% CI)
Bullying											
Percentage of students who have ever been bullied on school property during the past 12 months		631	23.6 (8.1 - 39.0)	22.6 (10.9 - 34.2)	31.0 (0.2 - 61.7)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	26.1 (4.3 - 47.9)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		152	67.7 (54.3 - 81.1)	71.2 (54.6 - 87.7)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		152	49.8 (42.9 - 56.6)	44.6 (37.4 - 51.7)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		152	14.1 (11.9 - 16.3)	14.1 (4.5 - 23.8)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		152	35.0 (18.6 - 51.3)	32.2 (3.4 - 61.0)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		152	8.5 (0.0 - 17.3)	6.5 (2.3 - 10.7)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		152	21.0 (9.2 - 32.8)	18.5 (6.9 - 30.2)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		152	22.7 (19.5 - 25.9)	24.0 (12.4 - 35.5)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		152	24.6 (13.2 - 36.0)	28.6 (5.2 - 52.0)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Percentage of students who had ever been electronically bullied during the past 12 months		639	9.7 (5.6 - 13.8)	8.7 (6.0 - 11.4)	9.6 (0.0 - 36.8)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	15.6 (9.5 - 21.7)
Among students who were bullied in the past 12 months, the percentage who were bullied because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	26.0 (7.9 - 44.2)	23.9 (7.4 - 40.4)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	18.5 (10.4 - 26.6)	18.7 (9.5 - 28.0)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	12.6 (0.0 - 26.4)	12.7 (0.0 - 31.6)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	14.6 (0.0 - 35.6)	12.7 (0.0 - 28.4)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	73.2 (61.4 - 84.9)	82.6 (67.0 - 98.2)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	25.7 (21.9 - 29.6)	7.0 (0.0 - 18.4)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)
Percentage of students who saw someone else being bullied on school property in the past 30 days		645	38.4 (28.5 - 48.3)	40.4 (19.9 - 60.8)	27.3 (6.6 - 48.1)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	37.9 (22.5 - 53.4)
Violence											
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		648	15.2 (6.5 - 23.9)	12.4 (4.8 - 20.1)	28.8 (18.0 - 39.6)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	20.5 (10.5 - 30.4)
Percentage of students who were in a physical fight one or more times during the past 12 months		638	16.4 (12.6 - 20.2)	13.2 (3.2 - 23.1)	21.2 (7.1 - 35.4)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	25.6 (1.3 - 49.9)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		287	10.0 (3.6 - 16.4)	7.2 (0.5 - 13.9)	17.7 (0.0 - 42.7)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	10.1 (3.2 - 17.0)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		293	12.2 (0.0 - 25.0)	9.8 (0.0 - 20.9)	20.0 (6.5 - 33.6)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	17.3 (12.8 - 21.7)
Percentage of students who have been threatened with a gun electronically or in person, witnessed a shooting where they live, or know someone (family or friend) who has been shot by another person during the past 12 months		641	11.4 (5.8 - 17.0)	9.1 (4.8 - 13.5)	11.0 (0.0 - 30.6)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	24.6 (14.7 - 34.5)
Mental Health											
Percentage of students who agree or strongly agree their stress level is manageable most days		656	58.0 (53.5 - 62.4)	58.2 (50.0 - 66.5)	50.6 (21.1 - 80.1)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	58.2 (41.6 - 74.7)
Percentage of students who most of the time or always had poor mental health during the past 30 days		645	22.8 (18.7 - 26.9)	22.6 (16.3 - 28.9)	24.3 (0.0 - 61.1)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	27.0 (20.6 - 33.4)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		640	15.7 (9.8 - 21.6)	13.8 (11.5 - 16.1)	18.6 (0.0 - 45.2)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	20.2 (14.4 - 26.0)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		644	20.5 (16.1 - 25.0)	19.1 (15.8 - 22.3)	34.0 (0.0 - 68.5)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	20.3 (18.5 - 22.1)
Percentage of students who ever seriously thought about killing themselves		641	16.3 (13.6 - 18.9)	15.3 (14.8 - 15.9)	19.2 (0.0 - 42.9)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	19.6 (0.0 - 39.8)
Percentage of students who ever made a plan about how they would kill themselves		639	12.0 (7.3 - 16.6)	11.1 (6.5 - 15.7)	15.7 (0.0 - 45.1)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	14.6 (8.1 - 21.1)
Percentage of students who ever tried to kill themselves		639	4.7 (0.0 - 9.7)	4.3 (0.0 - 8.7)	6.2 (0.0 - 24.3)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	5.7 (0.0 - 13.8)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	647	76.4 (63.1 - 89.6)	79.8 (71.7 - 87.9)	66.0 (38.3 - 95.6)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	74.6 (49.8 - 99.4)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	651	60.1 (49.5 - 70.7)	62.9 (57.5 - 68.2)	41.0 (28.4 - 55.5)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	65.9 (39.3 - 92.4)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		644	32.9 (28.6 - 37.3)	32.3 (26.6 - 38.0)	36.5 (2.6 - 70.4)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	36.1 (22.9 - 49.2)
Percentage of students who would tell a family member if they were concerned about their own or someone else's well-being or mental health		621	62.9 (54.0 - 71.8)	67.7 (67.0 - 68.4)	45.8 (22.2 - 69.3)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	56.8 (42.3 - 71.3)
Percentage of students who would tell an adult in school if they were concerned about their own or someone else's well-being or mental health		621	41.3 (26.2 - 56.3)	44.3 (34.2 - 54.4)	22.8 (5.5 - 40.2)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	41.9 (36.2 - 47.6)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		621	36.9 (25.3 - 48.6)	41.2 (31.0 - 51.5)	18.1 (9.1 - 27.0)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	32.5 (27.1 - 37.9)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		621	36.2 (20.7 - 51.8)	39.2 (31.1 - 47.4)	18.0 (0.0 - 38.3)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	37.6 (0.0 - 76.9)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		621	23.2 (14.1 - 32.4)	25.2 (19.2 - 31.2)	8.2 (5.1 - 11.3)	(. . .)	(. . .)	(. . .)	(. . .)	(. . .)	25.4 (5.0 - 45.8)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latino % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Pacific Islander % (95% CI)	Middle Eastern/North African % (95% CI)	Multiracial ³ % (95% CI)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		12	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it		12	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Prescription Pain Medicine											
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		622	8.2 (3.6 - 12.8)	6.5 (0.0 - 14.4)	11.5 (7.0 - 16.1)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	11.4 (2.7 - 20.0)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	622	5.2 (2.1 - 8.2)	4.1 (0.0 - 10.6)	8.2 (0.9 - 15.5)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	5.6 (0.0 - 18.7)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them if they wanted	Risk Factor: Availability of Substances in Community	626	32.5 (12.8 - 52.2)	33.5 (13.1 - 53.8)	23.9 (0.0 - 80.7)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	35.0 (31.9 - 38.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	90.2 (87.3 - 93.1)	92.4 (84.0 - 100.0)	85.9 (79.1 - 92.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	85.2 (67.6 - 100.0)
Nutrition											
Percentage of students who ate fruit one or more times per day in the past 7 days		628	64.8 (54.9 - 74.6)	66.3 (65.0 - 67.5)	50.1 (31.4 - 68.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	67.3 (40.9 - 93.7)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		626	67.5 (60.2 - 74.8)	71.5 (64.9 - 78.1)	46.9 (34.8 - 59.1)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	65.1 (38.0 - 92.1)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		629	20.8 (0.0 - 49.0)	16.6 (0.0 - 40.9)	46.1 (42.3 - 49.9)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	20.3 (0.0 - 63.4)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times per day in the past 7 days		615	64.9 (49.1 - 80.7)	64.2 (48.5 - 79.8)	68.9 (53.3 - 84.6)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	65.6 (39.3 - 91.8)
Percentage of students who ate breakfast on all of the past 7 days		622	44.0 (35.9 - 52.1)	46.7 (40.7 - 52.7)	26.9 (9.5 - 44.3)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	42.7 (24.8 - 60.6)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	619	8.5 (2.6 - 14.4)	6.3 (2.3 - 10.2)	19.6 (5.4 - 33.9)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	11.4 (0.0 - 24.3)
Physical Activity											
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		614	66.5 (47.1 - 85.8)	72.6 (55.8 - 89.4)	39.3 (3.6 - 75.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	59.0 (45.6 - 72.4)
Percentage of students who spent 3+ hours per average school day in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork		607	52.3 (25.2 - 79.5)	50.2 (28.8 - 71.6)	64.4 (2.1 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	54.7 (16.8 - 92.6)
Body Image & Eating Disorders											
Percentage of students who most of the time or always felt confident with their body image during the past 30 days		608	54.6 (46.6 - 62.5)	56.6 (48.9 - 64.3)	33.2 (17.0 - 49.5)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	54.6 (39.1 - 70.2)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days		601	33.0 (22.1 - 44.0)	32.3 (22.4 - 42.2)	42.8 (0.0 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	32.0 (4.1 - 60.0)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days		602	17.5 (10.6 - 24.5)	13.7 (9.1 - 18.3)	43.4 (21.0 - 65.9)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	19.6 (17.1 - 22.1)
Home Life											
Percentage of students who usually or definitely feel the rules in their family are clear	Risk Factor: Limited Parent Time to Monitor Youth Behavior	608	95.1 (92.4 - 97.8)	95.1 (92.0 - 98.2)	95.1 (91.7 - 98.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	93.4 (84.1 - 100.0)
Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem	Protective Factor: Family Opportunities for Prosocial Involvement	606	87.7 (78.0 - 97.5)	90.7 (87.5 - 94.0)	73.2 (61.0 - 85.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	88.1 (76.4 - 99.7)
Percentage of students who usually or definitely have parents or guardians who ask if their homework is done	Risk Factor: Limited Parent Time to Monitor Youth Behavior	605	89.4 (74.6 - 100.0)	90.4 (76.5 - 100.0)	79.6 (53.7 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	91.7 (80.2 - 100.0)
Percentage of students who usually or definitely have chances to do fun things with their parents or guardians	Protective Factor: Family Opportunities for Prosocial Involvement	603	86.9 (81.6 - 92.3)	89.5 (88.2 - 90.9)	74.5 (61.2 - 87.9)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	81.0 (70.1 - 91.9)
Percentage of students who usually or definitely have parents or guardians who ask them what they think before making most family decisions	Protective Factor: Family Opportunities for Prosocial Involvement	601	74.8 (63.4 - 86.2)	77.6 (72.4 - 82.7)	57.9 (22.7 - 93.1)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	72.9 (51.7 - 94.2)
Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school	Risk Factor: Limited Parent Time to Monitor Youth Behavior	604	93.8 (88.9 - 98.8)	95.1 (93.2 - 96.9)	88.1 (77.2 - 99.1)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	92.7 (79.6 - 100.0)
Percentage of students who usually or definitely feel safe in their neighborhood	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	603	97.2 (91.7 - 100.0)	98.0 (93.8 - 100.0)	94.9 (81.2 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	95.8 (91.2 - 100.0)
Percentage of students who provide care one or more days per week for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own		599	13.3 (0.1 - 26.5)	9.9 (1.8 - 18.0)	25.4 (0.0 - 53.7)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	23.8 (4.3 - 43.2)
School & Community											
Percentage of students who agree or strongly agree that they belong at their school	Protective Factor: School Opportunities for Prosocial Involvement	610	73.2 (56.3 - 90.1)	75.3 (62.1 - 88.4)	63.2 (22.9 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	75.6 (46.3 - 100.0)
Percentage of students who usually or definitely feel safe at school	Protective Factor: School Opportunities for Prosocial Involvement	601	90.7 (84.0 - 97.5)	91.8 (86.3 - 97.3)	88.5 (73.7 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	87.3 (84.9 - 89.8)
Percentage of students who think it is important or very important to finish high school	Protective Factor: Future School Aspiration	611	95.6 (90.6 - 100.0)	96.9 (91.0 - 100.0)	90.1 (68.5 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	95.8 (89.9 - 100.0)
Percentage of students who have talked to a school counselor about future plans at least once a week during the past 12 months		600	5.4 (0.0 - 10.8)	3.5 (0.0 - 7.1)	11.6 (0.0 - 46.9)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	7.5 (0.0 - 16.1)
Percentage of students who have talked to a teacher about future plans at least once a week during the past 12 months		595	12.9 (1.0 - 24.9)	10.8 (0.3 - 21.3)	23.8 (1.9 - 45.7)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	11.9 (0.0 - 32.7)
Percentage of students who have talked to an administrator about future plans at least once a week during the past 12 months		593	4.3 (0.0 - 9.7)	3.5 (1.0 - 5.9)	10.0 (0.0 - 27.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who have talked to a coach about future plans at least once a week during the past 12 months		591	13.8 (5.7 - 21.9)	12.9 (2.7 - 23.1)	16.9 (0.0 - 43.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	14.5 (0.0 - 30.2)
Percentage of students who have talked to a school staff member (who is not a school counselor, teacher, administrator, or coach) about future plans at least once a week during the past 12 months		589	6.3 (0.7 - 12.0)	5.8 (0.0 - 13.3)	11.8 (0.0 - 53.6)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who sometimes, most of the time, or always participated in sports when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	585	75.5 (51.6 - 99.4)	78.6 (59.6 - 97.6)	50.9 (19.4 - 82.3)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	77.4 (44.5 - 100.0)
Percentage of students who sometimes, most of the time, or always participated in academic support programs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	26.8 (10.3 - 43.3)	27.6 (12.6 - 42.5)	27.2 (3.7 - 50.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	20.6 (0.0 - 43.6)
Percentage of students who sometimes, most of the time, or always participated in programs or clubs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	583	43.6 (39.1 - 48.2)	44.2 (40.5 - 48.0)	34.6 (16.1 - 53.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	42.9 (17.9 - 67.8)
Percentage of students who sometimes, most of the time, or always participated in community service or volunteering when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	27.2 (25.8 - 28.6)	28.8 (21.8 - 35.9)	21.8 (16.7 - 27.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	18.0 (0.0 - 48.7)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	White % (95% CI)	Hispanic/Latino % (95% CI)	Black/African American % (95% CI)	Asian % (95% CI)	American Indian/Alaska Native % (95% CI)	Native Hawaiian/Pacific Islander % (95% CI)	Middle Eastern/North African % (95% CI)	Multiracial ³ % (95% CI)
Percentage of students who sometimes, most of the time, or always participated in paid work when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	575	39.5 (23.4 - 55.6)	40.8 (29.6 - 51.9)	38.9 (29.5 - 48.3)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	37.3 (0.0 - 94.3)
Percentage of students who sometimes, most of the time, or always participated in unpaid work (e.g., internships, coaching) when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	572	20.8 (12.0 - 29.6)	22.1 (11.6 - 32.5)	18.5 (10.1 - 26.8)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	14.8 (8.2 - 21.3)
Other Health Topics											
Percentage of students who usually slept somewhere other than their home during the past 30 days	Risk Factor: Economic Instability	601	6.3 (2.0 - 10.6)	5.7 (4.5 - 6.9)	6.8 (0.0 - 13.7)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	9.8 (0.0 - 30.3)
Percentage of students who sleep 8 or more hours per night on average school nights		602	67.9 (55.2 - 80.5)	69.6 (57.8 - 81.4)	52.3 (37.4 - 67.3)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	71.2 (22.5 - 100.0)
Percentage of students who never or rarely wear a seat belt while riding in a car		600	2.1 (0.0 - 6.4)	0.7 (0.0 - 1.9)	7.0 (0.0 - 25.6)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	5.9 (0.0 - 20.2)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	Risk Factor: Access to Firearms	586	12.0 (0.7 - 23.2)	10.4 (0.4 - 20.3)	12.7 (1.4 - 23.9)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	19.0 (0.0 - 39.7)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		574	12.1 (2.3 - 22.0)	12.1 (4.3 - 20.0)	7.4 (0.0 - 15.9)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	14.4 (0.0 - 49.8)
Percentage of students who have ever been told by a doctor or nurse that they had asthma		589	14.2 (8.3 - 20.0)	14.2 (7.9 - 20.5)	10.3 (0.0 - 33.1)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	13.9 (4.0 - 23.8)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months ⁴		588	92.6 (88.8 - 96.3)	94.2 (92.4 - 95.9)	88.1 (72.0 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	90.4 (78.1 - 100.0)
Extra Questions											
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		569	80.7 (72.9 - 88.5)	81.4 (74.9 - 87.8)	70.3 (55.4 - 85.2)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	84.3 (74.8 - 93.7)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		565	86.9 (77.8 - 95.9)	87.0 (77.4 - 96.5)	85.1 (60.6 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	91.2 (78.8 - 100.0)
Percentage of students who think people who use marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		561	79.9 (67.9 - 92.0)	81.3 (70.1 - 92.5)	74.1 (62.3 - 86.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	75.4 (47.2 - 100.0)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		565	86.6 (79.3 - 93.8)	87.5 (81.7 - 93.3)	83.3 (74.5 - 92.1)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	87.5 (72.9 - 100.0)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		566	96.1 (94.2 - 98.0)	95.9 (94.8 - 96.9)	98.1 (93.1 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	94.5 (87.9 - 100.0)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		566	98.1 (97.7 - 98.4)	97.9 (96.5 - 99.3)	98.1 (90.5 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	98.9 (95.3 - 100.0)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		565	97.2 (94.3 - 100.0)	97.1 (93.5 - 100.0)	94.3 (79.6 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		569	89.4 (83.1 - 95.6)	92.0 (86.5 - 97.5)	69.7 (43.7 - 95.8)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	87.7 (77.1 - 98.3)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		569	92.9 (84.8 - 100.0)	94.1 (90.0 - 98.1)	83.0 (40.8 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	92.9 (84.2 - 100.0)
Percentage of students who think their friends would feel it is wrong or very wrong for them to use marijuana		569	88.6 (81.5 - 95.7)	90.7 (86.5 - 94.9)	71.6 (13.8 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	88.0 (76.8 - 99.3)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		562	92.1 (89.2 - 94.9)	93.5 (87.9 - 99.1)	80.3 (34.8 - 100.0)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	94.5 (90.7 - 98.3)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		572	2.5 (0.5 - 4.4)	1.5 (0.8 - 2.3)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	-. (. .)	5.3 (0.0 - 18.6)

1. Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

2. Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

3. Students included in "Multiracial" selected two or more racial and ethnic identities and represent numerous unique combinations.

4. The 2023 report incorrectly displayed data for this item in the inverse of the current report. Contact the CSHHS Survey Team (CSPHHSurveyTeam@CUKnschutz.edu) for a corrected comparison.

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

New for 2025: this tab shows results for Black, Indigenous, and People of Color (BIPOC) and white students. See more details in the footnotes.

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	BIPOC ³ % (95% CI)	White % (95% CI)
Bullying					
Percentage of students who have ever been bullied on school property during the past 12 months		631	23.6 (8.1 - 39.0)	26.7 (4.0 - 49.4)	22.6 (10.9 - 34.2)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		152	67.7 (54.3 - 81.1)	63.5 (48.3 - 78.6)	71.2 (54.6 - 87.7)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		152	49.8 (42.9 - 56.6)	60.5 (47.3 - 73.7)	44.6 (37.4 - 51.7)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		152	14.1 (11.9 - 16.3)	14.6 (0.0 - 29.7)	14.1 (4.5 - 23.8)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		152	35.0 (18.6 - 51.3)	42.3 (18.3 - 66.3)	32.2 (3.4 - 61.0)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		152	8.5 (0.0 - 17.3)	12.8 (0.0 - 48.2)	6.5 (2.3 - 10.7)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		152	21.0 (9.2 - 32.8)	27.2 (0.0 - 55.6)	18.5 (6.9 - 30.2)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		152	22.7 (19.5 - 25.9)	21.2 (0.0 - 48.1)	24.0 (12.4 - 35.5)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		152	24.6 (13.2 - 36.0)	17.4 (6.4 - 28.4)	28.6 (5.2 - 52.0)
Percentage of students who had ever been electronically bullied during the past 12 months		639	9.7 (5.6 - 13.8)	13.1 (0.0 - 29.3)	8.7 (6.0 - 11.4)
Among students who were bullied in the past 12 months, the percentage who were bullied because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	26.0 (7.9 - 44.2)	29.0 (10.8 - 47.3)	23.9 (7.4 - 40.4)
Among students who were bullied in the past 12 months, the percentage who were bullied because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	18.5 (10.4 - 26.6)	16.3 (9.2 - 23.4)	18.7 (9.5 - 28.0)
Among students who were bullied in the past 12 months, the percentage who were bullied because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	12.6 (0.0 - 26.4)	13.1 (9.2 - 17.1)	12.7 (0.0 - 31.6)
Among students who were bullied in the past 12 months, the percentage who were bullied because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	14.6 (0.0 - 35.6)	16.2 (0.0 - 41.9)	12.7 (0.0 - 28.4)
Among students who were bullied in the past 12 months, the percentage who were bullied because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	73.2 (61.4 - 84.9)	58.5 (30.7 - 86.2)	82.6 (67.0 - 98.2)
Among students who were bullied in the past 12 months, the percentage who were bullied because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	25.7 (21.9 - 29.6)	64.4 (44.6 - 84.2)	7.0 (0.0 - 18.4)
Percentage of students who saw someone else being bullied on school property in the past 30 days		645	38.4 (28.5 - 48.3)	35.3 (17.5 - 53.2)	40.4 (19.9 - 60.8)

Violence

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	BIPOC ³ % (95% CI)	White % (95% CI)
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		648	15.2 (6.5 - 23.9)	22.7 (14.4 - 31.1)	12.4 (4.8 - 20.1)
Percentage of students who were in a physical fight one or more times during the past 12 months		638	16.4 (12.6 - 20.2)	24.3 (6.8 - 41.9)	13.2 (3.2 - 23.1)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		287	10.0 (3.6 - 16.4)	16.0 (9.0 - 23.0)	7.2 (0.5 - 13.9)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		293	12.2 (0.0 - 25.0)	18.7 (8.3 - 29.0)	9.8 (0.0 - 20.9)
Percentage of students who have been threatened with a gun electronically or in person, witnessed a shooting where they live, or know someone (family or friend) who has been shot by another person during the past 12 months		641	11.4 (5.8 - 17.0)	17.5 (0.8 - 34.1)	9.1 (4.8 - 13.5)
Mental Health					
Percentage of students who agree or strongly agree their stress level is manageable most days		656	58.0 (53.5 - 62.4)	58.0 (52.4 - 63.6)	58.2 (50.0 - 66.5)
Percentage of students who most of the time or always had poor mental health during the past 30 days		645	22.8 (18.7 - 26.9)	24.4 (10.4 - 38.4)	22.6 (16.3 - 28.9)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		640	15.7 (9.8 - 21.6)	20.1 (8.7 - 31.5)	13.8 (11.5 - 16.1)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		644	20.5 (16.1 - 25.0)	25.2 (17.4 - 33.1)	19.1 (15.8 - 22.3)
Percentage of students who ever seriously thought about killing themselves		641	16.3 (13.6 - 18.9)	18.9 (5.2 - 32.5)	15.3 (14.8 - 15.9)
Percentage of students who ever made a plan about how they would kill themselves		639	12.0 (7.3 - 16.6)	15.2 (5.9 - 24.6)	11.1 (6.5 - 15.7)
Percentage of students who ever tried to kill themselves		639	4.7 (0.0 - 9.7)	5.9 (0.0 - 16.2)	4.3 (0.0 - 8.7)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	647	76.4 (63.1 - 89.6)	69.8 (51.1 - 88.5)	79.8 (71.7 - 87.9)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	651	60.1 (49.5 - 70.7)	54.4 (34.7 - 74.0)	62.9 (57.5 - 68.2)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		644	32.9 (28.6 - 37.3)	35.7 (23.6 - 47.9)	32.3 (26.6 - 38.0)
Percentage of students who would tell a family member if they were concerned about their own or someone else's well-being or mental health		621	62.9 (54.0 - 71.8)	51.1 (37.9 - 64.3)	67.7 (67.0 - 68.4)
Percentage of students who would tell an adult in school if they were concerned about their own or someone else's well-being or mental health		621	41.3 (26.2 - 56.3)	32.9 (17.1 - 48.7)	44.3 (34.2 - 54.4)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		621	36.9 (25.3 - 48.6)	27.3 (17.7 - 36.9)	41.2 (31.0 - 51.5)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		621	36.2 (20.7 - 51.8)	28.8 (0.0 - 62.2)	39.2 (31.1 - 47.4)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		621	23.2 (14.1 - 32.4)	18.9 (5.5 - 32.4)	25.2 (19.2 - 31.2)
Percentage of students who have ever experienced the suicide death of a family member or close friend		642	14.1 (11.6 - 16.5)	24.9 (15.1 - 34.6)	10.2 (6.1 - 14.3)
Racism					

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	BIPOC ³ % (95% CI)	White % (95% CI)
Percentage of students who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	5.0 (2.5 - 7.6)	12.1 (3.4 - 20.7)	2.4 (0.0 - 5.7)
Percentage of students who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	2.6 (0.0 - 8.4)	8.3 (0.0 - 23.0)	. (. - .)
Percentage of students who were assumed less intelligent because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	4.8 (2.2 - 7.5)	8.8 (0.2 - 17.4)	3.2 (1.6 - 4.8)
Percentage of students who saw family members treated unfairly because of the color of their skin, language, accent, or because they are from a different country or culture in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	3.3 (0.0 - 6.7)	10.2 (2.3 - 18.0)	0.7 (0.0 - 2.4)
Alcohol					
Percentage of students who have ever had a drink of alcohol other than a few sips		626	20.1 (15.3 - 24.8)	27.1 (11.5 - 42.8)	17.2 (11.6 - 22.9)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	Risk Factor: Early Initiation of Substance Use	626	11.7 (3.6 - 19.9)	14.2 (1.8 - 26.7)	10.6 (2.4 - 18.9)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		637	5.1 (1.9 - 8.4)	7.2 (3.1 - 11.4)	4.3 (0.0 - 9.9)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	Risk Factor: Availability of Substances in Community	623	45.8 (22.1 - 69.5)	42.8 (16.8 - 68.9)	47.9 (26.7 - 69.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	89.9 (87.8 - 91.9)	86.7 (69.8 - 100.0)	91.2 (84.8 - 97.7)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	Risk Factor: Parental Attitudes Favorable Toward Substance Use	629	92.8 (86.9 - 98.7)	92.4 (82.9 - 100.0)	93.0 (88.3 - 97.8)
Percentage of students who overestimated peer alcohol use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		634	35.8 (30.6 - 40.9)	37.6 (32.6 - 42.6)	35.4 (29.9 - 40.9)
Percentage of students who have ever lived with someone having a problem with alcohol use		629	16.7 (0.0 - 33.4)	25.0 (0.0 - 58.1)	14.0 (5.4 - 22.6)
Tobacco					
Percentage of students who have ever smoked a cigarette, even one or two puffs		637	3.9 (0.0 - 10.3)	10.0 (0.0 - 21.3)	1.4 (0.0 - 5.1)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	Risk Factor: Early Initiation of Substance Use	637	1.9 (0.0 - 5.9)	5.7 (0.0 - 13.8)	. (. - .)
Percentage of students who smoked cigarettes on one or more of the past 30 days		639	0.3 (0.0 - 1.4)	1.2 (0.0 - 4.3)	. (. - .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	Risk Factor: Availability of Substances in Community	627	17.8 (11.6 - 24.0)	21.6 (9.6 - 33.6)	16.2 (10.0 - 22.5)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	Risk Factor: Parental Attitudes Favorable Toward Substance Use	633	96.7 (93.0 - 100.0)	96.4 (90.1 - 100.0)	96.9 (93.2 - 100.0)
Percentage of students who have ever used an electronic vapor product		631	9.5 (0.0 - 23.6)	22.9 (0.0 - 50.2)	4.6 (0.0 - 12.5)
Percentage of students who used electronic vapor products for the first time before age 11	Risk Factor: Early Initiation of Substance Use	631	2.3 (0.0 - 7.1)	8.1 (0.0 - 19.8)	. (. - .)
Percentage of students who used an electronic vapor product in the past 30 days		631	3.8 (0.0 - 11.4)	9.8 (0.0 - 30.7)	1.7 (0.0 - 5.0)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	Risk Factor: Availability of Substances in Community	627	32.5 (26.6 - 38.3)	34.9 (9.6 - 60.2)	32.1 (30.5 - 33.7)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	BIPOC ³ % (95% CI)	White % (95% CI)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	642	91.0 (86.3 - 95.7)	84.3 (61.7 - 100.0)	93.6 (85.3 - 100.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.7 (92.8 - 100.0)	96.6 (90.2 - 100.0)	96.9 (91.9 - 100.0)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm		614	86.6 (84.4 - 88.8)	82.8 (80.1 - 85.4)	88.5 (87.5 - 89.5)
Percentage of students who have ever used oral nicotine pouches		624	2.0 (1.1 - 2.9)	1.8 (0.0 - 4.7)	1.9 (0.3 - 3.6)
Percentage of students who used oral nicotine pouches for the first time before age 11		624	0.5 (0.1 - 0.9)	1.1 (0.0 - 2.6)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get oral nicotine pouches if they wanted	Risk Factor: Availability of Substances in Community	626	16.8 (10.9 - 22.8)	17.0 (0.7 - 33.4)	17.0 (13.0 - 21.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to use oral nicotine pouches	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	638	93.6 (92.3 - 94.9)	91.9 (76.7 - 100.0)	94.3 (89.1 - 99.5)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used oral nicotine pouches	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.4 (93.6 - 99.3)	96.9 (91.4 - 100.0)	96.4 (93.4 - 99.4)
Marijuana					
Percentage of students who have ever tried marijuana		627	3.7 (0.3 - 7.2)	7.6 (0.0 - 17.5)	2.2 (1.4 - 3.0)
Percentage of students who tried marijuana for the first time before the age of 11	Risk Factor: Early Initiation of Substance Use	627	1.4 (0.0 - 5.6)	4.1 (0.0 - 14.7)	. (. - .)
Percentage of students who used marijuana one or more times during the past 30 days		625	1.4 (0.0 - 4.6)	3.5 (0.0 - 10.2)	0.7 (0.0 - 1.9)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	Risk Factor: Availability of Substances in Community	623	15.3 (12.1 - 18.5)	16.5 (2.5 - 30.5)	15.0 (13.7 - 16.4)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	637	94.2 (90.6 - 97.8)	92.2 (79.4 - 100.0)	95.0 (93.1 - 96.9)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used marijuana	Risk Factor: Parental Attitudes Favorable Toward Substance Use	630	96.7 (94.1 - 99.4)	96.7 (91.5 - 100.0)	96.9 (94.1 - 99.6)
Percentage of students who overestimated peer marijuana use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		629	29.9 (0.0 - 62.3)	35.7 (14.1 - 57.3)	27.7 (0.0 - 63.9)
Among students who used marijuana in the past 30 days, the percentage who smoked it		12	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who ate it		12	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		12	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it		12	. (. - .)	. (. - .)	. (. - .)
Prescription Pain Medicine					
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		622	8.2 (3.6 - 12.8)	12.8 (11.7 - 14.0)	6.5 (0.0 - 14.4)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	622	5.2 (2.1 - 8.2)	7.8 (2.1 - 13.5)	4.1 (0.0 - 10.6)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	BIPOC ³ % (95% CI)	White % (95% CI)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them if they wanted	Risk Factor: Availability of Substances in Community	626	32.5 (12.8 - 52.2)	30.1 (3.2 - 56.9)	33.5 (13.1 - 53.8)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	90.2 (87.3 - 93.1)	84.7 (79.2 - 90.1)	92.4 (84.0 - 100.0)
Nutrition					
Percentage of students who ate fruit one or more times per day in the past 7 days		628	64.8 (54.9 - 74.6)	60.4 (31.7 - 89.0)	66.3 (65.0 - 67.5)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		626	67.5 (60.2 - 74.8)	57.5 (40.6 - 74.4)	71.5 (64.9 - 78.1)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		629	20.8 (0.0 - 49.0)	31.4 (3.9 - 59.0)	16.6 (0.0 - 40.9)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times per day in the past 7 days		615	64.9 (49.1 - 80.7)	67.6 (54.4 - 80.8)	64.2 (48.5 - 79.8)
Percentage of students who ate breakfast on all of the past 7 days		622	44.0 (35.9 - 52.1)	36.2 (28.4 - 44.1)	46.7 (40.7 - 52.7)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	619	8.5 (2.6 - 14.4)	14.8 (10.3 - 19.3)	6.3 (2.3 - 10.2)
Physical Activity					
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		614	66.5 (47.1 - 85.8)	51.0 (27.2 - 74.7)	72.6 (55.8 - 89.4)
Percentage of students who spent 3+ hours per average school day in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork		607	52.3 (25.2 - 79.5)	57.0 (19.7 - 94.4)	50.2 (28.8 - 71.6)
Body Image & Eating Disorders					
Percentage of students who most of the time or always felt confident with their body image during the past 30 days		608	54.6 (46.6 - 62.5)	48.0 (46.8 - 49.3)	56.6 (48.9 - 64.3)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days		601	33.0 (22.1 - 44.0)	36.9 (10.3 - 63.6)	32.3 (22.4 - 42.2)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days		602	17.5 (10.6 - 24.5)	29.5 (28.0 - 31.0)	13.7 (9.1 - 18.3)
Home Life					
Percentage of students who usually or definitely feel the rules in their family are clear	Risk Factor: Limited Parent Time to Monitor Youth Behavior	608	95.1 (92.4 - 97.8)	94.5 (92.8 - 96.3)	95.1 (92.0 - 98.2)
Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem	Protective Factor: Family Opportunities for Prosocial Involvement	606	87.7 (78.0 - 97.5)	81.6 (67.4 - 95.9)	90.7 (87.5 - 94.0)
Percentage of students who usually or definitely have parents or guardians who ask if their homework is done	Risk Factor: Limited Parent Time to Monitor Youth Behavior	605	89.4 (74.6 - 100.0)	87.3 (71.0 - 100.0)	90.4 (76.5 - 100.0)
Percentage of students who usually or definitely have chances to do fun things with their parents or guardians	Protective Factor: Family Opportunities for Prosocial Involvement	603	86.9 (81.6 - 92.3)	80.6 (73.7 - 87.5)	89.5 (88.2 - 90.9)
Percentage of students who usually or definitely have parents or guardians who ask them what they think before making most family decisions	Protective Factor: Family Opportunities for Prosocial Involvement	601	74.8 (63.4 - 86.2)	69.0 (51.8 - 86.1)	77.6 (72.4 - 82.7)
Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school	Risk Factor: Limited Parent Time to Monitor Youth Behavior	604	93.8 (88.9 - 98.8)	91.3 (83.8 - 98.7)	95.1 (93.2 - 96.9)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	BIPOC ³ % (95% CI)	White % (95% CI)
Percentage of students who usually or definitely feel safe in their neighborhood	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	603	97.2 (91.7 - 100.0)	96.1 (88.9 - 100.0)	98.0 (93.8 - 100.0)
Percentage of students who provide care one or more days per week for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own		599	13.3 (0.1 - 26.5)	23.0 (3.7 - 42.2)	9.9 (1.8 - 18.0)
School & Community					
Percentage of students who agree or strongly agree that they belong at their school	Protective Factor: School Opportunities for Prosocial Involvement	610	73.2 (56.3 - 90.1)	70.5 (45.2 - 95.9)	75.3 (62.1 - 88.4)
Percentage of students who usually or definitely feel safe at school	Protective Factor: School Opportunities for Prosocial Involvement	601	90.7 (84.0 - 97.5)	88.4 (83.4 - 93.3)	91.8 (86.3 - 97.3)
Percentage of students who think it is important or very important to finish high school	Protective Factor: Future School Aspiration	611	95.6 (90.6 - 100.0)	93.6 (85.8 - 100.0)	96.9 (91.0 - 100.0)
Percentage of students who have talked to a school counselor about future plans at least once a week during the past 12 months		600	5.4 (0.0 - 10.8)	11.1 (0.0 - 33.4)	3.5 (0.0 - 7.1)
Percentage of students who have talked to a teacher about future plans at least once a week during the past 12 months		595	12.9 (1.0 - 24.9)	19.2 (5.2 - 33.2)	10.8 (0.3 - 21.3)
Percentage of students who have talked to an administrator about future plans at least once a week during the past 12 months		593	4.3 (0.0 - 9.7)	6.1 (0.0 - 19.5)	3.5 (1.0 - 5.9)
Percentage of students who have talked to a coach about future plans at least once a week during the past 12 months		591	13.8 (5.7 - 21.9)	16.6 (10.3 - 22.8)	12.9 (2.7 - 23.1)
Percentage of students who have talked to a school staff member (who is not a school counselor, teacher, administrator, or coach) about future plans at least once a week during the past 12 months		589	6.3 (0.7 - 12.0)	8.2 (0.0 - 26.5)	5.8 (0.0 - 13.3)
Percentage of students who sometimes, most of the time, or always participated in sports when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	585	75.5 (51.6 - 99.4)	66.9 (40.9 - 92.8)	78.6 (59.6 - 97.6)
Percentage of students who sometimes, most of the time, or always participated in academic support programs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	26.8 (10.3 - 43.3)	25.2 (4.9 - 45.5)	27.6 (12.6 - 42.5)
Percentage of students who sometimes, most of the time, or always participated in programs or clubs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	583	43.6 (39.1 - 48.2)	42.2 (32.5 - 51.9)	44.2 (40.5 - 48.0)
Percentage of students who sometimes, most of the time, or always participated in community service or volunteering when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	27.2 (25.8 - 28.6)	22.3 (11.9 - 32.6)	28.8 (21.8 - 35.9)
Percentage of students who sometimes, most of the time, or always participated in paid work when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	575	39.5 (23.4 - 55.6)	37.4 (10.3 - 64.5)	40.8 (29.6 - 51.9)
Percentage of students who sometimes, most of the time, or always participated in unpaid work (e.g., internships, coaching) when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	572	20.8 (12.0 - 29.6)	18.0 (10.3 - 25.7)	22.1 (11.6 - 32.5)
Other Health Topics					
Percentage of students who usually slept somewhere other than their home during the past 30 days	Risk Factor: Economic Instability	601	6.3 (2.0 - 10.6)	8.4 (0.0 - 22.6)	5.7 (4.5 - 6.9)
Percentage of students who sleep 8 or more hours per night on average school nights		602	67.9 (55.2 - 80.5)	63.6 (41.9 - 85.3)	69.6 (57.8 - 81.4)
Percentage of students who never or rarely wear a seat belt while riding in a car		600	2.1 (0.0 - 6.4)	6.1 (0.0 - 15.0)	0.7 (0.0 - 1.9)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	Risk Factor: Access to Firearms	586	12.0 (0.7 - 23.2)	16.8 (3.0 - 30.5)	10.4 (0.4 - 20.3)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		574	12.1 (2.3 - 22.0)	13.1 (0.0 - 29.7)	12.1 (4.3 - 20.0)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	BIPOC ³ % (95% CI)	White % (95% CI)
Percentage of students who have ever been told by a doctor or nurse that they had asthma		589	14.2 (8.3 - 20.0)	13.8 (6.3 - 21.3)	14.2 (7.9 - 20.5)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months ⁴		588	92.6 (88.8 - 96.3)	89.6 (83.8 - 95.4)	94.2 (92.4 - 95.9)
Extra Questions					
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		569	80.7 (72.9 - 88.5)	77.4 (64.4 - 90.4)	81.4 (74.9 - 87.8)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		565	86.9 (77.8 - 95.9)	86.4 (73.1 - 99.8)	87.0 (77.4 - 96.5)
Percentage of students who think people who use marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		561	79.9 (67.9 - 92.0)	75.3 (61.2 - 89.4)	81.3 (70.1 - 92.5)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		565	86.6 (79.3 - 93.8)	83.7 (77.1 - 90.2)	87.5 (81.7 - 93.3)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		566	96.1 (94.2 - 98.0)	96.7 (92.0 - 100.0)	95.9 (94.8 - 96.9)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		566	98.1 (97.7 - 98.4)	98.4 (95.8 - 100.0)	97.9 (96.5 - 99.3)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		565	97.2 (94.3 - 100.0)	97.0 (93.0 - 100.0)	97.1 (93.5 - 100.0)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		569	89.4 (83.1 - 95.6)	81.2 (61.9 - 100.0)	92.0 (86.5 - 97.5)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		569	92.9 (84.8 - 100.0)	89.1 (67.4 - 100.0)	94.1 (90.0 - 98.1)
Percentage of students who think their friends would feel it is wrong or very wrong for them to use marijuana		569	88.6 (81.5 - 95.7)	81.6 (53.5 - 100.0)	90.7 (86.5 - 94.9)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		562	92.1 (89.2 - 94.9)	87.3 (67.7 - 100.0)	93.5 (87.9 - 99.1)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		572	2.5 (0.5 - 4.4)	5.2 (0.0 - 11.2)	1.5 (0.8 - 2.3)

1. Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

2. Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

3. BIPOC is an aggregate of the students who chose the following responses to the race/ethnicity demographic question: "American Indian/Alaska Native", "Asian", "Black/African American", "Hispanic/Latino", "Middle Eastern/North African", "Native Hawaiian/Pacific Islander", and "Multiracial" (students selected two or more identities).

4. The 2023 report incorrectly displayed data for this item in the inverse of the current report. Contact the CSPH Survey Team (CSPHSurveyTeam@CUAnschutz.edu) for a corrected comparison.

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Pansexual % (95% CI)	Asexual % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Bullying										
Percentage of students who have ever been bullied on school property during the past 12 months		631	23.6 (8.1 - 39.0)	19.7 (10.0 - 29.3)	59.2 (38.5 - 80.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		152	67.7 (54.3 - 81.1)	66.2 (46.3 - 86.1)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		152	49.8 (42.9 - 56.6)	53.3 (41.9 - 64.8)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		152	14.1 (11.9 - 16.3)	13.8 (11.2 - 16.4)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		152	35.0 (18.6 - 51.3)	32.5 (14.8 - 50.1)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		152	8.5 (0.0 - 17.3)	6.7 (0.0 - 24.5)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		152	21.0 (9.2 - 32.8)	21.2 (9.5 - 32.9)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		152	22.7 (19.5 - 25.9)	24.2 (20.8 - 27.6)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		152	24.6 (13.2 - 36.0)	21.9 (4.6 - 39.1)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who had ever been electronically bullied during the past 12 months		639	9.7 (5.6 - 13.8)	9.0 (5.8 - 12.1)	25.4 (9.7 - 41.1)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	26.0 (7.9 - 44.2)	5.7 (0.0 - 13.2)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	18.5 (10.4 - 26.6)	6.4 (1.1 - 11.7)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	12.6 (0.0 - 26.4)	9.8 (0.0 - 31.8)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	14.6 (0.0 - 35.6)	8.5 (4.4 - 12.7)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	73.2 (61.4 - 84.9)	84.8 (66.1 - 100.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	25.7 (21.9 - 29.6)	30.7 (18.5 - 42.8)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who saw someone else being bullied on school property in the past 30 days		645	38.4 (28.5 - 48.3)	37.6 (35.5 - 39.7)	47.9 (5.4 - 90.5)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Violence										
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		648	15.2 (6.5 - 23.9)	13.1 (7.7 - 18.6)	20.6 (0.0 - 51.1)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who were in a physical fight one or more times during the past 12 months		638	16.4 (12.6 - 20.2)	15.5 (9.8 - 21.3)	18.4 (6.3 - 30.4)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		287	10.0 (3.6 - 16.4)	9.6 (4.7 - 14.4)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		293	12.2 (0.0 - 25.0)	11.2 (0.0 - 23.7)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have been threatened with a gun electronically or in person, witnessed a shooting where they live, or know someone (family or friend) who has been shot by another person during the past 12 months		641	11.4 (5.8 - 17.0)	11.3 (4.9 - 17.7)	15.4 (8.1 - 22.6)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Mental Health										
Percentage of students who agree or strongly agree their stress level is manageable most days		656	58.0 (53.5 - 62.4)	61.5 (47.7 - 75.3)	24.6 (0.0 - 70.4)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who most of the time or always had poor mental health during the past 30 days		645	22.8 (18.7 - 26.9)	19.5 (15.6 - 23.5)	57.6 (23.3 - 91.9)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		640	15.7 (9.8 - 21.6)	11.9 (5.9 - 18.0)	34.1 (1.1 - 67.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		644	20.5 (16.1 - 25.0)	17.2 (12.7 - 21.7)	35.3 (8.7 - 62.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who ever seriously thought about killing themselves		641	16.3 (13.6 - 18.9)	14.1 (7.1 - 21.0)	31.1 (0.0 - 68.8)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who ever made a plan about how they would kill themselves		639	12.0 (7.3 - 16.6)	9.8 (7.2 - 12.3)	20.9 (0.0 - 50.4)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Pansexual % (95% CI)	Asexual % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Percentage of students who ever tried to kill themselves		639	4.7 (0.0 - 9.7)	3.6 (0.0 - 7.4)	13.7 (0.0 - 53.6)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	647	76.4 (63.1 - 89.6)	79.1 (66.4 - 91.9)	65.1 (59.5 - 70.7)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	651	60.1 (49.5 - 70.7)	63.1 (54.2 - 72.1)	61.7 (35.1 - 88.3)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		644	32.9 (28.6 - 37.3)	30.0 (23.1 - 36.9)	50.7 (28.2 - 73.2)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who would tell a family member if they were concerned about their own or someone else's well-being or mental health		621	62.9 (54.0 - 71.8)	66.3 (65.1 - 67.4)	39.2 (17.4 - 61.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who would tell an adult in school if they were concerned about their own or someone else's well-being or mental health		621	41.3 (26.2 - 56.3)	42.3 (25.2 - 59.4)	34.8 (0.0 - 84.2)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		621	36.9 (25.3 - 48.6)	37.0 (31.5 - 42.4)	64.5 (42.3 - 86.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		621	36.2 (20.7 - 51.8)	36.5 (22.0 - 51.0)	32.3 (0.0 - 69.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		621	23.2 (14.1 - 32.4)	24.3 (16.5 - 32.1)	18.9 (0.0 - 38.6)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who have ever experienced the suicide death of a family member or close friend		642	14.1 (11.6 - 16.5)	13.4 (10.5 - 16.4)	21.4 (7.4 - 35.3)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Racism										
Percentage of students who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	5.0 (2.5 - 7.6)	5.0 (3.3 - 6.7)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	2.6 (0.0 - 8.4)	2.5 (0.0 - 7.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who were assumed less intelligent because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	4.8 (2.2 - 7.5)	4.5 (2.0 - 7.1)	8.4 (0.6 - 16.2)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who saw family members treated unfairly because of the color of their skin, language, accent, or because they are from a different country or culture in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	3.3 (0.0 - 6.7)	3.2 (0.0 - 6.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Alcohol										
Percentage of students who have ever had a drink of alcohol other than a few sips		626	20.1 (15.3 - 24.8)	19.3 (11.0 - 27.7)	14.4 (0.0 - 37.6)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	Risk Factor: Early Initiation of Substance Use	626	11.7 (3.6 - 19.9)	11.7 (1.0 - 22.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		637	5.1 (1.9 - 8.4)	5.4 (1.7 - 9.2)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	Risk Factor: Availability of Substances in Community	623	45.8 (22.1 - 69.5)	46.5 (17.5 - 75.5)	38.7 (2.4 - 75.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	89.9 (87.8 - 91.9)	89.7 (84.8 - 94.6)	90.5 (75.5 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	Risk Factor: Parental Attitudes Favorable Toward Substance Use	629	92.8 (86.9 - 98.7)	92.5 (87.0 - 98.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who overestimated peer alcohol use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		634	35.8 (30.6 - 40.9)	36.8 (25.2 - 48.4)	29.7 (9.9 - 49.5)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who have ever lived with someone having a problem with alcohol use		629	16.7 (0.0 - 33.4)	14.8 (1.0 - 28.6)	22.5 (0.0 - 47.3)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Tobacco										
Percentage of students who have ever smoked a cigarette, even one or two puffs		637	3.9 (0.0 - 10.3)	2.9 (0.0 - 7.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	Risk Factor: Early Initiation of Substance Use	637	1.9 (0.0 - 5.9)	1.3 (0.0 - 3.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who smoked cigarettes on one or more of the past 30 days		639	0.3 (0.0 - 1.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	Risk Factor: Availability of Substances in Community	627	17.8 (11.6 - 24.0)	17.0 (10.3 - 23.6)	7.4 (0.0 - 19.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	Risk Factor: Parental Attitudes Favorable Toward Substance Use	633	96.7 (93.0 - 100.0)	96.9 (93.2 - 100.0)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who have ever used an electronic vapor product		631	9.5 (0.0 - 23.6)	8.4 (0.0 - 18.6)	12.9 (0.0 - 53.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who used electronic vapor products for the first time before age 11	Risk Factor: Early Initiation of Substance Use	631	2.3 (0.0 - 7.1)	1.5 (0.0 - 4.4)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who used an electronic vapor product in the past 30 days		631	3.8 (0.0 - 11.4)	3.0 (0.0 - 8.8)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	Risk Factor: Availability of Substances in Community	627	32.5 (26.6 - 38.3)	33.8 (28.3 - 39.4)	24.0 (2.1 - 45.9)	.(. .)	.(. .)	.(. .)	.(. .)	.(. .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Pansexual % (95% CI)	Asexual % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	642	91.0 (86.3 - 95.7)	90.8 (87.6 - 94.0)	95.3 (77.5 - 100.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.7 (92.8 - 100.0)	96.5 (91.8 - 100.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm		614	86.6 (84.4 - 88.8)	86.4 (85.4 - 87.4)	96.7 (78.9 - 100.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who have ever used oral nicotine pouches		624	2.0 (1.1 - 2.9)	2.1 (1.4 - 2.9)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who used oral nicotine pouches for the first time before age 11		624	0.5 (0.1 - 0.9)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who feel it would be sort of easy or very easy to get oral nicotine pouches if they wanted	Risk Factor: Availability of Substances in Community	626	16.8 (10.9 - 22.8)	16.7 (9.1 - 24.3)	11.4 (0.0 - 28.5)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use oral nicotine pouches	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	638	93.6 (92.3 - 94.9)	93.9 (91.0 - 96.8)	96.7 (78.9 - 100.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used oral nicotine pouches	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.4 (93.6 - 99.3)	96.4 (92.5 - 100.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Marijuana										
Percentage of students who have ever tried marijuana		627	3.7 (0.3 - 7.2)	3.2 (2.2 - 4.2)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who tried marijuana for the first time before the age of 11	Risk Factor: Early Initiation of Substance Use	627	1.4 (0.0 - 5.6)	1.1 (0.0 - 4.3)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who used marijuana one or more times during the past 30 days		625	1.4 (0.0 - 4.6)	1.1 (0.0 - 3.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	Risk Factor: Availability of Substances in Community	623	15.3 (12.1 - 18.5)	15.4 (13.4 - 17.3)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	637	94.2 (90.6 - 97.8)	94.2 (90.7 - 97.6)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used marijuana	Risk Factor: Parental Attitudes Favorable Toward Substance Use	630	96.7 (94.1 - 99.4)	96.8 (93.2 - 100.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who overestimated peer marijuana use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		629	29.9 (0.0 - 62.3)	30.4 (0.0 - 60.8)	20.6 (1.7 - 39.4)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Among students who used marijuana in the past 30 days, the percentage who smoked it		12	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Among students who used marijuana in the past 30 days, the percentage who ate it		12	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		12	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it		12	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Prescription Pain Medicine										
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		622	8.2 (3.6 - 12.8)	7.8 (0.0 - 16.3)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	622	5.2 (2.1 - 8.2)	5.0 (0.0 - 11.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them if they wanted	Risk Factor: Availability of Substances in Community	626	32.5 (12.8 - 52.2)	32.9 (11.6 - 54.2)	27.8 (0.0 - 75.8)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	90.2 (87.3 - 93.1)	90.2 (83.9 - 96.4)	95.3 (90.4 - 100.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Nutrition										
Percentage of students who ate fruit one or more times per day in the past 7 days		628	64.8 (54.9 - 74.6)	66.5 (53.1 - 79.9)	55.5 (30.9 - 80.1)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		626	67.5 (60.2 - 74.8)	68.7 (58.5 - 78.8)	64.0 (29.1 - 98.9)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		629	20.8 (0.0 - 49.0)	19.3 (0.0 - 47.0)	9.8 (0.0 - 23.9)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times per day in the past 7 days		615	64.9 (49.1 - 80.7)	66.3 (47.2 - 85.4)	60.5 (51.4 - 69.7)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who ate breakfast on all of the past 7 days		622	44.0 (35.9 - 52.1)	44.7 (42.4 - 46.9)	39.9 (0.0 - 93.6)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	619	8.5 (2.6 - 14.4)	8.0 (5.5 - 10.5)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)
Physical Activity										
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		614	66.5 (47.1 - 85.8)	69.4 (55.1 - 83.8)	49.5 (9.1 - 90.0)	.(. . .)	.(. . .)	.(. . .)	.(. . .)	.(. . .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Straight % (95% CI)	Bisexual % (95% CI)	Gay/Lesbian % (95% CI)	Pansexual % (95% CI)	Asexual % (95% CI)	Another identity ³ % (95% CI)	Not sure % (95% CI)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		574	12.1 (2.3 - 22.0)	12.5 (2.8 - 22.3)	10.0 (0.0 - 43.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who have ever been told by a doctor or nurse that they had asthma		589	14.2 (8.3 - 20.0)	14.5 (8.1 - 20.9)	10.7 (0.0 - 22.1)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months ⁴		588	92.6 (88.8 - 96.3)	94.5 (92.7 - 96.2)	88.9 (61.7 - 100.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Extra Questions										
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		569	80.7 (72.9 - 88.5)	81.4 (74.1 - 88.6)	81.3 (65.8 - 96.8)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		565	86.9 (77.8 - 95.9)	87.5 (79.3 - 95.7)	90.3 (83.4 - 97.2)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think people who use marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		561	79.9 (67.9 - 92.0)	79.2 (66.3 - 92.1)	92.2 (88.4 - 95.9)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		565	86.6 (79.3 - 93.8)	87.3 (80.2 - 94.5)	90.7 (83.1 - 98.2)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		566	96.1 (94.2 - 98.0)	95.9 (93.7 - 98.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		566	98.1 (97.7 - 98.4)	98.3 (96.6 - 100.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		565	97.2 (94.3 - 100.0)	97.6 (91.4 - 100.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		569	89.4 (83.1 - 95.6)	89.7 (86.9 - 92.6)	92.5 (52.7 - 100.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		569	92.9 (84.8 - 100.0)	93.2 (87.0 - 99.4)	96.2 (76.1 - 100.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to use marijuana		569	88.6 (81.5 - 95.7)	88.0 (82.9 - 93.2)	93.3 (72.3 - 100.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		562	92.1 (89.2 - 94.9)	92.2 (87.4 - 97.1)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		572	2.5 (0.5 - 4.4)	2.1 (0.0 - 5.0)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)	. (. - .)

1. Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

2. Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

3. Students included in "another identity" selected this response on the survey and had the option to write in their answer.

4. The 2023 report incorrectly displayed data for this item in the inverse of the current report. Contact the CSPH Survey Team (CSPHSurveyTeam@CUAnschutz.edu) for a corrected comparison.

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not sure % (95% CI)
Bullying						
Percentage of students who have ever been bullied on school property during the past 12 months		631	23.6 (8.1 - 39.0)	22.1 (11.4 - 32.8)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		152	67.7 (54.3 - 81.1)	68.0 (50.8 - 85.2)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		152	49.8 (42.9 - 56.6)	50.5 (41.7 - 59.3)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		152	14.1 (11.9 - 16.3)	14.7 (12.3 - 17.1)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		152	35.0 (18.6 - 51.3)	34.4 (21.9 - 46.9)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		152	8.5 (0.0 - 17.3)	7.3 (0.0 - 20.3)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		152	21.0 (9.2 - 32.8)	21.1 (10.1 - 32.0)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		152	22.7 (19.5 - 25.9)	23.0 (19.9 - 26.2)	. (. .)	. (. .)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		152	24.6 (13.2 - 36.0)	21.6 (6.5 - 36.7)	. (. .)	. (. .)
Percentage of students who had ever been electronically bullied during the past 12 months		639	9.7 (5.6 - 13.8)	9.4 (5.8 - 12.9)	. (. .)	. (. .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	26.0 (7.9 - 44.2)	21.1 (6.9 - 35.2)	. (. .)	. (. .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	18.5 (10.4 - 26.6)	10.5 (7.9 - 13.1)	. (. .)	. (. .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	12.6 (0.0 - 26.4)	11.4 (0.0 - 29.8)	. (. .)	. (. .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	14.6 (0.0 - 35.6)	12.6 (0.0 - 30.4)	. (. .)	. (. .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	73.2 (61.4 - 84.9)	75.9 (69.7 - 82.2)	. (. .)	. (. .)
Among students who were bullied in the past 12 months, the percentage who were bullied because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	25.7 (21.9 - 29.6)	26.0 (18.6 - 33.3)	. (. .)	. (. .)
Percentage of students who saw someone else being bullied on school property in the past 30 days		645	38.4 (28.5 - 48.3)	38.1 (29.6 - 46.6)	. (. .)	. (. .)
Violence						
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		648	15.2 (6.5 - 23.9)	14.3 (5.5 - 23.0)	. (. .)	26.6 (11.6 - 41.6)
Percentage of students who were in a physical fight one or more times during the past 12 months		638	16.4 (12.6 - 20.2)	16.0 (13.5 - 18.5)	. (. .)	7.7 (0.0 - 24.1)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		287	10.0 (3.6 - 16.4)	8.8 (2.0 - 15.7)	. (. .)	. (. .)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		293	12.2 (0.0 - 25.0)	11.8 (0.9 - 22.7)	. (. .)	. (. .)
Percentage of students who have been threatened with a gun electronically or in person, witnessed a shooting where they live, or know someone (family or friend) who has been shot by another person during the past 12 months		641	11.4 (5.8 - 17.0)	11.0 (4.6 - 17.4)	. (. .)	7.4 (0.0 - 19.5)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not sure % (95% CI)
Mental Health						
Percentage of students who agree or strongly agree their stress level is manageable most days		656	58.0 (53.5 - 62.4)	59.9 (52.0 - 67.8)	. (. . .)	24.6 (0.0 - 60.4)
Percentage of students who most of the time or always had poor mental health during the past 30 days		645	22.8 (18.7 - 26.9)	21.1 (19.6 - 22.6)	. (. . .)	50.7 (17.9 - 83.5)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		640	15.7 (9.8 - 21.6)	14.2 (7.5 - 20.8)	. (. . .)	33.0 (2.2 - 63.7)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		644	20.5 (16.1 - 25.0)	18.1 (14.1 - 22.0)	. (. . .)	45.8 (5.1 - 86.6)
Percentage of students who ever seriously thought about killing themselves		641	16.3 (13.6 - 18.9)	14.6 (10.6 - 18.7)	. (. . .)	30.9 (0.0 - 69.2)
Percentage of students who ever made a plan about how they would kill themselves		639	12.0 (7.3 - 16.6)	10.7 (5.4 - 15.9)	. (. . .)	. (. . .)
Percentage of students who ever tried to kill themselves		639	4.7 (0.0 - 9.7)	3.8 (0.0 - 8.5)	. (. . .)	. (. . .)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	647	76.4 (63.1 - 89.6)	76.7 (62.0 - 91.4)	. (. . .)	68.5 (32.2 - 100.0)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	651	60.1 (49.5 - 70.7)	62.1 (53.3 - 70.9)	. (. . .)	35.4 (5.1 - 65.7)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		644	32.9 (28.6 - 37.3)	31.8 (25.6 - 38.0)	. (. . .)	. (. . .)
Percentage of students who would tell a family member if they were concerned about their own or someone else's well-being or mental health		621	62.9 (54.0 - 71.8)	64.7 (57.8 - 71.6)	. (. . .)	. (. . .)
Percentage of students who would tell an adult in school if they were concerned about their own or someone else's well-being or mental health		621	41.3 (26.2 - 56.3)	41.5 (27.9 - 55.1)	. (. . .)	. (. . .)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		621	36.9 (25.3 - 48.6)	36.7 (30.2 - 43.2)	. (. . .)	. (. . .)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		621	36.2 (20.7 - 51.8)	36.8 (23.2 - 50.5)	. (. . .)	. (. . .)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		621	23.2 (14.1 - 32.4)	23.7 (14.4 - 33.0)	. (. . .)	. (. . .)
Percentage of students who have ever experienced the suicide death of a family member or close friend		642	14.1 (11.6 - 16.5)	14.2 (12.4 - 16.0)	. (. . .)	. (. . .)
Racism						
Percentage of students who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	5.0 (2.5 - 7.6)	5.1 (2.2 - 8.0)	. (. . .)	. (. . .)
Percentage of students who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	2.6 (0.0 - 8.4)	2.2 (0.0 - 6.3)	. (. . .)	. (. . .)
Percentage of students who were assumed less intelligent because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	4.8 (2.2 - 7.5)	4.7 (1.9 - 7.5)	. (. . .)	. (. . .)
Percentage of students who saw family members treated unfairly because of the color of their skin, language, accent, or because they are from a different country or culture in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	3.3 (0.0 - 6.7)	3.4 (0.3 - 6.5)	. (. . .)	. (. . .)
Alcohol						
Percentage of students who have ever had a drink of alcohol other than a few sips		626	20.1 (15.3 - 24.8)	19.5 (14.3 - 24.6)	. (. . .)	. (. . .)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	Risk Factor: Early Initiation of Substance Use	626	11.7 (3.6 - 19.9)	11.5 (2.8 - 20.2)	. (. . .)	. (. . .)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		637	5.1 (1.9 - 8.4)	4.7 (2.3 - 7.2)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	Risk Factor: Availability of Substances in Community	623	45.8 (22.1 - 69.5)	46.2 (22.7 - 69.7)	. (. . .)	. (. . .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not sure % (95% CI)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	89.9 (87.8 - 91.9)	90.1 (87.5 - 92.7)	. (. . .)	. (. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	Risk Factor: Parental Attitudes Favorable Toward Substance Use	629	92.8 (86.9 - 98.7)	93.3 (88.6 - 98.0)	. (. . .)	. (. . .)
Percentage of students who overestimated peer alcohol use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		634	35.8 (30.6 - 40.9)	35.8 (28.5 - 43.2)	. (. . .)	. (. . .)
Percentage of students who have ever lived with someone having a problem with alcohol use		629	16.7 (0.0 - 33.4)	16.0 (0.2 - 31.7)	. (. . .)	28.0 (13.9 - 42.1)
Tobacco						
Percentage of students who have ever smoked a cigarette, even one or two puffs		637	3.9 (0.0 - 10.3)	3.5 (0.0 - 9.4)	. (. . .)	. (. . .)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	Risk Factor: Early Initiation of Substance Use	637	1.9 (0.0 - 5.9)	1.7 (0.0 - 5.1)	. (. . .)	. (. . .)
Percentage of students who smoked cigarettes on one or more of the past 30 days		639	0.3 (0.0 - 1.4)	. (. . .)	. (. . .)	. (. . .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	Risk Factor: Availability of Substances in Community	627	17.8 (11.6 - 24.0)	16.9 (11.0 - 22.7)	. (. . .)	. (. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	Risk Factor: Parental Attitudes Favorable Toward Substance Use	633	96.7 (93.0 - 100.0)	97.1 (93.7 - 100.0)	. (. . .)	96.2 (77.1 - 100.0)
Percentage of students who have ever used an electronic vapor product		631	9.5 (0.0 - 23.6)	8.9 (0.0 - 21.3)	. (. . .)	. (. . .)
Percentage of students who used electronic vapor products for the first time before age 11	Risk Factor: Early Initiation of Substance Use	631	2.3 (0.0 - 7.1)	1.7 (0.0 - 5.1)	. (. . .)	. (. . .)
Percentage of students who used an electronic vapor product in the past 30 days		631	3.8 (0.0 - 11.4)	3.2 (0.0 - 9.6)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	Risk Factor: Availability of Substances in Community	627	32.5 (26.6 - 38.3)	32.6 (27.2 - 37.9)	. (. . .)	. (. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	642	91.0 (86.3 - 95.7)	91.3 (87.4 - 95.2)	. (. . .)	88.5 (63.4 - 100.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.7 (92.8 - 100.0)	96.8 (92.5 - 100.0)	. (. . .)	. (. . .)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm		614	86.6 (84.4 - 88.8)	87.1 (85.8 - 88.3)	. (. . .)	. (. . .)
Percentage of students who have ever used oral nicotine pouches		624	2.0 (1.1 - 2.9)	1.8 (1.0 - 2.7)	. (. . .)	. (. . .)
Percentage of students who used oral nicotine pouches for the first time before age 11		624	0.5 (0.1 - 0.9)	0.4 (0.1 - 0.7)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get oral nicotine pouches if they wanted	Risk Factor: Availability of Substances in Community	626	16.8 (10.9 - 22.8)	17.2 (11.4 - 23.0)	. (. . .)	. (. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use oral nicotine pouches	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	638	93.6 (92.3 - 94.9)	93.9 (92.0 - 95.8)	. (. . .)	. (. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used oral nicotine pouches	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.4 (93.6 - 99.3)	96.6 (93.9 - 99.3)	. (. . .)	. (. . .)
Marijuana						
Percentage of students who have ever tried marijuana		627	3.7 (0.3 - 7.2)	3.6 (0.8 - 6.3)	. (. . .)	. (. . .)
Percentage of students who tried marijuana for the first time before the age of 11	Risk Factor: Early Initiation of Substance Use	627	1.4 (0.0 - 5.6)	1.4 (0.0 - 5.3)	. (. . .)	. (. . .)
Percentage of students who used marijuana one or more times during the past 30 days		625	1.4 (0.0 - 4.6)	1.5 (0.0 - 4.6)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	Risk Factor: Availability of Substances in Community	623	15.3 (12.1 - 18.5)	15.5 (12.7 - 18.2)	. (. . .)	. (. . .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not sure % (95% CI)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	637	94.2 (90.6 - 97.8)	94.6 (91.6 - 97.5)	. (. . .)	. (. . .)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used marijuana	Risk Factor: Parental Attitudes Favorable Toward Substance Use	630	96.7 (94.1 - 99.4)	96.9 (94.4 - 99.4)	. (. . .)	. (. . .)
Percentage of students who overestimated peer marijuana use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		629	29.9 (0.0 - 62.3)	30.4 (0.0 - 63.8)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who smoked it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who ate it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Among students who used marijuana in the past 30 days, the percentage who dabbed it		12	. (. . .)	. (. . .)	. (. . .)	. (. . .)
Prescription Pain Medicine						
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		622	8.2 (3.6 - 12.8)	8.0 (3.0 - 13.0)	. (. . .)	. (. . .)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	622	5.2 (2.1 - 8.2)	5.1 (1.5 - 8.7)	. (. . .)	. (. . .)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them if they wanted	Risk Factor: Availability of Substances in Community	626	32.5 (12.8 - 52.2)	32.2 (12.8 - 51.5)	. (. . .)	. (. . .)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	90.2 (87.3 - 93.1)	89.9 (86.3 - 93.5)	. (. . .)	. (. . .)
Nutrition						
Percentage of students who ate fruit one or more times per day in the past 7 days		628	64.8 (54.9 - 74.6)	65.9 (57.4 - 74.4)	. (. . .)	. (. . .)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		626	67.5 (60.2 - 74.8)	68.2 (59.4 - 77.0)	. (. . .)	. (. . .)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		629	20.8 (0.0 - 49.0)	20.5 (0.0 - 52.8)	. (. . .)	. (. . .)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times per day in the past 7 days		615	64.9 (49.1 - 80.7)	65.7 (50.2 - 81.1)	. (. . .)	. (. . .)
Percentage of students who ate breakfast on all of the past 7 days		622	44.0 (35.9 - 52.1)	44.0 (37.4 - 50.6)	. (. . .)	. (. . .)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	619	8.5 (2.6 - 14.4)	8.3 (4.5 - 12.0)	. (. . .)	. (. . .)
Physical Activity						
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		614	66.5 (47.1 - 85.8)	66.8 (48.0 - 85.5)	. (. . .)	. (. . .)
Percentage of students who spent 3+ hours per average school day in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork		607	52.3 (25.2 - 79.5)	52.1 (25.2 - 79.1)	. (. . .)	. (. . .)
Body Image & Eating Disorders						
Percentage of students who most of the time or always felt confident with their body image during the past 30 days		608	54.6 (46.6 - 62.5)	55.9 (48.6 - 63.2)	. (. . .)	. (. . .)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days		601	33.0 (22.1 - 44.0)	32.3 (19.6 - 45.0)	. (. . .)	. (. . .)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days		602	17.5 (10.6 - 24.5)	16.7 (11.7 - 21.8)	. (. . .)	. (. . .)
Home Life						

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not sure % (95% CI)
Percentage of students who usually or definitely feel the rules in their family are clear	Risk Factor: Limited Parent Time to Monitor Youth Behavior	608	95.1 (92.4 - 97.8)	95.6 (91.8 - 99.3)	. (. . .)	. (. . .)
Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem	Protective Factor: Family Opportunities for Prosocial Involvement	606	87.7 (78.0 - 97.5)	89.0 (80.0 - 98.1)	. (. . .)	. (. . .)
Percentage of students who usually or definitely have parents or guardians who ask if their homework is done	Risk Factor: Limited Parent Time to Monitor Youth Behavior	605	89.4 (74.6 - 100.0)	89.7 (76.6 - 100.0)	. (. . .)	. (. . .)
Percentage of students who usually or definitely have chances to do fun things with their parents or guardians	Protective Factor: Family Opportunities for Prosocial Involvement	603	86.9 (81.6 - 92.3)	87.1 (81.7 - 92.5)	. (. . .)	. (. . .)
Percentage of students who usually or definitely have parents or guardians who ask them what they think before making most family decisions	Protective Factor: Family Opportunities for Prosocial Involvement	601	74.8 (63.4 - 86.2)	75.1 (64.1 - 86.1)	. (. . .)	. (. . .)
Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school	Risk Factor: Limited Parent Time to Monitor Youth Behavior	604	93.8 (88.9 - 98.8)	93.9 (89.2 - 98.6)	. (. . .)	. (. . .)
Percentage of students who usually or definitely feel safe in their neighborhood	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	603	97.2 (91.7 - 100.0)	97.2 (91.9 - 100.0)	. (. . .)	. (. . .)
Percentage of students who provide care one or more days per week for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own		599	13.3 (0.1 - 26.5)	13.0 (0.0 - 27.0)	. (. . .)	. (. . .)
School & Community						
Percentage of students who agree or strongly agree that they belong at their school	Protective Factor: School Opportunities for Prosocial Involvement	610	73.2 (56.3 - 90.1)	74.3 (57.1 - 91.6)	. (. . .)	. (. . .)
Percentage of students who usually or definitely feel safe at school	Protective Factor: School Opportunities for Prosocial Involvement	601	90.7 (84.0 - 97.5)	90.9 (83.3 - 98.5)	. (. . .)	. (. . .)
Percentage of students who think it is important or very important to finish high school	Protective Factor: Future School Aspiration	611	95.6 (90.6 - 100.0)	96.4 (91.9 - 100.0)	. (. . .)	. (. . .)
Percentage of students who have talked to a school counselor about future plans at least once a week during the past 12 months		600	5.4 (0.0 - 10.8)	5.5 (0.2 - 10.9)	. (. . .)	. (. . .)
Percentage of students who have talked to a teacher about future plans at least once a week during the past 12 months		595	12.9 (1.0 - 24.9)	13.1 (1.3 - 25.0)	. (. . .)	. (. . .)
Percentage of students who have talked to an administrator about future plans at least once a week during the past 12 months		593	4.3 (0.0 - 9.7)	4.5 (0.0 - 9.9)	. (. . .)	. (. . .)
Percentage of students who have talked to a coach about future plans at least once a week during the past 12 months		591	13.8 (5.7 - 21.9)	14.5 (5.0 - 24.1)	. (. . .)	. (. . .)
Percentage of students who have talked to a school staff member (who is not a school counselor, teacher, administrator, or coach) about future plans at least once a week during the past 12 months		589	6.3 (0.7 - 12.0)	6.4 (0.4 - 12.4)	. (. . .)	. (. . .)
Percentage of students who sometimes, most of the time, or always participated in sports when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	585	75.5 (51.6 - 99.4)	76.3 (52.8 - 99.7)	. (. . .)	. (. . .)
Percentage of students who sometimes, most of the time, or always participated in academic support programs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	26.8 (10.3 - 43.3)	26.5 (7.7 - 45.4)	. (. . .)	. (. . .)
Percentage of students who sometimes, most of the time, or always participated in programs or clubs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	583	43.6 (39.1 - 48.2)	41.6 (36.2 - 47.1)	. (. . .)	. (. . .)
Percentage of students who sometimes, most of the time, or always participated in community service or volunteering when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	27.2 (25.8 - 28.6)	27.4 (25.4 - 29.4)	. (. . .)	. (. . .)
Percentage of students who sometimes, most of the time, or always participated in paid work when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	575	39.5 (23.4 - 55.6)	39.8 (23.8 - 55.7)	. (. . .)	. (. . .)
Percentage of students who sometimes, most of the time, or always participated in unpaid work (e.g., internships, coaching) when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	572	20.8 (12.0 - 29.6)	21.3 (13.3 - 29.2)	. (. . .)	. (. . .)
Other Health Topics						
Percentage of students who usually slept somewhere other than their home during the past 30 days	Risk Factor: Economic Instability	601	6.3 (2.0 - 10.6)	6.2 (2.2 - 10.2)	. (. . .)	. (. . .)
Percentage of students who sleep 8 or more hours per night on average school nights		602	67.9 (55.2 - 80.5)	68.0 (55.5 - 80.6)	. (. . .)	. (. . .)
Percentage of students who never or rarely wear a seat belt while riding in a car		600	2.1 (0.0 - 6.4)	2.1 (0.0 - 6.1)	. (. . .)	. (. . .)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	Cisgender % (95% CI)	Transgender % (95% CI)	Not sure % (95% CI)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	Risk Factor: Access to Firearms	586	12.0 (0.7 - 23.2)	11.6 (0.0 - 23.9)	. (. .)	. (. .)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		574	12.1 (2.3 - 22.0)	12.0 (1.6 - 22.4)	. (. .)	. (. .)
Percentage of students who have ever been told by a doctor or nurse that they had asthma		589	14.2 (8.3 - 20.0)	14.4 (8.2 - 20.6)	. (. .)	. (. .)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months ³		588	92.6 (88.8 - 96.3)	93.6 (90.2 - 97.1)	. (. .)	. (. .)
Extra Questions						
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		569	80.7 (72.9 - 88.5)	80.6 (72.2 - 89.0)	. (. .)	. (. .)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		565	86.9 (77.8 - 95.9)	87.9 (78.3 - 97.4)	. (. .)	. (. .)
Percentage of students who think people who use marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		561	79.9 (67.9 - 92.0)	80.3 (67.7 - 92.9)	. (. .)	. (. .)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		565	86.6 (79.3 - 93.8)	86.9 (80.1 - 93.8)	. (. .)	. (. .)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		566	96.1 (94.2 - 98.0)	96.0 (93.6 - 98.4)	. (. .)	. (. .)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		566	98.1 (97.7 - 98.4)	97.9 (97.5 - 98.3)	. (. .)	. (. .)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		565	97.2 (94.3 - 100.0)	97.1 (93.7 - 100.0)	. (. .)	. (. .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		569	89.4 (83.1 - 95.6)	89.2 (83.1 - 95.4)	. (. .)	. (. .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		569	92.9 (84.8 - 100.0)	92.7 (84.9 - 100.0)	. (. .)	. (. .)
Percentage of students who think their friends would feel it is wrong or very wrong for them to use marijuana		569	88.6 (81.5 - 95.7)	88.4 (81.0 - 95.7)	. (. .)	. (. .)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		562	92.1 (89.2 - 94.9)	92.1 (89.9 - 94.4)	. (. .)	. (. .)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		572	2.5 (0.5 - 4.4)	2.2 (0.2 - 4.1)	. (. .)	. (. .)

1. Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

2. Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

3. The 2023 report incorrectly displayed data for this item in the inverse of the current report. Contact the CSPH Survey Team (CSPHSurveyTeam@CUAnschutz.edu) for a corrected comparison.

2025 HKCS RESULTS: MIDDLE SCHOOL

Boulder Valley Re 2

New for 2025: this tab shows results for Lesbian, Gay, Bisexual, Transgender, and Queer or Questioning (LGBTQ+) students and straight/cisgender students. These two groups are aggregated based on responses to three demographic questions on gender, sexual orientation, and gender identity. See more details in the footnotes.

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	LGBTQ+ ³ % (95% CI)	Straight/Cisgender ⁴ % (95% CI)
Bullying					
Percentage of students who have ever been bullied on school property during the past 12 months		631	23.6 (8.1 - 39.0)	43.3 (28.7 - 57.9)	19.9 (10.4 - 29.5)
Among students bullied on school property, the percentage who were bullied in a classroom in the past 12 months		152	67.7 (54.3 - 81.1)	71.9 (62.8 - 81.1)	66.0 (46.3 - 85.7)
Among students bullied on school property, the percentage who were bullied in a hallway or stairwell in the past 12 months		152	49.8 (42.9 - 56.6)	44.1 (28.1 - 60.0)	53.6 (41.4 - 65.9)
Among students bullied on school property, the percentage who were bullied in a locker room or bathroom in the past 12 months		152	14.1 (11.9 - 16.3)	15.2 (9.3 - 21.1)	13.9 (11.4 - 16.3)
Among students bullied on school property, the percentage who were bullied in a cafeteria or lunch room in the past 12 months		152	35.0 (18.6 - 51.3)	41.3 (10.8 - 71.7)	32.6 (15.0 - 50.3)
Among students bullied on school property, the percentage who were bullied on a bus or at a bus stop in the past 12 months		152	8.5 (0.0 - 17.3)	12.3 (1.8 - 22.8)	6.8 (0.0 - 24.6)
Among students bullied on school property, the percentage who were bullied outside before school in the past 12 months		152	21.0 (9.2 - 32.8)	21.5 (5.3 - 37.7)	21.3 (9.4 - 33.1)
Among students bullied on school property, the percentage who were bullied outside after school in the past 12 months		152	22.7 (19.5 - 25.9)	20.4 (10.5 - 30.3)	24.4 (20.6 - 28.1)
Among students bullied on school property, the percentage who were bullied outside during lunch or break in the past 12 months		152	24.6 (13.2 - 36.0)	31.1 (24.0 - 38.1)	22.0 (4.4 - 39.6)
Percentage of students who had ever been electronically bullied during the past 12 months		639	9.7 (5.6 - 13.8)	15.0 (5.5 - 24.5)	9.0 (6.0 - 12.1)
Among students who were bullied in the past 12 months, the percentage who were bullied because of sexual orientation	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	26.0 (7.9 - 44.2)	63.4 (47.1 - 79.8)	5.7 (0.0 - 13.1)
Among students who were bullied in the past 12 months, the percentage who were bullied because of gender identity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	18.5 (10.4 - 26.6)	40.8 (20.3 - 61.2)	6.5 (1.2 - 11.7)
Among students who were bullied in the past 12 months, the percentage who were bullied because of religion	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	12.6 (0.0 - 26.4)	17.7 (0.0 - 36.8)	10.0 (0.0 - 31.8)
Among students who were bullied in the past 12 months, the percentage who were bullied because of disability	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	14.6 (0.0 - 35.6)	23.1 (0.0 - 58.7)	8.6 (4.2 - 13.1)
Among students who were bullied in the past 12 months, the percentage who were bullied because of physical appearance	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	73.2 (61.4 - 84.9)	54.5 (48.2 - 60.8)	84.6 (66.1 - 100.0)
Among students who were bullied in the past 12 months, the percentage who were bullied because of race or ethnicity	Risk Factor: Recent Experiences with Oppression: Peer Bullying based on Intersectional Identities	122	25.7 (21.9 - 29.6)	16.7 (2.4 - 30.9)	31.1 (18.1 - 44.1)
Percentage of students who saw someone else being bullied on school property in the past 30 days		645	38.4 (28.5 - 48.3)	46.6 (11.6 - 81.5)	37.5 (34.8 - 40.3)
Violence					
Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school		648	15.2 (6.5 - 23.9)	26.0 (6.6 - 45.5)	13.1 (7.4 - 18.8)
Percentage of students who were in a physical fight one or more times during the past 12 months		638	16.4 (12.6 - 20.2)	19.4 (3.6 - 35.2)	15.3 (9.3 - 21.3)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	LGBTQ+ ³ % (95% CI)	Straight/Cisgender ⁴ % (95% CI)
Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose one or more times by someone they were dating or going out with		287	10.0 (3.6 - 16.4)	12.7 (0.0 - 27.1)	9.0 (3.8 - 14.3)
Among students who dated or went out with someone during the past 12 months, the percentage who had been controlled or emotionally hurt by someone they were dating or going out with		293	12.2 (0.0 - 25.0)	17.1 (3.3 - 31.0)	11.2 (0.0 - 22.9)
Percentage of students who have been threatened with a gun electronically or in person, witnessed a shooting where they live, or know someone (family or friend) who has been shot by another person during the past 12 months		641	11.4 (5.8 - 17.0)	13.2 (8.9 - 17.5)	10.9 (5.1 - 16.7)
Mental Health					
Percentage of students who agree or strongly agree their stress level is manageable most days		656	58.0 (53.5 - 62.4)	36.6 (27.0 - 46.2)	61.7 (46.7 - 76.7)
Percentage of students who most of the time or always had poor mental health during the past 30 days		645	22.8 (18.7 - 26.9)	39.0 (21.6 - 56.4)	19.7 (15.7 - 23.6)
Percentage of students who purposefully hurt themselves without wanting to die in the past 12 months		640	15.7 (9.8 - 21.6)	33.6 (21.7 - 45.4)	12.2 (6.2 - 18.2)
Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row during the past 12 months that they stopped doing some usual activities		644	20.5 (16.1 - 25.0)	38.7 (23.6 - 53.9)	16.9 (12.7 - 21.1)
Percentage of students who ever seriously thought about killing themselves		641	16.3 (13.6 - 18.9)	28.6 (21.2 - 36.0)	13.8 (6.6 - 21.0)
Percentage of students who ever made a plan about how they would kill themselves		639	12.0 (7.3 - 16.6)	25.3 (17.3 - 33.2)	9.4 (7.4 - 11.4)
Percentage of students who ever tried to kill themselves		639	4.7 (0.0 - 9.7)	11.4 (1.2 - 21.6)	3.4 (0.3 - 6.5)
Percentage of students who have an adult to go to for help with a serious problem	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	647	76.4 (63.1 - 89.6)	64.3 (45.0 - 83.6)	78.7 (65.6 - 91.9)
Percentage of students who most of the time or always could talk to a friend about feelings during their life	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	651	60.1 (49.5 - 70.7)	45.6 (31.1 - 60.1)	63.5 (55.7 - 71.3)
Percentage of students who had a friend tell them they had thoughts of suicide one or more times during the past 12 months		644	32.9 (28.6 - 37.3)	50.2 (33.8 - 66.6)	29.9 (22.4 - 37.3)
Percentage of students who would tell a family member if they were concerned about their own or someone else's well-being or mental health		621	62.9 (54.0 - 71.8)	44.4 (12.4 - 76.5)	66.9 (65.1 - 68.8)
Percentage of students who would tell an adult in school if they were concerned about their own or someone else's well-being or mental health		621	41.3 (26.2 - 56.3)	36.0 (21.8 - 50.2)	42.5 (26.3 - 58.7)
Percentage of students who would tell a friend if they were concerned about their own or someone else's well-being or mental health		621	36.9 (25.3 - 48.6)	36.8 (0.0 - 74.7)	37.2 (33.8 - 40.7)
Percentage of students who would submit an anonymous report through their school's safety reporting system if they were concerned about their own or someone else's well-being or mental health		621	36.2 (20.7 - 51.8)	34.7 (13.8 - 55.5)	36.8 (22.7 - 50.9)
Percentage of students who would contact a crisis line if they were concerned about their own or someone else's well-being or mental health		621	23.2 (14.1 - 32.4)	19.2 (0.0 - 41.0)	24.9 (17.2 - 32.5)
Percentage of students who have ever experienced the suicide death of a family member or close friend		642	14.1 (11.6 - 16.5)	19.1 (12.0 - 26.1)	13.6 (10.3 - 16.8)
Racism					
Percentage of students who were treated badly or unfairly in school because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	5.0 (2.5 - 7.6)	5.8 (1.2 - 10.3)	4.9 (2.4 - 7.4)
Percentage of students who were watched closely or followed by security guards or store clerks at a store or mall because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	2.6 (0.0 - 8.4)	4.1 (0.0 - 14.1)	2.4 (0.0 - 7.1)
Percentage of students who were assumed less intelligent because of their race or ethnicity in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	4.8 (2.2 - 7.5)	6.8 (3.9 - 9.6)	4.6 (2.0 - 7.3)
Percentage of students who saw family members treated unfairly because of the color of their skin, language, accent, or because they are from a different country or culture in the past 12 months	Risk Factor: Recent Experiences with Oppression: Racism	623	3.3 (0.0 - 6.7)	4.1 (0.0 - 8.4)	3.3 (0.0 - 6.6)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	LGBTQ+ ³ % (95% CI)	Straight/Cisgender ⁴ % (95% CI)
Alcohol					
Percentage of students who have ever had a drink of alcohol other than a few sips		626	20.1 (15.3 - 24.8)	21.4 (0.6 - 42.2)	19.3 (11.1 - 27.5)
Percentage of students who had their first drink of alcohol, other than a few sips, before the age of 11	Risk Factor: Early Initiation of Substance Use	626	11.7 (3.6 - 19.9)	8.9 (0.0 - 24.9)	11.6 (1.0 - 22.2)
Percentage of students who had at least one drink of alcohol on one or more of the past 30 days		637	5.1 (1.9 - 8.4)	3.8 (0.3 - 7.4)	5.2 (1.6 - 8.7)
Percentage of students who feel it would be sort of easy or very easy to get alcohol if they wanted	Risk Factor: Availability of Substances in Community	623	45.8 (22.1 - 69.5)	44.1 (31.3 - 56.8)	46.4 (18.7 - 74.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to drink alcohol regularly (at least once or twice per month)	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	89.9 (87.8 - 91.9)	89.8 (75.8 - 100.0)	89.7 (85.5 - 93.9)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they drank alcohol regularly (at least once or twice per month)	Risk Factor: Parental Attitudes Favorable Toward Substance Use	629	92.8 (86.9 - 98.7)	94.0 (87.5 - 100.0)	92.7 (87.5 - 98.0)
Percentage of students who overestimated peer alcohol use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		634	35.8 (30.6 - 40.9)	31.4 (0.0 - 66.3)	36.7 (25.1 - 48.4)
Percentage of students who have ever lived with someone having a problem with alcohol use		629	16.7 (0.0 - 33.4)	27.4 (11.1 - 43.8)	15.0 (1.2 - 28.8)
Tobacco					
Percentage of students who have ever smoked a cigarette, even one or two puffs		637	3.9 (0.0 - 10.3)	8.9 (0.0 - 24.9)	2.8 (0.0 - 6.8)
Percentage of students who smoked a cigarette, even one or two puffs, for the first time before age 11	Risk Factor: Early Initiation of Substance Use	637	1.9 (0.0 - 5.9)	4.6 (0.0 - 13.0)	1.4 (0.0 - 3.9)
Percentage of students who smoked cigarettes on one or more of the past 30 days		639	0.3 (0.0 - 1.4)	1.8 (0.0 - 6.2)	. (. - .)
Percentage of students who think it would be sort of easy or very easy to get cigarettes if they wanted	Risk Factor: Availability of Substances in Community	627	17.8 (11.6 - 24.0)	23.0 (3.3 - 42.6)	16.3 (10.5 - 22.1)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they smoked cigarettes	Risk Factor: Parental Attitudes Favorable Toward Substance Use	633	96.7 (93.0 - 100.0)	96.1 (89.4 - 100.0)	96.8 (93.0 - 100.0)
Percentage of students who have ever used an electronic vapor product		631	9.5 (0.0 - 23.6)	16.0 (0.0 - 44.8)	8.4 (0.0 - 18.7)
Percentage of students who used electronic vapor products for the first time before age 11	Risk Factor: Early Initiation of Substance Use	631	2.3 (0.0 - 7.1)	5.6 (0.0 - 19.5)	1.6 (0.0 - 4.5)
Percentage of students who used an electronic vapor product in the past 30 days		631	3.8 (0.0 - 11.4)	7.7 (0.0 - 23.2)	3.0 (0.0 - 8.5)
Percentage of students who feel it would be sort of easy or very easy to get electronic vapor products if they wanted	Risk Factor: Availability of Substances in Community	627	32.5 (26.6 - 38.3)	29.9 (6.9 - 52.8)	33.2 (27.4 - 39.1)
Percentage of students who think it is wrong or very wrong for someone of the same age to use electronic vapor products	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	642	91.0 (86.3 - 95.7)	91.5 (77.0 - 100.0)	90.6 (87.2 - 94.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used electronic vapor products	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.7 (92.8 - 100.0)	98.0 (93.2 - 100.0)	96.4 (91.6 - 100.0)
Percentage of students who think people who use electronic vapor products every day have a moderate or great risk of harm		614	86.6 (84.4 - 88.8)	89.3 (71.7 - 100.0)	86.1 (85.2 - 87.0)
Percentage of students who have ever used oral nicotine pouches		624	2.0 (1.1 - 2.9)	1.9 (0.0 - 6.5)	2.0 (1.0 - 3.1)
Percentage of students who used oral nicotine pouches for the first time before age 11		624	0.5 (0.1 - 0.9)	. (. - .)	. (. - .)
Percentage of students who feel it would be sort of easy or very easy to get oral nicotine pouches if they wanted	Risk Factor: Availability of Substances in Community	626	16.8 (10.9 - 22.8)	19.1 (4.1 - 34.1)	16.8 (9.3 - 24.4)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	LGBTQ+ ³ % (95% CI)	Straight/Cisgender ⁴ % (95% CI)
Percentage of students who think it is wrong or very wrong for someone of the same age to use oral nicotine pouches	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	638	93.6 (92.3 - 94.9)	92.5 (78.0 - 100.0)	93.9 (90.8 - 97.0)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used oral nicotine pouches	Risk Factor: Parental Attitudes Favorable Toward Substance Use	631	96.4 (93.6 - 99.3)	96.6 (94.2 - 98.9)	96.4 (92.8 - 100.0)
Marijuana					
Percentage of students who have ever tried marijuana		627	3.7 (0.3 - 7.2)	7.0 (0.0 - 20.8)	3.2 (2.2 - 4.2)
Percentage of students who tried marijuana for the first time before the age of 11	Risk Factor: Early Initiation of Substance Use	627	1.4 (0.0 - 5.6)	3.0 (0.0 - 10.4)	1.1 (0.0 - 4.4)
Percentage of students who used marijuana one or more times during the past 30 days		625	1.4 (0.0 - 4.6)	3.6 (0.0 - 12.5)	1.0 (0.0 - 2.6)
Percentage of students who feel it would be sort of easy or very easy to get marijuana if they wanted	Risk Factor: Availability of Substances in Community	623	15.3 (12.1 - 18.5)	15.6 (0.0 - 31.1)	15.4 (13.6 - 17.3)
Percentage of students who think it is wrong or very wrong for someone of the same age to use marijuana	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	637	94.2 (90.6 - 97.8)	93.9 (79.3 - 100.0)	94.2 (90.7 - 97.6)
Percentage of students who think their parents or guardians would feel it is wrong or very wrong if they used marijuana	Risk Factor: Parental Attitudes Favorable Toward Substance Use	630	96.7 (94.1 - 99.4)	96.5 (94.1 - 98.9)	96.8 (93.5 - 100.0)
Percentage of students who overestimated peer marijuana use in the past 30 days by selecting a percentage (20% or more) higher than actual peer use statewide		629	29.9 (0.0 - 62.3)	29.7 (0.0 - 70.1)	30.4 (0.3 - 60.5)
Among students who used marijuana in the past 30 days, the percentage who smoked it		12	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who ate it		12	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who vaporized it		12	. (. - .)	. (. - .)	. (. - .)
Among students who used marijuana in the past 30 days, the percentage who dabbled it		12	. (. - .)	. (. - .)	. (. - .)
Prescription Pain Medicine					
Percentage of students who have ever used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it		622	8.2 (3.6 - 12.8)	11.0 (0.0 - 25.1)	7.8 (0.0 - 16.8)
Percentage of students who used prescription pain medicine not prescribed to them or differently than how a doctor told them to use it for the first time before age 11	Risk Factor: Early Initiation of Substance Use	622	5.2 (2.1 - 8.2)	6.0 (0.0 - 16.9)	5.1 (0.0 - 11.1)
Percentage of students who feel it would be sort of easy or very easy to get prescription pain medicine not prescribed to them if they wanted	Risk Factor: Availability of Substances in Community	626	32.5 (12.8 - 52.2)	34.1 (16.3 - 51.9)	32.5 (11.2 - 53.8)
Percentage of students who think it is wrong or very wrong for someone of the same age to use prescription pain medicine without a doctor's prescription	Risk Factor: Youth Peer Attitudes Favorable Towards Substance Use	639	90.2 (87.3 - 93.1)	90.4 (79.2 - 100.0)	90.0 (83.7 - 96.2)
Nutrition					
Percentage of students who ate fruit one or more times per day in the past 7 days		628	64.8 (54.9 - 74.6)	55.2 (24.4 - 85.9)	66.7 (53.5 - 79.9)
Percentage of students who ate vegetables such as green salad, potatoes, carrots, or other vegetables one or more times per day in the past 7 days		626	67.5 (60.2 - 74.8)	60.7 (48.7 - 72.7)	68.9 (57.1 - 80.8)
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day in the past 7 days		629	20.8 (0.0 - 49.0)	28.2 (8.1 - 48.3)	19.2 (0.0 - 46.9)
Percentage of students who drank a sports drink, energy drink, or other sweetened beverage one or more times per day in the past 7 days		615	64.9 (49.1 - 80.7)	56.6 (50.8 - 62.4)	66.7 (47.4 - 85.9)
Percentage of students who ate breakfast on all of the past 7 days		622	44.0 (35.9 - 52.1)	36.9 (7.2 - 66.7)	44.2 (41.8 - 46.7)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	LGBTQ+ ³ % (95% CI)	Straight/Cisgender ⁴ % (95% CI)
Percentage of students who sometimes, most of the time, or always went hungry in the past 30 days because of a lack of food at home	Risk Factor: Economic Instability	619	8.5 (2.6 - 14.4)	12.3 (0.0 - 34.1)	8.0 (6.0 - 10.0)
Physical Activity					
Percentage of students who were physically active for a total of at least 60 minutes per day on 5 or more of the past 7 days		614	66.5 (47.1 - 85.8)	51.4 (22.6 - 80.2)	69.3 (55.6 - 83.0)
Percentage of students who spent 3+ hours per average school day in front of a TV, computer, smart phone, or other electronic device for something other than schoolwork		607	52.3 (25.2 - 79.5)	57.7 (21.2 - 94.2)	52.0 (28.1 - 76.0)
Body Image & Eating Disorders					
Percentage of students who most of the time or always felt confident with their body image during the past 30 days		608	54.6 (46.6 - 62.5)	37.0 (19.1 - 55.0)	57.0 (55.6 - 58.4)
Percentage of students who most of the time or always worried about their physical appearance more than they wanted to during the past 30 days		601	33.0 (22.1 - 44.0)	40.8 (18.7 - 63.0)	32.2 (22.7 - 41.7)
Percentage of students who tried to lose weight or keep from gaining weight by going without eating for 24 hours or more; taking any diet pills, powders, or liquids; vomiting or taking laxatives; or skipping meals during the past 30 days		602	17.5 (10.6 - 24.5)	25.9 (10.5 - 41.4)	16.3 (14.7 - 18.0)
Home Life					
Percentage of students who usually or definitely feel the rules in their family are clear	Risk Factor: Limited Parent Time to Monitor Youth Behavior	608	95.1 (92.4 - 97.8)	94.3 (89.0 - 99.6)	94.9 (91.9 - 98.0)
Percentage of students who usually or definitely could ask their parents or guardians for help with a personal problem	Protective Factor: Family Opportunities for Prosocial Involvement	606	87.7 (78.0 - 97.5)	74.8 (63.5 - 86.0)	90.6 (85.9 - 95.2)
Percentage of students who usually or definitely have parents or guardians who ask if their homework is done	Risk Factor: Limited Parent Time to Monitor Youth Behavior	605	89.4 (74.6 - 100.0)	72.4 (23.9 - 100.0)	92.6 (88.7 - 96.5)
Percentage of students who usually or definitely have chances to do fun things with their parents or guardians	Protective Factor: Family Opportunities for Prosocial Involvement	603	86.9 (81.6 - 92.3)	76.8 (74.7 - 78.9)	88.6 (84.0 - 93.3)
Percentage of students who usually or definitely have parents or guardians who ask them what they think before making most family decisions	Protective Factor: Family Opportunities for Prosocial Involvement	601	74.8 (63.4 - 86.2)	59.9 (53.8 - 65.9)	77.5 (70.0 - 85.1)
Percentage of students who usually or definitely think they would be caught by their parents or guardians for skipping school	Risk Factor: Limited Parent Time to Monitor Youth Behavior	604	93.8 (88.9 - 98.8)	88.9 (68.6 - 100.0)	94.6 (90.6 - 98.6)
Percentage of students who usually or definitely feel safe in their neighborhood	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	603	97.2 (91.7 - 100.0)	95.2 (91.1 - 99.2)	97.7 (92.6 - 100.0)
Percentage of students who provide care one or more days per week for someone in their family or household who is chronically ill, elderly, or disabled with activities they would have difficulty doing on their own		599	13.3 (0.1 - 26.5)	15.9 (9.3 - 22.4)	12.4 (0.0 - 26.7)
School & Community					
Percentage of students who agree or strongly agree that they belong at their school	Protective Factor: School Opportunities for Prosocial Involvement	610	73.2 (56.3 - 90.1)	51.0 (31.2 - 70.7)	77.3 (66.6 - 88.1)
Percentage of students who usually or definitely feel safe at school	Protective Factor: School Opportunities for Prosocial Involvement	601	90.7 (84.0 - 97.5)	81.3 (69.2 - 93.4)	92.6 (88.5 - 96.6)
Percentage of students who think it is important or very important to finish high school	Protective Factor: Future School Aspiration	611	95.6 (90.6 - 100.0)	86.9 (78.4 - 95.4)	97.6 (94.2 - 100.0)
Percentage of students who have talked to a school counselor about future plans at least once a week during the past 12 months		600	5.4 (0.0 - 10.8)	5.3 (1.9 - 8.7)	5.7 (0.0 - 12.0)
Percentage of students who have talked to a teacher about future plans at least once a week during the past 12 months		595	12.9 (1.0 - 24.9)	14.9 (0.0 - 30.9)	12.6 (0.4 - 24.7)
Percentage of students who have talked to an administrator about future plans at least once a week during the past 12 months		593	4.3 (0.0 - 9.7)	3.2 (2.2 - 4.3)	4.5 (0.0 - 11.3)
Percentage of students who have talked to a coach about future plans at least once a week during the past 12 months		591	13.8 (5.7 - 21.9)	4.5 (0.0 - 11.3)	16.0 (4.5 - 27.4)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	LGBTQ+ ³ % (95% CI)	Straight/Cisgender ⁴ % (95% CI)
Percentage of students who have talked to a school staff member (who is not a school counselor, teacher, administrator, or coach) about future plans at least once a week during the past 12 months		589	6.3 (0.7 - 12.0)	7.3 (6.2 - 8.5)	6.5 (0.0 - 13.1)
Percentage of students who sometimes, most of the time, or always participated in sports when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	585	75.5 (51.6 - 99.4)	54.5 (27.1 - 81.9)	79.3 (59.5 - 99.1)
Percentage of students who sometimes, most of the time, or always participated in academic support programs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	26.8 (10.3 - 43.3)	26.2 (11.7 - 40.7)	26.8 (7.4 - 46.2)
Percentage of students who sometimes, most of the time, or always participated in programs or clubs when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	583	43.6 (39.1 - 48.2)	56.7 (37.7 - 75.7)	40.5 (35.2 - 45.9)
Percentage of students who sometimes, most of the time, or always participated in community service or volunteering when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	576	27.2 (25.8 - 28.6)	24.7 (2.1 - 47.3)	28.3 (21.2 - 35.3)
Percentage of students who sometimes, most of the time, or always participated in paid work when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	575	39.5 (23.4 - 55.6)	22.8 (3.4 - 42.1)	42.8 (29.7 - 55.8)
Percentage of students who sometimes, most of the time, or always participated in unpaid work (e.g., internships, coaching) when school was not in session during the past 12 months	Protective Factor: Community Opportunities for Prosocial Involvement and Connection	572	20.8 (12.0 - 29.6)	15.1 (8.8 - 21.4)	22.5 (11.7 - 33.2)
Other Health Topics					
Percentage of students who usually slept somewhere other than their home during the past 30 days	Risk Factor: Economic Instability	601	6.3 (2.0 - 10.6)	8.2 (0.0 - 16.5)	6.0 (2.3 - 9.6)
Percentage of students who sleep 8 or more hours per night on average school nights		602	67.9 (55.2 - 80.5)	58.7 (51.2 - 66.2)	69.6 (57.9 - 81.2)
Percentage of students who never or rarely wear a seat belt while riding in a car		600	2.1 (0.0 - 6.4)	3.1 (0.0 - 10.0)	2.0 (0.0 - 5.6)
Percentage of students who could fire a loaded gun without adult permission in less than one hour	Risk Factor: Access to Firearms	586	12.0 (0.7 - 23.2)	9.6 (3.7 - 15.4)	12.3 (0.0 - 25.5)
Percentage of students who would be able to get a loaded gun without adult permission in or around their home, from a friend or schoolmate, or from a family member		574	12.1 (2.3 - 22.0)	11.4 (2.9 - 19.9)	12.5 (2.0 - 23.1)
Percentage of students who have ever been told by a doctor or nurse that they had asthma		589	14.2 (8.3 - 20.0)	14.4 (10.5 - 18.2)	14.7 (8.2 - 21.2)
Percentage of students who went outdoors to spend time in nature at least once a week during the past 12 months ⁵		588	92.6 (88.8 - 96.3)	82.4 (56.9 - 100.0)	94.4 (92.6 - 96.1)
Extra Questions					
Percentage of students who think people who have five or more drinks of an alcoholic beverage once or twice a week have a moderate or great risk of harming themselves physically or in other ways		569	80.7 (72.9 - 88.5)	77.3 (65.7 - 88.8)	81.3 (73.3 - 89.4)
Percentage of students who think people who smoke one or more packs of cigarettes per day have a moderate or great risk of harming themselves physically or in other ways		565	86.9 (77.8 - 95.9)	83.0 (75.6 - 90.3)	88.0 (78.9 - 97.1)
Percentage of students who think people who use marijuana once or twice a week have a moderate or great risk of harming themselves physically or in other ways		561	79.9 (67.9 - 92.0)	78.9 (69.2 - 88.6)	79.5 (66.6 - 92.4)
Percentage of students who think people who use prescription drugs that are not prescribed to them have a moderate or great risk of harming themselves physically or in other ways		565	86.6 (79.3 - 93.8)	81.8 (65.7 - 97.8)	87.6 (81.2 - 93.9)
Percentage of students who think their parents would feel it is wrong or very wrong if they drank 1 or 2 drinks of an alcoholic beverage nearly every day		566	96.1 (94.2 - 98.0)	96.8 (95.0 - 98.5)	95.8 (93.7 - 97.9)
Percentage of students who think their parents would feel it is wrong or very wrong for them to smoke tobacco		566	98.1 (97.7 - 98.4)	96.8 (91.1 - 100.0)	98.3 (96.5 - 100.0)
Percentage of students who think their parents would feel it is wrong or very wrong for them to use prescription drugs not prescribed to them		565	97.2 (94.3 - 100.0)	94.6 (82.2 - 100.0)	97.6 (91.2 - 100.0)
Percentage of students who think their friends would feel it is wrong or very wrong for them to have one or two alcoholic drinks nearly every day		569	89.4 (83.1 - 95.6)	86.1 (66.4 - 100.0)	89.5 (86.5 - 92.5)
Percentage of students who think their friends would feel it is wrong or very wrong for them to smoke tobacco		569	92.9 (84.8 - 100.0)	90.4 (74.2 - 100.0)	93.1 (86.7 - 99.4)

Health Measures ¹	Risk or Protective Factor Items ²	Number of Responses	Total % (95% CI)	LGBTQ+ ³ % (95% CI)	Straight/Cisgender ⁴ % (95% CI)
Percentage of students who think their friends would feel it is wrong or very wrong for them to use marijuana		569	88.6 (81.5 - 95.7)	89.2 (71.1 - 100.0)	88.0 (82.1 - 94.0)
Percentage of students who think their friends would feel it is wrong or very wrong to use prescription drugs not prescribed to them		562	92.1 (89.2 - 94.9)	90.0 (72.1 - 100.0)	92.1 (87.2 - 96.9)
Percentage of students who used prescription drugs not prescribed to them during the past 30 days		572	2.5 (0.5 - 4.4)	5.0 (0.9 - 9.1)	2.0 (0.0 - 4.6)

1. Data are suppressed, shown by a period (.), if fewer than 3 students responded "yes" to a question or if results represent 0% or 100% of students. In districts with enrollment over 35, results are suppressed if fewer than 30 students responded to a question. All percentages are rounded to the nearest tenth.

2. Items in this column are included in risk and protective factors known to influence multiple youth health outcomes.

3. LGBTQ+ is an aggregate of the students who chose one or more of the following responses: Gender: "Nonbinary", "Another Identity", or "Not Sure"; Sexual Orientation: "Gay/Lesbian", "Bisexual", "Pansexual", "Asexual", "Another Identity", or "Not Sure"; Gender Identity: "Transgender" or "Not Sure".

4. Straight/Cisgender is an aggregate of the students who chose all of the following responses: Gender: "Girl/Woman" or "Boy/Man"; Sexual Orientation: "Straight"; Gender Identity: "Cisgender".

5. The 2023 report incorrectly displayed data for this item in the inverse of the current report. Contact the CSPH Survey Team (CSPHSurveyTeam@CUAnschutz.edu) for a corrected comparison.