



2025

AREA AGENCY ON AGING

ANNUAL REPORT



**COMMUNITY
SERVICES**

AREA AGENCY ON AGING

COMMUNITY ACTION PROGRAMS

COMMUNITY JUSTICE SERVICES

HEAD START

HEALTHY YOUTH ALLIANCE

STRATEGIC INITIATIVES

WORKFORCE BOULDER COUNTY

Generating a Lifetime of Opportunities

Get Involved and Partnerships

Elder Rights

Abuse in later life refers to the mistreatment of older adults. It may involve financial, physical, or sexual harm, or neglect by someone who provides care for an older person. The Boulder County Justice Coalition on Abuse in Later Life (JCALL) works to raise awareness, prevent mistreatment, and enhance our community’s responses to abuse in later life. Training videos around abuse in later life were completed by the Elder Rights team. The videos are available to everyone at boco.org/ElderRights.

133

community members
attended
presentations

\$12,755

in grant-funded financial
assistance awarded to victims
of abuse in later life

Volunteers

Our volunteers support caregivers, solo agers, people seeking support understanding Medicare, our LGBTQ+ community, residents of long-term care facilities, people seeking supports to age healthy, and advising the BCAA. Two of the programs not featured in other areas of this report include:

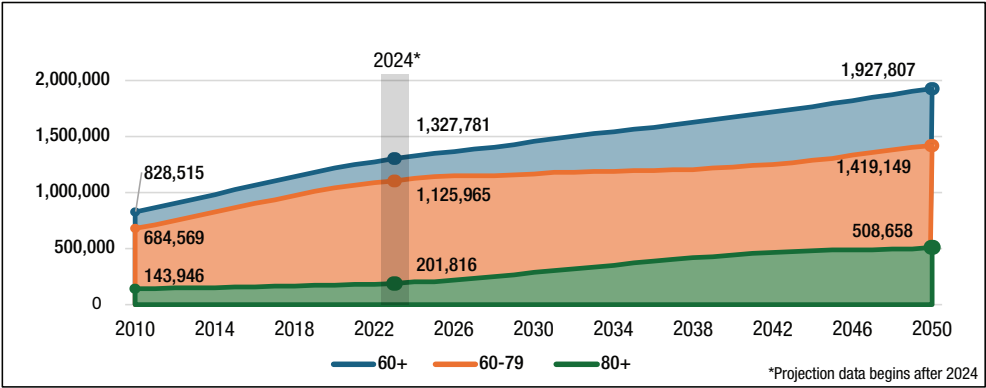
The **Aging Advisory Council (AAC)** serves in advisory capacity to the BCAA. The AAC helps in the administration and planning of Older Americans Act programs by gathering information and ideas that help to coordinate the delivery of services and by responding effectively to the strengths and needs of older adults throughout Boulder County. There are 22 volunteers who each attend 30 hours in meetings annually, and advocate during their time outside of meetings for older people and caregivers.

Our **Volunteer Visitor Program** (formerly Respite & Companion Volunteer Program/RCVP) matches solo agers or those living with a family caregiver with a volunteer. Volunteers visit two hours weekly to provide activity-based companionship, and in some cases, to provide a break for caregivers. In FY25:

- 52 volunteers provide approximately 1,500 hours of companionship to older adults, with 24 new volunteers trained.

Population Projections

By now, you’ve likely heard that our population is shifting. By 2050, State Demography projections indicate that 31% of Boulder County’s population will be age 60 or older. Between now and 2050, our population of adults ages 80+ is expected to increase by 202%. The needs of older people are not homogeneous and those needs shift as we age. As a result, we can expect a significant increase in demand for services that support aging adults in remaining active and independent within their community.



Service Overview

Aging Resources

Our Community Living team is the entryway to our services, helping individuals and caregivers make informed choices about the service and support options available with a person-centered approach. Supports from the team include:

- Benefits navigation and application support
- Counseling on various benefits, services, and programs
- Planning and coordinating services
- Support, education, and resources for family and informal caregivers

Community Living connected with people in many ways during FY25, including:



Caregiver Support

A caregiver is someone who partners with or supports a person who needs help managing their health and other aspects of their life. Caregivers might support someone temporarily or long-term. Caregivers might also support someone even if they don't live in the same location. Our Caregiver Resource Specialists are part of our Community Living team, taking the same person-centered approach in their service and resource connection. Specific resources provided directly to caregivers in FY25 included:



Service Overview

LGBTQ+ Programs

Rainbow Elders of Boulder County provides social connection and community education through monthly meetings, seasonal events, the annual Lavender Gala, and more. Our team contributes annually to Boulder and Longmont Prides and co-hosts the Pride 50+ Mixer.

- The 24th annual Lavender Gala welcomed 150 people in December 2025.
- Our Rainbow Elders newsletter has nearly 2,500 subscribers, keeping residents socially connected and aware of local opportunities.

The Project Visibility documentary and accompanying training was created in 2004 in response to the fear expressed by Rainbow Elders that they would need to retreat in the closet to access long-term care (assisted living and skilled nursing). Participants in the documentary, local to the front range, share their lives and experiences to advocate for the needs of LGBTQ+ older adults. In FY25, the documentary had 335 views on YouTube and our team provided 15 Project Visibility trainings to 258 people.

Long-Term Care Ombudsman

The Boulder County Long-Term Care Ombudsman (LTCO) Program is a free, confidential service for residents of nursing homes and assisted livings. Residents of these homes have federally regulated rights; LTCO advocates for these rights, working with and for residents to achieve quality of care and life. The services of the Ombudsman can be used by residents, their friends and relatives, staff, and the public. Our LTCO team is comprised of paid employees as well as volunteers who spent 640 hours over 398 visits in long-term care facilities in FY25. In additional a total of 252 hours of information and assistance was provided to residents, families, the community, and facility staff.

The top issues for residents in long-term care in Boulder County were:

1. Quality of Care
2. Resident Rights (Dignity)
3. Dietary
4. Improper Discharge
5. Billing Issues

Veteran Services Officers

The Boulder County Veteran Service Office provides U.S. military veterans and their dependents with access to benefits through local, state, federal, and nonprofit programs. Our accredited officers assist with advising, educating, and submission of Veterans Affairs (VA) disability benefits and their programs. The Veteran Service Office is not an entity of the Veterans Benefits Administration (VBA) but is comprised of licensed and accredited representatives of the VBA. Boulder County’s Veteran Services Officers (VSOs) serve those who have served our country and their dependents.

\$47,927

provided to 36 Veterans and their families to assist with rent/mortgage, utilities, home repairs, and hotels through the Veterans Assistance Grant and state reimbursement monies.

3,638

interactions through Veterans Services with the community around claims, information, referral, resources, and more.

Healthy Aging

Wellness Programs

Maintaining the ability to live a healthy, independent life is a priority for many people. BCAA's evidence-based and evidence-informed wellness classes have been proven to help participants develop the skills to live with ongoing health conditions and challenges. Additionally, they provide a proactive approach to health and well-being as we age. Our wellness team held two National Council on Aging recommended evidence-based wellness programs with support from our volunteer collaborators. Our staff also worked with community partners to offer:

- 55 meditation classes
- 24 nutrition education classes (12 in English and 12 in Spanish)
- Developed and launched A Mindful Approach to Falls Prevention workshop in collaboration with Boulder County Health (BCH) and Intermountain Health
- Two five-week Lifestyle Medicine Series in collaboration with Boulder Heart
- Falls Prevention Month - Falls are a leading health risk for older adults, affecting 1 in 4 Americans 65+ each year, and in September 2024, we partnered with county organizations to offer 50 fall-prevention classes featuring Tai Chi, yoga, dance, mobility training, mindfulness, and more.



Nutrition Education & Meals

Eating well is vital for health, longevity, and quality of life. Getting the right nutrients and fresh, quality food is an important component in preventing and managing chronic diseases that older adults may experience. Our team provides nutrition education, meals at sites managed by the BCAA, drop shipment meals, and pass-through funding to congregate meal sites.

- 9,955 drop-shipment meals delivered to 38 clients (through Mom's Meals)
- 4,008 home-delivered meals through Project Angel Heart (medically tailored meals) and Nederland Area Seniors
- 12,540 meals provided at congregate sites (Brooks Café through City of Louisville, Nederland Area Seniors, and Red Stone Café in Lyons)



Medicare Basics & Counseling

Our State Health Insurance Assistance Program (SHIP) certified Medicare Counselors provide relevant, objective information and guidance when supporting residents making decisions about Prescription Drug Plans (Part D), Advantage Plans, and information about supplemental insurance plans (Medigaps). In FY25 appointments took more time, driven by higher levels of anxiety and tighter budgets. Our counselors spent time finding ways for beneficiaries to optimize healthcare access and reduce medication costs. Our customers saved \$890,695 on prescription drugs costs with our guidance.

- 3,902 contacts with consumers
- 53 outreach events attended by our Medicare team
- 42 Medicare Basics classes for anyone wanting to understand Medicare enrollment, plans, benefits, and costs
- 37% of clients earned less than \$1,956 per month
- 1,207 hours put in by our Medicare Counselor volunteers

Note from Carol Cross, BCAA Division Manager

The three main funding sources for the Boulder County Area Agency on Aging (BCAAA) come from federal, state, and county governments. In fiscal year 2025, and now into fiscal year 2026, each of our three main funding sources are being reduced. We are facing difficulties meeting the need of a growing aging population with these reductions. We will begin creating waitlists for our services to prioritize those with the highest need while understanding the depth of need for services. The shift in advocacy over the past few years has been to simply maintain funding for the BCAA instead of pushing for increased funds and funds for new services. Like many organizations providing human services, we will be exploring new fund sources to be able to meet the increasing need of older adults and caregivers in our Boulder County community.

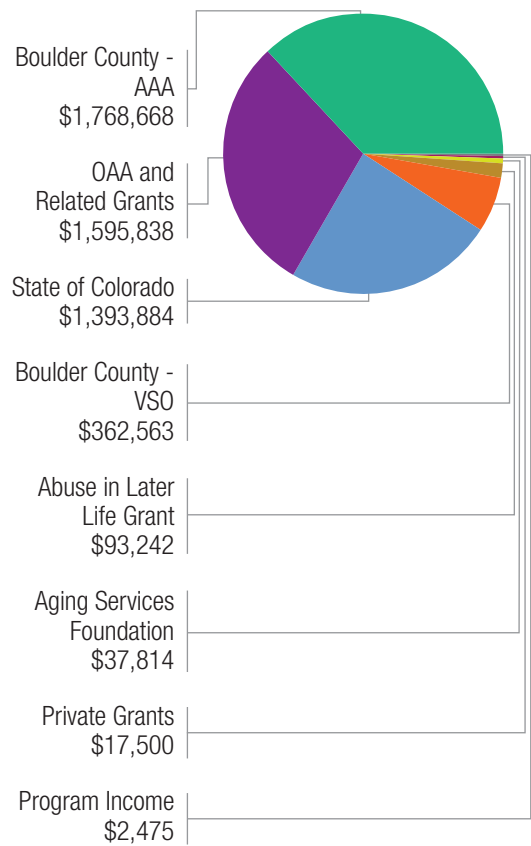
BCAAA Funded Partners

The BCAA provides many services directly to the community while also funding community partners to avoid duplication of existing services and support local organizations. The BCAA provided \$972,937 in funding to grantees and subcontractors in Fiscal Year 2025 (FY25). Learn more at boco.org/aaa-providers.

Fiscal Year 2025 Funding

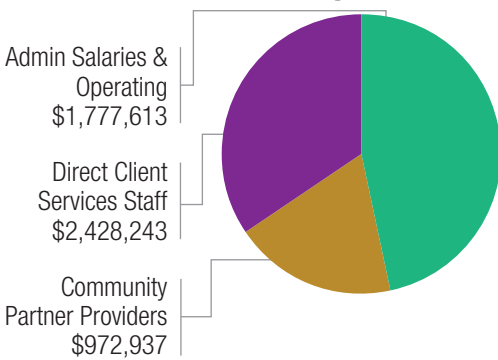
BCAAA is funded through several sources, allowing the agency to deliver, fund, and advocate for services that promote well-being, independence, and dignity for older adults, people living with disabilities, caregivers, and veterans in Boulder County.

Revenues



Total \$5,271,984

Expenses



Total \$5,178,793

Revenue balance is due to differences in Federal and State fiscal years and affiliated contracts.



BCAAA Resource Line
303-441-1617
www.BoulderCountyAging.org

If you have any questions about this report, please contact us at agingresources@bouldercounty.gov.